



2016-17 Central Elementary Athletic Clearance Form

Student Name: _____ **School:** _____
Address: _____ **Grade:** _____
Date of Birth: _____ **Sports:** _____
Phone Number: _____ **Emergency Number:** _____

Parent's or Guardian's Permission and Release

I hereby give my consent for the above-named student to represent his or her school in competitive sports. I also give my consent for the student to accompany the school team on any of its local or out-of-town trips. The Central Unified School District Board of Education has no responsibility to provide first aid at any of the games and the parent or guardian understands that the risk of injury is assumed by the student and parent when they sign this form. However, in the event physicians, physical therapists, physicians assistants, nurses, or other persons trained in the rendering of first aid are available, as volunteers or otherwise, and render aid to any student injured during the course of any such activities or travel, then the parents/guardians do hereby release and forever discharge such persons and the Central Unified School District Board of Education from any liability arising out of any first aid or immediate treatment of injuries.

Health History: To be completed by the Parent/Guardian (Answer "Yes" or "No" Only)

	Yes	No		Yes	No
1. Chronic/Recurring illness	___	___	21. Physician limiting participation due to heart problems	___	___
2. Hospitalization or surgery	___	___	22. Problem with blood/anemia	___	___
3. Under care of physician	___	___	23. Problem with liver, spleen or kidneys	___	___
4. Currently taking any medication	___	___	24. Mononucleosis within last year (if yes, month/year _____)	___	___
5. Organs missing/removed	___	___	25. Hernia	___	___
6. Easily overheated	___	___	26. Neck/back/spine injury or pain	___	___
7. Heat stress/exhaustion/stroke	___	___	27. Hand/wrist/arm injury or pain	___	___
8. Injuries under care of physician	___	___	28. Knee/hip injury or pain	___	___
9. Headaches	___	___	29. Foot/ankle/leg injury or pain	___	___
10. Head injury & loss of consciousness	___	___	30. Sudden death of family member before age 50	___	___
11. Concussions (how many ____)	___	___	31. Cancer	___	___
12. Dizziness/fainting	___	___	32. Recent weight loss or gain	___	___
13. Seizures/epilepsy	___	___	33. Immunizations current	___	___
14. Diabetes	___	___	34. Tetanus shot (what year ____)	___	___
15. Vision problems	___	___	35. Ringworm	___	___
16. Glasses/contacts	___	___	36. High blood pressure	___	___
17. Asthma/wheezing/inhaler	___	___			
18. Allergies: pollen, stinging insects, food	___	___			
19. Chest pain/dizziness with exercise	___	___			
20. Heart murmur/rhythm problem	___	___			

Please describe any "YES" answers above or list anything not mentioned:

MEDICAL INSURANCE

I have medical insurance that provides *coverage of at least \$1,500.00* for accidental injury and Major Medical coverage of at least \$10,000.

Company Name _____ Policy Number _____ Exp. Date _____

Or SCHOOL INSURANCE

I have purchased the following type of coverage through my child's school.

School Time (Covers sports other than football) _____ 24-Hour Coverage (Covers sports other than football) _____ Football Plan (Football only) _____

Co-Curricular activities are a vital part of our total school program. We exemplify the supreme standards of ethics and sportsmanship in addition to first-class character and lifelong skills. Students electing to participate in co-curricular activities assume certain responsibilities and obligations to their coach, team, school, and themselves. The school invests a lot of time, money, and personnel in an effort to provide a quality program for our students.

Eligibility: Students are expected to maintain a 2.0 grade point average and adhere to district and site policies. Grade Point Average will follow CIF guidelines. If a student's GPA drops below a 2.0 at any grading period, they will be placed on probation. Two consecutive grading periods they will be deemed ineligible. Grading Period will be from Monday to Friday each week during the season. Grades are cumulative not just work that week. Athletes that are ineligible may not practice with the team.

Attendance: The student must be in school the day of a performance for half the time or more unless verified by the attendance office i.e. field trip, conference, etc.

Equipment: It is the students' responsibility to return and care for all equipment and uniforms issued to them. Any lost or damaged equipment will be paid before the student participates in another activity. Post season awards will be held until uniforms and equipment are returned.

Try-outs: A student may try-out for a sport up to the 2nd game of the season. No one will be allowed out after official rosters are turned in.

CODE OF ETHICS – it is the duty of all concerned with Central Unified School athletics: (ATHLETES, PARENTS, FANS, COACHES, STAFF)

1. To display acceptable standards of behavior and citizenship at school and in the community.
2. To cooperate in a mature, sportsmanlike manner in all events whether it be as a participant or spectator.
3. To show respect for other participants, supervisors, coaches and officials.
4. To comply with the Board of Education policies, District Regulations, and the State Education Code.
5. To comply with the rules and regulations established by the appropriate governing bodies of their activity.
6. To eliminate all possibilities which tend to destroy the best values of the game.
7. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
8. To encourage leadership, use of initiative and good judgment by the players on a team.
9. To recognize that the purpose of athletics to promote the physical, mental, moral, social and emotional well-being of the individual players.
10. To understand that the use of intoxicants, tobacco, drugs, or substances for sale or possession of them will not be tolerated.
11. Athlete must carry an accident insurance policy (either their own or one available at the school).
12. Athlete must maintain a grade point average of 2.0 .
13. All concerned must remember that an athletic contest is only a game, not a matter of life and death for player, coach, school, official, fan or nation.

Information regarding CUSD violations/penalties in regards to player/coach ejection from athletic contests is available upon request from the Athletic Office.

Appeals Procedure – First and Second Ejection: Unless otherwise specified an appeal of an ineligibility of a player or coach because of ejection from a game or event, may be made, in writing, to the player or coach's site administrator. The site administrator of his/her designee's decision on his/her athlete or coach shall be final and shall be conveyed to the site administrator of the school(s) involved, to the president of the league(s) involved.

Physical Assault: Any student who physically assaults the person of a game or event official shall be banned from interscholastic athletics for the remainder of the student's elementary eligibility. A game or event official is defined as a referee, umpire or any other official assigned to interpret or enforce rules of competition at an event. A student may, after a lapse of 12 calendar months from the date of the incident, apply for reinstatement of eligibility to the District Athletic Director.

ENFORCEMENT

1. Athletes who fail to comply with the Code of Ethics will be declared ineligible to participate in school activities by the school administration. Parents/Fans who fail to comply with the above Code of Ethics will be banned from one game to the entire season. The Administration has the right to enforce any penalties deemed necessary to provide safe and consistent environment for Central Unified School District student/athletes.
2. Students/Parents/Fans may seek a hearing before an Appeal Review Panel consisting of the Athletic Director, Principal and K-8 Athletic Director.

PENALTIES

Minor: Violations are those which do not require suspension from school.(in-house suspensions)

- Any student who commits a minor violation of the Code of Ethics shall be immediately suspended from all activities for a period ranging from one day to two weeks .

Major: Violations defined as those which result in suspension from school.

- Students who commit a major violation of the Code of Ethics will be suspended from all activities for a period NOT LESS than two weeks and not more than one calendar year, beginning on the date of return. This penalty must be imposed by the school administration and communicated to the parents/guardian of the effected student athlete, K-8 Athletic Director, and Coordinator of Athletics.

The Administration reserves the right to prohibit a student from participation in other school activities as is deemed appropriate. Code of Ethics violations which occur when a student is not under the supervision of the school may be considered for penalties.

SPORTS PARTICIPATION/ASSUMPTION OF RISK/QUITTING OF A SPORT

The undersigned student/athlete and his/her parent/legal guardian understand and agree: (1) that the student must obey and comply with any and all rules, regulations and directions related to such participation; (2) that they are aware that athletic participation in sport requires physical fitness; (3) that said student/athlete possesses the required degree of physical fitness to participate; (4) that a risk of physical injury is involved by participating in sports; (5) that by quitting a sport after the first 30% of the season, the athlete will not be allowed to participate in another sport until the previous sport has finished, and it is the coach of the sport's prerogative, to allow or disallow the student's participation the following year in the sport he/she quit. An athlete may switch from one sport to another before the official roster is due(no later than Monday, after the second (2nd) scheduled league game). Once the athlete makes one switch, they may not return.

Therefore, in consideration of the Central Unified School District allowing said student/athlete to participate in the sports programs, both the student and his/her parent/legal guardian agree to hold the district, its Board Members, officers, agents and employees harmless from any and all liability related to an injury which the student/athlete may incur as a result of participation in this sports program.

In this respect, both the student/athlete and the parent/legal guardian understand that a risk of injury exists and that by signing this form, they assume said risk and responsibility for any injury to the student/athlete.

I HAVE READ AND UNDERSTAND THE REQUIREMENTS AND CONDITIONS FOR PARTICIPATION IN THE ATHLETIC PROGRAM AT CENTRAL UNIFIED SCHOOLS AND WITH THIS SIGNATURE, AGREE TO ALL OF THE PRECEDING.

REQUIRED SIGNATURES BELOW

Athlete _____ Parent/Legal Guardian _____ Date _____