

## HAMILTON COUNTY DEPARTMENT OF SOCIAL SERVICES

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Roberta Bly, Commissioner

# **Hamilton County Families First Program**

## Who we serve and why

The Families First Program is a school-based service for Hamilton County youth and their families. Our goal is to help families break through the barriers that keep them from reaching their goals. The caseworker acts as a liaison between the family and school, meeting with youth at school weekly and the family at home monthly.

#### What we do

Once referred, the caseworker assigned works with the family, supporting them in the development and execution of 1-3 service goals. When necessary, the caseworker will connect families to appropriate programs and services at the family's request.

#### How referrals are made

- Families with youth can be referred through public schools (Lake Pleasant Central School, Wells Central School, Indian Lake Central School, and Long Lake Central School)
  -OR-
- The local Department of Social Services

## Common goals developed

- Reducing truancy
- Reducing problematic behaviors
- Improving communication, coping, problem solving and organizational skills
- Establishing incentive-based disciplinary plans
- Establishing clear expectations and boundaries

#### Common services connected

- Mental health/substance abuse services
  - -Community Services or other
- Mediation services
  - -Rural Law Center of NY
- Care management services
  - -AHI
  - -Northern Rivers

### Common programs connected

- Medicaid transport
- HEAP
- SNAP
- Child support services
- Childcare assistance (subsidies)
- Trailblazers (summer youth programming)

To learn more, call Hamilton County DSS and speak to Senior Caseworker, Abby Eichler at (518)648-6131