

College and Career Planning for 9th and 10th Graders

Grade 9

- Create a 4-Year High School Plan:
 - Think about what you'd like to accomplish in the next 4 years.
 - Make sure you know what high school courses are required by colleges and that you're taking the right classes as early as 9th grade. You can ask your counselor about what those "right" classes are.
- Start thinking about your life after school, including the types of jobs that might interest you. These will change - often - but it's good to start thinking about the possibilities.
 - Identify your interests – likes and dislikes – not just in classes but in all areas. This will help you focus on your goals.
 - Talk to other people about careers you might find interesting.
- Participate in extracurricular activities. Academics aren't everything. Explore your interests in a sport, school club, music or drama group, or community volunteer activity.
 - Remember that colleges would rather see real involvement in one activity than a loose connection to several of them.
 - If you're interested in playing sports in college, research the National College Athletic Association eligibility requirements. The NCAA requires completion of certain core courses, you can find the specifics at www.ncaaclearinghouse.net
- Meet with your high school counselor. Your counselor knows how to help you get the most out of high school. Be sure to take some time during the school year to discuss post-high school plans with him or her.
- Explore summer opportunities. Look for a job, internship or volunteer position that will help you learn about a field of interest.

Grade 10

- Meet with your high school counselor – again. Make sure you meet with your school counselor to ensure your course schedule is challenging enough to prepare you for college.
- Take the Pre-ACT in 10th grade. This test will provide valuable feedback through the Student Score Reports; you can then work on any academic weaknesses while there is still plenty of time to improve upon them.
- Attend college and career fairs. These often take place in the fall at Yorktown High School and in the White Plains County Center each October.
- Keep up participation in school activities or volunteer efforts. Extracurricular activities can help you develop time-management skills and enrich your high school experience.
- Tour college campuses. If possible take advantage of vacation or other family travel time to visit college and see what they're like. Even if you have no interest in attending the college you are visiting it will help you learn what to look for in a college.