



## **I. Rules of the Game**

### **Basketball**

1. Teams are co-ed consisting of both boys and girls.
2. There will be two divisions: Upper Elementary and Middle School. 6<sup>th</sup> graders may play in either division. If there are not enough players to form a middle school team, they may join the upper elementary division.
3. Games are four quarters.
4. Each quarter is a 10 minute running clock. The clock will only stop for a team timeout, injury timeout and during free throws in the last two minutes of the game.
5. Each team is allowed one timeout per half (a total of two per game).
6. In the event of a tie at the end of regulation, four minute overtime will be played with a running clock.
7. Timeouts and quarter breaks will be 1 minute.
8. There will be a five minute halftime break.
9. A player should not play the entire game unless there are only five players available on a team.
10. In the middle school division, players who have received three personal fouls during the game will have fouled out and may not return for the duration of the game.
11. Traveling and double dribbling will be called in the middle school division, but are not considered personal fouls. Traveling and double dribbling will be loosely called in the elementary division based on experience level of the player and called at the referee's discretion.

12. Disrespectful behavior towards a referee will result in a technical foul. A technical foul will result in two free throws and possession of the ball for the opposing team.

13. One technical foul in a game will result in a player's rejection from the game and possible one game suspension from the next game.

14. No full court press. Once possession is established (a player has full control of the basketball), the defense must allow the team to pass the half court line.

15. Dress code: Teams are to wear similar color shirts. If the campus provides a uniform, the uniform must be worn. Jeans are not allowed. The proper athletic shoes must be worn and must have backs and laces.

16. Jewelry may not be worn.