

LOCAL SCHOOL WELLNESS POLICY TRIENNIAL ASSESSMENT MAY 2021
WORKSHEET 3: IDENTIFYING CONNECTIONS BETWEEN POLICY AND PRACTICE

SECTION 1 - STRONG POLICIES AND ALIGNED PRACTICES

This document identifies where the district has a strong policy and is fully implementing practices that align with the policy.

Describes the items that received a written policy score of 2 and an interview practice score of 2.

Federal Requirements for each section are listed first.

ITEM NUMBER

ITEM DESCRIPTION

Section 1. Nutrition Education

Section 2: Standards for USDA Child Nutrition Programs and School Meals

SM1	Assures compliance with the USDA nutrition standards for reimbursable school meals
SM8	Free drinking water is available during meals
SM9	Ensures annual training for food/nutrition services staff in accordance with USDA Professional Standards
SM2	Addresses access to the USDA School Breakfast Program
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals

Section 3: Nutrition Standards for Competitive and Other Foods and Beverages

NS1	Addresses compliance with USDA nutrition standards for all foods and beverages sold to students during the school day
NS3	Regulates food and beverages sold a la carte
NS4	Regulates food and beverages sold from vending machines
NS5	Regulates food and beverages sold in school stores
NS6	Addresses fundraising with food to be consumed during the school day
NS2	USDA Smart Snack standards are easily accessed in the policy
NS13	Addresses availability of free drinking water throughout the school day

Section 4: Physical Education and Physical Activity

PEPA1	There is a written physical education curriculum for grades K-8
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards
PEPA3	Physical education promotes a physically active lifestyle
PEPA7	Addresses qualifications for physical education teachers for grades K-8
PEPA8	Addresses providing physical education training for physical education teachers
PEPA9	Addresses physical education exemption requirements for all students
PEPA10	Addresses physical education substitution for all students
PEPA11	Addresses family and community engagement in physical activity opportunities at all schools
PEPA13	Addresses recess for all elementary school students
PEPA15	Joint or shared-use agreements for physical activity participation at all schools

Section 5: Wellness Promotion and Marketing

WPM7	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards
WPM1	Encourages staff to model healthy eating and physical activity behaviors
WPM2	Addresses strategies to support employee wellness

WPM3	Addresses using physical activity as a reward
WPM5	Addresses physical activity not being withheld as a punishment
WPM6	Specifies marketing to promote healthy food and beverage choices
WPM8	Specifically addresses marketing on school property and equipment
WPM9	Specifically addresses marketing on educational materials
WPM10	Specifically addresses marketing where food is purchased
	Section 6: Implementation, Evaluation & Communication
IEC2	Addresses how all relevant stakeholders will participate in the development, implementation, and periodic review and update of the local wellness policy
IEC3	Identifies the officials responsible for the implementation and compliance of the local wellness policy
IEC4	Addresses making the wellness policy available to the public
IEC5	Addresses the assessment of district implementation of the local wellness policy at least once every three years
IEC7	Addresses a plan for updating policy based on results of the triennial assessment
IEC1	Addresses the establishment of an ongoing district wellness committee
IEC8	Addresses the establishment of an ongoing school building level wellness committee

LOCAL SCHOOL WELLNESS POLICY TRIENNIAL ASSESSMENT MAY 2021**WORKSHEET 3: IDENTIFYING CONNECTIONS BETWEEN POLICY AND PRACTICE****SECTION 2 - CREATE PRACTICE IMPLEMENTATION PLAN**

This document identifies areas where there is a strong or weak policy, but practice implementation is either absent or limited. The CSDE recommends working with key stakeholders and developing a plan to fully implement the policy as written.

Describes the items that received either (1) a written policy score of 1 **and** an interview practice score of 0 or (2) a written policy score of 2 **and** an interview practice score of 1 or 0.

Federal Requirements for each section are listed first.

ITEM NUMBER**ITEM DESCRIPTION****Section 1. Nutrition Education**

NE1	Includes goals for nutrition education that are designed to promote student wellness
NE2	Nutrition education teaches skills that are behavior focused, interactive and/or participatory
NE6	Nutrition education is integrated into other subjects beyond health education
NE7	Links nutrition education with the school food environment
NE8	Nutrition education addresses agriculture and the food system

Section 2: Standards for USDA Child Nutrition Programs and School Meals

SM6	Specifies strategies to increase participation in school meal programs
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Section 3: Nutrition Standards for Competitive and Other Foods and Beverages

NS9	Regulates food and beverages served at class parties and other school celebrations in elementary schools
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Section 4: Physical Education and Physical Activity

PEPA4	Addresses time per week of physical education instruction for elementary school students
PEPA5	Addresses time per week of physical education instruction for middle school students
PEPA12	Addresses before and after school physical activity for all students including clubs, intramurals, interscholastic opportunities
PEPA16	District addresses active transport (safe routes to school) for all K-8 students who live within walkable/bikeable distance.

Section 5: Wellness Promotion and Marketing**Section 6: Implementation, Evaluation & Communication**

IEC6	Triennial assessment results will be made available to the public and include: (1) the extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; (2) the extent to which the LEA's local school wellness policy compares to model local school wellness policies; (3) a description of the progress made in attaining the goals of the local school wellness policy
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LOCAL SCHOOL WELLNESS POLICY TRIENNIAL ASSESSMENT MAY 2021**WORKSHEET 3: IDENTIFYING CONNECTIONS BETWEEN POLICY AND PRACTICE****SECTION 3 - UPDATE POLICIES**

This document identifies areas where the LEA is (a) fully implementing practices but there is no or only weak language in the written policy, or (b) partially implementing practices with no policy language. Best practice is to update the policy to match the implementation level.

Describes the items that received a written policy score of 0 or 1 **and** an interview practice score of 2.

Federal Requirements for each section are listed first.

ITEM NUMBER**ITEM DESCRIPTION****Section 1. Nutrition Education****Section 2: Standards for USDA Child Nutrition Programs and School Meals**

SM3 District takes steps to protect the privacy of students who qualify for free or reduced price school meals

SM4 Addresses how to handle feeding children with unpaid meal balances without stigmatizing them

SM7 Addresses the amount of "seat time" students have to eat school meals

Section 3: Nutrition Standards for Competitive and Other Foods and Beverages

NS7 Exemptions for infrequent school-sponsored fundraisers

Section 4: Physical Education and Physical Activity

PEPA14 Addresses physical activity breaks during school

Section 5: Wellness Promotion and Marketing

WPM4 Addresses physical activity not being used as a punishment

WPM11 Specifically addresses marketing in school publications and media

WPM12 Specifically addresses marketing through fundraisers and corporate-incentive programs

Section 6: Implementation, Evaluation & Communication

LOCAL SCHOOL WELLNESS POLICY TRIENNIAL ASSESSMENT MAY 2021**WORKSHEET 3: IDENTIFYING CONNECTIONS BETWEEN POLICY AND PRACTICE****SECTION 4 - OPPORTUNITIES FOR GROWTH**

This document identifies areas where the district has either not addressed the topic of policy or practice; or has only addressed the topic in a very limited way.

Describes the items that received a written policy score of 0 or 1 and an interview practice score of 0 or 1.

Federal Requirements for each section are listed first.

ITEM NUMBER**ITEM DESCRIPTION****Section 1. Nutrition Education**

NE3

All elementary school students receive sequential and comprehensive nutrition education

NE4

All middle school students receive sequential and comprehensive nutrition education

Section 2: Standards for USDA Child Nutrition Programs and School Meals

SM10

Addresses purchasing local foods for the school meals program

Section 3: Nutrition Standards for Competitive and Other Foods and Beverages

NS10

Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming

NS11

Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming

NS12

Addresses food not being used as a reward

Section 4: Physical Education and Physical Activity**Section 5: Wellness Promotion and Marketing****Section 6: Implementation, Evaluation & Communication**