

MEDICATION

1. Medication will be administered to students by qualified school personnel. Qualified school personnel shall be defined as nurses currently licensed in the State of Virginia and school employees (designated by the principal) who receive medication administration training by a registered professional nurse.
2. Before any medication may be administered to any student during school hours, written authorization shall be required as follows, with the exception of No. 3 below.
 - All medication (with the exception of acetaminophen, ibuprofen and naproxen) shall require written authorization of student's licensed prescriber (physician, nurse practitioner, or physician assistant) and parent or guardian.
 - Acetaminophen, ibuprofen and naproxen shall require only written authorization of student's parent or guardian, unless any of the following situations exist, at which time licensed prescriber's authorization is required:
 - o student requires medication for more than three consecutive school days;
 - o dosage exceeds recommended amount for age and/or weight;
 - o medication is contraindicated according to student's health condition and/or other medication being taken;
 - o personnel administering medication, at his/her discretion, determines that the medication should not be administered.
3. Auto-injectable epinephrine (called "stock epinephrine") shall be provided in each school, to be administered by a school nurse or employee of the school board who is authorized and trained in the administration of epinephrine to any student believed to be having an anaphylactic reaction on school premises, during the academic day.
 - Stock epinephrine does not extend to activities off school grounds (including transportation to and from school, field trips, etc.) or outside of the academic day (sporting events, extra-curricular activities, etc.). Stock epinephrine is intended for use on school premises and shall not be carried offsite.
 - It is expected that parents of students with known life threatening allergies and/or anaphylaxis provide the school with written instructions from the students' health care provider for handling anaphylaxis and all necessary medications for implementing the student specific order on an annual basis.
 - Stock epinephrine is not intended to replace student specific orders or parent provided individual medications.
4. All medication to be administered at school, with the exception of No. 3 above, requires written medication authorization be renewed annually each school year.
5. "Medication" shall be defined as all medications including over-the-counter nonprescription medications, vitamins, herbal products, dietary supplements, and those prescribed by a physician.

6. Parent or guardian must bring medication into school. All medication brought to school must be delivered to the office or clinic immediately. Medication cannot be transported on buses or by students.
7. With the exception of insulin, asthma medication and/or auto-injectable epinephrine, (as discussed below in No. 15) the possession, self-administration, sharing, borrowing, distributing, manufacturing or selling of any medication is prohibited for students.
8. Prescription medication must be in the originally labeled prescription bottle that clearly indicates name of student, name of medication, dosage and hour to be given, and name of prescriber. Over-the-counter medication must be in the original, unopened container, labeled with student's name.
9. Medication shall not be received or accepted by school personnel without the accompanying written medication authorization of parent or guardian and/or licensed prescriber, as according to No. 2 above.
10. It is recommended that the first dose of a new medication be given at home.
11. Any changes in an original medication authorization require a new written authorization and corresponding change in the prescription label.
12. Antibiotics prescribed 3 times a day will not be given at school. These can be administered at home before school, after school and at bed time. Where antibiotics are prescribed 4 times a day, one dose will be given at lunch time.
13. Medication that is to be given in the morning should be administered at home prior to arrival to school, if at all possible.
14. Parent or guardian may give medication to their child during the school day if they so desire. Parent or guardian should check in at the school office first when coming into the school for this purpose.
15. Students with a diagnosis of diabetes, asthma and/or anaphylaxis (severe allergic reaction) may possess and self-administer insulin, inhaled asthma medications and/or auto-injectable epinephrine during the school day, at school-sponsored activities, and while on the bus or other school property provided the following conditions are met: The student must have written consent from a parent; written notice from a licensed prescriber that identifies the name, dosage and frequency of medication and circumstances which warrant such medication to be self-administered; physician confirmation that student demonstrates ability to safely and effectively self administer medication; and an individualized health care plan including emergency procedures for any life-threatening conditions. The permission to possess and self-administer inhaled asthma medications and/or auto-injectable epinephrine shall be effective for one year, defined as 365 calendar days, and

must be renewed annually. Permission granted to a student to possess and self-administer insulin must be renewed annually at the beginning of each school year. Parent or guardian will be notified by a school official before any limitations or restrictions are imposed upon a student's possession and self-administration of insulin, inhaled asthma medications and/or auto-injectable epinephrine.

16. Parent or guardian is responsible for supplying medications and any equipment required to administer medications or provide special medical care, such as, but not limited to lancets, needles, and syringes; glucometer; testing strips; supplemental snacks; and nebulizer tubing and mouthpiece.
17. Medication will be stored in a locked cabinet or secured area, not accessible to students.
18. Expired medication will not be administered to students. Parent or guardian is responsible to replace expired medication immediately. Expired medication that has not been picked up by parent or guardian within 2 (two) weeks of notification will be discarded.
19. Discontinued medication that has not been picked up by parent or guardian within 2 (two) weeks will be discarded.
20. Left over medication that has not been picked up by parent or guardian at the end of the school year will be discarded.
21. School personnel will dispose of medication according to the U. S. Food and Drug Administration guidelines for drug disposal.

Adopted: June 13, 2005

Revised: July 9, 2007; July 13, 2009; August 13, 2012 (administratively)
