



SCHOOL COUNSELING

A COMPREHENSIVE LOOK INTO THE GUIDANCE SERVICES IN THE NYACK SCHOOL DISTRICT

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BUILDING BRIDGES FOR TODAY'S STUDENTS TO CROSS INTO TOMORROW'S WORLD
WITH EQUITY, INNOVATION & OPTIMISM



OVERVIEW

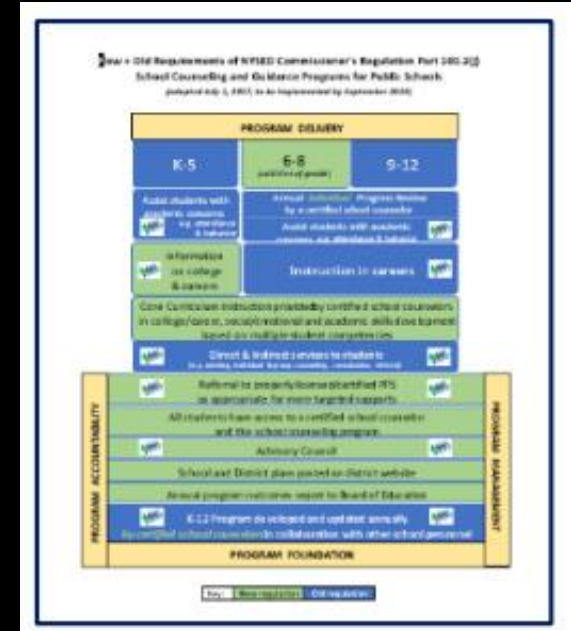
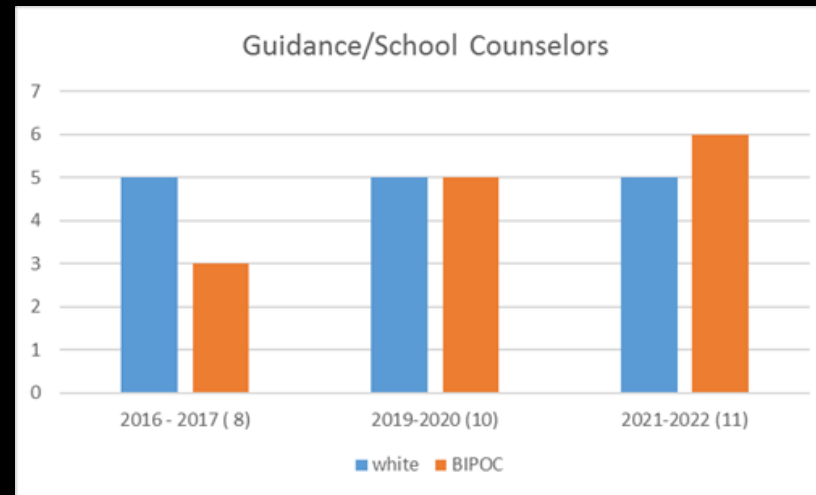
New! All three Elementary Schools have a full time Elementary School Counselor.

Nyack Middle School: 3 certified school counselors that loop with their students.

Nyack High School: 5 certified school counselors with caseloads of 9, 10, 11 and 12 graders (1:170).

New! All students in the Nyack School District have access to a certified school counselor.

Our school counseling program supports students in three categories: College and Career Readiness, Academic, and Social Emotional Development.



Comprehensive K – 12 School Counseling/ Guidance plan:



ELEMENTARY SCHOOL COUNSELING

New! Elementary Students receive weekly lessons on Social Emotional Learning (SEL), through Second Step Curriculum, Mindfulness, and additional resources.

New! Elementary Students received Stress Kits to help address the increase of stress and anxiety.

Elementary students are introduced to college and careers through our March Madness program.

New! Team of administrators and counselors completed Yale Ruler training online .

Other services include: individual counseling, group counseling, RTI referrals, crisis response, and advisement.



MIDDLE SCHOOL COUNSELING

All students are scheduled for an annual individual progress review meeting which reflects each student's educational progress, and career plans.

Monthly lessons through Second Step Curriculum, Mindfulness, and Naviance.

Monthly SEL activities during Extended Homerooms.

Early College and Career Exploration Program in March.

New! Team of teachers are participating in a mindfulness online class through Mindful schools.

New! Team of administrators and counselors completed online Yale Ruler training.

New! After school Wellness Days starting in January: yoga, mindfulness, and fitness through exercise.

Other services include: IST(Instructional Support Team) , 6th grade minute meetings, crisis response, Team Meetings.



HIGH SCHOOL COUNSELING

New! School Counselors collaborate with teachers to provide quarterly classroom presentations on college and career, social emotional and academic progress.

School Counselors schedule minute meetings with all freshmen and sophomores at the start of school.

School counselors provide an annual individual progress review plan which reflects each student's educational progress, and career plans.

New! Students receive monthly extended homeroom SEL activities designed by counselors and teachers.

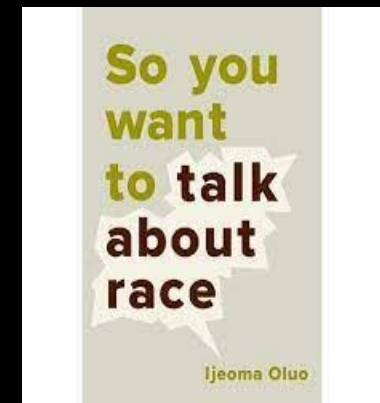
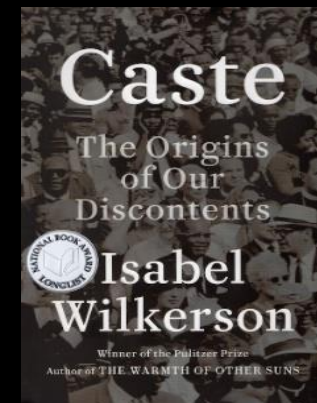
Other services include: IST(Instructional Support Team), College Applications, Letters of Recommendations, Scholarship Assistance, Course Advisement, Parent nights, Academic Supports.



PILLAR I-CULTURALLY RESPONSIVE WORKFORCE

Strategy 1: Establish Professional learning Communities and other professional development structures to address both systemic racism and its manifestations.

Strategy 11: Develop partnerships with Historically Black College and Universities as well as colleges and universities with diverse teacher education programs to target recruitment and hiring initiatives.





PILLAR II-CULTURALLY RESPONSIVE TEACHING AND LEARNING

Strategy 4: Create Courses and units of Study that are specific to learning about diverse cultures represented in the State of New York and globally in a way that is comprehensive and empowering.

Strategy 7: Develop School based Equity Teams to make recommendations regarding practices , policies and procedures to interrupt and transform school cultural norms that maintain institutional racism.

New
courses



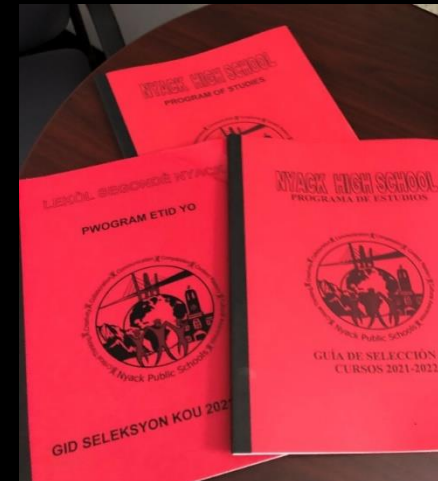


PILLAR III-CULTURALLY RESPONSIVE FAMILY & COMMUNITY ENGAGEMENT

Strategy 1: Encourage parents/Guardians who reflect the diversity of our students to participate in parent leadership roles in the schools/district.



Strategy 12: Develop multiple engagement systems to expand access to and communication with families of diverse backgrounds.



← Nyack Public Schools - The Nyack High Scho...



Scholarship Opportunities
NYACK HIGH SCHOOL CLASS OF 2022

 Nyack Public Schools
The Nyack High School Guidance Department has compiled a comprehensive list of scholarships for graduating seniors. Whether you are planning to study engineering, nursing, education, business, or currently participate in community service activities, there are scholarships available in a variety of categories. Members of the Class of 2022 are encouraged to explore this list through the link here: <https://bit.ly/2Yvc6tm>

Contact your school counselor for more details on the application process or visit the NHS Guidance Department website:
https://hs.nyackschools.org/groups/8288/guidance_school_counseling_office/home

Timeline photos - Nov 8 - 10



PILLAR IV- CULTURAL & ORGANIZATIONAL TRANSFORMATION

Strategy 1: Utilize an equity lens in developing all areas of teaching and learning , program development and institutional practices.

DATA,
DATA,
DATA!





RESOURCES

- https://www.nyackschools.org/groups/74755/guidance_k12_school_counseling/elementary_school_counseling
- https://ms.nyackschools.org/groups/7985/guidance_school_counseling_office/home
- https://hs.nyackschools.org/groups/8288/guidance_school_counseling_office/home