

Here to help you cope with COVID...



We are a proud provider agency
of NY Project Hope,
New York State's COVID-19 Crisis
Counseling Program.

Astor Services for Children & Families is now
providing **Dutchess & Rockland counties** with free,
confidential, and anonymous emotional support.

To learn more, contact Megan Wright at
(845) 204-5223 or mwright@astorservices.org



A program of the NYS Office of Mental Health
Funded by FEMA





COVID is challenging our community and we're here to help you cope ...



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 **ASTOR**
SERVICES FOR CHILDREN & FAMILIES
www.astorservices.org

Free, anonymous & confidential

NY Project Hope
Coping with COVID
❤️

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Estamos aquí para ayudarle a sobrellevar las emociones y los desafíos de COVID.

Somos una agencia
proveedora orgullosa del
Proyecto Esperanza de
Nueva York, Programa
de Consejería de Crisis
del Estado de Nueva York

Ahora esta proporcionando Dutchess
and Rockland counties con gratis,
confidencial y apoyo emocional anónimo



Para aprende mas llamar
a Megan Wright

(845) 204-5223

mwright@astorservices.org

www.astorservices.org

Gratis, anónimo y confidencial
(aquí para hablar, aquí para escu-char,
aquí para apoyar)

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Coping with COVID



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