



P.S. / M.S. 146 The Howard Beach School
Danielle Cross, *Principal*
Angela Manekas, *Assistant Principal*
Christina Kabbadias, *Assistant Principal I.A.*

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Interviews



March
Madness



Daylight
Saving &
Spring



Easter,
Passover, &
Ramadan



Fun
Monthly
Holidays



BLUEHAWKS IN THE NEWS



By: Adaline Iannuzzi

A 20 Year Legend at PS/MS 146

On March 20th, the PS/MS 146 School Community said farewell to Mr. Superbia. It was his last day of his twenty year long career here. The entire school was sad to say goodbye, but we are all happy for him! Students lined up along the hallways, holding up handmade cards/posters to give to him.

Two students, Emily Walsh and Salvatore Scarpa interviewed him and learned the following:

Q: "Why did you want to become a teacher?"

A: "I became a teacher naturally because I was a soccer player and loved sports. Sometimes you don't plan to do what you do but it just ends up like that."

Q: "What was your most memorable moment?"

A: "I have so many memories here at 146. Field days were great! I enjoyed coaching the basketball team and blue and gold days were always fun! I plan to come back for blue and gold day, career day, and graduation."



Some cards that students made for Mr. Superbia.

Q: "What makes you enjoy soccer?"

A: "I have always enjoyed playing soccer. I grew up playing soccer because many people in Brazil (where I am from) played it.

Q: "What soccer team did you play for?"

A: "First I played soccer at the Taiuva Soccer Club in my hometown in Brazil. Then I played Internacional Soccer and Juventus Soccer. I played for Brooklyn College and for New England Revolution."

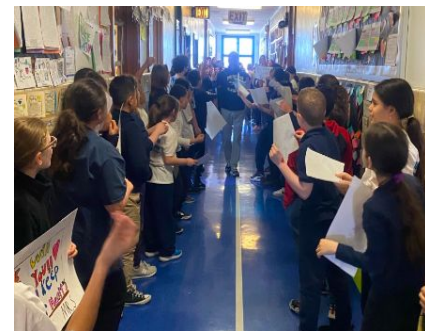
Q: "What are your plans after retirement?"

A: "I am not fully retiring. I am just retiring from physical education. I am a coach for a soccer team and will continue to do that. I enjoy doing art, and I want to take more time for himself."

Q: "What is your favorite quote?"

A: My favorite quote is from Theodore Roosevelt, 'Do what you can with what you have, where you are.'

Mr. Superbia will be missed, but he will always have a home at PS/MS 146! Happy Retirement and best wishes for your future endeavors!



Students lined along the hallway as Mr. Superbia said his final goodbye to the entire school.

Get to Know Our Administration!

By: Salvatore Scarpa, Emily Walsh, and Miley Torres

Have you ever wondered what our school administration enjoy and do outside of school? Well we interviewed them on March 27th and asked them! Here's what we learned from Mrs. Cross, Mrs. Manekas, and Ms. Kabbadias.

First, we interviewed our Principal Mrs. Cross!

Q: "How long have you been a principal or teacher?"

A: "I have been working for a total of 23 years. 18 years as a DOE teacher and an Assistant Principal for 4 years. I started at PS/MS 146 on August 18th."

Q: "What are your next plans for PS 146?"

A: "I am waiting for the delivery for the outdoor learning center and I will have a ribbon cutting ceremony."

Q: "What is your favorite subject to learn about?"

A: "My favorite subject is reading and my favorite author is Jane Green"

Q: "What is your favorite food?"

A: "My favorite foods are Mexican and Italian. I also love coffee!"

Then, we interviewed our Assistant Principal Mrs. Manekas!

Q: "What hobbies do you like doing in your free time?"

A: "I like to run and to go to sporting events."



Mrs. Manekas, Mrs. Cross, and Ms. Kabbadias.

Q: "What is your favorite sport?"

A: "My favorite sport is Basketball."

Q: "What is your Favorite book?"

A: "My favorite book is called *The Wedding* by Nicholas Sparks"

Q: "What is your favorite ice cream flavor?"

A: "My favorite ice cream flavor is Coffee Chip ice cream."

Lastly, we interviewed the newest member to our administration team- our Assistant Principal I.A. Ms. Kabbadias.

Q: "What do you think of PS 146 so far?"

A: "I love PS/MS 146 so far! Everyone is so helpful. I am so lucky to be in such a fantastic school community."

Q: "What do you usually do in the summer?"

A: "I love to travel and try to go on one vacation every summer and like to go outdoors."

Q: "What is your favorite book?"

A: "My favorite author is Colleen Hoover. I enjoy reading all of her books!"

We got the inside scoop from the most amazing school leaders. Stay tuned for our future editions to possibly read about your favorite school teachers and staff members here at PS/MS 146Q!

March Madness is MAD!

By: Ava Turano, Kevin Zhou, Joseph McDonald , Alejandro Valentin



Artwork by: Alejandro Valentin

"I drew this in honor of March Madness and its awesome basketball games. The bracket indicates all of the spots in the tournament."

Did you know that the first March Madness tournament happened on March 27, 1939 by the National Association of Basketball Coaches? Only eight teams competed for the championship and there were only two rounds of offsite playoffs before the "Final Two" games. Now 68 teams play in the college tournament. Oregon won the first NCAA March Madness tournament and the runner up of the March madness tournament is Ohio State. You're probably wondering how teams get picked to participate in March madness. Well, here's how- 68 Teams are selected by the basketball selection committee. According to aljazeera.com "The winners of the postseason tournaments in each of the 32 Division 1 basketball conferences receive what is known as an automatic bid into the March Madness national tournament" This is how they pick the basketball teams for the basketball tournament.

Currently, in 2023 March Madness there have been many major upsets according to the NCAA (The National Collegiate Athletic Association) " Kansas lost to Arkansas, A-8 to K-1. Kansas was one of the biggest favorites in the NCAA tournament but they still lost. There are two games in April on the first UConn and Miami FL the other game is Atlantic FL and San Diego State. The results of the game are a UConn win and a San Diego win. Now, the finals have now been decided and the matchup is UConn and San Diego State.

This tournament has been nothing but Cinderella games which makes this tournament one of the best tournaments of NCAA basketball history. The final game is Monday April 3. Now, the finals have now been decided and the matchup is UConn and San Diego State. UConn won 76-59.



Noah Carter defending the ball from Hans Brase.

Word	Definition
Seed	The experts pick a high seed if they are expected to be really good and a low seed if they are expected to be bad.
Upset	When a really good team expected to win loses to a worse team.
Cinderella	Low- seeded team making a big upset that no one saw coming.
Ranking	Your scale of achievement.

More Sunlight in Spring?

By: Nicolette Manero and Peter Luongo

Daylight Savings is when we lose an hour of the day. In Fall, during September we gained an hour, and in Spring during March we lost one. March also means that Spring will finally start. We will be able to start more outdoor activities and see more animals come out of hibernation. The next few months, prepare to wake up earlier and have more spring weather!

Springtime is Starting

After many weeks of cold frigid Winter, we are finally in Spring. The first day of Spring was on March 21st. It is also known as the Vernal Equinox. You can tell Spring has started because of all the flowers and trees blooming and leaves starting to come back. The trees will finally be green after many cold months. Also, more and more animals started coming back from hibernation. Rabbits, squirrels, butterflies and hummingbirds will come out of their hibernation. As the weather gets warmer, people can start going outside more often and enjoy the warm weather to come. Children can play outside and more springtime activities will begin. Spring break is approaching, which everyone is waiting for. How will you celebrate Spring and the warm weather?

Daylight savings-

What do you think about Daylight Savings? According to the University of Chicago poll, 75% of Americans would prefer to end the practice of switching the clocks twice a year. I personally don't like daylight savings time because it ruins my sleep cycle. People have been against daylight savings time since 1919, and two states that are getting rid of daylight savings are Hawaii and most of Arizona.

Did you know that Germany was the first country to implement daylight saving time? According to the Library of Congress, daylight savings started because of the Standard Time Act as a measure to save on fuel costs during the First World War by adding an extra hour of sunlight to the day. Not everyone agrees with daylight savings because it can disrupt our circadian rhythms, making us less alert and prone to illness or accidents. Make sure to be careful and set your clocks to the correct time. Do YOU like daylight savings time?

March is a time where we lose an hour of sleep and where spring starts. We could start to get outside and not be inside because of the frigid weather. April, May and June will be very bright months, but losing an hour of daylight could make them sleepy months. Either way, make sure to enjoy these next few months.



Our clocks move forward and we lose an hour of sleep.

Spring Gatherings

By: Luna Zhuo, Mia LaSala, Olivia Ortiz, Raymond Chen

Ramadan, Passover, and Easter all take place in the season of spring. Although these holidays are all very different, each celebration has its own historical traditions. Read below to find out more about these three great holidays!

Ramadan

Ramadan is a Muslim holiday that families celebrate together. It is a time of fasting, where Muslim people do not eat from sunrise to sunset. Ramadan begins on the evening of Wednesday, March 22 and ends on Friday, April 21 with Eid al-Fitr. Eid al-Fitr marks the end of Ramadan.

On top of fasting, lots of Muslims do activities like “moon sighting”, praying on certain scripture verses, and donating to charity! These are just some of the amazing activities that people do during Ramadan. During Ramadan those who celebrate the holiday usually eat traditional foods such as Turkish Fish Stew, Berber Bread, Moroccan Ksra and Moroccan Lentil Soup.

In short, Ramadan is a time when families celebrate fasting from late March to late April, together. Then comes Passover!



Lanterns traditionally represent the light guiding the way for Muslim families.

Passover

Passover is a widely spread Jewish holiday. Passover does not fall on the same week each year. This is because Passover is not followed by the traditional calendar. It is followed by a calendar called the Lunar-based Hebrew calendar. This year Passover will be starting April 5th and will continue until April 13th. This holiday originated in ancient Egypt and tells the story of Israelites through generations.

Passover lasts a week and includes an important meal called seder. Seder is a formal Jewish dinner served within the first two nights of Passover. Seder is a meal to resemble a time where people were restrained and now hold freedom.

Another ritual that is celebrated during Passover is very significant. According to History.com, during Passover those who celebrate discard all wheat, bread and grains from their homes. The only “bread” that is eaten during Passover is called matzah. Which is a flattened, baked product made of flour and water.



This is a demonstration of a traditional Seder plate eaten during the first night of the Passover celebration.

Easter

Easter originated in 325 AD. It marks the Resurrection of Jesus three days after his death by crucifixion. It’s known as a Christian holiday.

It is a time when children collect Easter eggs, and have fun. Kids experience the joy of finding Easter eggs every Easter. Most people celebrate by eating ham, lamb, scalloped potatoes, and spring vegetables. In addition, Easter is in the season of spring. So, most people go out, have dinner with their family, or go out of town (vacation) to honor this holiday in their faith.

Additionally, Easter has a different date each year. This year it falls on April 9th! This happens because the date depends on the moon. According to “finance.yahoo.com”, it states “It can be as early as March 22 or as late as April 25.” Another fact is that this year, it falls in the middle of April 9th, which is more than a week earlier than it fell last year in 2022!



Families participate in an egg hunt during Easter.

Ramadan, Passover, and Easter are holidays that many families celebrate together. The holidays are a time of bonding and celebrating culture. The holidays may be different from the other holidays, but they are all about celebrating family. So, what holidays do you celebrate and which is your favorite? Well whatever it is, remember to bond and celebrate with your family and friends!

March and April Festivities

By: Anthony Manero, Giulia LaSala, Jayliah Bourdier

Hooray for National Nutrition Month.

This year marks the 50th year anniversary of National Nutrition Month which means it started in 1973. Each year, National Nutrition Month happens in March. It reminds people about the importance of making good food choices. The Academy of Nutrition and Dietetics are those who created National Nutrition month. Eating healthy is not only what it is about, you can also move your body!

What are some ways to be healthier?

There are many different ways to be healthier. One way is to drink more water. We all know that drinking water is healthy, but do you know how much water you should be drinking? You should drink about 6 glasses or more per day. Put more colors on your plate which means that you should try to eat more greens to help you get a health boost for you and for your body. Packing your own lunch can really help you be healthy. An example is having protein and deep green vegetables so you can have a healthy lunch. Lastly, try to go food shopping and find food to help you be healthy like meat, dairy, and produce.

Every year there's a new theme for National Nutrition Month and this year it is Fuel for the Future. Fuel for the Future means to try to make the consumers make healthy choices and to maintain their health for their lives. To summarize about National Nutrition Month- eat more healthier foods, exercise more often, make good food choices and try to help people make healthy food choices.



What is National Poetry Month?

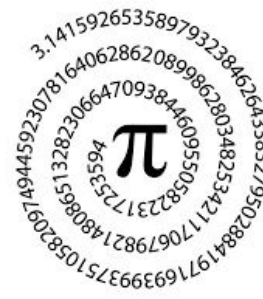
“Always be a poet, even in prose.” For those who don't have the faintest idea of what National Poetry Month is, it is an opportunity to teach others about the variety of poetic forms. People celebrate this holiday in lots of different ways. One being to create your very own poem, and read it to your family or friends.

History Behind National Poetry Month

This holiday was established in 1996, so it has been with us for 26 years. Poetry itself probably dates back to cavemen and the earliest shamans. Enheduanna was the first person to ever write a poem, and was also the first person to be a poet. The father of poetry was Geoffrey Chaucer, known as the author poet philosopher bureaucrat diplomat.

Facts About National Poetry Month

Did you know that the first National Poetry Month was held in 1996? In 1998, the Academy of American Poets & Literacy Project to distribute 100,000 free books of poetry. Did you know that there are over 50 types of poetry?



What is Pi Day?

“Why should you never talk to Pi? Because he’ll just go on forever!” Doesn’t everyone love Pi jokes? Did you know that a lot of people used computers to calculate pi to over 22 trillion digits. Therefore, the digits of pi go on forever in a seemingly random sequence. Most mathematicians and other people usually refer to the number Pi as the number 3.14.

History of Pi Day

People have been using Pi for so long ago. Pi was first discovered in 1706, and has been in existence ever since! Did you know that Physicist Larry Shaw started Pi Day in 2009? Also, the US House of Representatives passed a resolution to recognize Pi Day. Pi Day is observed on March 14th, or 3/14. 5 famous people that are born on Pi day are Albert Einstein, NBA All-Star Steph Curry, Actors Billy Crystal and Michael Caine, and Olympic Gold Medalist Simone Biles.

Facts of Pi Day

Pi day isn't just about the circumference and diameter of a circle. There are multiple cool facts about Pi day. The symbol for Pi has been in use for over 250 years. The symbol was introduced by William Jones, a Welsh mathematician, in 1706. The symbol was made popular by the mathematician Leonhard Euler. Did you know that since the exact value of pi can never be calculated, we can never find the accurate area or circumference of a circle?

Featured Poem

On April 4th, Ms. Morci and Ms. Canner invited the school to participate in a poem contest. The two teachers sought which student could write the most creative poem. Specifically, they were looking for a haiku, limerick, concrete, or acrostic. The School Newspaper received many submissions, but only was one chosen to be featured on it's own page!

What are Different Types of Poems?

A haiku is a a Japanese poetic form that consists of three lines, with five syllables in the first line, seven in the second, and five in the third.

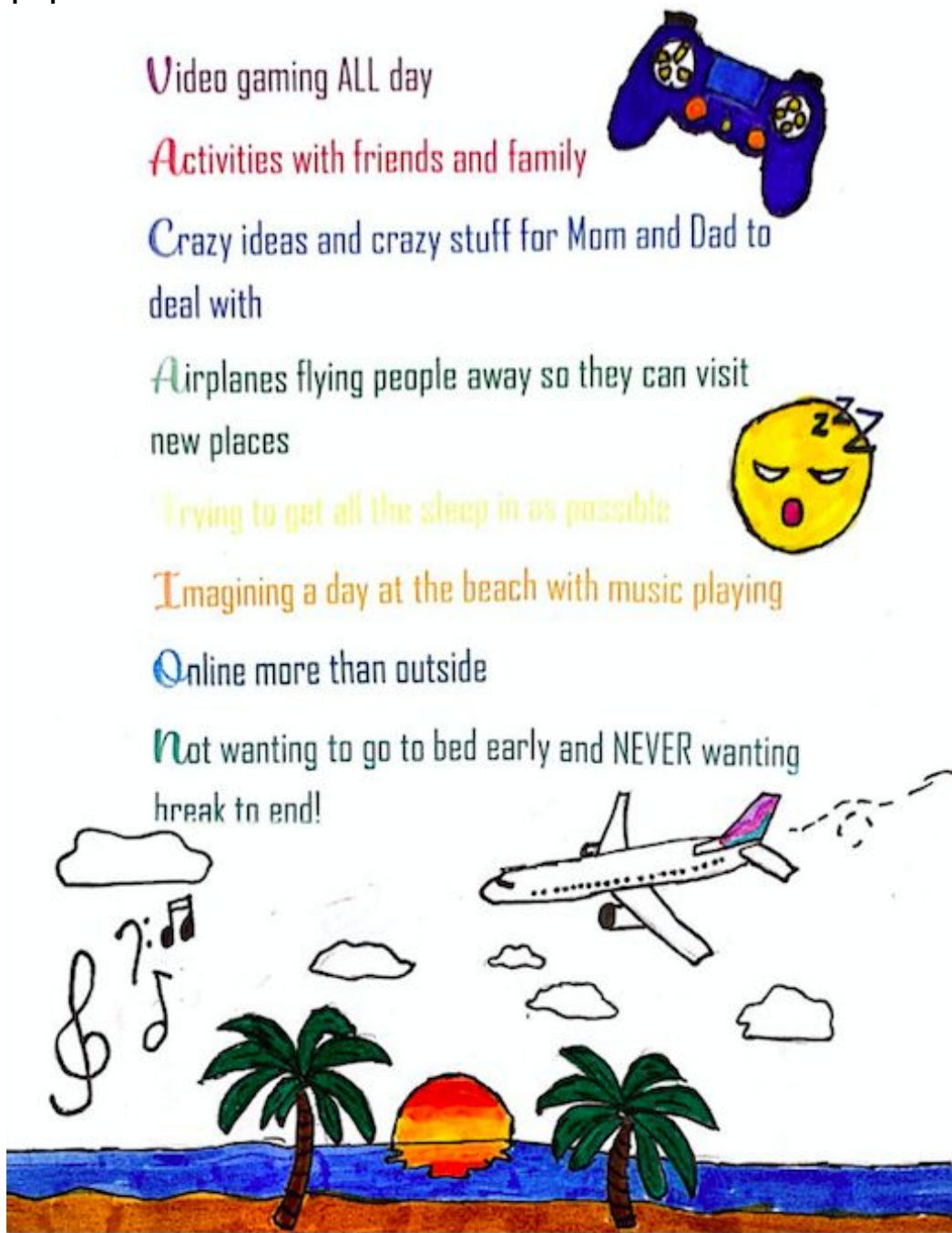
A limerick is a silly poem with five lines. They are a 5-line poems with a specific rhyme pattern: AABBA

A concrete is also known as shape poetry because words in the poem are arranged to look like the subject of the poem. This type of poetry uses images and words to get the message across to readers.

An acrostic is a poem in which the first letter of each line spells out a word, name, or phrase when read vertically.

Which type of poem sounds the most interesting to you?

Elizabeth Narine's poem from class 502 was anonymously chosen by our school newspaper club:



Blue Hawks in the News!



Drawing created and submitted by:
Adrian Wiecek

This drawing was our second
submission from our first school
newspaper cover contest!

Additional poems that we received:

Spring is the most cheerful season
Play with friends beneath the sun
Roses are blooming with joy
I love when the sun shines on my face
No snow in sight
Gardens are blooming with happiness

By: Samentha Cao (301)

Raining? Yes it is, mother, father it's raining!! I hope I get to see

Arainbow perfect, like me!! We'll have so much fun. Puddles and pots o' gold!!

I haven't seen a rainbow in a while, but the colors will soon be shown!

No, no! It stopped please come

Back, oh I beg!

Obviously I'll have another chance but now it's just cold! The rain is only fun for rainbows!

We'll have to wait and see, oh mother, oh father. It's here, a perfect shiny rainbow!! "Go out and have fun my dear!"



Frogs

Irresistible little creatures

Lovable two big eyes

Over to a pond one would leap

Very, very cutely is what you would describe their every action as

Everyone can love them because they are...

Frogs!

Radiant little animals that have little smiles that can brighten your day

Obviously you can see that they are amazing

Great pets, better wildlife

So many frogs and I love them all!

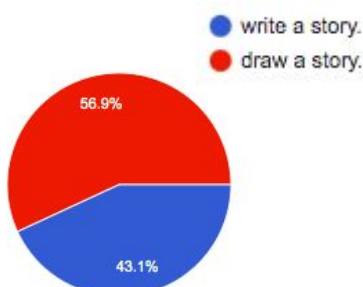
By: Zoe Casamassima (402)



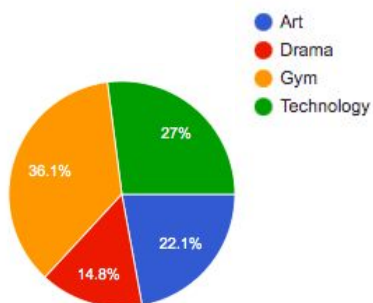
By: Emily Krauss (502)

125 Students Completed Our 'Would You Rather...' Survey:

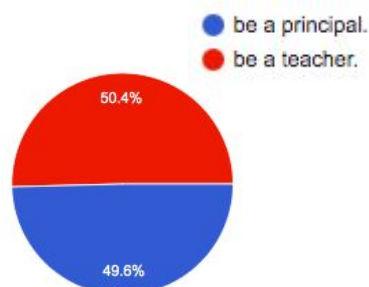
Would you rather write a
story or draw a story?



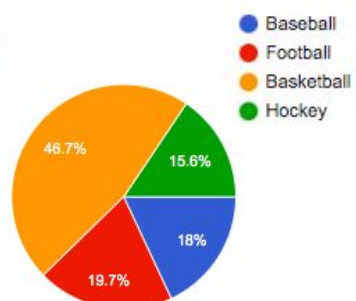
What class would you
rather have all day long?



Would you rather be a
teacher or a principal?



What sporting event
would you rather go to?





Aaliyah Caban

Alejandro Valentin

Anthony Manero

Ava Turano

Emily Walsh

Giulia LaSala

Jaylah Bourdier

Joseph McDonald

Kevin Zhou

Luna Zhuo

Mia LaSala

Miley Torres

Nicolette Manero

Olivia Ortiz

Peter Luongo

Raymond Chen

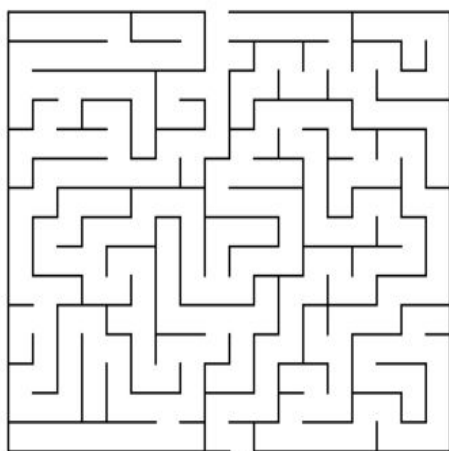
Salvatore Scarpa



Our newest members to our school newspaper club! Five 8th Grade students- *Olivia Ortiz, Peter Luongo, Salvatore Scarpa, Alejandro Valentin, and Anthony Manero*



Can you find the way through the maze to water the plants?



Spring Word Search

r	v	b	t	f	i	o	p	l	l	t	p	u	l	u
r	o	p	l	a	b	u	d	c	a	t	n	u	a	u
r	h	v	u	o	e	l	n	o	m	u	k	m	u	b
t	u	l	i	p	s	n	o	m	b	u	f	b	k	o
o	r	d	p	r	c	s	s	o	a	l	l	r	o	n
e	n	o	x	t	t	l	o	i	m	r	o	e	c	d
y	e	l	l	o	w	c	e	m	w	t	w	l	y	o
e	d	n	u	d	r	e	h	a	t	a	e	l	s	r
h	a	t	c	h	a	r	a	i	n	m	r	a	h	b
r	k	j	w	f	i	t	a	i	c	i	s	m	o	u
t	h	a	w	c	n	g	o	r	e	k	d	f	w	n
e	i	a	e	o	b	g	e	m	n	t	n	n	e	n
e	w	o	a	g	o	s	p	r	i	n	g	a	r	y
n	e	s	t	s	w	e	r	u	e	v	g	c	s	s
h	s	l	i	u	i	h	t	a	o	a	t	e	n	n



Spring
Showers
Tulips
Hatch
Lamb
Blossom
Yellow
Bud
Rainbow

Clean
Flowers
Thaw
Chick
Bunny
Nests
Warm
Umbrella
Bloom



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