

SWEETWATER SCH. DIST. NO.1

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 1, 2023 thru May 25, 2023

BLACK BUTTE HS BKFST

Generated on: 4/28/2023 10:17:42 AM

	Portion Size	Cals (kcal)	Carb (g)
Mon - 05/01/2023			
BLACK BUTTE HS BKFST	Total		
CINN MINI BUNS 2.29oz 2019	1 PACK	240	40.0
STRING CHEESE 1oz 2019	1 EACH	90	0.0
RAISINS VARIETY AMAZIN'	1 Pkg	110	24.9
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average		558	80.89
% of Calories			58.0%
Nutrient Guideline		450-600	

Tue - 05/02/2023			
BLACK BUTTE HS BKFST	Total		
CEREAL PEEL BOWL VARIETY 2018	BOWL	114	22.07
STRING CHEESE 1oz 2019	1 EACH	90	0.0
APPLESAUCE CUP 4.5oz	ZIP CUP	90	22.0
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average		525	86.20
% of Calories			65.7%
Nutrient Guideline		450-600	

Wed - 05/03/2023			
BLACK BUTTE HS BKFST	Total		
BAGEL MINI STRAW 2.43oz 2023	1 PACK	230	42.0
YOGURT GO GURT 2oz 2023	1 each	45	8.0
FRUIT,FRESH ASSORTED	1 EACH	64	16.47
FRUIT JUICE,ASSORTED	4 fl.oz.	64	15.62
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		423	72.77
% of Calories			68.8%
Nutrient Guideline		450-600	

Thu - 05/04/2023			
BLACK BUTTE HS BKFST	Total		
DONUT CHOC GLZ WW 2020	1 EACH	230	31.0
YOGURT GO GURT 2oz 2023	1 each	45	8.0
FRUIT,FRESH ASSORTED	1 EACH	64	16.47
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	120	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average		449	70.22
% of Calories			62.5%
Nutrient Guideline		450-600	

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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May 1, 2023 thru May 25, 2023

BLACK BUTTE HS BKFST

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	Portion Size	Cals (kcal)	Carb (g)
Mon - 05/08/2023			
BLACK BUTTE HS BKFST	Total		
CEREAL BAR, CINN TST 2018	1 EACH	160	30.0
YOGURT GO GURT 2oz 2023	1 each	45	8.0
APPLESAUCE CUP 4.5oz	ZIP CUP	90	22.0
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average		526	102.13
% of Calories			77.7%
Nutrient Guideline		450-600	

Tue - 05/09/2023			
BLACK BUTTE HS BKFST	Total		
BAGEL PLN SLC 2oz LENDER	BAGEL	140	28.0
CHEESE, CREAM	1 TBSP	51	0.8
APPLESAUCE, STRAWBRY MOT 4.5oz	1 EACH	60	14.95
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		481	85.88
% of Calories			71.4%
Nutrient Guideline		450-600	

Wed - 05/10/2023			
BLACK BUTTE HS BKFST	Total		
CEREAL PEEL BOWL VARIETY 2018	BOWL	114	22.07
YOGURT GO GURT 2oz 2023	1 each	45	8.0
FRUIT, FRESH ASSORTED	1 EACH	64	16.47
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average		364	66.74
% of Calories			73.4%
Nutrient Guideline		450-600	

Thu - 05/11/2023			
BLACK BUTTE HS BKFST	Total		
BERRY & CREAMS 2.8oz IW 2018	1 PACK	240	36.0
STRING CHEESE 1oz 2019	1 EACH	90	0.0
FRUIT, FRESH ASSORTED	1 EACH	64	16.47
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	1 CUP	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0

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SWEETWATER SCH. DIST. NO.1**May 1, 2023 thru May 25, 2023**

Base Menu Spreadsheet

BLACK BUTTE HS BKFST

Portion Values - Detailed

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Generated on: 4/28/2023 10:17:42 AM

	Portion Size	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories		567	80.91 57.1%
Nutrient Guideline		450-600	

Mon - 05/15/2023			
BLACK BUTTE HS BKFST	Total		
CHURRO APPLE FILL 5" J&J 2018	1 EACH	150	27.0
YOGURT GO GURT 2oz 2023	1 each	45	8.0
APPLESAUCE CUP 4.5oz	ZIP CUP	90	22.0
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average % of Calories		458	85.44 74.6%
Nutrient Guideline		450-600	

Tue - 05/16/2023			
BLACK BUTTE HS BKFST	Total		
BF BREAD BLUEBERRY BREAD 3.4oz	1 EACH	270	45.0
STRING CHEESE 1oz 2019	1 EACH	90	0.0
APPLESAUCE CUP 4.5oz	ZIP CUP	90	22.0
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average % of Calories		586	85.52 58.4%
Nutrient Guideline		450-600	

Wed - 05/17/2023			
BLACK BUTTE HS BKFST	Total		
POPART SINGLE 1.76oz 2019	1 EACH	177	37.5
YOGURT GO GURT 2oz 2023	1 each	45	8.0
APPLESAUCE CUP 4.5oz	ZIP CUP	90	22.0
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average % of Calories		485	95.94 79.1%
Nutrient Guideline		450-600	

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May 1, 2023 thru May 25, 2023

BLACK BUTTE HS BKFST

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	Portion Size	Cals (kcal)	Carb (g)
Thu - 05/18/2023			
BLACK BUTTE HS BKFST	Total		
BERRY & CREAMS 2.8oz IW 2018	1 PACK	240	36.0
STRING CHEESE 1oz 2019	1 EACH	90	0.0
FRUIT 8 oz 2019	1 CUP	170	43.08
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	120	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK* HP - STRAWBRY FF 2018	HALF PINTS	110	19.0
Weighted Daily Average		535	82.50
% of Calories			61.6%
Nutrient Guideline		450-600	

Mon - 05/22/2023			
BLACK BUTTE HS BKFST	Total		
POPTART SINGLE 1.76oz 2019	1 EACH	177	37.5
YOGURT GO GURT 2oz 2023	1 each	45	8.0
Raisels Sours Variety	1 BOX	160	37.0
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	120	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK* HP - STRAWBRY FF 2018	HALF PINTS	110	19.0
Weighted Daily Average		479	96.41
% of Calories			80.5%
Nutrient Guideline		450-600	

Tue - 05/23/2023			
BLACK BUTTE HS BKFST	Total		
DONUT, HONEY	1 EACH	230	31.0
STRING CHEESE 1oz 2019	1 EACH	90	0.0
FRUIT 8 oz 2019	1 CUP	170	43.08
JUICE ASSORTED 4oz 2018	1 EACH	115	27.38
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	120	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		518	74.13
% of Calories			57.3%
Nutrient Guideline		450-600	

Wed - 05/24/2023			
BLACK BUTTE HS BKFST	Total		
FRUDEL, APPLE WRAP	1 PACK	210	36.0
STRING CHEESE 1oz 2019	1 EACH	90	0.0
FRUIT 8 oz 2019	1 CUP	170	43.08
FRUIT JUICE, ASSORTED	4 fl.oz.	64	15.62
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	120	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0

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SWEETWATER SCH. DIST. NO.1**May 1, 2023 thru May 25, 2023**

Base Menu Spreadsheet

BLACK BUTTE HS BKFST

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Weighted Daily Average % of Calories		525	80.10 61.0%
Nutrient Guideline		450-600	

Thu - 05/25/2023			
BLACK BUTTE HS BKFST	Total		
BAR BENEFIT CHOC CHIP2.5oz2022	1 EACH	290	47.0
STRING CHEESE 1oz 2019	1 EACH	90	0.0
FRUIT 8 oz 2019	1 CUP	170	43.08
FRUIT JUICE,ASSORTED	4 fl.oz.	64	15.62
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	120	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average % of Calories		537	96.68 72.1%
Nutrient Guideline		450-600	

Weighted Average		501	83.91 67.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	501		450 - 600	100%				
Carbohydrate (g)	83.91	66.99%						

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