

CMP-Orangevale SWING Guidelines

- All students will remain off the bark unless they are transitioning to/from a swing.
- Students will create a line outside of swing barrier/behind swings while waiting their turn.
- No walking in front of swings, unless exiting a swing. If exiting a swing, students must walk straight out and exit bark area.
- Student exiting the swing must be completely off the bark before the next student gets on the swing.
- Students will face the building (K/1-2/3 wing) when swinging.
- Students will sit only on their bottoms when swinging (no standing or lying on tummies).
- Students will have set time limit for swings. (TK/1 will sing ABC song and 2-MS will count to 50).
- Each pump is 1 count (forward → back 1, forward → back 2, etc.)
- Swings will be used for forward/back motion only, no spinning or side to side.
- Students must push themselves; teachers and other students will not push. For TK/1, teachers may give one push to get student started.
- Swings will not be used before school.

SIBLINGS **MAY NOT** USE SWINGS DURING SCHOOL HOURS (8:00-3:00)

Be Safe Be Respectful Be Responsible

