



Kenneth Saranich
Superintendent of Schools

SHELTON BOARD OF EDUCATION

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The Shelton BOE has approved each school to keep a stock of non-prescription medications and treatments to be administered to students by a school nurse via a standing order approved and executed by the School Medical Advisor in the event of need. This excludes the administration of Epinephrine (Epipen; Epipen Jr.) or Naloxone (Narcan), which are considered emergency medications. It also excludes any medication that has been prescribed for a specific student for a specific indication by their personal physician.

The following medications are allowed to be given to a student by a school nurse for generally accepted indications for usage as delineated below:

Isopropyl Alcohol	May be used topically as an antiseptic for skin care.
Eye Irrigating Solution	May be used to flush eyes and for cleaning of contact lenses. May also be used to treat irritation to the eyes caused by local irritants and allergens.
Alcohol-free Mouth Rinse	May be used to rinse mouth.
Iodized Salt	May be used to gargle for throat discomfort.
Antiseptic wash	Pain-relieving liquid that alleviates pain and discomfort from minor cuts, scrapes, and burns, kills germs and helps prevent infection.
Petroleum Jelly (Vaseline)	May be used for chapped lips.
Dental Wax	May be used with orthodontic appliances to protect against mouth sores.
Skin Emollient, fragrance-free such as Lubriderm, Eucerin,	May be used to treat dry irritated skin.

Cetaphil lotion or generic equivalent	
Hand Sanitizer	May be used to clean hands when soap and water are not available
Diphenhydramine ("Benadryl")	May be used for allergic/anaphylactic reactions *While Benadryl may be used for moderate local reactions without immediate parent notification, the parent/guardian will be notified following administration either by a note or phone call.
Calamine lotion (Caladryl)	May be used topically for itching from insect bites or rash.
Hydrocortisone (1% cream/ointment)	May be used topically for itching from insect bites or rash.
Antibiotic ointment (Bacitracin)	May be used topically for minor abrasions and lacerations.

For the 2023-24 school year, parents and/or guardians agree that their children may receive the approved non-prescription medications and treatments without notification.

If you do NOT approve administration of these medications to your child(ren), please signify by signing below. Please note that you cannot choose among the medications listed. A refusal to administer any medication/treatment on this list signifies a refusal to administer all of them. Please be advised that by signing this form, the nurse will NOT be able to administer any of these medications/treatments, EVEN IF REQUIRED BY YOUR CHILD.

If you do not return this signed form to the school nurse, we will interpret this as your approval for your child(ren) to receive these treatments as indicated.

Thank you for your attention to this matter.

NAME OF CHILD_____

PARENT SIGNATURE_____