



P811K PARENT VOICE -- Nothing beats time

October 2019

PC: Donna Donegan

Principal: Antoinette Rose APs: Shelia Cook-Bey, Betricia Yarboi & Adunnola Waterman-French

Dear Parents/Guardians/Caregivers,

Thank you for the families that supported P811K New Parent Orientation on September 17, 2019 and Parent Open House on September 26, 2019.



Here at P811K we welcome all of the student's families and friends to all our events. This demonstrates to your child a cohesive bond between home, school and their community.

Please register and attend the AMERICAN MUSEUM OF NATURAL HISTORY on October 19, 2019,

Thank you my parent volunteers who makes up the core members of P811K Parent Association. Ms. Hall, President; Ms. Smith, Secretary and Ms. Leito, Treasurer

If you have any information or ideas, please feel free to contact me so it can be shared with other parents via this "Parent Voice" newsletter. I can be reached at (718) 769-6984 ext. 1421 or

DDonegan@schools.nyc.gov.

Thank you,

Donna Donegan, P811K PC



P811K PARENT 2019-2020 CALENDAR

WORKSHOP/ACTIVITY	DATE
NEW PARENT ORIENTATION	SEPTEMBER 17, 2019
PARENT OPEN HOUSE 4:30PM – 7:00PM	SEPTEMBER 26, 2019
COLLEGE AND TRANSITION FAIR	NOVEMBER 13, 2019
SPECIAL NEEDS PLANNING/GUARDIANSHIP (PART 1)	DECEMBER 12, 2019
GUARDIANSHIP (PART 11)	JANUARY 9, 2020
ART WORKSHOP	FEBRUARY 13, 2020
PROSPECTIVE NEW PARENTS TOUR	MARCH 5, 2020
BEHAVIOR MANAGEMENT	APRIL 23, 2020
COLLEGE AND TRANSITION FAIR	MAY 7, 2020
PARENT ASSOCIATION ELECTION	JUNE 11, 2020

CALENDAR IS SUBJECT TO REVISIONS

WORKSHOPS ARE 10:00 AM

PARENT COORDINATOR: DONNA DONEGAN

P811K PARENT ASSOCIATION 2019-2020 CALENDAR

MEETING	DATE
NEW PARENT ORIENTATION	SEPTEMBER 17, 2019
PARENT OPEN HOUSE 4:30PM – 7:00PM	SEPTEMBER 26, 2019
PARENT ASSOCIATION MEETING	OCTOBER 24, 2019
PARENT ASSOCIATION MEETING	NOVEMBER 21, 2019
PARENT ASSOCIATION MEETING	DECEMBER 12, 2019
PARENT ASSOCIATION MEETING	JANUARY 16, 2020
PARENT ASSOCIATION MEETING	FEBRUARY 27, 2020
PARENT ASSOCIATION MEETING	MARCH 19, 2020
PARENT ASSOCIATION MEETING	APRIL 30, 2020
PARENT ASSOCIATION NOMINATION	MAY 14, 2020
PARENT ASSOCIATION ELECTION	JUNE 11, 2020

CALENDAR IS SUBJECT TO REVISIONS

MEETINGS WILL BE HELD AT THE MAIN SITE (2525 HARING STREET) @ 10:00 AM

 FEED YOUR MIND OCTOBER 2019: Pre-K - 8 Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
Fresh New York Bagel Stick Varieties Blueberry Cinnamon Raisin French Toast Plain Muffin Varieties Honey Corn Apple Cinnamon Loaf Varieties Banana Blueberry	Fresh Fruit Bar Egg & Cheese with Turkey Sausage on a Buttermilk Biscuit Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Pillsbury® Mini Blueberry Waffles 100% Fruit Juice Fresh Fruit
Assorted Muffins Land O'Lakes® Mozzarella String Cheese 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Egg & Cheese with Turkey Sausage on an English Muffin Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Cinnamon Crumble 100% Fruit Juice Fresh Fruit
Columbus Day Assorted Muffins Land O'Lakes® Colby String Cheese 100% Fruit Juice Fresh Fruit	Egg & Turkey Sausage on a Whole Wheat Bun Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Cinnamon Twist 100% Fruit Juice Fresh Fruit
Assorted Loaves Land O'Lakes® Cheddar String Cheese 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Egg & Cheese with Turkey Sausage on a Buttermilk Biscuit Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Pillsbury® Mini Blueberry Waffles 100% Fruit Juice Fresh Fruit
Assorted Muffins Land O'Lakes® Mozzarella String Cheese 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Egg & Cheese with Turkey Sausage on an English Muffin Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.

Menus can be viewed online by visiting www.schoolfood.nyc.org



REMINDER: Please **LABEL ALL** of your child's clothing. This will ensure that if they are misplaced, we will be able to identify the item and return them to the correct owner. (Caps, jackets and the extra clothing sent in).

Our school has been using the **Automated Phone Call** System to contact parents/guardians. We need to have correct phone and emergency contact numbers.



PARENTS MUST!!!
 *** Notify Ms. Jessica De Joyos, when there is a change in your address or telephone number, please call (718) 769-6984 x1213 or fill out a blue card.



At the 811K Main Site
 School Begins at **8:00AM**
 School Ends at **2:20PM**

At Cavallaro (Off-Site)
 School Begins at **7:50AM**
 School Ends at **2:10PM**

At Shellbank (Off-Site)
 School Begins at **7:45AM**
 School Ends at **2:05PM**

At E.R. Murrow HS (Off-Site)
 School Begins at **8:05AM**
 School Ends at **2:45PM**



THE MOXIE SPOT (81 Atlantic Ave.) [718] 923-9710 or www.themoxiespot.com



 OCTOBER 2019: Pre-K - 8 Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
	Rosh Hashanah 1	2	New York Thursday 3	4
Daily Lunch Specials Peanut Butter & Jelly Sunbutter & Jelly Cheese Sandwich Hummus Grab & Go Tuna or Turkey Sandwich (Not available on Monday)	NEW Baked Chicken Bites Garlicky Green Beans Warm New York Dinner Roll Salad Bar Traditional	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Baked French Fries Grab-n-Go Chopped Salad Salad Bar Burger/Sandwich Fixin's	NEW Teriyaki Chicken Dumplings Vegetable Rice Orange Ginger Carrots Fresh New York Apples New York Cookie Treat Grab-n-Go Chopped Salad Salad Bar New York Local	!!! PIZZA !!! Margherita Pizza Green Garden Salad Salad Bar Pizza Toppings Featuring Cranberry Chickpea Salad
7	8	9	10	11
Mac-n-Cheese Toasted Garlic Bread Baked Broccoli Salad Bar Garden Greens	PROMO Stewed Chicken Thighs Rice & Beans Sweet Plantains Salad Bar Taco Bar	NEW Baked Chicken Tenders With Dipping Sauce Baked Sweet Potato Waffle Fries Baked! Tostitos® Scoops® Served with Salsa Cup Salad Bar Traditional	New York Beef Hamburgers & Cheeseburgers Baked New York French Fries Fresh New York Apples Grab-n-Go Asian Sesame Chicken Salad Burger/Sandwich Fixin's	!!! PIZZA !!! Chicken Ranch Pizza Green Garden Salad Salad Bar Pizza Toppings Featuring Cold Chickpea Salad
Columbus Day 14	15	16	New York Thursday 17	18
Stuffed Shells in Marinara Sauce Fresh Broccoli with Garlic & Oil Toasted Garlic Knot Salad Bar Garden Greens	NEW Peach BBQ Chicken Drumstick Honey Corn Muffin Slow Roasted Carrots Salad Bar Traditional	BRUNCH Chicken & Waffles Home Fries Grab-n-Go Chicken Caesar Salad Salad Bar Burger/Sandwich Fixin's Featuring Celery & Apple Salad	NEW GOLDEN KRUST® Jamaican Beef Patty Roasted Zucchini New York Cookie Treat Fresh New York Apples Grab-n-Go Chicken Caesar Salad Salad Bar New York Local	!!! PIZZA !!! Assorted Toppings Green Garden Salad Salad Bar Pizza Toppings Featuring Balsamic Chickpea Salad
21	22	23	New York Thursday 24	25
Baked Mozzarella Sticks with Marinara Dipping Sauce Roasted Fresh Broccoli & Cauliflower Rold Gold® Heartzels Salad Bar Garden Greens	NEW Baked Chicken Bites Garlicky Green Beans Warm New York Dinner Roll Salad Bar Traditional	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Baked French Fries Grab-n-Go Chopped Salad Salad Bar Burger/Sandwich Fixin's	NEW Teriyaki Chicken Dumplings Vegetable Rice Orange Ginger Carrots Fresh New York Apples New York Cookie Treat Grab-n-Go Chopped Salad Salad Bar New York Local	!!! PIZZA !!! Margherita Pizza Green Garden Salad Salad Bar Pizza Toppings Featuring Cranberry Chickpea Salad
28	29	30	New York Thursday 31	
Mac-n-Cheese Toasted Garlic Bread Baked Broccoli Salad Bar Garden Greens	NEW Baked Chicken Tenders With Dipping Sauce Baked Sweet Potato Waffle Fries Baked! Tostitos® Scoops® Served with Salsa Cup Salad Bar Traditional	PROMO Burrito Bowl Confetti Corn Salad Bar Taco Bar	New York Beef Hamburgers & Cheeseburgers Baked New York French Fries Fresh New York Apples Grab-n-Go Asian Sesame Chicken Salad Salad Bar Burger/Sandwich Fixin's	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN

SAVE THESE DATES



October 5, 2019 @ Main Site



Movie Day/Parent PD

10AM – 2PM

October 8, 2019 @ Main Site

Meeting 10am



October 9, 2019



SCHOOL CLOSED

OCTOBER 14, 2019



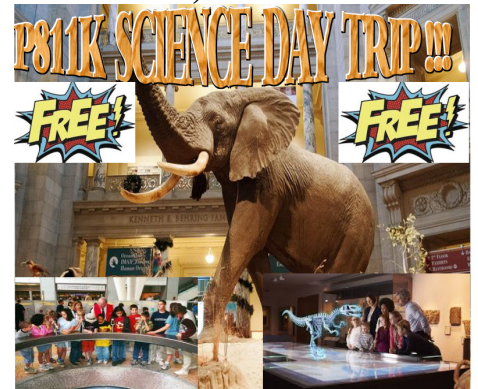
COLUMBUS DAY
SCHOOL CLOSED

October 17, 2019 @ Main Site



SLT Meeting 3:30PM
(SCHOOL LEADERSHIP TEAM MEETING)

October 19, 2019 @ Main Site



Meeting place: 2525 Harrington Street Brooklyn, NY 11235

Bussing: Free bussing will be provided to all families attending.

October 24, 2019 @ Main Site



Parents Association
10AM – 12 NOON

October 25, 2019 @ Main Site



FIGHT AGAINST
Breast Cancer

BREAST CANCER WALK 10AM

October 28, 29, & 30, 2019 @ Main Site



SMILE Dentist Visit

October 31, 2019 @ Main Site



DID YOU KNOW?

This is a message of support. It is sad to acknowledge that every day there are tragic events, both near and far, that take a toll on our mental and physical health. When we learn of a traumatic event we are often reminded of our own experiences with loss, trauma, fear and/or sadness. We can begin to feel helpless, powerless and sometimes even hopeless. Concerns for ourselves, our children and our loved ones can take a heavy toll.

If you are experiencing these feelings, please, don't be alone with them:

- Reach out to a family member, friend or co-worker.
- Contact the [NYC EAP](#) at 212-306-7660 or e-mail eap@olr.nyc.gov. For further information, visit our website at nyc.gov/eap.

Call, text, or chat with [NYC Well](#) counselors, available 24/7/365.
Call **888-NYC-Well**, text **WELL** to **65173** or visit nyc.gov/nycwell to chat online



“In the end we will conserve only what we love. We will love only what we understand. We will understand only what we’re taught.” Anonymous