Welcome to our Breakfast Cafe

WHITSONS School Nutrition

Port Chester High School

February 2023

VEGGABÖLS PLANT BASED ENTREES

In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggabōls promotion.

THE HUMANE SOCIETY OF THE UNITED STATES

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Whole Grain French Toast Slices Syrup Fresh Apple Strawberry Cup	2 Maple Mini Waffles Syrup Mixed Fruit Strawberry Cup	3 Sausage and Egg Sandwich Diced Peaches Fresh Orange
6 Egg and Cheese Sandwich Diced Pear Cup Fresh Orange	7 Maple Mini Waffles Syrup Sliced Peaches Fresh Apple	8 Ham, Egg and Cheese Sandwich (P) Mixed Berry Cup Fresh Banana	9 Sausage, Egg & Cheese Burrito* Applesauce Fresh Orange	10 Whole Grain French Toast Slices With Syrup Mixed Fruit Fresh Banana
13 Whole Grain French Toast Slices With Syrup And Crispy Turkey Sausage Links Strawberry Cup Fresh Orange	14 WG Blueberry Muffin Diced Pear Cup Fresh Apple	15 Fluffy Whole Grain Waffles With Syrup Cinnamon Applesauce Fresh Orange	16 Homemade Pancakes With Syrup Mixed Fruit Fresh Apple	17 Ham, Egg and Cheese Sandwich (P) Diced Peaches Fresh Banana
20 WINTER RECESS! SCHOOL CLOSED	21 WINTER RECESS! SCHOOL CLOSED	22 WINTER RECESS! SCHOOL CLOSED	23 WINTER RECESS! SCHOOL CLOSED	24 WINTER RECESS! SCHOOL CLOSED
27 Fluffy Whole Grain Pancakes Syrup Diced Peach Cup Fresh Apple	28 Ham, Egg and Cheese Sandwich (P) Fresh Orange Fresh Banana			

Free Breakfast For Students!

FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

All Breakfasts are Served with Choice of: Grain, Whole Fruit, Cupped Fruit, 100% Juice, and
Choice of Low-fat or FF White Milk or FF Chocolate Milk
Assorted Condiment Available Daily

Vegetarian | Made With Natural Ingredients | Pork | Smart Choice | Made With Organic Ingredients