SWEETWATER SCH. DIST. NO.1

May 1, 2023 thru May 25, 2023

Base Menu Spreadsheet

RSHS LUNCH 9-12

Portion Values - Detailed

Generated on: 4/28/2023 10:17:06 AM

	Portion Size	Cals (kcal)	Carb (g)
Mon - 05/01/2023			
RSHS LUNCH 9-12	Total		
CHICKEN PATTY HOT 3ozTY2022-23	1 EACH	230	15.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
CORN DOG, Chicken FOSTER 2020	1 EACH	237	29.63
SWEET POTATO, WAVELENGTH 1	14 EACH	240	40.0
CHEF SALAD SEC 2018	1 EACH	233	33.4
WRAP TURKEY BACON RANCH 22-23	1 EACH	551	54.25
PB & J UNCRUSTABLES 5.3oz 2019	SANDWICH	601	64.11
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
STRING CHEESE 1oz 2019	1 EACH	90	0.0
CHIP CHEETOS REG WG 1oz 2019	BAG	120	16.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
YOGURT GO GURT 2oz 2023	each	45	8.0
KETCHUP: individual	Pkt 6g	6	1.64
MUSTARD YELLOW PREPARED 2018	1 TSP	0	0.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		820	106.94
% of Calories			52.1%
Nutrient Guideline		750-850	

Tue - 05/02/2023			
RSHS LUNCH 9-12	Total		
FRENCH TOAST STICKS 3 PER SECO	3 STICKS	360	56.94
SAUSAGE PTY 2ea JTM1.25oz	2 each	90	0.0
POTATO PUFFS FRZ BKD 1cup2018	1 cup	320	38.0
CHICKEN BNLS WING 70362 TYSON	5 EACH	240	14.0
CHICKEN CAESAR SALAD SEC 2019	1 EACH	398	55.52
WRAP ITALIAN 22-23	1 EACH	585	55.75
CHIP CHEETOS REG WG 1oz 2019	BAG	120	16.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
YOGURT GO GURT 2oz 2023	each	45	8.0
SYRUP, MAPLE KATY'S 2023	1 CONTAINER	120	29.98
KETCHUP: individual	Pkt 6g	6	1.64
BARBEQUE SAUCE CONTAINER 22-23	1 CONTAINER	45	10.0
RANCH DRESSING Lite 1oz 2018	1 OZ	80	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		890	111.96
% of Calories			50.3%
Nutrient Guideline		750-850	

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

**** - denotes combined nutrient totals with either missing or incomplete nutrient data***

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 05/03/2023			
RSHS LUNCH 9-12	Total		
TACO MEAT ONLY SEC 1/2 CUP SW2	1/2 CUP	201	5.7
CHEESE SAUCE CHED KATY 2022	1/8 CUP	35	3.0
TORTILLA CHIP WG 1oz/13ea 2022	13 per serv	140	20.0
CORN,SWT,YEL,FRZ 2018 1/2 cup	1/2 CUP	76	15.87
BEAN DIP 1/2cup	1/2 cup	193	28.65
BEEF, Ckd PATTY 2.5 OZ 2021	1 each	190	2.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATO FRIES CRINKLE 1cup 2020	1 CUP	174	30.0
TACO SALAD BEEF 2019	1 EACH	305	26.5
WRAP CHIC WG CAESAR 4 OZ 22-23	1 EACH	671	61.86
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR WTh - Secondary	1CUP Veg	156	9.49
MUSTARD YELLOW PREPARED 2018	1 TSP	0	0.0
KETCHUP CND 33% 2018	1 TBSP	20	5.0
MAYO LITE 2018	1 TBSP	50	1.0
PICKLES,DILL 2022-23	4 chips	2	0.0
SALSA: COMMERCIAL 2 TBLS 2018	2 TBLS	5	0.94
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		645	75.10
% of Calories			46.6%
Nutrient Guideline		750-850	

Thu - 05/04/2023			
RSHS LUNCH 9-12	Total		
CHICKEN PATTY 2154 3.29ozTYSON	PATTY	240	15.0
MASHED POTATO,Pearls1 C 2018	1 CUP	180	34.0
BEAN GREEN CND 1c 2017	1 cup	32	6.0
GRAVY,CHICKEN, LS 2018	1/4 CUP	20	3.0
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
BEEF PATTY 2.5 PRAIRIE 2020	1 PATTY	190	2.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
BEANS BAKED 1 cup 2018	1 cup	340	66.0
FIESTA CHICKEN SALAD SEC 2020	1 EACH	553	56.18
WRAP SOUTHWESTERN CHIC 22-23	1 EACH	748	86.07
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR WTh - Secondary	1CFRU/1CVeg	156	9.49
KETCHUP CND 33% 2018	1 TBSP	20	5.0
MUSTARD YELLOW PREPARED 2018	1 TSP	0	0.0
PICKLES,DILL 2022-23	3 chips	2	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		846	113.96
% of Calories			53.9%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Mon - 05/08/2023			
RSHS LUNCH 9-12	Total		
CORNDOG Chicken Jalapeno 2020	1 EACH	279	27.93
BEEF PATTY 2.5 PRAIRIE 2020	1 PATTY	190	2.0
CHEESE AMERICAN 1SLC USDA 2018	1 SLICE	40	0.5
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATO FRY SEASONED 1c 2018	1 CUP	240	40.0
CHEF SALAD SEC 2018	1 EACH	233	33.4
WRAP ITALIAN 22-23	1 EACH	585	55.75
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MUSTARD YELLOW PREPARED 2018	1 TSP	0	0.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
PICKLES,DILL 2022-23	3 chips	2	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		720	89.40
% of Calories			49.7%
Nutrient Guideline		750-850	

Tue - 05/09/2023			
RSHS LUNCH 9-12	Total		
PIZZA FRENCH BREAD PEP SW 2018	1 EACH	310	32.0
COOKIE CHOC CHIP 2019	1 EACH	130	23.0
MANDARIN CHICKEN W/SAUCE 2018	#8 SCOOP	146	18.47
RICE, BROWN 2018	1/2 CUP	86	17.64
BROCCOLI,raw: fresh 1 cup	1 cup	24	4.71
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
ROLL EGG PORK/VEG 3oz 2019	1 EACH	170	20.01
WRAP CHICKEN RANCH 22-23	1 EACH	412	50.74
PB & J UNCRUSTABLES 5.3oz 2019	SANDWICH	601	64.11
STRING CHEESE 1oz 2019	1 EACH	90	0.0
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
BUTTERY SPREAD INDIV CUP 2016	INDIV CUP	30	0.0
KETCHUP: individual	Pkt 6g	6	1.64
MUSTARD YELLOW PREPARED 2018	1 TSP	0	0.0
YOGURT GO GURT 2oz 2023	each	45	8.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		830	113.71
% of Calories			54.8%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 05/10/2023			
RSHS LUNCH 9-12	Total		
SPAGHETTI NOODLES 2oz 2019	1/2 CUP	200	41.0
SPAG MEAT SAUCE ONLY 2020	#8scoop #4ladel	94	9.77
BEAN GREEN CND 1/2c 2017	1/2 cup	16	3.0
PEARS: canned 1/2 cup 2018	1/2 cup	60	16.0
BREAD STICK WG 5" 2 ea 2018	2 each	160	28.0
CHICKEN CHUNK - BUFFALO STYLE	4 EACH	230	20.96
POTATO FRIES CRINKLE 1cup 2020	1 CUP	174	30.0
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
CHICKEN CAESAR SALAD SEC 2019	1 EACH	398	55.52
WRAP WG HOT CHIC 3.53oz 22-23	1 EACH	773	69.5
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
SALAD BAR WTh	.5CFRU/.75CVeg	150	8.41
CROUTONS GARLIC WG 2018	2 TBLS	4	0.57
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
RANCH DRESSING Lite 1oz 2018	1 OZ	80	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		730	99.88
% of Calories			54.7%
Nutrient Guideline		750-850	

Thu - 05/11/2023			
RSHS LUNCH 9-12	Total		
WINGS CHICKEN BUFFALO GLAZ 4ea	4 EACH	340	4.0
MAC CHEESE JTM ELE 3oz 2017	1/4 cup	151	13.67
POTATO PUFFS FRZ BKD1/2cup	1/2 cup	68	8.03
WAFFLE PLAIN WG 1ea 2020	1 EACH	80	12.0
SAUSAGE PTY 2ea JTM1.25oz	2 each	90	0.0
EGG PATTY 1.25oz USDA 2019	PATTY	70	1.0
SALSA: VISTA VERD 2 TBLS 2022-	2 TBLS	10	2.0
BAJA SALAD 2020	1 EACH	239	17.67
DELI SANDWICH - SEC SIZE	1 EACH	235	27.77
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
SALAD BAR WTh	.5CFRU/.75CVeg	150	8.41
CROUTONS GARLIC WG 2018	2 TBLS	4	0.57
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
BARBEQUE SAUCE 2 TBLS 2018	2 TBSP	60	15.0
RANCH DRESSING Lite 1oz 2018	1 OZ	80	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		566	44.26
% of Calories			31.3%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Mon - 05/15/2023			
RSHS LUNCH 9-12	Total		
CORN DOGS MINI 6 FOSTER 2018	6 EACH	270	30.0
COOKIE CHOC CHIP 2019	1 EACH	130	23.0
CHICKEN PATTY HOT 3ozTY2022-23	1 EACH	230	15.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
SWEET POTATO, WAVELENGTH 1	14 EACH	240	40.0
PB & J UNCRUSTABLES 5.3oz 2019	SANDWICH	601	64.11
STRING CHEESE 1oz 2019	1 EACH	90	0.0
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
RANCH DRESSING Lite 1oz 2018	1 OZ	80	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		890	125.51
% of Calories			56.4%
Nutrient Guideline		750-850	

Tue - 05/16/2023			
RSHS LUNCH 9-12	Total		
PIZZA RIPPER PEPP 4 oz 2018	1 EACH	300	30.0
COOKIE CHOC CHIP 2019	1 EACH	130	23.0
TACO MEAT ONLY SEC 1/2 CUP SW2	1/2 CUP	201	5.7
POTATO PUFFS FRZ BKD 1cup2018	1 cup	320	38.0
CHEESE SAUCE QUESO 2oz 2018	1/4 CUP	118	2.0
TORTILLA CHIP WG 1oz/13ea 2022	13 per serv	140	20.0
TACO SALAD BEEF 2019	1 EACH	305	26.5
WRAP BLT CAESAR 2022-23	1 EACH	521	60.48
PB&J UNCRUSTABLE GRP2.6oz 2018	SANDWICH	300	32.0
CHIP SUNCHIP HAR CHED 1oz 2019	BAG	120	16.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
SALSA: COMMERCIAL 1/2cup 2018	1/2 cup	18	3.54
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		803	96.10
% of Calories			47.9%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 05/17/2023			
RSHS LUNCH 9-12	Total		
BEEF PATTY BD WG 3.35 JTM5695	1 PATTY	260	11.0
MASHED POTATO,Pearls1 C 2018	1 CUP	180	34.0
GRAVY, BROWN LS 2018	1/4 CUP	20	3.0
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
BEAN GREEN CND 1c 2017	1 cup	32	6.0
CHICKEN PATTY 2154 3.29ozTYSON	PATTY	240	15.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATO FRIES CRINKLE 1cup 2020	1 CUP	174	30.0
PB & J UNCRUSTABLES 5.3oz 2019	SANDWICH	601	64.11
STRING CHEESE 1oz 2019	1 EACH	90	0.0
CHIP SUNCHIP HAR CHED 1oz 2019	BAG	120	16.0
FIESTA CHIC SALAD 2020	1 EACH	334	34.41
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR WTh - Secondary	1CFRU/1CVeg	156	9.49
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		791	106.15
% of Calories			53.7%
Nutrient Guideline		750-850	

Thu - 05/18/2023			
RSHS LUNCH 9-12	Total		
PIZZA BIG DADDY CHS SCHWAN 16"	SLICE	400	43.0
BREAD STICK WG 5" 2 ea 2018	2 each	160	28.0
POPEYE SALAD 1.5 CUP 2018	1.5 cup serv	18	2.55
CORN DOGS MINI 6 FOSTER 2018	6 EACH	270	30.0
POTATO PUFFS FRZ BKD 1cup2018	1 cup	320	38.0
COOKIE CHOC CHIP 2019	1 EACH	130	23.0
PB&J UNCRUSTABLE GRP2.6oz 2018	SANDWICH	300	32.0
CHIPS BKD ORIGINAL LAYS	BAG	109	18.78
FRUIT,FRESH ASSORTED	1 EACH	64	16.47
SALAD BAR WTh - Secondary	1CUP Veg	156	9.49
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
RANCH DRESSING Lite 1oz 2018	1 OZ	80	0.0
SALSA: COMMERCIAL 2 TBLS 2018	2 TBLS	5	0.94
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		650	90.08
% of Calories			55.4%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Mon - 05/22/2023			
RSHS LUNCH 9-12	Total		
CHICKEN PATTY GOLDKST HOT	PATTY	210	14.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
BEEF PATTY 2.5 PRAIRIE 2020	1 PATTY	190	2.0
CHEESE AMERICAN 1SLC USDA 2018	1 SLICE	40	0.5
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATOES, FRY COLLOSL 3/4 C.	3 oz	170	23.0
PB & J UNCRUSTABLES 5.3oz 2019	SANDWICH	601	64.11
STRING CHEESE 1oz 2019	1 EACH	90	0.0
CHIPS BKD ORIGINAL LAYS	BAG	109	18.78
CHEF SALAD SEC 2018	1 EACH	233	33.4
WRAP ITALIAN 22-23	1 EACH	585	55.75
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
PICKLES,DILL 2022-23	3 chips	2	0.0
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
BARBEQUE SAUCE CONTAINER 22-23	1 CONTAINER	45	10.0
MUSTARD YELLOW PREPARED 2018	1 TSP	0	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average		791	98.58
% of Calories			49.9%
Nutrient Guideline		750-850	

Tue - 05/23/2023			
RSHS LUNCH 9-12	Total		
BURRITO BEAN CHEESE 5.2oz 22-2	1 EACH	321	44.17
BEAN DIP 1 CUP	1 cup	386	57.3
TORTILLA CHIP WG 1oz/13ea 2022	13 per serv	140	20.0
BEEF, Ckd PATTY 2.5 OZ 2021	1 each	190	2.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
CHEESE AMERICAN 1SLC USDA 2018	1 SLICE	40	0.5
POTATO PUFFS FRZ BKD 1cup2018	1 cup	320	38.0
ASIAN CHICKEN SALAD	1 EACH	369	55.18
WRAP CHIC BBQ 4 OZ 22-23	1 EACH	598	64.6
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
PEACHES: canned,light syrup	1 CUP	136	36.52
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
PICKLES,DILL 2022-23	3 CHIPS	2	0.0
SALSA: VISTA VERD 2 TBLS 2022-	2 TBLS	10	2.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average		1046	144.30
% of Calories			55.2%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 05/24/2023			
RSHS LUNCH 9-12	Total		
BEEF PATTY BD WG 3.35 JTM5695	1 PATTY	260	11.0
MASHED POTATO,Pearls1 C 2018	1 CUP	180	34.0
GRAVY, BROWN LS 2018	1/4 CUP	20	3.0
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
BEAN GREEN CND 1c 2017	1 cup	32	6.0
CHICKEN PATTY 2154 3.29ozTYSON	PATTY	240	15.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATO FRIES CRINKLE 1cup 2020	1 CUP	174	30.0
PB & J UNCRUSTABLES 5.3oz 2019	SANDWICH	601	64.11
STRING CHEESE 1oz 2019	1 EACH	90	0.0
CHIP SUNCHIP HAR CHED 1oz 2019	BAG	120	16.0
FIESTA CHIC SALAD 2020	1 EACH	334	34.41
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR WTh - Secondary	1CFRU/1CVeg	156	9.49
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		791	106.15
% of Calories			53.7%
Nutrient Guideline		750-850	

Thu - 05/25/2023			
RSHS LUNCH 9-12	Total		
PIZZA FRENCH BREAD PEP SW 2018	1 EACH	310	32.0
COOKIE CHOC CHIP 2019	1 EACH	130	23.0
CHICKEN TENDER TYS 70332 5 EA	5 EACH	315	18.26
POTATO CURLY: BAKED 3oz 2020	3 ounces	160	20.0
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
BAJA SALAD 2020	1 EACH	239	17.67
DELI SANDWICH - SEC SIZE	1 EACH	235	27.77
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR WTh - Secondary	1CUP Veg	156	9.49
KETCHUP CND 33% 2018	1 TBSP	20	5.0
MAYO LITE 2018	1 TBSP	50	1.0
BARBEQUE SAUCE 2 TBLS 2018	2 TBSP	60	15.0
MUSTARD YELLOW PREPARED 2018	1 TSP	0	0.0
BUTTERY SPREAD INDIV CUP 2016	INDIV CUP	30	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		776	98.87
% of Calories			51.0%
Nutrient Guideline		750-850	

Weighted Average		787	101.31
			51.5%

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	Portion Size	Cals (kcal)	Carb (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	787		750 - 850	100%				
Carbohydrate (g)	101.31	51.52%						

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