

SWEETWATER SCH. DIST. NO.1**Mar 1, 2023 thru Mar 31, 2023**

Base Menu Spreadsheet

BLACK BUTTE HS LUNCH

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 03/01/2023			
BLACK BUTTE HS LUNCH	Total		
CORN DOG, Chicken FOSTER 2020	1 EACH	237	29.63
WINGS CHICKEN BUFFALO GLAZ 4ea	4 EACH	340	4.0
POTATO CURLY: BAKED 3oz 2020	3 ounces	160	20.0
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
CHICKEN CAESAR SALAD SEC 2019	1 EACH	436	60.52
WRAP WG HOT CHIC 3.53oz 22-23	1 EACH	801	76.53
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR WTh	.5CFRU/.75CVeg	150	8.41
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
BARBEQUE SAUCE CONTAINER 22-23	1 CONTAINER	45	10.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
RANCH DRESSING Lite 1oz 2018	1 OZ	80	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		740	81.27
% of Calories			43.9%
Nutrient Guideline		750-850	

Thu - 03/02/2023			
BLACK BUTTE HS LUNCH	Total		
PIZZA FRENCH BREAD PEP SW 2018	1 EACH	310	32.0
COOKIE CHOC CHIP 2019	1 EACH	130	23.0
CHICKEN TENDER TYS 70332 5 EA	5 EACH	417	25.0
POTATO CURLY: BAKED 3oz 2020	3 ounces	160	20.0
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
BAJA SALAD 2020	1 EACH	277	22.67
DELI SANDWICH - SEC SIZE	1 EACH	235	27.77
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
SALAD BAR SECONDARY #1	1 EACH	234	31.42
KETCHUP CND 33% 2018	1 TBSP	20	5.0
MAYO LITE 2018	1 TBSP	50	1.0
BARBEQUE SAUCE 2 TBLS 2018	2 TBSP	40	10.0
MUSTARD YELLOW PREPARED 2018	1 TSP	5	0.0
BUTTERY SPREAD INDIV CUP 2016	INDIV CUP	30	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		893	105.63
% of Calories			47.3%
Nutrient Guideline		750-850	

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Base Menu Spreadsheet

BLACK BUTTE HS LUNCH

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Mon - 03/06/2023			
BLACK BUTTE HS LUNCH	Total		
CHICKEN PATTY GOLDKST HOT	PATTY	210	14.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
CORN DOG, Chicken FOSTER 2020	1 EACH	237	29.63
SWEET POTATO CRKL FRYUSDA2022	1 CUP	358	53.32
CHEF SALAD SEC 2018	1 EACH	357	52.15
WRAP TURKEY BACON RANCH 22-23	1 EACH	588	59.25
PB&J UNCRUSTABLE GRP2.6oz 2018	SANDWICH	300	32.0
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
VEGGIE FRESH 1 CUP	1 CUP	98	22.06
PICKLES,DILL 2022-23	3 chips	2	0.0
KETCHUP: individual	Pkt 6g	6	1.64
MUSTARD YELLOW PREPARED 2018	1 TSP	5	0.0
MAYO LITE 2018	1 TBSP	50	1.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		867	130.92
% of Calories			60.4%
Nutrient Guideline		750-850	

Tue - 03/07/2023			
BLACK BUTTE HS LUNCH	Total		
SANDWICH, PANCAKE SAUSAGE W/CH	1 EACH	180	18.0
HASH BROWN TRIANGLE 2oz 2ea	2 each	200	24.0
YOGURT GO GURT 2oz 2023	1 each	45	8.0
CRACKERS, GRAHAM 1/PK 2019	PACK	60	11.0
CHICKEN PATTY 2154 3.29oz TYSON	PATTY	240	15.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATO FRIES CRINKLE 1cup 2020	1 CUP	174	30.0
CHICKEN CAESAR SALAD SEC 2019	1 EACH	436	60.52
WRAP ITALIAN 22-23	1 EACH	623	60.75
CHIP CHEETOS REG WG 1oz 2019	BAG	120	16.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
VEGGIE FRESH 1 CUP	1 CUP	98	22.06
KETCHUP: individual	Pkt 6g	6	1.64
MAYONNAISE: individual PC 2018	Pkt 7g	30	1.0
MUSTARD YELLOW PREPARED 2018	1 TSP	5	0.0
PICKLES,DILL 2022-23	4 chips	2	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		836	124.52
% of Calories			59.6%
Nutrient Guideline		750-850	

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BLACK BUTTE HS LUNCH

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 03/08/2023			
BLACK BUTTE HS LUNCH	Total		
PIZZA FRENCH BREAD PEP SW 2018	1 EACH	310	32.0
POPEYE SALAD 1.5 CUP 2018	1.5 cup serv	43	5.88
COOKIE CHOC CHIP 2019	1 EACH	130	23.0
BEEF PATTY STEAK 2.45 JTM5670	1 PATTY	165	1.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
BEANS BAKED 1 cup 2022-23	1 cup	360	72.0
TACO SALAD BEEF 2019	1 EACH	470	33.98
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
WRAP CHIC WG CAESAR 4 OZ 22-23	1 EACH	708	66.86
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
YOGURT 6 OZ YOPLAIT BRAND 2022	1 EACH	140	27.51
SALAD BAR SECONDARY #1	1 EACH	234	31.42
KETCHUP CND 33% 2018	1 TBSP	20	5.0
MAYO LITE 2018	1 TBSP	50	1.0
BARBEQUE SAUCE 2 TBLS 2018	2 TBSP	40	10.0
MUSTARD YELLOW PREPARED 2018	1 TSP	5	0.0
PICKLES,DILL 2022-23	3 chips	2	0.0
BUTTERY SPREAD INDIV CUP 2016	INDIV CUP	30	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		947	128.21
% of Calories			54.1%
Nutrient Guideline		750-850	

Thu - 03/09/2023			
BLACK BUTTE HS LUNCH	Total		
BEEF PATTY STEAK 2.45 JTM5670	1 PATTY	165	1.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
CHICKEN PATTIES,BRD 4oz #7516	PATTY	220	18.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATO FRIES CRINKLE 1cup 2020	1 CUP	174	30.0
FIESTA CHICKEN SALAD SEC 2020	1 EACH	590	61.18
WRAP SOUTHWESTERN CHIC 22-23	1 EACH	785	91.07
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
VEGGIE FRESH 1 CUP	1 CUP	98	22.06
KETCHUP CND 33% 2018	1 TBSP	20	5.0
MUSTARD YELLOW PREPARED 2018	1 TSP	5	0.0
MAYO LITE 2018	1 TBSP	50	1.0
PICKLES,DILL 2022-23	4 chips	2	0.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		704	95.17
% of Calories			54.1%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Mon - 03/13/2023			
BLACK BUTTE HS LUNCH	Total		
CORNDOG Chicken Jalapeno 2020	1 EACH	279	27.93
BEEF PATTY 2.5 PRAIRIE 2020	1 PATTY	190	2.0
CHEESE AMERICAN 1SLC USDA 2018	1 SLICE	40	0.5
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATO FRY SEASONED 1c 2018	1 CUP	240	40.0
CHEF SALAD SEC 2018	1 EACH	357	52.15
WRAP ITALIAN 22-23	1 EACH	623	60.75
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MUSTARD YELLOW PREPARED 2018	1 TSP	5	0.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
PICKLES,DILL 2022-23	3 chips	2	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		726	90.11
% of Calories			49.7%
Nutrient Guideline		750-850	

Tue - 03/14/2023			
BLACK BUTTE HS LUNCH	Total		
PIZZA FRENCH BREAD PEP SW 2018	1 EACH	310	32.0
HOT DOG 0063369	1 EACH	180	1.0
BUN HOT DOG WH WT 6" SFE 22-23	BUN	110	21.0
CHIPS BKD ORIGINAL LAYS	BAG	109	18.78
BEANS BAKED 1 cup 2018	1 cup	340	66.0
WRAP CHICKEN RANCH 22-23	1 EACH	411	52.24
PB & J UNCRUSTABLES 5.3oz 2019	SANDWICH	601	64.11
STRING CHEESE 1oz 2019	1 EACH	90	0.0
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
VEGGIE FRESH 1 CUP	1 CUP	98	22.06
KETCHUP: individual	Pkt 6g	6	1.64
MUSTARD YELLOW PREPARED 2018	1 TSP	5	0.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		960	137.06
% of Calories			57.1%
Nutrient Guideline		750-850	

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BLACK BUTTE HS LUNCH

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Wed - 03/15/2023			
BLACK BUTTE HS LUNCH	Total		
BURRITO BEAN CHEESE 5.2oz 22-2	1 EACH	321	44.17
BEAN DIP 1 CUP	1 cup	386	57.3
CORN DOGS MINI FOSTER FARM2018	6 EACH	180	20.0
POTATO PUFFS FRZ BKD 1cup2018	1 cup	320	38.0
CHICKEN CAESAR SALAD SEC 2019	1 EACH	436	60.52
WRAP WG HOT CHIC 3.53oz 22-23	1 EACH	801	76.53
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
VEGGIE FRESH 1 CUP	1 CUP	98	22.06
KETCHUP CND 33% 2018	1 TBSP	20	5.0
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
SALSA: COMMERCIAL 2 TBLS 2018	2 TBLS	5	0.94
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		926	138.02
% of Calories			59.6%
Nutrient Guideline		750-850	

Thu - 03/16/2023			
BLACK BUTTE HS LUNCH	Total		
PIZZA BIG DADDY PEP PRIMO 16"	SLICE	370	35.0
COOKIE TIGER BITE PK 2022-23	PKG	120	21.0
CHICKEN PATTIES,BRD 4oz #7516	PATTY	220	18.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATO PUFFS FRZ BKD 1cup2018	1 cup	320	38.0
CHICKEN CAESAR SALAD SEC 2019	1 EACH	436	60.52
CROISSANT SANDWICH 2022-23	SANDWICH	279	31.37
CHIP CHEETOS REG WG 1oz 2019	BAG	120	16.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR WTh - Secondary	1CFRU/1CVeg	156	9.49
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
BARBEQUE SAUCE 2 TBLS 2018	2 TBSP	40	10.0
PICKLES,DILL 2022-23	4 chips	2	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		855	109.34
% of Calories			51.2%
Nutrient Guideline		750-850	

Mon - 03/20/2023			
BLACK BUTTE HS LUNCH	Total		
NO SCHOOL	1 EACH	0	0.0
Weighted Daily Average		0	0.00
% of Calories			0.0%
Nutrient Guideline		750-850	

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SWEETWATER SCH. DIST. NO.1**Mar 1, 2023 thru Mar 31, 2023**

Base Menu Spreadsheet

BLACK BUTTE HS LUNCH

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Carb (g)
Tue - 03/21/2023			
BLACK BUTTE HS LUNCH NO SCHOOL	Total 1 EACH	0	0.0
Weighted Daily Average % of Calories		0	0.00 0.0%
Nutrient Guideline		750-850	

Wed - 03/22/2023			
BLACK BUTTE HS LUNCH NO SCHOOL	Total 1 EACH	0	0.0
Weighted Daily Average % of Calories		0	0.00 0.0%
Nutrient Guideline		750-850	

Thu - 03/23/2023			
BLACK BUTTE HS LUNCH NO SCHOOL	Total 1 EACH	0	0.0
Weighted Daily Average % of Calories		0	0.00 0.0%
Nutrient Guideline		750-850	

Mon - 03/27/2023			
BLACK BUTTE HS LUNCH	Total		
CHICKEN PATTY GOLDKST HOT	PATTY	210	14.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
BEEF PATTY 2.5 PRAIRIE 2020	1 PATTY	190	2.0
CHEESE AMERICAN 1SLC USDA 2018	1 SLICE	40	0.5
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATOES, FRY COLLOSL 3/4 C.	3 oz	190	23.0
PB & J UNCRUSTABLES 5.3oz 2019	SANDWICH	601	64.11
STRING CHEESE 1oz 2019	1 EACH	90	0.0
CHIPS BKD ORIGINAL LAYS	BAG	109	18.78
CHEF SALAD SEC 2018	1 EACH	357	52.15
WRAP ITALIAN 22-23	1 EACH	623	60.75
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR MT - Secondary	1 CFRU/1CVEG	155	9.57
PICKLES,DILL 2022-23	3 chips	2	0.0
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
BARBEQUE SAUCE CONTAINER 22-23	1 CONTAINER	45	10.0
MUSTARD YELLOW PREPARED 2018	1 TSP	5	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average % of Calories		820	100.56 49.1%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Tue - 03/28/2023			
BLACK BUTTE HS LUNCH	Total		
BURRITO BEAN CHEESE 5.2oz 22-2	1 EACH	321	44.17
BEEF, Ckd PATTY 2.5 OZ 2021	1 each	190	2.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
CHEESE AMERICAN 1SLC USDA 2018	1 SLICE	40	0.5
POTATO PUFFS FRZ BKD 1cup2018	1 cup	320	38.0
ASIAN CHICKEN SALAD	1 EACH	406	60.18
WRAP CHIC BBQ 4 OZ 22-23	1 EACH	627	67.46
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
VEGGIE FRESH 1 CUP	1 CUP	98	22.06
KETCHUP: individual	Pkt 6g	6	1.64
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
PICKLES,DILL 2022-23	3 CHIPS	2	0.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	90	13.0
Weighted Daily Average		608	86.80
% of Calories			57.1%
Nutrient Guideline		750-850	

Wed - 03/29/2023			
BLACK BUTTE HS LUNCH	Total		
CORN DOG, Chicken Jalapeno2020	1 EACH	280	28.0
CHICKEN PATTY 2154 3.29ozTYSON	PATTY	240	15.0
BUN HAMBURG USBAKWW 3.5" 22-23	BUN	140	27.0
POTATO FRIES CRINKLE 1cup 2020	1 CUP	174	30.0
PB & J UNCRUSTABLES 5.3oz 2019	SANDWICH	601	64.11
STRING CHEESE 1oz 2019	1 EACH	90	0.0
CHIP SUNCHIP HAR CHED 1oz 2019	BAG	120	16.0
FIESTA CHIC SALAD 2020	1 EACH	371	39.42
FRUIT FRESH ASSORTED 1CUP	1 CUP	76	19.48
SALAD BAR WTh - Secondary	1CFRU/1CVeg	156	9.49
KETCHUP: PACKET KATY'S 2022-23	2 Pkt 9 g	20	4.0
MAYONNAISE:individual PC 2018	Pkt 7g	30	1.0
MUSTARD: PC 5.5 grm 2018	Pkt 5g	0	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		697	93.57
% of Calories			53.7%
Nutrient Guideline		750-850	

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	Portion Size	Cals (kcal)	Carb (g)
Thu - 03/30/2023			
BLACK BUTTE HS LUNCH	Total		
PIZZA FRENCH BREAD PEP SW 2018	1 EACH	310	32.0
COOKIE CHOC CHIP 2019	1 EACH	130	23.0
CHICKEN TENDER TYS 70332 5 EA	5 EACH	417	25.0
POTATO CURLY: BAKED 3oz 2020	3 ounces	160	20.0
ROLLS,DINNER WHWT ALPHA 2020	1 EACH	80	13.0
BAJA SALAD 2020	1 EACH	277	22.67
DELI SANDWICH - SEC SIZE	1 EACH	235	27.77
CHIP SUNCHIP GARDEN 1oz 2019	BAG	140	19.0
SALAD BAR SECONDARY #1	1 EACH	234	31.42
KETCHUP CND 33% 2018	1 TBSP	20	5.0
MAYO LITE 2018	1 TBSP	50	1.0
BARBEQUE SAUCE 2 TBLS 2018	2 TBSP	40	10.0
MUSTARD YELLOW PREPARED 2018	1 TSP	5	0.0
BUTTERY SPREAD INDIV CUP 2016	INDIV CUP	30	0.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	110	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	140	20.0
MILK* HP - WHITE FF MG	HALF PINTS	90	13.0
Weighted Daily Average		893	105.63
% of Calories			47.3%
Nutrient Guideline		750-850	

Weighted Average		820	109.06
			53.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	820		750 - 850	100%				
Carbohydrate (g)	109.06	53.23%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.