



Penn-Trafford Elementary

October 2020 Lunch Menu

Just recently, we received an exciting announcement from the USDA. Breakfast and lunch will be available for all K-8 students each school day for free until December 31st, 2020 OR until the state of Pennsylvania runs out of funding for the program. High School students on the free and reduced program will still continue to eat for free at the Main Plate line.

1
Chicken Tenders
w/Bread Slice
Hamburger or Cheeseburger
BBQ Chicken Wrap
Fresh Broccoli

2
Act 80
In-Service

NO SCHOOL

5
Mini Corn Dogs
w/Bread Slice
Chicken Nuggets
w/Bread Slice
Ham & Cheese Sub
Baked Beans

6
Beef & Cheese
Nachos
Pizza Fun Lunch
Turkey & Cheese
Sandwich
Celery Sticks

7
French Toast
Sticks w/Sausage
Chicken Patty Sandwich
Beef Taco Salad w/Chips
Tater Tot

8
Grilled Cheese
w/Tomato Soup
Hamburger or Cheeseburger
Turkey & Cheese Wrap
Fresh Broccoli

9
Max Pizza Sticks
PREM (ALL)
Hot Dog
Egg Chef Salad
French Fries

12
Egg & Sausage
Breakfast
Sandwich
Chicken Nuggets
w/Bread Slice
Ham & Cheese Sub
Cherry Tomatoes

13
Beef Soft Tacos
Bagel Pizza Pack
Turkey & Cheese
Sandwich
Celery Sticks

14
BBQ Rib Sub
Chicken Patty Sandwich
Beef Taco Salad w/Chips
Baby Carrots

15
Pasta w/Chicken &
Alfredo Sauce
Hamburger or Cheeseburger
Buffalo Chicken Wrap
Seasoned Broccoli

16
Act 80
In-Service

NO SCHOOL

19
Pierogis
w/Bread Slice
Chicken Nuggets
w/Bread Slice
Ham & Cheese Sub
Seasoned Green Beans

20
DORITOS
Walking Taco
Pretzel Fun Lunch
Turkey & Cheese
Sandwich
Celery Sticks

21
Warrior Chicken
Bowl w/Mashed
Potatoes
Chicken Patty Sandwich
Beef Taco Salad w/Chips
Seasoned Corn

22
Boneless Chicken
Wings
Hamburger or Cheeseburger
BBQ Chicken Wrap
Fresh Broccoli

23
Max Pizza Sticks
PREM (ALL)
Hot Dog
Egg Chef Salad
French Fries

26
Meatball Hoagie
Chicken Nuggets
w/Bread Slice
Ham & Cheese Sub
Cherry Tomatoes

27
Beef Soft Tacos
Popcorn Chicken
w/Bread Slice
Turkey & Cheese
Sandwich
Celery Sticks

28
Pancakes
w/Sausage
Chicken Patty Sandwich
Beef Taco Salad w/Chips
Tater Tot

29
2 Chicken Tenders
w/Mac & Cheese
Side & Bread Slice
Hamburger or Cheeseburger
Honey Mustard
Chicken Wrap
Seasoned Broccoli

30
Act 80
In-Service

NO SCHOOL

Information & Pricing

Milk Options: 1%, Flavored, or Lactaid

Make It A Meal! Choose an Entrée, a fruit, a vegetable,
AND a milk all for one price!

Universal Free Lunch is currently
being offered in all Elementary schools.

DAILY FRUITS MAY INCLUDE:

Apples, Orange Wedges, Pears, Bananas, Applesauce, Diced
Peaches, Diced Pears, Mixed Fruit, Apple Slices

Questions? Contact us at pthscale@penntrafford.org