



SUNY
DOWNSTATE | Department of
Medical Center | Family Practice

Dear Parents and Guardians,

The SUNY Downstate School Based Health Center provides comprehensive health services to any student who is **registered with the program**. We are located right within the school, Room 134. As part of our program, in order for your child to be provided with care, consent must be obtained from the parent/guardian. Parents/guardians can obtain consent forms from the Health Center, the main office, or you can download them from the MS 51 website (www.ms51.org). Our staff includes a Pediatric Nurse Practitioner, Medical Assistant and a Licensed Social Worker. We can provide your child with a full range of **health care services**:

- Complete physical exams, vision and hearing screenings, immunizations and other laboratory procedures.
- Routine management of chronic illnesses such as diabetes or asthma
- Treatment of acute illnesses such as sore throat and ear infections as well as general first aid
- Students may walk-in during the day if they are sick or they may schedule appointments if they need other care such as a physical exam for camp, school or sports

We will work in conjunction with your pediatrician and are not replacing your family's primary health care provider.

Our licensed social worker provides **counseling**. We know that access to social-emotional resources supports students' overall academic success. Common themes addressed include:

- Anxiety, Stress and Depression
- Peer relations and social pressure
- Anger and Self-Regulation
- Family Dynamics

If you have health insurance, the program will submit a claim, however you will not be billed for any co-payments or uncovered services. If your family needs assistance in obtaining health insurance, we can do that as well.

Although we work closely with the school staff, all services provided are confidential and separate from your child's school record.

We are proud to be included in this process of growth with your child; it is an exciting time for everyone. Feel free to call us at 718-330-9363 or stop in Room 134 to meet us and ask any questions that you may have. We look forward to a great relationship with you and your child!

The Health Center Staff

Daniela Ardeljan, PNP
Pediatric Nurse Practitioner

Tahira Khalid, LMSW
Social Worker

Heather Grey-Watson, MA
Medical Assistant

Telephone number: 718-330-9363

Facts About School-Based Health Centers



NEW YORK
SCHOOL-BASED
HEALTH ALLIANCE

Healthy Children, Healthy Teens, Healthy Schools



What are School-Based Health Centers? A School-Based Health Center (SBHC) is a primary care health center located in the school building. Services are available to all students at no cost to the families, however insurance information is requested. SBHCs provide this important health care close to the classroom so your child keeps succeeding in it. Also, the doctors, nurses, and staff at SBHCs coordinate and share information with your child's primary care doctor as needed.



Frequently Asked Questions About SBHCs:

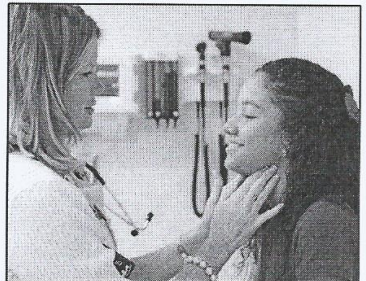
Q Do I have to change my child's primary care doctor?

A No. Your child can go to both the SBHC and the primary care doctor. With your permission, the SBHC will share all pertinent information with the primary care doctor.



Q What does it mean if I sign the school health program parental consent form?

A Signing the form means that you give permission for us to provide health services to your child and for us to also share information with your child's primary care doctor.

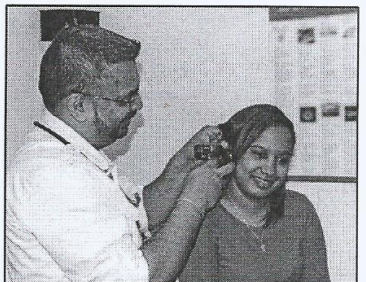


Q If my insurance doesn't pay for the visit, will I get a bill from you?

A No. SBHCs services are provided at no out of pocket cost to those students who enroll in the SBHC with parental consent.

Q Can I be present when my child attends the SBHC?

A Yes. You can attend the visit in person or be on the phone while your child is being seen at the SBHC. We will share all findings and results with you after the visit.

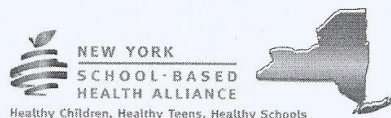


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