



Katonah-Lewisboro Health Office Quick Reference Guide

SPECIAL HEALTH NEEDS: Parents should notify the Health Office if their child has any special needs. These may include asthma, diabetes, bee sting allergy, food or environmental allergies, difficulties with mobility, vision or hearing. If a student is seen by their doctor or has visited the emergency room for an injury or illness, a doctor's note of clearance for school must be provided. PE restriction &/or need for crutches must be clearly indicated.

HEALTH EMERGENCY FORMS: Must be completed and updated each year as part of the summer mailing. Along with confirming/updating your child's special health needs, emergency contacts must be provided in the case that a parent is not available to pick up an injured or ill child. These contacts **must** be local, aware that they are being listed, and all phone numbers provided must be checked for accuracy.

MEDICATIONS: For both routine and "as needed" medications, our district form must be completed by your pediatrician. ([Medication Form](#)) Parents must co-sign this form and deliver it with all medications in their original container to the health office. Students at the secondary levels **ONLY** may carry & self-administer **emergency** medications if their doctor and parent indicate permission on the medication form.

SCHOOL PHYSICALS/IMMUNIZATIONS: NYS law requires physical exams for all new entrants and for students in grades K, 1, 3, 5, 7, 9, 11. Please use the required NYS form ([Physical Form](#)) And submit **by October 15th**. Have your pediatrician review and update immunizations to ensure compliance with NYS law. ([NYS Immunization Requirements](#))



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SCREENING PROCEDURES: Vision, Hearing, Scoliosis screening will be completed on students in selected grades according to NYS Dept of Education guidelines. Parents will be notified of abnormal findings.

ATTENDANCE: If your child must be absent, please notify the main office for elementary school students and the attendance offices for JJMS and JJHS. NYS law requires a written parental explanation upon return to school. For an absence of **5** days or more, a doctor's note is required. Please make sure that your child is fever free for at least 24 hours (without the use of fever-reducing medications) before their return to school.

Thank you for your cooperation and support. Please feel free to contact your child's health office for any lingering concerns or questions.

John Jay High School 763-7205

FAX 763-6572

John Jay Middle School 763-7508

FAX 763-7665

Increase Miller 763-7139

FAX 763-7175

Katonah Elementary 763-7706

FAX 763-7790

Meadow Pond 763-7907

FAX 763-7988