Charter School Lunch Menu



Lunch C	ycle Menu	(Mav-Iun	2018***)

January –June 2018

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
05/07- 05/11	Bean & Cheese Tostadas (2) Spanish rice (½ c) Chopped Romaine & Tomato (1c) Shredded Cheddar Cheese (¼ c) Apples (1) FF Choc/1% Milk	Chili Dog / WG Bun (1) Baked tots (½ c) Rainbow slaw (1 c) Banana (1) FF Choc/1% milk	Chicken Sandwich/ WG Bun (1) Baked Fries (½ c) Lettuce & Tomato slices(½ c) Pears (1 c) FF Choc/1% Milk	Salisbury Steak w/ gravy (1) Mashed Potatoes (½ c) Steamed Corn (½ c) WG Roll (1) Grapes (½ c) FF Choc/1% milk	Pizza Party Romaine salad w/tomato, cucumber & carrots (1 c) Oranges FF Choc/1% milk
05/14- 05/18	Chicken Fried Steak (1) Mashed Potato w/ gravy (½ c) Green Beans (½ c) WG Roll (1) Pears (1) FF Choc/1% milk	Ground Beef Tacos (2) Pinto beans (½ c) Chopped Salad w/ tomato(1 c) Apples (1) FF Choc/1% milk	Chicken Teriyaki (3 oz) Steamed Rice (½ c) Mixed vegetables (½ c) Spring Roll (1) Oranges (1) FF Choc/1% milk	Ham & Cheese Sandwich(1) Baked Chips (1) Lettuce & Tomato (½ c) Cucumber salad (¾ c) Banana (1) FF Choc/1% milk	CHEF'S CHOICE
05/21- 05/25	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE
05/28- 06/01	MEMORIAL DAY NO CLASSES	CHEF'S CHOICE	CHEF'S CHOICE	CHEF'S CHOICE	SUMMER BREAK YEA!!

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan

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