

March 2020

TURQUOISE TRAILS



Your school cafeteria is managed by Canteen. We are an equal opportunity employer.



School Information: Breakfast is served with fresh fruit daily. All lunch meals are served with a salad bar and your choice of low-fat flavored or white milk. We use whole grain products, which are baked daily.



Nutrition Tip: March is National Nutrition Month! To celebrate try getting more creative in the kitchen and trying a new recipe or cuisine you haven't had before.

References: Academy of Nutrition & Dietetics

Monday

WAFFLES MINI EGGO BITES **2**

PIZZA
ITALIAN BLEND
PINEAPPLE CHUNKS

BISCUIT & SAUSAGE SANDWICH **9**
CHICKEN PARMESEAN
BROCCOLI
CARROTS
APRICOTS
GARLIC BREAD

16

PANCAKES **23**

CHEESEBURGERS
TATER TOTS
PEARS

WAFFLES **30**

LEMON PEPPER CHICKEN
GREEN BEANS
MIXED FRUIT
BREADSTICKS

Tuesday

COLD CEREAL / STRING CHEESE **3**

CHICKEN TACOS
CARROTS
CINNAMON APPLE SLICES
TORTILLA

MUFFINS ASSORTED **10**

FRITO PIE
GREEN BEANS
MANDARIN ORANGE
BANANA BREAD

17

CINNI MINIS **24**

TERIYAKI CHICKEN BOWL
BROCCOLI
MANDARIN ORANGE
LEMON DINOS

COLD CEREAL/ STRING CHEESE **31**

TURKEY AND CHEESE WRAP
WHIPPED POTATOES
SIDEKICKS

Wednesday

PANCAKE WRAP **4**

BBQ PORK SANDWICH
MIXED FRUIT
FRENCH FRIES

BREAKFAST COMBO BAR/TORTILLA **11**

FRENCH TOAST STICKS
SAUSAGE PATTIE
HASH BROWNS
FRESH FRUIT
WHIPPED CREAM

18

POP TART/STRING CHEESE **25**

STEAK FINGERS
BAKED BEANS
PEACHES
BANANA BREAD

Thursday

BREAKFAST PIZZA **5**

CHICKEN QUESADILLA
PINTO BEANS
MANDARIN ORANGE

NUTRI GRAIN BAR/YOGURT **12**

HOT DOG ON A BUN
BAKED BEANS
HONEYDEW

19

BREAKFAST PIZZA **26**

CHICKEN ALFREDO
MIXED VEGETABLES
MIXED FRUIT
BREADSTICKS

Friday

FRENCH TOAST STICKS **6**

TORTILLA BURGER
GREEN BEANS
SIDEKICKS

13

20

CHERRY FRUDEL **27**

FIESTA BURRITO
SWEET POTATOE FRIES
PINEAPPLE CHUNKS

