

Port Chester Middle School

VEGGABELS In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggabols promotion.

THE HUMANE SOCIETY OF THE UNITED STATES

Monday

Tuesday

Wednesday Meatball Hero 🤔 🚷

Barbecue Rib Sandwich

Sweet Potato Fries

Cucumber Coins

Cinnamon Applesauce

Fresh Banana

Nachos Grande Classic Tex Mex Burrito

> Black Beans Brown Rice Pilaf **Cucumber Coins** Strawberry Cup

Fresh Apple

Thursday

Friday Chicken and Waffles Crispy Potato Puffs Garden Salad Strawberry Cup Fresh Orange



Free Breakfast for all students every day!

Cheesy Stuffed Bread Sticks

Spaghetti Sauce Homemade Pasta & Meatballs 🤭 🚷

Mixed Vegetables Cucumber Coins Fresh Orange Applesauce

Herb Roasted Chicken Hot Pressed Cubano Sandwich 📭 🤗 Sweet Corn

Beans & Rice 🕜 🤔 🚷 Baked Plantains Maduros Carrot Dippers Diced Peach Cup Fresh Apple

8 Veggie Express Ramen

Roasted Chicken Ramen Bowl 🤗

> Steamed Broccoli Garden Salad Diced Pear Cup Fresh Apple

Cheeseburger Beef Hot Dog on Bun Oven Baked Fries **Baked Beans** Diced Peach Cup Fresh Annle

Chicken Sandwich Philly Cheese Steak Sweet Potato Fries Homemade Deli Style Coleslaw ced Peaches

Yard Bird Classic

Fresh Apple



Homemade Mac & Cheese 🕜 🤔 Barbecue Rib Sandwich

> Homemade Garlic Bread Green Beans Cucumber Coins Diced Peach Cup Fresh Apple

Crispy Tacos Buffalo Chicken and Cheese Quesadilla Brown Rice Pilaf Fiesta Corn Black Beans Cucumber Coins Diced Pear Cup Fresh Apple

15 General Tso's Chicken

Brown Rice Pilaf Vegetable Egg Roll Cucumber Coins Steamed Broccoli Diced Peaches Fresh Orange

Sausage, Egg and Cheese Sandwich Cinnamon French Toast

> Turkey Sausage Patty Crispy Potato Puffs Applesauce Fresh Banana

BRUNCH FOR LUNCH TODAY!

17 Baked Chicken Tenders Whole Wheat Dinner Roll Barbecue Rib Sandwich

> Sweet Potato Fries Garden Salad Diced Pear Cup Fresh Orange

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WINTER RECESS! SCHOOL CLOSED

27 Cheesy Stuffed Bread Sticks 🕜

Spaghetti Sauce Crispy Popcorn Chicken Whole Wheat Dinner Roll

> Steamed Carrots Garden Salad Strawberry Cup Applesauce

Homemade Pasta & Meatballs 🤭 🚷

Homemade Chicken & Broccoli Alfredo 🤔 🚷 Homemade Pesto Pasta

with Chicken 🤔 🚷 Whole Wheat Dinner Roll

Steamed Broccoli **Cucumber Coins**



Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all natural, organic and non-GMO whenever possible.



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

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*Consuming raw or under cooked meat, poultry, sea-

food, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law

Lunch Prices Student \$1.50

Adult Lunch \$4.91

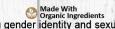
All Student Lunches Include:

Grain, Meat / meat alternate, Assorted Fruits

and Vegetables /100 % Juice, 1% or Skim White Milk, or FF Choc. Milk

Pay Online: MySchoolBucks.com

Daily Alternates Cheese and Pepperoni Pizza Made to Order Deli Bar Made to Order Salad With Choice of Protein Yogurt Parfait with Fruit and Granola



orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.