# **Online/ Phone Counseling**

# **Export, PA**

#### James W Ellermeyer, LPC

Location: Namaste Holistic Counseling p.c.1056 Corporate Lane Export, Pennsylvania

(412) 419-0972

Specialties: Bipolar disorder, borderline personality, addiction, alcohol use, anxiety, behavioral issues, chronic relapse, depression, drug abuse, emotional disturbance, grief, narcissistic personality, Obsessive-compulsive disorder, relationship issues, self-harming, spirituality, substance abuse, trauma and PTSD

Age: Adolescents/ Teenagers (14-19) and adults

Insurance: Aetna, Highmark, Optum, University of Pittsburgh Medical Center, Out of Network

## Crystal Lynn Longanecker, LPC

Location: Namaste Holistic Counseling 1056 Corporate Drive Export, PA

(412) 576-4019

Specialties: Family Conflict, Depression, Grief, Issues, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Borderline Personality, Coping Skills, Dual Diagnosis, Emotional Disturbance, Marital and Premarital, Parenting, Relationship Issues, Self Esteem, Stress, Trauma and PTSD

Age: Adolescents/ Teenagers (14-19) and adults

Insurance: BlueCross and BlueShield, Highmark, Optum, University of Pittsburgh Medical Center, and out of network

### Greensburg, PA

# Jacqueline R Sikora, LPC

Location: 125 Hartman Road Suite K9 Greensburg, Pennsylvania 15601

(724) 705-1051

Specialties: Trauma and PTSD, Anxiety, Depression, coping skills, domestic violence, domestic abuse, self-esteem, sexual

abuse, stress

Age: Adolescents/ Teenagers (14-19) and adults

Insurance: ACI Specialty Benefits, Anthem, Beacon, Blue Cross, Blue Shield. BlueCross and BlueShield, CHIP- Children's Program, Highmark, Humana, Medicaid, Optum, UnitedHealthCare, UPMC

### Amy L Needham, LMFT

Location: Greensburg, Pennsylvania 15601

(724) 221-9623

Specialties: Marital and Premarital, Depression, Divorce Issues, Anxiety, Codependency, Coping Skills, Eating Disorders, Emotional Disturbance, Family Conflict, Grief, Infidelity, Life Transitions, Men's Issues, Obesity Obsessive-Compulsive (OCD), Parenting, Peer Relationships, Pregnancy, Prenatal, Postpartum, Relationship Issues, Self Esteem, Stress, Trauma and PTSD, Women's Issues

Age: Adults

Insurance: Aetna, Anthem, Blue Cross, Blue Shield, BlueCross and BlueShield, Cigna, Highmark, Magellan, Optum

#### Missie Young, LMFT

Location: Greensburg, PA 15601

878-645-3604

Specialties: Depression, anxiety, parenting, addiction, Alcohol Use, Behavioral Issues, Child or Adolescent, Codependency, Coping Skills, Divorce, Drug Abuse, Family Conflict, Life Coaching, Life Transitions, Marital and Premarital, Men's Issues, Parents processing MH diagnosis of a child, Peer Relationships, Relationship Issues, Self Esteem, Substance Use Support groups and group therapy options available, Testing and Evaluation, Women's Issues

Age: Preteens/ tweens (11-13), adolescents/ teenagers (14-19) and adults

Insurance: Blue Cross, Blue Shield, BlueCross and BlueShield, Cigna, Highmark, Optum, University of Pittsburgh Medical Center

### Angela Tatarek, LMFT

Location: 101 North Main Street Suite 201 Greensburg, PA

(724) 307-4033

Specialties: Relationship Issues, Anxiety, Family Conflict, Issues, Anger Management, Behavioral Issues, Bipolar Disorder, Career Counseling, Chronic Impulsivity, Codependency, Coping Skills, Depression, Divorce, Domestic Abuse, Domestic Violence, Dual Diagnosis, Eating Disorders, Emotional Disturbance, Gambling, Grief, Infidelity, Life Coaching, Life Transitions, Marital and Premarital, Men's Issues, Obesity Obsessive-Compulsive (OCD), Parenting, Peer Relationships, Self Esteem, Self-Harming, Sexual Abuse, Stress, Substance Use, Transgender, Trauma and PTSD, Weight Loss, Women's Issues, families of addicts

Age: Adults and elders (65+)

Insurance: Aetna, Anthem, Blue Cross, Blue Shield, BlueCross and BlueShield, Coventry, E4Health, Empire, BlueCross, BlueShield, Hawaii Medical Services Association, Highmark, Lytle EAP, MHN, MHNet Behavioral Health, Optum, Quest, TRICARE, UnitedHealthcare, University of Pittsburgh Medical Center, WPEE, carebridge EAP, mutual of Omaha, and Out of Network

# Tera Hunter, LPC

Location: Balanced Beginnings LLC 41 West Otterman Street Suite 510, Studio A Greensburg, PA (878) 645-3601

Specialties: Child or Adolescent, Coping Skills, Depression Divorce Dual Diagnosis Emotional Disturbance Family Conflict Parenting Peer Relationships Relationship Issues School Issues Self Esteem Self-Harming Sexual Abuse Spirituality Stress Substance Use Suicidal Ideation Transgender Women's Issues

Age: Adolescents/ Teenagers (14-19), adults, and elders (65+)

Insurance: CHIP | Children's Program, Cigna, Highmark, University of Pittsburgh Medical Center

#### Morgan Zimmerman, LMFT

Location: 82 Huff Ave Suite B Greensburg, PA

(724) 647-3351

Specialties: Anxiety, depression, trauma and PTSD, ADHD, Behavioral Issues, Chronic Illness, Coping Skills, Divorce, Grief, Hoarding, Infertility, Life Transitions, Obsessive-Compulsive (OCD), Peer Relationships, Pregnancy, Prenatal, Postpartum, Relationship Issues, School Issues, Self-Harming, Sexual Abuse, Suicidal Ideation, Weight Loss and Women's Issues

Age: Toddlers / Preschoolers (0 to 6), Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, and Elders (65+)

Insurance: Aetna, Blue Cross, Blue Shield, BlueCross and BlueShield, Cigna, Highmark, Optum, TRICARE, UnitedHealthcare, University of Pittsburgh Medical Center

# Family Behavioral Resources (FBR)

Location: 4731 Route 30 Suite 302/304 & 404 Greensburg, PA (724) 850-7300

Other locations in North Hills, Robinson, Armstrong County, Bedford County, Ebensburg, Johnstown, Butler County, Fayette County, Franklin County, Fulton County, Indiana County, Lancaster County, Mercer County, Somerset County, and Washington County

Services: Availability of Psychiatric evaluation and Medication Management, Specialized Trauma Services, Parent Child Interaction Therapy (PCIT), Frequency of services is determined by collaboration with each individual and based on clinical assessment, ranging from weekly to monthly and may be adjusted based on treatment needs and progress

### David J Kemerer, LPC

Location: True North Vitality 131 Mathews Street Suite #1500 Greensburg, PA (412) 328-2819

Specialties: Family Conflict, Marital and Premarital, Relationship Issues, ADHD, Anger Management, Anxiety, Behavioral Issues, Child or Adolescent, Chronic Illness, Codependency, Coping Skills, Depression, Divorce, Life Transitions, Oppositional Defiance, Parenting, Self Esteem, Spirituality, Stress, Trauma and PTSD

Age: Children (6-10), Preteens/ tweens (11-13), adolescents/ teenagers (14-19), adults, and elders (65+)

Insurance: Blue Cross, Blue Shield, BlueCross and BlueShield, Highmark, University of Pittsburgh Medical Center, Out of Network

# Leigh Ann Mastorovich- Kubinec

Location: One Northgate Square Suite 214 Greensburg, PA (724) 330-7123

Specialties: Relationship Issues, Anxiety, Alcohol Use Issues, Anger Management, Chronic Relapse, Codependency, Coping Skills, Depression, Divorce, Family Conflict, Grief, Infidelity, Marital and Premarital, Parenting, Self Esteem, Self-Harming, Stress, Substance Use, Trauma and PTSD, Women's Issues

Age: Adolescents/ teenagers (14-19), adults, and elders (65+)

Insurance: Aetna, Anthem, Beacon, BlueCross and BlueShield, Cigna, ComPsych, Highmark, Optum, UnitedHealthcare, University of Pittsburgh Medical Center, Out of Network

#### Emily Pittman- Innersight, LCSW

Location: Innersight LLC 1 Northgate Square Suite 218 Greensburg, PA (724) 204-2758

Specialties: Trauma and PTSD, anxiety, child or adolescent, ADHD, Anger Management, Behavioral Issues, Bipolar Disorder, Coping Skills, Depression, Family Conflict, Grief, Life Coaching, Life Transitions, Oppositional Defiance, Peer Relationships, School Issues, Self Esteem, Self-Harming, Sexual Abuse, Sexual Addiction, Stress, Teen Violence, Transgender

Age: Toddlers/ preschoolers (0-6), children (6-10), preteens/ tweens (11-13), adolescents/ teenagers (14-19), adults, and elders (65+)

Insurance: Aetna, Beacon, Blue Cross, Blue Shield, BlueCross and BlueShield, CHIP | Children's Program, Cigna, Highmark, MHNet Behavioral Health, Magellan, Medicare, Optum, TRICARE, UnitedHealthcare, University of Pittsburgh Medical Center

# Heather Lee- Innersight LLC, LPC

Location: 1 Northgate Square Suite 110 Greensburg, PA (878) 201-0437

Specialties: Anxiety, depression, dual diagnosis, ADHD, Addiction, Alcohol Use, Bipolar Disorder, Child or Adolescent, Coping Skills, Drug Abuse, Emotional Disturbance, Peer Relationships, Relationship Issues, School Issues, Self Esteem, Stress, Substance Use, Trauma and PTSD

Age: Toddlers/ Preschoolers (0-6), children (6-10), preteens/ tweens (11-13), adolescent/ teenagers (14-19), adults, and elders (65+)

Insurance: Aetna, Blue Cross, Blue Shield, BlueCross and BlueShield, CHIP | Children's Program, Cigna, Highmark, University of Pittsburgh Medical Center

# Christian Counseling and Associates of Western PA

Location: 438 Pellis Road Suite 202 Greensburg, PA and 440 Main St Latrobe, PA (724) 230-8263

Specialties: Depression, anxiety, child or adolescent, ADHD, Addiction, Adoption, Alcohol Use, Anger Management, Autism, Behavioral Issues, Bipolar Disorder, Borderline Personality, Career Counseling, Chronic Pain, Codependency, Divorce, Domestic Abuse, Domestic Violence, Eating Disorders, Emotional Disturbance, Family Conflict, Grief, Infidelity, Internet Addiction, Life Coaching, Marital and Pre-Marital Counseling, Obsessive-Compulsive (OCD), Oppositional Defiance, Parenting, Peer Relationships, Relationship Issues, School Issues, Self-Harming, Sex Therapy, Sleep or Insomnia, Spirituality, Substance Use, Suicidal Ideation, Teen Violence, Testing and Evaluation, Trauma and PTSD, Video Game Addiction

Age: Children (6-10), preteens/tweens (11-13), adolescents/teenagers (14-19), adults, elders (65+)

Insurance: Aetna, Beacon, BlueCross and BlueShield, Humana, MHN, Magellan, Medicaid, Most EAP Plans Accepted, MultiPlan, TRICARE, UnitedHealthcare, University of Pittsburgh Medical Center, Value Behavioral Health, Out of Network

#### Kimberly Broaddus, LPC

Location: 82 Huff Ave EXT Suite B Greensburg, PA

(878) 203-0867

Specialties: Stress, life, transitions, anxiety, Addiction, Behavioral Issues, Borderline Personality, Codependency, Coping Skills, Depression, Drug Abuse, Dual Diagnosis, Emotional Disturbance, Family Conflict, Grief, Relationship Issues, Self Esteem, Self-Harming, Sexual Abuse, Substance Use Transgender, Trauma and PTSD, Women's Issues, family members/partners of addicts

Age: Adolescent/ teenagers (14-19) and adults

Insurance: Anthem, Blue Cross, Blue Shield, BlueCross and BlueShield, Cigna, Highmark, Optum, UnitedHealthcare, University of Pittsburgh Medical Center

# Center for Psychological Services and Life Coaching, Psychologist, PhD

Location: 1275 S. Min Street Ste 101 Greensburg, PA

(724) 308-5105

Specialties: ADHD, Anger Management, Anxiety, Behavioral Issues, Bipolar Disorder, Borderline Personality, Career Counseling, Child or Adolescent, Christian Counseling, Codependency, Coping Skills, Depression, Divorce, Drug Abuse, Dual Diagnosis, Eating Disorders, Emotional Disturbance, Family Conflict, Grief, Hoarding, Infidelity, Life Coaching, Life Transitions, Marital and Premarital, Narcissistic Personality, Obesity, Obsessive-Compulsive (OCD), Online Counseling, Oppositional Defiance, Parenting, Peer Relationships, Pregnancy, Prenatal, Postpartum, Relationship Issues, Self Esteem, Spirituality, Stress, Suicidal Ideation, Testing and Evaluation, Trauma and PTSD, Weight Loss, Women's Issues

Age: Preteens/ tweens (11-13), adolescents/ teenagers (14-19), adults, and elders (65+)

Insurance: Aetna, Anthem, Beacon, Blue Cross, Blue Shield, BlueCross and BlueShield, Capital Blue Cross, Cigna, Coventry, Empire BlueCross BlueShield, Highmark, Independence Blue Cross, MHNet Behavioral Health, Magellan, Medicaid, Medicare, MultiPlan, Optum, UnitedHealthcare, University of Pittsburgh Medical Center

#### Yaroch Counseling, LMFT

Location: 437 South Maple Ave Greensburg, PA

(878) 645-3667

Specialties: Family conflict, eating disorders, relationship issues, Anxiety, Behavioral Issues, Child or Adolescent, Divorce, Marital and Premarital, Parenting, Peer Relationships, Pregnancy, Prenatal, Postpartum, Self Esteem, Sex Therapy, Stress, Women's Issues

Age: Children (6-10), preteens/ tweens (11-13), adolescents/ teenagers (14-19), and adults

Insurance: Blue Cross, Blue Shield, BlueCross and BlueShield, Highmark, University of Pittsburgh Medical Center

#### Michaela Diallo, LPC

Location: Pittsburgh PA and Greensburg, PA

(412) 385-4257

Specialties: Women's issues, depression, veteran and military related, ADHD

Anxiety, Behavioral Issues, Career Counseling, Coping Skills, Developmental Disorders, Dual Diagnosis, Emotional Disturbance, Family Conflict, Grief, Infertility, Marital and Premarital, Pregnancy, Prenatal, Postpartum, Racial Identity, Relationship Issues, School Issues, Self Esteem, Stress, Suicidal Ideation, Trauma and PTSD

Insurance: Blue Care Network, Blue Cross, Blue Shield, BlueCross and BlueShield, Highmark, Optum, UnitedHealthcare, University of Pittsburgh Medical Center

#### Brittany Biddle, LPC

Dittmar Counseling Services 4963 Route 30 Suite 204 Greensburg, PA (878) 645-3719

Specialties: Trauma and PTSD, emotional disturbance, family conflict, ADHD, Anger Management, Anxiety, Asperger's Syndrome, Autism, Behavioral Issues, Bipolar Disorder, Borderline Personality, Child or Adolescent, Chronic Illness, Chronic Impulsivity, Codependency, Coping Skills, Depression, Developmental Disorders, Divorce, Domestic Violence, Eating Disorders, Grief, Infidelity, Life Transitions, Marital and Premarital, Men's Issues, Obesity, Obsessive-Compulsive (OCD), Oppositional Defiance, Parenting, Peer Relationships, Pregnancy, Prenatal, Postpartum, Relationship Issues, School Issues, Self Esteem, Self-Harming, Sex Therapy, Sexual Abuse, Sleep or Insomnia, Stress, Suicidal Ideation, Teen Violence, Transgender, Weight Loss, Women's Issues

Age: Children (6-10), preteens/tweens (11-13), adolescent/teenagers (14-19), adults, and elders (65+)

Insurance: Cigna, Highmark, University of Pittsburgh Medical Center

### Dittmar Counseling Services, LLC

4963 Rt. 30 Suite 204 Greensburg, PA (724) 610-7726

Specialties: Anxiety disorder, bipolar disorder, depression, grief, marital and couples, panic disorders, parenting, stress management

Ages: All ages

#### Strive Health of Greensburg, LCSW

Location: 101 North Main Street Suite 200 Greensburg, PA

(724) 860-3190

Specialties: Addiction, substance use, trauma and PTSD, Alcohol Use, Anger Management, Anxiety, Behavioral Issues, Coping Skills, Depression, Drug Abuse, Dual Diagnosis, Emotional Disturbance, Grief, Medication Management, Relationship Issues, Self Esteem, Stress

Age: Adults and elders (65+)

Insurance: Aetna, BlueCross and BlueShield, Cigna, Highmark, Humana, Magellan, Optum, TRICARE, TriWest, UnitedHealthcare, University of Pittsburgh Medical Center, VA Choice Provider

# Diane Kerrigan, LPC

Location: 82 Huff Ave Upstairs Suite B Greensburg, PA

(412) 404-6730

Specialties: Cognitive behavioral (CBT)

Age: Adolescents/teenagers (14-19)

Insurance: Aetna, Beacon, Blue Care Network, BlueCross and BlueShield, Cigna, ComPsych, Highmark, MHNet Behavioral Health, Military OneSource, Out of Network,

#### Irwin, PA

#### Kevin Rico, LCSW

Location: Rico Counseling 624 Main Street Irwin PA

(724) 505-4632

Specialties: Depression, Anxiety, Grief, ADHD, Behavioral Issues, Child or Adolescent, Coping Skills, Divorce, Emotional Disturbance, Family Conflict, Men's Issues, Parenting, Peer Relationships, Relationship Issues, School Issues, Self Esteem, Sleep or Insomnia, Spirituality, Stress

Age: Children (6-10), preteens/tweens (11-13), adolescents/teenagers (14-19), adults and elders (65+)

Insurance: Aetna, Beacon, BlueCross and BlueShield, CHIP | Children's Program, Community Care Behavioral Health Org CCBHO, Highmark, Medicaid, Medicare, University of Pittsburgh Medical Center

## Claire Campero, LPC

Locations: Norwin Counseling 12320 U.S. 30 Unit 7 Irwin, PA (412) 443-3048

Specialties: Depression, Anxiety, Trauma and PTSD Issues, Anger Management, Behavioral Issues, Bipolar Disorder, Child or Adolescent, Chronic Illness, Chronic Impulsivity, Coping Skills, Eating Disorders, Emotional Disturbance, Family Conflict, Grief, Obsessive-Compulsive (OCD), Peer Relationships, Pregnancy, Prenatal, Postpartum, Relationship Issues, School Issues, Self Esteem, Self-Harming, Sexual Abuse, Stress, Suicidal Ideation, and Women's Issues

Age: Toddlers / Preschoolers (0 to 6), Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, Elders (65+)

Insurance: Aetna, BlueCross and BlueShield, Cigna, Optum, UnitedHealthcare, University of Pittsburgh Medical Center

# Jeannette, PA

## Seyler-Berkebile Marriage and Family Therapy

Location: 1215 North Greengate Road Suite D Jeannette, PA (724) 405-7956

Specialties: Relationship Issues, Depression, Anxiety Issues, Anger Management, Behavioral Issues, Child or Adolescent, Coping Skills, Domestic Abuse, Domestic Violence, Emotional Disturbance, Family Conflict, Grief, Parenting, Peer Relationships, Self Esteem, Sexual Abuse, Trauma and PTSD

Age: Children (6-10), preteens/ tweens (11-13), adolescents/ teenagers (14-19), and adults

Insurance: Aetna, Aetna EAP, American Behavioral, Anthem, Back on track EAP, Beacon, BlueCross and BlueShield, Ceridian, Cigna, ComPsych, Devon, Highmark, Horizon, Blue Cross and Blue Shield, Humana, MHN, MHNet, Medical Mutual, MultiPlan, PHCS, TRICARE, UnitedHealthcare, University of Pittsburgh Medical Center

#### Rachel Ananian, LMFT

Location: Seyler- Berkebile Marriage and Family Therapy 1215 North Greengate Road Jeanette, PA (878)-203-1865

Specialties: Eating Disorders, Marital and Premarital, Family Conflict Issues, Anxiety, Coping Skills, Depression, Dual Diagnosis, Life Transitions, Obsessive-Compulsive (OCD), Peer Relationships, Relationship Issues, Self Esteem, Stress, Trauma and PTSD, and Women's Issues

Age: Adolescents/ Teenagers (14-19) and adults

Insurance: Aetna, Cigna, Highmark, Magellan, University of Pittsburgh Medical Center

# Eve Yelinek, LPC

Location: 1215 North Greengate Road Jeannette, Pennsylvania 15644 (878) 206-1491

Specialties: Trauma and PTSD, Anxiety, Depression Issues, Bipolar Disorder, Child or Adolescent, Domestic Violence, Life Transitions, Pregnancy, Prenatal, Postpartum, Relationship Issues, Sexual Abuse, Stress, Women's Issues

Age: Children (6-10), Preteens/ Tweens (11-13), adolescents/ teenagers (14-19), adults

Insurance: Aetna, BlueCross and BlueShield, CHIP | Children's Program, Cigna, Highmark, Magellan, Optum, UnitedHealthcare, University of Pittsburgh Medical Center, Out of Network

# Carol Hockensmith, LPC

Location: Perspective Matters 604 Penn High Park Road Jeannette, PA (724) 972-0056

Specialties: Anxiety, depression, relationship issues, ADHD, Anger Management, Behavioral Issues, Child or Adolescent, Chronic Pain, Codependency, Coping Skills, Divorce, Family Conflict, Grief, Infidelity, Obsessive-Compulsive (OCD), Parenting, Self Esteem, Sleep or Insomnia, Spirituality, Suicidal Ideation, Trauma and PTSD, Client Focus

Age: Adults

Insurance: Anthem, Blue Cross, BlueCross and BlueShield, Cigna, Highmark, Optum, UnitedHealthcare, University of Pittsburgh Medical Center, Out of Network

## Latrobe, PA

## Joelle Kemerer-Archer, LPC

Location: healthy4lifecounseling.com 128 Innovative Lane Building E Latrobe, Pennsylvania 15650 (412) 339-2094

Specialties: Coping, skills, Child or adolescent, anxiety, Anger Management, Behavioral Issues, Bipolar Disorder, Career Counseling, Chronic Pain, Codependency, Depression, Divorce, Dual Diagnosis, Family Conflict, Grief, Infidelity, Internet Addiction, Life Coaching, Life Transitions, Marital and Premarital, Obsessive-Compulsive (OCD), Oppositional Defiance, Parenting, Peer Relationships, Pregnancy, Prenatal, Postpartum, Relationship Issues, School Issues, Seasonal Affect Disorder, DUI Sessions, Self Esteem, Self-Harming, Spirituality, Stress, Suicidal Ideation, Trauma and PTSD, Women's Issues

Age: Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults and Elders (65+)

Insurance: ACI Specialty Benefits, Beacon, Blue Care Network, Blue Cross, Blue Shield BlueCross and BlueShield, CHIP | Children's Program, Coventry, Empire BlueCross BlueShield, First Health, Highmark, Intergroup, MHNet Behavioral Health, Medicaid, Optum, Prime Health Services, Inc., TRICARE, UMR, United Behavioral Health, UnitedHealthcare, University Health Alliance, University of Pittsburgh Medical Center, Value Behavioral Health, Out of Network

#### Sherry Shields, LPC

Location: The Counseling and Wellness Center, LLC 400 Depot Street Latrobe, PA (866) 744-6537

Specialties: Anxiety, depression, child or adolescent, ADHD, Anger Management, Behavioral Issues, Bipolar Disorder, Chronic Pain, Divorce, Family Conflict, Gambling, Grief, Marital and Premarital, Obsessive-Compulsive (OCD), Parenting, Peer Relationships, Pregnancy, Prenatal, Postpartum, Relationship Issues, School Issues, Self Esteem, Self-Harming, Suicidal Ideation, Transgender, Trauma and PTSD, Women's Issues

Age: Children (6-10), preteens/tweens (11-13), adolescent/teenagers (14-19), adults, and elders (56+)

Insurance: Beacon, BlueCross and BlueShield, CHIP | Children's Program, Cigna, GHI, Highmark, MHN, MHNet Behavioral Health, Magellan, Medicaid, Military OneSource, MultiPlan, Optum, PHCS, TRICARE, UnitedHealthcare, University of Pittsburgh Medical Center, Out of Network

# Ligonier, PA

# Faith Sartori, LMFT

Location: Small Things Often, LLC 232 North Market Street Ligonier, Pennsylvania (724) 824-1758

Specialties: Marital and premarital, relationship issues, grief, anxiety Behavioral Issues, Child or Adolescent, Coping Skills, Depression, Divorce, Family Conflict, Infidelity, Oppositional Defiance, Parenting, Pregnancy, Prenatal, Postpartum, School Issues, Self Esteem, Stress, Trauma and PTSD

Age: Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19) and Adults

Insurance: Aetna, BlueCross and BlueShield, ComPsych, Highmark, MHNet Behavioral Health, TRICARE,

#### Amanda Orvosh, LPC

Location: Real Help and Wellness 1163 Water St. Indiana, PA and 24 Storm Road Ligonier, PA (724) 471-5561

Specialties: Stress, trauma and PTSD, life transitions, Anxiety, Career Counseling, Coping Skills, Depression, Life Coaching, Relationship Issues, Self Esteem, Spirituality, Women's Issues

Age: Adults

Insurance: Aetna, BlueCross and BlueShield, Highmark, TRICARE, University of Pittsburgh Medical Center, Out of Network and Out of Network

# Monroeville, PA

# Walter Anthony Sposkoski Jr., LCSW

Location: 4328 Old William Penn Highway Suite 2B Monroeville, PA (412) 376-4589

Specialties: Anxiety, depression, stress, ADHD, Anger Management, Behavioral Issues, Bipolar Disorder, Child or Adolescent, CoVid-19 stress, Divorce, Family Conflict, Grief, Marital and Premarital, Relationship Issues, School Issues, stress related to social distancing

Age: Children (6-10), Preteens/tweens (11-13), adolescents/teenagers (14-19), adults, and elders (65+)

Insurance: Aetna, Blue Cross, Blue Shield, BlueCross and BlueShield, Highmark, Medicare, University of Pittsburgh Medical Center, Out of Network

### Elizabeth Dorosh, LPC

Location: Monroeville, PA

(412) 376-5157

Specialties: Child or adolescent, anxiety, parenting, ADHD, Anger Management, Behavioral Issues, Depression, Divorce, Grief, Life Transitions, Peer Relationships, Relationship Issues, Self Esteem, Sleep or Insomnia, Spirituality, Trauma and PTSD

Age: Toddlers/ preschoolers (0-6) and children (6-10)

Insurance: Highmark, University of Pittsburgh Medical Center

#### Bryan Bass- Riley, LPC

Location: 3825 Northern Pike Suite 202 Monroeville, PA

(412) 376-4117

Specialties: Anxiety, dual diagnosis, men's issues, Addiction, Child or Adolescent, Chronic Relapse, Codependency, Coping Skills, Depression, Drug Abuse, Family Conflict, Grief, Life Transitions, Marital and Premarital, Parenting, Relationship Issues, Self Esteem, Sexual Addiction, Spirituality, Stress, Substance Use, Suicidal Ideation, Transgender, Trauma and PTSD

Age: Children (6-10), preteens/ tweens (11-13), adolescents/ teenagers (14-19), adults, and elders (65+)

Insurance: Accepted Insurance Plans, Blue Cross, Blue Shield, CHIP | Children's Program, Cigna, Highmark, University of Pittsburgh Medical Center, Out of Network

## Mt. Pleasant, PA

## Matthew J Yatsko, LPC

Location: 535 West Main Street Mount Pleasant, Pennsylvania 15666 (878) 645-3770

Specialties: Anxiety, child or adolescent, depression, ADHD, Adoption, Anger Management, Antisocial Personality, Behavioral Issues, Bipolar Disorder Borderline Personality, Career Counseling, Child Custody Evaluations, Chronic Impulsivity, Coping Skills, Eating Disorders Emotional Disturbance, Grief Men's Issues, Narcissistic Personality, Obsessive-Compulsive (OCD), Oppositional Defiance, Peer Relationships, Pregnancy, Prenatal, Postpartum, School Issues, Self Esteem, Self-Harming, Sexual Abuse, Sleep or Insomnia, Stress, Suicidal Ideation, Teen Violence, Transgender, Trauma and PTSD

Insurance: BlueCross and BlueShield and Highmark

#### Nicole Hillen, LPC

Location: 535 W Main Street Mount Pleasant, Pennsylvania 15666

(878) 203-1990

Specialties: Relationship Issues Anxiety Pregnancy, Prenatal, Postpartum Issues, Addiction, Alcohol Use, Anger Management, Antisocial, Personality, Behavioral Issues, Bipolar Disorder, Borderline Personality, Career Counseling, Chronic Pain, Coping Skills, Depression, Divorce, Domestic Abuse, Domestic Violence, Emotional Disturbance, Family Conflict, Grief, Internet Addiction, Life Coaching, Life Transitions, Marital and Premarital, Narcissistic, Personality, Obesity Obsessive-Compulsive (OCD), Oppositional Defiance, Parenting, Peer Relationships, School Issues, Self Esteem, Self-Harming, Sex Therapy, Sexual Addiction, Sleep or Insomnia, Spirituality, Stress, Substance Use, Trauma and PTSD, Women's Issues

Age: Adolescents / Teenagers (14 to 19), Adults, and Elders (65+)

Insurance: BlueCross and BlueShield, University of Pittsburgh Medical Center, and Out of Network

### Murrysville, PA

#### Diane Dean, LPC

Location: Epiphany! Counseling & Wellness Center 4559 Old William Penn Highway Suite 100

Murrysville, Pennsylvania 15668

(724) 603-5908

Specialties: Codependency, depression, coping skills, ADHD, addiction, alcohol use, anger management, anxiety, behavioral issues, bipolar disorder, career counseling, child or adolescent, chronic pain, divorce, domestic abuse, domestic violence, drug abuse, eating disorders, emotional disturbance, family conflict, gambling, grief, infidelity, life coaching, obesity, obsessive compulsive disorder, parenting, peer relationships, relationship issues, self-esteem, self-harming, sexual abuse, sexual addiction, sleep or insomnia. Spirituality, substance use, suicidal ideation, trauma and PTSD

Age: Children (6-10), Preteens/ Tweens (11-13), adolescent/ teenagers (14-19) and adults

Insurance: Anthem, BlueCross and BlueShield, Highmark, Most Highmark plans, UPMC commercial, UPMC, and out of network

#### Joyce Brooks, LCSW

Location: Inspire Psychological Services 4154 Old William Penn Hwy Suite 300 Murrysville, PA (412)- 301-9760

Specialties: Anxiety, trauma and PTSD, stress, ADHD, behavioral issues, coping skills, depression, grief, self esteem, spirituality, depression

Age: Preteens/ tweens (11-13), adolescents/ teenagers (14-19), adults, and elders (65+)

Insurance: Cigna, Optum, United Behavioral Health, UnitedHealthcare, University of Pittsburgh Medical Center, WPEE

## Susan Mastruserio, Psychologist, PsyD

Location: 4154 Old William Penn Highway Suite 300 and 400 Murrysville, PA (878) 313-6465

Specialties: Anxiety, depression, trauma and PTSD, College Students, Coping Skills, Eating Disorders, Grief, Infertility, Life Transitions, Men's Issues, Relationship Issues, Self-Harming, Stress, Suicidal Ideation, Transition-Aged Stress

Age: Adolescents/teenagers (14-19) and adults

Insurance: Aetna, BlueCross and BlueShield, Highmark, Optum, University of Pittsburgh Medical Center

#### Dr. Kelly Roberts, Psychologist, PsyD

Location: 5648 William Penn Highway Murrysville, PA (412) 455-7225

Specialties: Relationship Issues, Spirituality, Anxiety Issues, ADHD, Anger Management, Asperger's Syndrome, Coping Skills, Depression, Emotional Disturbance, Family Conflict, Infidelity, Life Transitions, Marital and Premarital, Peer Relationships, Retirement, Self Esteem, Stress, Weight Loss

Age: Adolescents / Teenagers (14 to 19) and Adults

Insurance: Aetna, BlueCross and BlueShield, Cigna, Highmark, Optum, UnitedHealthcare, University of Pittsburgh Medical Center, Out of Network

#### New Kensington, PA

### Rachel A Glushenko, LPC

Location: Open Insights Counseling 2300 Freeport Road Suite 18 New Kensington, PA (724) 980-8733

Specialties: Relationship Issues, Dual Diagnosis, Trauma and PTSD Issues, Addiction, Alcohol Use, Anxiety, Bipolar Disorder, Chronic Relapse, Codependency, Coping Skills, Depression, Divorce, Drug Abuse, Emotional Disturbance, Family Conflict, Grief, Infidelity, Life Transitions, Marital and Premarital, Peer Relationships, Sex Therapy, Stress, Substance Use, Suicidal Ideation, Transgender

Age: Adolescents/teenagers (14-19), adults and elders (65+)

Insurance: Aetna, BlueCross and BlueShield, Cigna, Highmark, Self-Pay clients, UnitedHealthcare, University of Pittsburgh Medical Center

# North Huntingdon, PA

# Jessica Beatty, LCSW

Location: 11339 Center Hwy North Huntingdon, Pennsylvania 15642 (833) 930-0603

Specialties: Anxiety, grief, Pregnancy, Prenatal, Postpartum, career counseling, chronic pain, coping skills, depression, life transitions, self-esteem, sleep or insomnia, spirituality, stress, transgender,

Age: Adolescents/teenagers (14-19) and adults

Insurance: Blue Cross, Blue Shield, BlueCross and BlueShield. Highmark, Medicare, Optum, UnitedHealthcare, UPMC

#### Joyce Kuczma, LMFT

Location: 11639 Rte 30, Ste 1113 The Lighthouse Building North Huntingdon, PA (412) 307-5776

Specialties: Coping skills, spirituality, family conflict, Anxiety, Asperger's Syndrome, Behavioral Issues, Child or Adolescent, Divorce, Domestic Violence, Obsessive-Compulsive (OCD), Parenting, Relationship Issues, Self Esteem, Self-Harming, Suicidal Ideation, Trauma and PTSD, Women's Issues

Age: Children (6-10), Preteens/ tweens (11-13), adolescents/ teenagers (14-19), adults, and elders (65+)

Insurance: Anthem, BlueCross and BlueShield, Cigna, Highmark, Optum, Payment plans considered, UMR, UnitedHealthcare, University of Pittsburgh Medical Center, Out of Network