Great Futures Charter High School

October 2017 Breakfast Menu

Monday

Tuesday

Wednesday Thursday

The Main Event

Friday

Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast \$1.50

Adult Breakfast \$2.50

Reduced Breakfast \$0.30



Connect with us!







Questions or Concerns?

Please Visit www.MaschioFood.com Or Call Maschio's Food Services at: 201-716-1520

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	Breakfast Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	Egg & Cheese on a Bun Assorted Fruit 100% Fruit Juice Milk Selection	Yogurt Parfait with Granola Assorted Fruit 100% Fruit Juice Milk Selection	Pancakes with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
	School Closed	Egg & Cheese on a Bun Assorted Fruit 100% Fruit Juice Milk Selection	11 Breakfast Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	French Toast Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
	16 Breakfast Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	Egg & Cheese on a Bun Assorted Fruit 100% Fruit Juice Milk Selection	Half Day Yogurt Parfait with Granola Assorted Fruit 100% Fruit Juice Milk Selection	19 Pancakes with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
	Pancakes with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	Egg & Cheese on a Bun Assorted Fruit 100% Fruit Juice Milk Selection	25 Breakfast Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	French Toast Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
	30	31 HALLOWEEN	Cook	Un vour own Recine f	or Success during

SUCCESS

MENU SUBJECT TO CHANGE

Breakfast Muffin

with Yogurt

Assorted Fruit

100% Fruit Juice

Milk Selection

Please Visit: www.maschiofood.com

Half Day Egg & Cheese

on a Bun

Assorted Fruit

100% Fruit Juice

Milk Selection



Cook Up your own Recipe for Success during National School Lunch Week!

This month we are asking **you** to create a recipe for Maschio's! Please visit Maschio's website for our Recipe Contest details.

There will be three winners company-wide. Each winner will receive a gift basket and gift card.

Each winner's recipe creation will be featured

on the January Menu!