

# SWEETWATER SCH. DIST. NO.1

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 3, 2023 thru Apr 27, 2023

BLACK BUTTE HS LUNCH

Generated on: 4/11/2023 9:51:43 AM

|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Mon - 04/03/2023               |                 |              |                |               |             |
| BLACK BUTTE HS LUNCH           | Total           | 30           |                |               |             |
| CHICKEN PATTY GOLDKST HOT      | PATTY           | 5            | 35             | 0             | 14.0        |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN             | 5            | 0              | 2             | 27.0        |
| CORN DOG, Chicken FOSTER 2020  | 1 EACH          | 10           | 40             | 7             | 29.63       |
| SWEET POTATO CRKL FRYUSDA2022  | 1 CUP           | 15           | 0              | 0             | 53.32       |
| CHEF SALAD SEC 2018            | 1 EACH          | 5            | 39             | 22            | 33.4        |
| WRAP TURKEY BACON RANCH 22-23  | 1 EACH          | 5            | 65             | 2             | 54.25       |
| PB&J UNCRUSTABLE GRP2.6oz 2018 | SANDWICH        | 5            | 0              | 14            | 32.0        |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG             | 10           | 0              | 2             | 19.0        |
| FRUIT FRESH ASSORTED 1CUP      | 1 CUP           | 30           | 0              | 13            | 19.48       |
| VEGGIE FRESH 1 CUP             | 1 CUP           | 30           | 0              | 12            | 22.06       |
| PICKLES,DILL 2022-23           | 3 chips         | 5            | 0              | 0             | 0.0         |
| KETCHUP: individual            | Pkt 6g          | 5            | 0              | 1             | 1.64        |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP           | 5            | 0              | 0             | 0.0         |
| MAYO LITE 2018                 | 1 TBSP          | 5            | 10             | 0             | 1.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 10           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 10           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 10           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 48             | 49            | 126.96      |
| % of Calories                  |                 |              |                | 23.5%         | 60.5%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                 |            |    |    |       |        |
|---------------------------------|------------|----|----|-------|--------|
| Tue - 04/04/2023                |            |    |    |       |        |
| BLACK BUTTE HS LUNCH            | Total      | 30 |    |       |        |
| SANDWICH, PANCAKE SAUSAGE W/CH  | 1 EACH     | 10 | 30 | 7     | 18.0   |
| HASH BROWN TRIANGLE 2oz 2ea     | 2 each     | 10 | 0  | 1     | 24.0   |
| YOGURT GO GURT 2oz 2023         | 1 each     | 10 | 4  | 5     | 8.0    |
| CRACKERS, GRAHAM 1/PK 2019      | PACK       | 10 | 0  | 3     | 11.0   |
| CHICKEN PATTY 2154 3.29oz TYSON | PATTY      | 10 | 25 | 1     | 15.0   |
| BUN HAMBURG USBAKWW 3.5" 22-23  | BUN        | 10 | 0  | 2     | 27.0   |
| POTATO FRIES CRINKLE 1cup 2020  | 1 CUP      | 10 | 0  | 0     | 30.0   |
| CHICKEN CAESAR SALAD SEC 2019   | 1 EACH     | 5  | 58 | 28    | 55.52  |
| WRAP ITALIAN 22-23              | 1 EACH     | 5  | 12 | 1     | 55.75  |
| CHIP CHEETOS REG WG 1oz 2019    | BAG        | 5  | 0  | 2     | 16.0   |
| FRUIT FRESH ASSORTED 1CUP       | 1 CUP      | 30 | 0  | 13    | 19.48  |
| VEGGIE FRESH 1 CUP              | 1 CUP      | 30 | 0  | 12    | 22.06  |
| KETCHUP: individual             | Pkt 6g     | 5  | 0  | 1     | 1.64   |
| MAYONNAISE: individual PC 2018  | Pkt 7g     | 5  | 5  | 0     | 1.0    |
| MUSTARD YELLOW PREPARED 2018    | 1 TSP      | 5  | 0  | 0     | 0.0    |
| PICKLES,DILL 2022-23            | 4 chips    | 5  | 0  | 0     | 0.0    |
| MILK 1% HP - WHITE MG 2022-23   | HALF PINTS | 10 | 10 | 12    | 13.0   |
| MILK 1% HP CHOC TMOO 2022-23    | HALF PINTS | 10 | 15 | 18    | 20.0   |
| MILK* HP - WHITE FF MG          | HALF PINTS | 10 | 4  | 12    | 13.0   |
| Weighted Daily Average          |            |    | 42 | 51    | 122.86 |
| % of Calories                   |            |    |    | 24.8% | 59.7%  |
| Nutrient Guideline              |            |    |    |       |        |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

Portion Values - Detailed

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Apr 3, 2023 thru Apr 27, 2023

BLACK BUTTE HS LUNCH

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|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Wed - 04/05/2023               |                 |              |                |               |             |
| BLACK BUTTE HS LUNCH           | Total           | 300          |                |               |             |
| PIZZA FRENCH BREAD PEP SW 2018 | 1 EACH          | 100          | 25             | 7             | 32.0        |
| POPEYE SALAD 1.5 CUP 2018      | 1.5 cup serv    | 100          | 0              | 0             | 2.55        |
| COOKIE CHOC CHIP 2019          | 1 EACH          | 100          | 0              | 12            | 23.0        |
| BEEF PATTY STEAK 2.45 JTM5670  | 1 PATTY         | 100          | 49             | 0             | 1.0         |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN             | 100          | 0              | 2             | 27.0        |
| BEANS BAKED 1 cup 2022-23      | 1 cup           | 100          | 0              | 34            | 72.0        |
| TACO SALAD BEEF 2019           | 1 EACH          | 25           | 30             | 5             | 26.5        |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH          | 25           | 0              | 2             | 13.0        |
| WRAP CHIC WG CAESAR 4 OZ 22-23 | 1 EACH          | 25           | 71             | 0             | 61.86       |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG             | 25           | 0              | 2             | 19.0        |
| YOGURT GO GURT 2oz 2023        | each            | 150          | 4              | 5             | 8.0         |
| SALAD BAR SECONDARY #1         | 1 EACH          | 300          | 21             | *13           | 28.57       |
| KETCHUP CND 33% 2018           | 1 TBSP          | 100          | 0              | 4             | 5.0         |
| MAYO LITE 2018                 | 1 TBSP          | 25           | 10             | 0             | 1.0         |
| BARBEQUE SAUCE 2 TBLS 2018     | 2 TBSP          | 20           | 0              | 11            | 15.0        |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP           | 25           | 0              | 0             | 0.0         |
| PICKLES,DILL 2022-23           | 3 chips         | 100          | 0              | 0             | 0.0         |
| BUTTERY SPREAD INDIV CUP 2016  | INDIV CUP       | 100          | 0              | 0             | 0.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 125          | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 125          | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 50           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 68             | *51           | 113.78      |
| % of Calories                  |                 |              |                | *23.0%        | 51.2%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |            |     |    |       |       |
|--------------------------------|------------|-----|----|-------|-------|
| Thu - 04/06/2023               |            |     |    |       |       |
| BLACK BUTTE HS LUNCH           | Total      | 350 |    |       |       |
| BEEF PATTY STEAK 2.45 JTM5670  | 1 PATTY    | 150 | 49 | 0     | 1.0   |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN        | 150 | 0  | 2     | 27.0  |
| CHICKEN PATTIES,BRD 4oz #7516  | PATTY      | 100 | 50 | 0     | 18.0  |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN        | 100 | 0  | 2     | 27.0  |
| POTATO FRIES CRINKLE 1cup 2020 | 1 CUP      | 100 | 0  | 0     | 30.0  |
| FIESTA CHICKEN SALAD SEC 2020  | 1 EACH     | 50  | 60 | 10    | 56.18 |
| WRAP SOUTHWESTERN CHIC 22-23   | 1 EACH     | 50  | 82 | 10    | 86.07 |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG        | 25  | 0  | 2     | 19.0  |
| FRUIT FRESH ASSORTED 1CUP      | 1 CUP      | 300 | 0  | 13    | 19.48 |
| VEGGIE FRESH 1 CUP             | 1 CUP      | 50  | 0  | 12    | 22.06 |
| KETCHUP CND 33% 2018           | 1 TBSP     | 50  | 0  | 4     | 5.0   |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP      | 30  | 0  | 0     | 0.0   |
| MAYO LITE 2018                 | 1 TBSP     | 25  | 10 | 0     | 1.0   |
| PICKLES,DILL 2022-23           | 4 chips    | 25  | 0  | 0     | 0.0   |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS | 250 | 15 | 18    | 20.0  |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS | 50  | 10 | 12    | 13.0  |
| MILK* HP - WHITE FF MG         | HALF PINTS | 50  | 4  | 12    | 13.0  |
| Weighted Daily Average         |            |     | 69 | 34    | 93.74 |
| % of Calories                  |            |     |    | 19.8% | 54.1% |
| Nutrient Guideline             |            |     |    |       |       |

|                      |        |   |   |   |     |
|----------------------|--------|---|---|---|-----|
| Mon - 04/10/2023     |        |   |   |   |     |
| BLACK BUTTE HS LUNCH | Total  | 1 |   |   |     |
| NO SCHOOL            | 1 EACH | 1 | 0 | 0 | 0.0 |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Apr 3, 2023 thru Apr 27, 2023****BLACK BUTTE HS LUNCH**

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|                                         | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g)  |
|-----------------------------------------|-----------------|--------------|----------------|---------------|--------------|
| Weighted Daily Average<br>% of Calories |                 |              | 0              | 0<br>0.0%     | 0.00<br>0.0% |
| Nutrient Guideline                      |                 |              |                |               |              |

|                                         |            |    |    |             |                 |
|-----------------------------------------|------------|----|----|-------------|-----------------|
| Tue - 04/11/2023                        |            |    |    |             |                 |
| BLACK BUTTE HS LUNCH                    | Total      | 30 |    |             |                 |
| PIZZA FRENCH BREAD PEP SW 2018          | 1 EACH     | 10 | 25 | 7           | 32.0            |
| HOT DOG 0063369                         | 1 EACH     | 5  | 35 | 0           | 1.0             |
| BUN HOT DOG WH WT 6" SFE 22-23          | BUN        | 5  | 0  | 2           | 21.0            |
| CHIPS BKD ORIGINAL LAYS                 | BAG        | 5  | 0  | 0           | 18.78           |
| BEANS BAKED 1 cup 2018                  | 1 cup      | 5  | 0  | 28          | 66.0            |
| WRAP CHICKEN RANCH 22-23                | 1 EACH     | 10 | 49 | 1           | 50.74           |
| PB & J UNCRUSTABLES 5.3oz 2019          | SANDWICH   | 10 | 0  | 26          | 64.11           |
| STRING CHEESE 1oz 2019                  | 1 EACH     | 5  | 20 | 0           | 0.0             |
| CHIP SUNCHIP GARDEN 1oz 2019            | BAG        | 20 | 0  | 2           | 19.0            |
| FRUIT FRESH ASSORTED 1CUP               | 1 CUP      | 30 | 0  | 13          | 19.48           |
| VEGGIE FRESH 1 CUP                      | 1 CUP      | 30 | 0  | 12          | 22.06           |
| KETCHUP: individual                     | Pkt 6g     | 5  | 0  | 1           | 1.64            |
| MUSTARD YELLOW PREPARED 2018            | 1 TSP      | 5  | 0  | 0           | 0.0             |
| MILK 1% HP CHOC TMOO 2022-23            | HALF PINTS | 10 | 15 | 18          | 20.0            |
| MILK 1% HP - WHITE MG 2022-23           | HALF PINTS | 10 | 10 | 12          | 13.0            |
| MILK* HP - WHITE FF MG                  | HALF PINTS | 10 | 4  | 12          | 13.0            |
| Weighted Daily Average<br>% of Calories |            |    | 43 | 58<br>24.0% | 136.56<br>56.9% |
| Nutrient Guideline                      |            |    |    |             |                 |

|                                         |            |    |    |             |                 |
|-----------------------------------------|------------|----|----|-------------|-----------------|
| Wed - 04/12/2023                        |            |    |    |             |                 |
| BLACK BUTTE HS LUNCH                    | Total      | 30 |    |             |                 |
| BURRITO BEAN CHEESE 5.2oz 22-2          | 1 EACH     | 10 | 15 | 2           | 44.17           |
| BEAN DIP 1 CUP                          | 1 cup      | 10 | 5  | 5           | 57.3            |
| CORN DOGS MINI FOSTER FARM2018          | 6 EACH     | 10 | 25 | 4           | 20.0            |
| POTATO PUFFS FRZ BKD 1cup2018           | 1 cup      | 10 | 0  | 1           | 38.0            |
| CHICKEN CAESAR SALAD SEC 2019           | 1 EACH     | 5  | 58 | 28          | 55.52           |
| WRAP WG HOT CHIC 3.53oz 22-23           | 1 EACH     | 5  | 70 | 1           | 69.5            |
| CHIP SUNCHIP GARDEN 1oz 2019            | BAG        | 5  | 0  | 2           | 19.0            |
| FRUIT FRESH ASSORTED 1CUP               | 1 CUP      | 30 | 0  | 13          | 19.48           |
| VEGGIE FRESH 1 CUP                      | 1 CUP      | 30 | 0  | 12          | 22.06           |
| KETCHUP CND 33% 2018                    | 1 TBSP     | 10 | 0  | 4           | 5.0             |
| MUSTARD: PC 5.5 grm 2018                | Pkt 5g     | 5  | 0  | 0           | 0.0             |
| SALSA: COMMERCIAL 2 TBLS 2018           | 2 TBLS     | 10 | 0  | 0           | 0.94            |
| MILK 1% HP - WHITE MG 2022-23           | HALF PINTS | 10 | 10 | 12          | 13.0            |
| MILK 1% HP CHOC TMOO 2022-23            | HALF PINTS | 10 | 15 | 18          | 20.0            |
| MILK* HP - WHITE FF MG                  | HALF PINTS | 10 | 4  | 12          | 13.0            |
| Weighted Daily Average<br>% of Calories |            |    | 46 | 50<br>21.8% | 136.01<br>59.4% |
| Nutrient Guideline                      |            |    |    |             |                 |

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BLACK BUTTE HS LUNCH

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|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Thu - 04/13/2023               |                 |              |                |               |             |
| BLACK BUTTE HS LUNCH           | Total           | 300          |                |               |             |
| PIZZA BIG DADDY PEP PRIMO 16"  | SLICE           | 125          | 0              | 0             | 35.0        |
| COOKIE TIGER BITE PK 2022-23   | PKG             | 125          | 0              | 8             | 21.0        |
| CHICKEN PATTIES,BRD 4oz #7516  | PATTY           | 125          | 50             | 0             | 18.0        |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN             | 125          | 0              | 2             | 27.0        |
| POTATO PUFFS FRZ BKD 1cup2018  | 1 cup           | 125          | 0              | 1             | 38.0        |
| CHICKEN CAESAR SALAD SEC 2019  | 1 EACH          | 25           | 58             | 28            | 55.52       |
| CROISSANT SANDWICH 2022-23     | SANDWICH        | 25           | 37             | 5             | 31.37       |
| CHIP CHEETOS REG WG 1oz 2019   | BAG             | 25           | 0              | 2             | 16.0        |
| FRUIT FRESH ASSORTED 1CUP      | 1 CUP           | 300          | 0              | 13            | 19.48       |
| SALAD BAR WTh - Secondary      | 1CFRU/1CVeg     | 175          | 15             | 4             | 9.49        |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g       | 75           | 0              | 4             | 4.0         |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g          | 75           | 0              | 0             | 0.0         |
| MAYONNAISE:individual PC 2018  | Pkt 7g          | 50           | 5              | 0             | 1.0         |
| BARBEQUE SAUCE 2 TBLs 2018     | 2 TBSP          | 10           | 0              | 11            | 15.0        |
| PICKLES,DILL 2022-23           | 4 chips         | 75           | 0              | 0             | 0.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 125          | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 125          | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 50           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 49             | 39            | 109.09      |
| % of Calories                  |                 |              |                | 18.3%         | 51.2%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |            |     |       |        |        |
|--------------------------------|------------|-----|-------|--------|--------|
| Mon - 04/17/2023               |            |     |       |        |        |
| BLACK BUTTE HS LUNCH           | Total      | 300 |       |        |        |
| CORN DOGS MINI 6 FOSTER 2018   | 6 EACH     | 150 | 38    | 6      | 30.0   |
| COOKIE CHOC CHIP 2019          | 1 EACH     | 150 | 0     | 12     | 23.0   |
| CHICKEN NUGGET HOT'NSPICY TY23 | 5 EACH     | 125 | 20    | 1      | 15.01  |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH     | 125 | 0     | 2      | 13.0   |
| SWEET POTATO, WAVELENGTH 1     | 14 EACH    | 250 | *N/A* | 14     | 40.0   |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH   | 25  | 0     | 26     | 64.11  |
| STRING CHEESE 1oz 2019         | 1 EACH     | 25  | 20    | 0      | 0.0    |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG        | 25  | 0     | 2      | 19.0   |
| SALAD BAR SECONDARY #1         | 1 EACH     | 300 | 21    | *13    | 28.57  |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g  | 200 | 0     | 4      | 4.0    |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g     | 75  | 0     | 0      | 0.0    |
| RANCH DRESSING Lite 1oz 2018   | 1 OZ       | 25  | 15    | 0      | 0.0    |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS | 125 | 10    | 12     | 13.0   |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS | 125 | 15    | 18     | 20.0   |
| MILK* HP - WHITE FF MG         | HALF PINTS | 50  | 4     | 12     | 13.0   |
| Weighted Daily Average         |            |     | *62   | *54    | 125.58 |
| % of Calories                  |            |     |       | *22.1% | 51.0%  |
| Nutrient Guideline             |            |     |       |        |        |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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BLACK BUTTE HS LUNCH

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|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Tue - 04/18/2023               |                 |              |                |               |             |
| BLACK BUTTE HS LUNCH           | Total           | 30           |                |               |             |
| PIZZA RIPPER PEPP 4 oz 2018    | 1 EACH          | 5            | 30             | 2             | 30.0        |
| BURRITO BEAN CHEESE 5.2oz 22-2 | 1 EACH          | 10           | 15             | 2             | 44.17       |
| CHEESE SAUCE QUESO 2oz 2018    | 1/4 CUP         | 10           | 30             | 0             | 2.0         |
| TORTILLA CHIP WG 1oz/13ea 2022 | 13 per serv     | 10           | 0              | 0             | 20.0        |
| TACO SALAD BEEF 2019           | 1 EACH          | 5            | 30             | 5             | 26.5        |
| WRAP BLT CAESAR 2022-23        | 1 EACH          | 5            | 24             | 3             | 60.48       |
| PB&J UNCRUSTABLE GRP2.6oz 2018 | SANDWICH        | 5            | 0              | 14            | 32.0        |
| CHIP SUNCHIP HAR CHED 1oz 2019 | BAG             | 5            | 0              | 2             | 16.0        |
| FRUIT FRESH ASSORTED 1CUP      | 1 CUP           | 30           | 0              | 13            | 19.48       |
| VEGGIE FRESH 1 CUP             | 1 CUP           | 30           | 0              | 12            | 22.06       |
| SALSA: COMMERCIAL 1/2cup 2018  | 1/2 cup         | 5            | 0              | 0             | 3.54        |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 10           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 10           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 10           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 39             | 44            | 107.02      |
| % of Calories                  |                 |              |                | 24.0%         | 57.8%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |            |    |    |       |        |
|--------------------------------|------------|----|----|-------|--------|
| Wed - 04/19/2023               |            |    |    |       |        |
| BLACK BUTTE HS LUNCH           | Total      | 30 |    |       |        |
| CHICKEN PATTIES,BRD 4oz #7516  | PATTY      | 10 | 50 | 0     | 18.0   |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN        | 10 | 0  | 2     | 27.0   |
| CORN DOG, Chicken FOSTER 2020  | 1 EACH     | 10 | 40 | 7     | 29.63  |
| POTATO FRIES CRINKLE 1cup 2020 | 1 CUP      | 20 | 0  | 0     | 30.0   |
| CHEEZ-IT CRACKER .75oz 2018    | PACK       | 10 | 0  | 0     | 14.0   |
| FIESTA CHIC SALAD 2020         | 1 EACH     | 5  | 60 | 8     | 34.41  |
| WRAP SOUTHWESTERN CHIC 22-23   | 1 EACH     | 5  | 82 | 10    | 86.07  |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG        | 5  | 0  | 2     | 19.0   |
| FRUIT FRESH ASSORTED 1CUP      | 1 CUP      | 30 | 0  | 13    | 19.48  |
| VEGGIE FRESH 1 CUP             | 1 CUP      | 30 | 0  | 12    | 22.06  |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g  | 10 | 0  | 4     | 4.0    |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g     | 5  | 0  | 0     | 0.0    |
| MAYO LITE 2018                 | 1 TBSP     | 2  | 10 | 0     | 1.0    |
| PICKLES,DILL 2022-23           | 4 chips    | 2  | 0  | 0     | 0.0    |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS | 10 | 10 | 12    | 13.0   |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS | 10 | 15 | 18    | 20.0   |
| MILK* HP - WHITE FF MG         | HALF PINTS | 10 | 4  | 12    | 13.0   |
| Weighted Daily Average         |            |    | 64 | 47    | 131.06 |
| % of Calories                  |            |    |    | 22.2% | 61.8%  |
| Nutrient Guideline             |            |    |    |       |        |

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# SWEETWATER SCH. DIST. NO.1

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 3, 2023 thru Apr 27, 2023

BLACK BUTTE HS LUNCH

Generated on: 4/11/2023 9:51:44 AM

|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Thu - 04/20/2023               |                 |              |                |               |             |
| BLACK BUTTE HS LUNCH           | Total           | 300          |                |               |             |
| PIZZA BIG DADDY PEP PRIMO 16"  | SLICE           | 125          | 0              | 0             | 35.0        |
| COOKIE TIGER BITE PK 2022-23   | PKG             | 125          | 0              | 8             | 21.0        |
| CHICKEN PATTIES,BRD 4oz #7516  | PATTY           | 125          | 50             | 0             | 18.0        |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN             | 125          | 0              | 2             | 27.0        |
| POTATO PUFFS FRZ BKD 1cup2018  | 1 cup           | 125          | 0              | 1             | 38.0        |
| CHICKEN CAESAR SALAD SEC 2019  | 1 EACH          | 25           | 58             | 28            | 55.52       |
| CROISSANT SANDWICH 2022-23     | SANDWICH        | 25           | 37             | 5             | 31.37       |
| CHIP CHEETOS REG WG 1oz 2019   | BAG             | 25           | 0              | 2             | 16.0        |
| SALAD BAR SECONDARY #1         | 1 EACH          | 300          | 21             | *13           | 28.57       |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g       | 75           | 0              | 4             | 4.0         |
| MUSTARD: PC 5.5 gm 2018        | Pkt 5g          | 75           | 0              | 0             | 0.0         |
| MAYONNAISE:individual PC 2018  | Pkt 7g          | 50           | 5              | 0             | 1.0         |
| BARBEQUE SAUCE 2 TBL 2018      | 2 TBSP          | 10           | 0              | 11            | 15.0        |
| PICKLES,DILL 2022-23           | 4 chips         | 75           | 0              | 0             | 0.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 125          | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 125          | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 50           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 62             | *36           | 112.64      |
| % of Calories                  |                 |              |                | *15.6%        | 48.3%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |              |     |       |       |       |
|--------------------------------|--------------|-----|-------|-------|-------|
| Mon - 04/24/2023               |              |     |       |       |       |
| BLACK BUTTE HS LUNCH           | Total        | 300 |       |       |       |
| CHICKEN PATTY GOLDKST HOT      | PATTY        | 100 | 35    | 0     | 14.0  |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN          | 100 | 0     | 2     | 27.0  |
| BEEF PATTY 2.5 PRAIRIE 2020    | 1 PATTY      | 125 | 30    | 0     | 2.0   |
| CHEESE AMERICAN 1SLC USDA 2018 | 1 SLICE      | 125 | 13    | 0     | 0.5   |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN          | 125 | 0     | 2     | 27.0  |
| POTATOES, FRY COLLOSL 3/4 C.   | 3 oz         | 225 | *N/A* | 1     | 23.0  |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH     | 25  | 0     | 26    | 64.11 |
| STRING CHEESE 1oz 2019         | 1 EACH       | 25  | 20    | 0     | 0.0   |
| CHIPS BKD ORIGINAL LAYS        | BAG          | 25  | 0     | 0     | 18.78 |
| CHEF SALAD SEC 2018            | 1 EACH       | 25  | 39    | 22    | 33.4  |
| WRAP ITALIAN 22-23             | 1 EACH       | 25  | 12    | 1     | 55.75 |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG          | 25  | 0     | 2     | 19.0  |
| FRUIT FRESH ASSORTED 1CUP      | 1 CUP        | 300 | 0     | 13    | 19.48 |
| SALAD BAR MT - Secondary       | 1 CFRU/1CVEG | 75  | 15    | 4     | 9.57  |
| PICKLES,DILL 2022-23           | 3 chips      | 50  | 0     | 0     | 0.0   |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g    | 50  | 0     | 4     | 4.0   |
| MAYONNAISE:individual PC 2018  | Pkt 7g       | 50  | 5     | 0     | 1.0   |
| BARBEQUE SAUCE CONTAINER 22-23 | 1 CONTAINER  | 25  | 0     | 9     | 10.0  |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP        | 50  | 0     | 0     | 0.0   |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS   | 125 | 10    | 12    | 13.0  |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS   | 125 | 15    | 18    | 20.0  |
| MILK WHITE FF MEADOW GOLD 22   | 1 CUP        | 50  | 4     | 12    | 13.0  |
| Weighted Daily Average         |              |     | *51   | 37    | 98.58 |
| % of Calories                  |              |     |       | 18.7% | 49.9% |
| Nutrient Guideline             |              |     |       |       |       |

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Base Menu Spreadsheet

Portion Values - Detailed

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Apr 3, 2023 thru Apr 27, 2023

BLACK BUTTE HS LUNCH

Generated on: 4/11/2023 9:51:44 AM

|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Tue - 04/25/2023               |                 |              |                |               |             |
| BLACK BUTTE HS LUNCH           | Total           | 350          |                |               |             |
| BURRITO BEAN CHEESE 5.2oz 22-2 | 1 EACH          | 100          | 15             | 2             | 44.17       |
| BEEF, Ckd PATTY 2.5 OZ 2021    | 1 each          | 100          | 0              | 0             | 2.0         |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN             | 100          | 0              | 2             | 27.0        |
| CHEESE AMERICAN 1SLC USDA 2018 | 1 SLICE         | 50           | 13             | 0             | 0.5         |
| POTATO PUFFS FRZ BKD 1cup2018  | 1 cup           | 50           | 0              | 1             | 38.0        |
| ASIAN CHICKEN SALAD            | 1 EACH          | 25           | 60             | 35            | 55.18       |
| WRAP CHIC BBQ 4 OZ 22-23       | 1 EACH          | 25           | 82             | *8            | 64.6        |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG             | 25           | 0              | 2             | 19.0        |
| FRUIT FRESH ASSORTED 1CUP      | 1 CUP           | 325          | 0              | 13            | 19.48       |
| VEGGIE FRESH 1 CUP             | 1 CUP           | 50           | 0              | 12            | 22.06       |
| KETCHUP: individual            | Pkt 6g          | 100          | 0              | 1             | 1.64        |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g          | 100          | 0              | 0             | 0.0         |
| PICKLES,DILL 2022-23           | 3 CHIPS         | 50           | 0              | 0             | 0.0         |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 250          | 15             | 18            | 20.0        |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 75           | 10             | 12            | 13.0        |
| MILK WHITE FF MEADOW GOLD 22   | 1 CUP           | 300          | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 33             | *45           | 86.24       |
| % of Calories                  |                 |              |                | *29.5%        | 57.2%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |             |     |    |       |       |
|--------------------------------|-------------|-----|----|-------|-------|
| Wed - 04/26/2023               |             |     |    |       |       |
| BLACK BUTTE HS LUNCH           | Total       | 300 |    |       |       |
| CORN DOG, Chicken Jalapeno2020 | 1 EACH      | 100 | 55 | 9     | 28.0  |
| CHICKEN PATTY 2154 3.29ozTYSON | PATTY       | 125 | 25 | 1     | 15.0  |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN         | 125 | 0  | 2     | 27.0  |
| POTATO FRIES CRINKLE 1cup 2020 | 1 CUP       | 175 | 0  | 0     | 30.0  |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH    | 25  | 0  | 26    | 64.11 |
| STRING CHEESE 1oz 2019         | 1 EACH      | 25  | 20 | 0     | 0.0   |
| CHIP SUNCHIP HAR CHED 1oz 2019 | BAG         | 25  | 0  | 2     | 16.0  |
| FIESTA CHIC SALAD 2020         | 1 EACH      | 25  | 60 | 8     | 34.41 |
| FRUIT FRESH ASSORTED 1CUP      | 1 CUP       | 300 | 0  | 13    | 19.48 |
| SALAD BAR WTh - Secondary      | 1CFRU/1CVeg | 75  | 15 | 4     | 9.49  |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g   | 100 | 0  | 4     | 4.0   |
| MAYONNAISE:individual PC 2018  | Pkt 7g      | 50  | 5  | 0     | 1.0   |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g      | 50  | 0  | 0     | 0.0   |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS  | 125 | 10 | 12    | 13.0  |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS  | 125 | 15 | 18    | 20.0  |
| MILK* HP - WHITE FF MG         | HALF PINTS  | 50  | 4  | 12    | 13.0  |
| Weighted Daily Average         |             |     | 51 | 37    | 93.15 |
| % of Calories                  |             |     |    | 21.5% | 53.7% |
| Nutrient Guideline             |             |     |    |       |       |

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Base Menu Spreadsheet

Portion Values - Detailed

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Apr 3, 2023 thru Apr 27, 2023

BLACK BUTTE HS LUNCH

Generated on: 4/11/2023 9:51:44 AM

|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Thu - 04/27/2023               |                 |              |                |               |             |
| BLACK BUTTE HS LUNCH           | Total           | 300          |                |               |             |
| PIZZA FRENCH BREAD PEP SW 2018 | 1 EACH          | 150          | 25             | 7             | 32.0        |
| COOKIE CHOC CHIP 2019          | 1 EACH          | 150          | 0              | 12            | 23.0        |
| CHICKEN TENDER TYS 70332 5 EA  | 5 EACH          | 100          | 0              | 0             | 0.0         |
| POTATO CURLY: BAKED 3oz 2020   | 3 ounces        | 100          | 0              | 1             | 20.0        |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH          | 100          | 0              | 2             | 13.0        |
| BAJA SALAD 2020                | 1 EACH          | 25           | 1              | *3            | 17.67       |
| DELI SANDWICH - SEC SIZE       | 1 EACH          | 25           | 31             | 5             | 27.77       |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG             | 50           | 0              | 2             | 19.0        |
| SALAD BAR SECONDARY #1         | 1 EACH          | 300          | 21             | *13           | 28.57       |
| KETCHUP CND 33% 2018           | 1 TBSP          | 100          | 0              | 4             | 5.0         |
| MAYO LITE 2018                 | 1 TBSP          | 50           | 10             | 0             | 1.0         |
| BARBEQUE SAUCE 2 TBLS 2018     | 2 TBSP          | 50           | 0              | 11            | 15.0        |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP           | 50           | 0              | 0             | 0.0         |
| BUTTERY SPREAD INDIV CUP 2016  | INDIV CUP       | 100          | 0              | 0             | 0.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 100          | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 150          | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 50           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 49             | *43           | 94.85       |
| % of Calories                  |                 |              |                | *22.2%        | 49.5%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                  |  |  |     |        |        |
|------------------|--|--|-----|--------|--------|
| Weighted Average |  |  | *52 | *45    | 112.54 |
|                  |  |  |     | *49.3% | 54.8%  |

| Nutrient         | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Cholesterol (mg) | 52       |           |               |             | Missing   |           |         |                         |
| Sugars (g)       | 45       | 21.93%    |               |             | Missing   |           |         |                         |
| Carbohydrate (g) | 112.54   | 54.76%    |               |             |           |           |         |                         |

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