



John Adams High School Positive Behavioral Expectations Matrix

	Be Welcoming	Be Mindful	Be the Solution
Universal Behaviors	<p>Greet others</p> <p>Use kind and appropriate language</p> <p>Be helpful to your community</p>	<p>Respect your belongings and those of others</p> <p>Use strategies to regulate your emotions appropriately</p> <p>Keep your hands to yourself without consent</p> <p>Follow community health guidelines - wear your mask, social distance as possible, wash/sanitize hands frequently, avoid touching your face</p>	<p>Communicate your needs and ask for support proactively</p> <p>Respect personal space and difference of opinions</p> <p>Follow your assigned schedule</p>
Classroom	<p>Address peers and staff by their preferred name/pronouns</p> <p>Engage in caring conversation and strive to learn from each other</p>	<p>Be prepared with needed materials before the bell</p> <p>Respect classroom guidelines and agreements</p> <p>Adhere to JAHS tech etiquette and cell phone use policies</p>	<p>Check your progress and maintain communication with teachers</p> <p>Respect personal space and difference of opinions - disagreement/conflict is normal</p> <p>Ask for support proactively</p>
Cafeteria	<p>Show appreciation for the lunch staff</p> <p>Be patient at check-in</p>	<p>Only in the cafeteria during your assigned lunch period</p> <p>Keep your community clean - be responsible for your own trash/belongings and help pick up what's left behind</p>	<p>Respect the food and space</p>
Gym/ Locker Room	<p>Be patient at check-in</p>	<p>Change into your uniform quickly to have full gym time</p>	<p>Respect others privacy and belongings</p> <p>Follow instructions for the safety of yourself and community</p>
Hallways/ Stairs/ Common Areas	<p>Be mindful of your volume as you pass classes in session</p>	<p>Walk on the right side of the hallway to allow others to pass</p>	<p>Use the most efficient path to class</p>
	<p>Login into classes on time</p>	<p>Organize all usernames and passwords for remote learning platforms, protect this personal information, and only use accounts that belong to you</p>	<p>Keep chat comments respectful and related to class topics - you are just as accountable for what you say online as you are in person</p>



<p>Online/ Remote Learning Etiquette</p>	<p>Be sure that you're only attending virtual classes that are on your schedule</p> <p>Turn camera on if you're able to; communicate with your teacher if you have connection issues or are not comfortable turning your camera on</p>	<p>Mute your mic unless you're speaking and use the chat function (if available) for questions/comments so you don't interrupt instruction</p> <p>Be mindful of what you share in the chat and show on camera - there is inherently less privacy online</p> <p>Practice patience with yourselves and others as we all navigate remote learning/ technology</p>	<p>Ask questions if you're having technology or internet challenges</p> <p>If you encounter something inappropriate or unsafe online, communicate the situation to a trusted adult for guidance</p> <p>Participate in the lesson to demonstrate understanding and active participation</p>
<p>Covid-19 Protocols</p>	<p>Be mindful of your space and belongings</p> <p>Engage with touch free greetings with peers/staff</p>	<p>Maintain a safe distance in school by staying 3 feet apart</p> <p>Wear your mask properly (over the nose and mouth)</p> <p>Practice frequent handwashing</p>	<p>Get tested frequently and follow CDC Covid-19 guidelines</p> <p>Clean and disinfect your space/laptop regularly</p> <p>Set an example for others</p>