

**SALISBURY CENTRAL SCHOOL
HEALTH OFFICE**

September 2020

Dear Parents and Guardians,

Welcome to the new school year! Starting the school year necessitates updating important information for the health care needs of your child.

Please complete the attached **Current Health Care Plan** which includes a list of products that may be used in the school health office. Please review. Cross off and initial any products you do not want used to care for your child and sign the bottom. **Please note the added Epipen on this list. An Epipen is used to prevent an anaphylactic (severe, potentially life threatening allergic) reaction. The State now mandates that schools have someone trained in anaphylaxis recognition and Epipen administration on school grounds at all times during school hours. The mandate also states that an Epipen may be given to anyone showing signs of anaphylaxis even if that person does not have a physician's order or previously documented allergy.** Please be aware, students who do have a documented allergy with potential anaphylaxis response, will still need to submit a new Emergency Action plan each year with Epipen medication orders.

Please update your child's school cumulative health record if your child has had any immunizations, significant injury, surgery or other health concerns which occurred over the summer. Note any allergies your child may have, including those to pets, medications or environment.

1. **Call 860-435-0254** if your child will be absent. You may leave a message on the answering machine. This is done to ensure the safety of your child.
2. **Any medication** (prescription or non-prescription) in school must have:
A completed **Medication authorization form** (available in the school nurse's office) which includes written authorization from a physician and parental permission. This is needed at the beginning of each school year and when there is a change of dosage or medication.
Medication must be delivered directly to the school nurse by the parent and not the child.
Medication must be in it's **original container** from the pharmacy, properly labeled with name, dosage, strength, and directions for administration. No more than a 90 day supply at school please.
All medications will be administered by the school nurse or appropriate staff. Children with asthma may carry and administer their own inhaler if stated on the authorization forms. Children who need to carry an epipen for severe allergic reactions may do so with proper written authorization also. In both instances, doctor, parent and school must agree the child is responsible to do so.
All school policies are available for your review on our school website. Please be sure to review attendance policies; any absences after nine, require specific documentation.
4. Children with injuries must have a note indicating the level of activity (gym, sports, recess), and any specific orders for their care while in school from their physician.

5. Children who are dismissed from school with a fever of 100 degrees or above, may not return to school until they are fever free for 24 hours without the use of fever reducing medication unless with written permission from their physician.

Any questions or health concerns please call the health office at 860-435-0254. Forms may be mailed in to the school, dropped off or faxed to 860-435-2689.

Mary Cadman, School Nurse

Salisbury Central School Current Health Care Plan 2020-2021

Name _____ Grade/Teacher _____

Allergy _____

Please note all allergies, including those to pets, medications, foods, insects, and environmental

Recent/New Immunizations, Injuries, Surgeries:

Health Concerns/Special Needs:

Medications:

Please administer the following over the counter medications as prescribed by the school physician, Dr. Suzanne Lefebvre, to the above named student as directed below:

- Bacitracin ointment for lacerations, tick bites, abrasions, or local wounds
- Benadryl for allergic reactions
- Cool-Jel for first degree burns only
- Chapstick for chapped lip relief
- Cough drops for cough
- Hydrocortisone 0.5-1% cream for minor skin rashes and itch
- Band-Aid antiseptic wash for minor cuts and scrapes
- Neosporin Wound Cleanser antiseptic foam for minor cuts and scrapes
- Benadryl Itch Cooling Gel for relief of most outdoor itches
- Refresh Tears lubricating eye drops for allergy/dry eye relief
- Sunscreen for prolonged sun exposure
- Sting Relief wipe for bee sting and insect bites
- Lubriderm moisturizing lotion for relief of dry skin
- Tylenol (Acetaminophen) for headache, cramps and mild to moderate discomfort. A temp will be taken before giving Tylenol. Medication will be held if > 100 and child will be dismissed to parent or guardian.
- Epipen auto-injector, appropriate dose, to be given by appropriately trained unlicensed personnel for treatment of anaphylaxis (new to order list)

* Please cross off the list and INITIAL any medication you do not want administered to your child.

* Please note: Generic forms may be used

* Manufacturer dosage recommendations will be followed.

I hereby permit the school nurse and other appropriate personnel to administer the above medications for the school year, as directed above.

Parent/Guardian Signature _____ Date _____

School Medical Advisor  _____ Date 9/1/2020

Suzanne Lefebvre, MD