



# Welcome to our Lunch Cafe

## New Rochelle Elementary Schools

September 2021

The USDA has approved FREE breakfast and lunch for all students attending schools on the NSLP/SBP for the 2021-2022 school year. Menu selections may vary from those on the menu due to the COVID related impact on production, distribution and delivery.

Monday

Tuesday

Wednesday

Thursday

Friday



### HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.

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Welcome Back!

Half Day  
No Lunch Served  
Full Breakfast Available

13 Crispy Popcorn Chicken French Bread Sweet Corn Celery Sticks Sliced Peaches Fresh Apple	14 Whole Grain Pancakes with Sausage Crispy Potato Puffs Chilled Red Pepper Strips Pineapple Cup 100% Orange Juice Blend Fresh Blueberries	15 Mozzarella Sticks Marinara Sauce French Bread Steamed Peas Cauliflower Diced Pear Cup Fresh Orange	16	17 Classic Cheese Pizza Pepperoni Pizza Garden Salad Fresh Apple Applesauce
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Vegetarian Weekly Option: Egg & Cheese Sandwich

20 Chicken and Waffles Crispy Potato Puffs Chilled Red Pepper Strips Sliced Peaches Fresh Orange	21 Cheeseburger Veggie Burger Oven Baked Fries Grape Tomatoes Mixed Fruit Fresh Orange	22 Homemade Mac & Cheese Steamed Peas Fresh Baby Carrots Pineapple Cup Fresh Apple	23 Nachos Grande Fiesta Corn Black Beans Applesauce Fresh Banana	24 Classic Cheese Pizza Pepperoni Pizza Steamed Broccoli Mixed Fruit Fresh Grapes
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Vegetarian Weekly Option: Hummus

Top with Shredded Cheddar

27 Turkey Hot Dog on Bun Oven Baked Fries Spicy Tomato Salad Mixed Fruit Fresh Grapes	28 Chicken Nuggets Pretzel Mixed Vegetables Fresh Baby Carrots Pineapple Cup Fresh Grapes	29 Cinnamon French Toast Crispy Potato Puffs Chilled Red Pepper Strips Pineapple Cup Fresh Pear 100% Apple Juice	30 BBQ Chicken Beans & Rice Sweet & Spicy Roasted Corn Applesauce Fresh Banana
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Vegetarian Weekly Option: Tuna

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful.

Check out our mobile menu at [www.FDMealPlanner.com](http://www.FDMealPlanner.com) or download

FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.



Prices:

No charge for breakfast & lunch

Additional items can be purchased.

Please make Checks payable to:

New Rochelle Food Services

Milk/ Chocolate Milk \$ 50

100% Juice/Fruit \$ 50

Vegetarian Lunch \$2 Made With Natural Ingredients

Alternate Lunches Available Daily:

1. Oven Roasted Turkey, Low Sodium Ham & American Cheese, Sun Butter &

Jelly, American Cheese, All on Assorted Whole Grain Breads.

Bagel Lunch with 1 String Cheese & Yogurt

Garden Salad with Dinner Rolls

Lunch includes:

Grade of Grain, Meat/Meat Alternative, Fruit/Choice, Vegetable Selection & Milk

Questions? please call your Food Service Director 914.315.4217

Pork

Smart Choice

Made With Organic Ingredients

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.