

# **SUMMER INFORMATION**

## **FOR PARTICIPATION IN FALL SPORTS**

- In order to ensure students to be medically cleared to participate on the start date for all fall sports, all paperwork in sports packet must be submitted to the athletic office of DMHS by Wednesday, August 1, 2018.
- First day of football practice: Monday, August 6, 2018
- First day of soccer, cross country, girls tennis & volleyball tryouts: Monday, August 13, 2018
- Summer session workouts for any DMHS athletic programs are optional from mid-June – end of July.
- No DMHS athletic programs: Friday, July 27, 2018 – Sunday, August 5, 2018. The Athletic Office will be open.
- The DMHS athletic department understands summer is used as time off for students and their families, however students who wish to participate in a certain fall sport may jeopardize their opportunity if they do not attend tryout dates in august.
- For any questions regarding a specific sport, please contact the head coach by email. Any specific questions regarding athletic department or physical process, please contact the athletic director or athletic trainer.
- Enjoy your summer, stay healthy and fit and see everyone in August!