

# REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM

TO BE COMPLETED IN ENTIRETY BY PRIVATE HEALTH CARE PROVIDER OR SCHOOL MEDICAL DIRECTOR

**Note:** NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special education (CPSE).

## STUDENT INFORMATION

|         |  |            |
|---------|--|------------|
| Name:   | Sex: <input type="checkbox"/> M <input type="checkbox"/> F | DOB:       |
| School: | Grade:   | Exam Date: |

## HEALTH HISTORY

|  |   |   |
|--|---|---|
| <b>Allergies</b> <input type="checkbox"/> No | <input type="checkbox"/> Medication/Treatment Order Attached  | <input type="checkbox"/> Anaphylaxis Care Plan Attached |
| <input type="checkbox"/> Yes, indicate type  | <input type="checkbox"/> Food <input type="checkbox"/> Insects <input type="checkbox"/> Latex <input type="checkbox"/> Medication | <input type="checkbox"/> Environmental                  |

|   |  |  |
|---|--|--|
| <b>Asthma</b> <input type="checkbox"/> No   | <input type="checkbox"/> Medication/Treatment Order Attached   | <input type="checkbox"/> Asthma Care Plan Attached |
| <input type="checkbox"/> Yes, indicate type | <input type="checkbox"/> Intermittent <input type="checkbox"/> Persistent <input type="checkbox"/> Other : _____ |  |

|   |  |   |
|---|--|---|
| <b>Seizures</b> <input type="checkbox"/> No | <input type="checkbox"/> Medication/Treatment Order Attached | <input type="checkbox"/> Seizure Care Plan Attached |
| <input type="checkbox"/> Yes, indicate type | <input type="checkbox"/> Type: _____                         | Date of last seizure: _____                         |

|   |   |   |
|---|---|---|
| <b>Diabetes</b> <input type="checkbox"/> No | <input type="checkbox"/> Medication/Treatment Order Attached  | <input type="checkbox"/> Diabetes Medical Mgmt. Plan Attached |
| <input type="checkbox"/> Yes, indicate type | <input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2 <input type="checkbox"/> HbA1c results: _____ | Date Drawn: _____   |

### Risk Factors for Diabetes or Pre-Diabetes:

Consider screening for T2DM if BMI% > 85% and has 2 or more risk factors: Family Hx T2DM, Ethnicity, Sx Insulin Resistance, Gestational Hx of Mother; and/or pre-diabetes.

BMI \_\_\_\_\_ kg/m2 Percentile (Weight Status Category): ☐ <5<sup>th</sup> ☐ 5<sup>th</sup>-49<sup>th</sup> ☐ 50<sup>th</sup>-84<sup>th</sup> ☐ 85<sup>th</sup>-94<sup>th</sup> ☐ 95<sup>th</sup>-98<sup>th</sup> ☐ 99<sup>th</sup> and >

Hyperlipidemia: ☐ No ☐ Yes Hypertension: ☐ No ☐ Yes

## PHYSICAL EXAMINATION/ASSESSMENT

|  |                          |                          |               |   |
|--|--------------------------|--------------------------|---------------|---|
| <b>Height:</b>   | <b>Weight:</b>           | <b>BP:</b>               | <b>Pulse:</b> | <b>Respirations:</b>  |
| <b>TESTS</b>   | <b>Positive</b>          | <b>Negative</b>          | <b>Date</b>   | <b>Other Pertinent Medical Concerns</b>   |
| PPD/ PRN   | <input type="checkbox"/> | <input type="checkbox"/> |               | One Functioning: <input type="checkbox"/> Eye <input type="checkbox"/> Kidney <input type="checkbox"/> Testicle |
| Sickle Cell Screen/PRN   | <input type="checkbox"/> | <input type="checkbox"/> |               | <input type="checkbox"/> Concussion – Last Occurrence: _____  |
| <b>Lead Level Required Grades Pre- K &amp; K</b>   |                          |                          | <b>Date</b>   | <input type="checkbox"/> Mental Health: _____   |
| <input type="checkbox"/> Test Done <input type="checkbox"/> Lead Elevated $\geq 10$ $\mu\text{g/dL}$ |                          |                          |               | <input type="checkbox"/> Other: _____   |

☐ System Review and Exam Entirely Normal

### Check Any Assessment Boxes Outside Normal Limits And Note Below Under Abnormalities

|                                 |   |  |                                       |   |
|---------------------------------|---|--|---------------------------------------|---|
| <input type="checkbox"/> HEENT  | <input type="checkbox"/> Lymph nodes    | <input type="checkbox"/> Abdomen       | <input type="checkbox"/> Extremities  | <input type="checkbox"/> Speech           |
| <input type="checkbox"/> Dental | <input type="checkbox"/> Cardiovascular | <input type="checkbox"/> Back/Spine    | <input type="checkbox"/> Skin         | <input type="checkbox"/> Social Emotional |
| <input type="checkbox"/> Neck   | <input type="checkbox"/> Lungs          | <input type="checkbox"/> Genitourinary | <input type="checkbox"/> Neurological | <input type="checkbox"/> Musculoskeletal  |

|  |                           |             |
|--|---------------------------|-------------|
| <input type="checkbox"/> Assessment/Abnormalities Noted/Recommendations: | Diagnoses/Problems (list) | ICD-10 Code |
|  | _____                     | _____       |
|  | _____                     | _____       |
|  | _____                     | _____       |

☐ Additional Information Attached

|  |                          |                          |  |              |
|--|--------------------------|--------------------------|--|--------------|
| Name:  |                          |                          | DOB:   |              |
| <b>SCREENINGS</b>  |                          |                          |  |              |
| <b>Vision</b>  | <b>Right</b>             | <b>Left</b>              | <b>Referral</b>  | <b>Notes</b> |
| Distance Acuity  | 20/                      | 20/                      | <input type="checkbox"/> Yes <input type="checkbox"/> No |              |
| Distance Acuity With Lenses  | 20/                      | 20/                      |  |              |
| Vision – Near Vision   | 20/                      | 20/                      |  |              |
| Vision – Color <input type="checkbox"/> Pass <input type="checkbox"/> Fail   |                          |                          |  |              |
| <b>Hearing</b>   | <b>Right dB</b>          | <b>Left dB</b>           | <b>Referral</b>  |              |
| Pure Tone Screening  |                          |                          | <input type="checkbox"/> Yes <input type="checkbox"/> No |              |
| <b>Scoliosis</b> Required for boys grade 9<br>And girls grades 5 & 7   | <b>Negative</b>          | <b>Positive</b>          | <b>Referral</b>  |              |
|  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Yes <input type="checkbox"/> No |              |
| Deviation Degree:  | Trunk Rotation Angle:    |                          |  |              |
| <b>Recommendations:</b>  |                          |                          |  |              |
| <b>RECOMMENDATIONS FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS/PLAYGROUND/WORK</b>  |                          |                          |  |              |
| <input type="checkbox"/> <b>Full Activity</b> without restrictions including Physical Education and Athletics.   |                          |                          |  |              |
| <input type="checkbox"/> <b>Restrictions/Adaptations</b> Use the Interscholastic Sports Categories (below) for Restrictions or modifications   |                          |                          |  |              |
| <input type="checkbox"/> <b>No Contact Sports</b> <b>Includes:</b> baseball, basketball, competitive cheerleading, field hockey, football, ice hockey, lacrosse, soccer, softball, volleyball, and wrestling   |                          |                          |  |              |
| <input type="checkbox"/> <b>No Non-Contact Sports</b> <b>Includes:</b> archery, badminton, bowling, cross-country, fencing, golf, gymnastics, rifle, Skiing, swimming and diving, tennis, and track & field  |                          |                          |  |              |
| <input type="checkbox"/> <b>Other Restrictions:</b>  |                          |                          |  |              |
| <input type="checkbox"/> <b>Developmental Stage for Athletic Placement Process ONLY</b><br>Grades 7 & 8 to play at high school level <b>OR</b> Grades 9-12 to play middle school level sports<br>Student is at <b>Tanner Stage:</b> <input type="checkbox"/> I <input type="checkbox"/> II <input type="checkbox"/> III <input type="checkbox"/> IV <input type="checkbox"/> V |                          |                          |  |              |
| <input type="checkbox"/> <b>Accommodations:</b> Use additional space below to explain  |                          |                          |  |              |
| <div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Brace*/Orthotic           </div> <div> <input type="checkbox"/> Colostomy Appliance*           </div> <div> <input type="checkbox"/> Hearing Aids           </div> </div>  |                          |                          |  |              |
| <div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Insulin Pump/Insulin Sensor*           </div> <div> <input type="checkbox"/> Medical/Prosthetic Device*           </div> <div> <input type="checkbox"/> Pacemaker/Defibrillator*           </div> </div>   |                          |                          |  |              |
| <div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Protective Equipment           </div> <div> <input type="checkbox"/> Sport Safety Goggles           </div> <div> <input type="checkbox"/> Other:           </div> </div>   |                          |                          |  |              |
| *Check with athletic governing body if prior approval/form completion required for use of device at athletic competitions.   |                          |                          |  |              |
| Explain: _____   |                          |                          |  |              |
| <b>MEDICATIONS</b>   |                          |                          |  |              |
| <input type="checkbox"/> <b>Order Form for Medication(s) Needed at School attached</b>   |                          |                          |  |              |
| List medications taken at home:  |                          |                          |  |              |
|  |                          |                          |  |              |
| <b>IMMUNIZATIONS</b>   |                          |                          |  |              |
| <div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> Record Attached           </div> <div> <input type="checkbox"/> Reported in NYSIIS           </div> <div>             Received Today: <input type="checkbox"/> Yes <input type="checkbox"/> No           </div> </div>   |                          |                          |  |              |
| <b>HEALTH CARE PROVIDER</b>  |                          |                          |  |              |
| Medical Provider Signature:  |                          |                          |  | <b>Date:</b> |
| Provider Name: <i>(please print)</i>   |                          |                          |  | Stamp:       |
| Provider Address:  |                          |                          |  |              |
| Phone:   |                          |                          |  |              |
| Fax:   |                          |                          |  |              |
| <b>Please Return This Form To Your Child's School When Entirely Completed.</b>   |                          |                          |  |              |