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[www.lccps.org](http://www.lccps.org)

Dear Parent,

When students start the day with a healthy meal, they are more likely to retain what they learn in class, behave better, and experience better health outcomes. School breakfast is one of the best ways to ensure students receive a nutritious meal at the start of the school day.

LCCPS offers Grab & Go breakfast every morning to all students. Breakfast are located at all School Cafeteria, and students can eat breakfast in the Cafeteria or take their Breakfast back to their classroom. Breakfast is served from 7:00 am to 9:00 am. All students are welcome to participate Monday through Friday.

If you would like more information, please feel free to contact me at 978-323-0800 x109.

Sincerely,

Sharon Ozana  
Food Service Manager  
LCCPS  
sozana@lccps.org