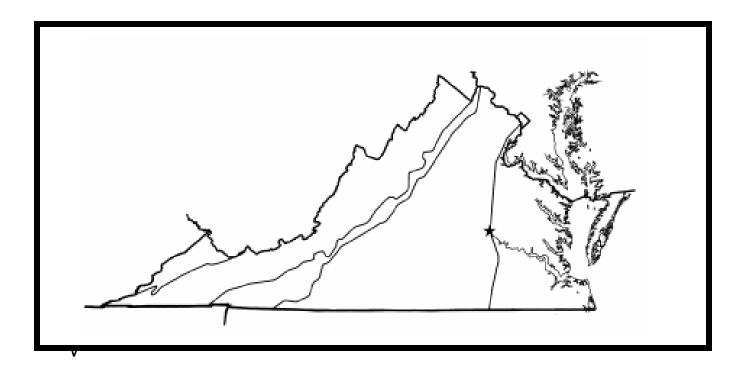


Coastal Plain (Tidewater)	
land	location

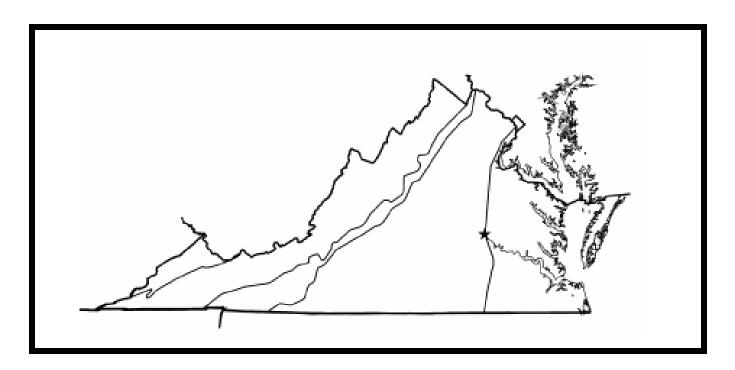




Piedmont	
land	location

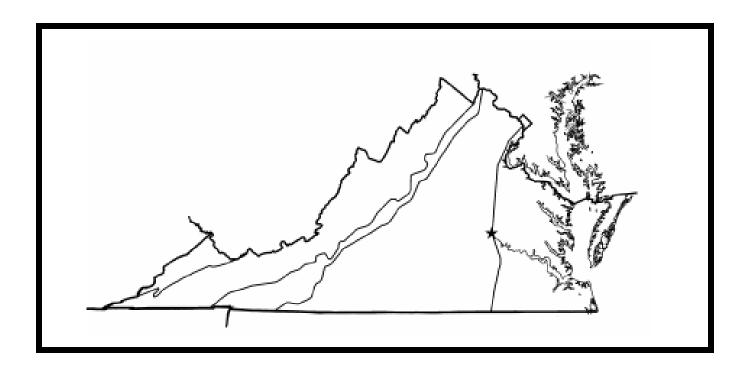






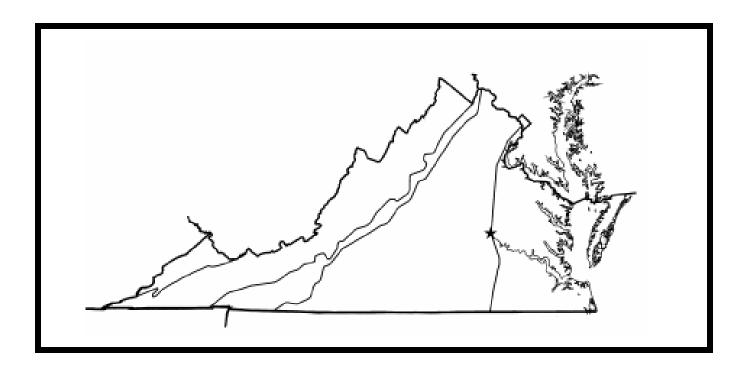
Blue Ridge	
land	location





Valley and Ridge	
land	location





Appalachian Plateau	
land	location



Teacher Tips:

- Make a booklet of the five geographic regions of Virginia. Use 3 sheets of colorful 8 ½ x 11" paper to create a bound book. For directions on making a bound book, see *Dinah Zike's Big Book of Social Studies*, page 16. Each school in Fairfax County Public Schools has a copy of this book. See your social studies lead teacher. Or, teachers may choose to use a long handled stapler and fold 3 sheets of 8 ½ " x 11" paper in ½, hamburger fold, and staple in the middle to make a booklet.
- Glue the title on the cover of the booklet. Turn the booklet sideways, or landscape, for this booklet. The maps fit better that way.
- For each set of open pages, glue the map on one page and the graphic organizer for land and location on the other page, so the two are on facing pages. Have students shade the correct region on the maps and label it.
- Students fill in the details on the graphic organizer to correctly describe each region. Refer to the Curriculum Framework, page 3 and 4, for details.
- You may choose to use the pre-printed graphic organizers on page 7 and 8 for selected students.
- Students can add extra drawings and facts to each page of the booklet to add meaning and aid memory.

Virginia's Five Geographic Regions: Land and Location





Coastal Plain (Tidewater)	
land	location
flat land includes the Eastern Shore Peninsula	near the Atlantic Ocean and Chesapeake Bay east of the Fall Line

Piedmont	
land	location
rolling hills land at the foot of the mountains	west of the Fall Line



Blue Ridge Mountains	
land	location
old, rounded mountains	between the Piedmont and Valley and Ridge regions
part of the Appalachian	
Mountain system	
source of many rivers	

Valley and Ridge	
land	location
includes the Great Valley of Virginia and other valleys separated by ridges	west of the Blue Ridge Mountains
part of the Appalachian Mountain system	

Appalachian Plateau	
land	location
area of elevated land that is flat on top	in Southwest Virginia
Only a small part of plateau is located in Virginia.	







