

FA D A F IT!

FA I L U R E

A N D

D I F F I C U L T Y

A R E

F E E D B A C K

Develop
strong character

**Positive healthy
mindset**

"Effective Effort" drives
development

Get smart by working hard

Analyze
performance and data to
get feedback

SDIS

Self-directed
Improvement System



Nyack School District:



Nyack
School
District:
Presents

Summer
Efficacy
Academy



2016

What's it all about?

This Summer Efficacy Academy was designed from the research of several professional in the area of personal growth. Such as Carol Dweck, Dr. Jeffery Howard and Sean Achor. We will foster a belief that intelligence can be developed with effective effort; and that having a growth mindset leads to a desire to want to learn.

Who:

Students who are entering 6th grade in September 2016 and, returning 6th grader participants

When: July 5-July 28

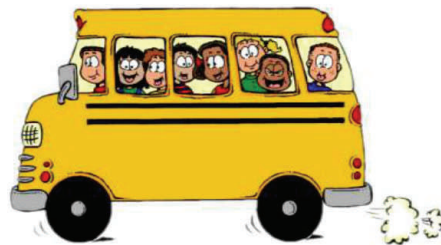
Where:

Liberty Elementary School

Time: 9-11 AM

Monday-Thursday

Bussing will be available



The following skills and concepts will be incorporated into the Summer Efficacy Academy:

- **Reading (non-fiction)**
- **Writing**
- **Math**
- **College visit**
- **Self-assessment**
- **Technology**

DEVELOPING A **GROWTH MINDSET**



INSTEAD OF.....	TRY THINKING....
I'm not good at this	What am I missing?
I give up	I'll use a different strategy
It's good enough	Is this really my best work?
I can't make this any better	I can always improve
This is too hard	This may take some time
I made a mistake	Mistakes help me to learn
I just can't do this	I am going to train my brain
I'll never be that smart	I will learn how to do this
Plan A didn't work	There's always Plan B
My friend can do it	I will learn from them

