

## Daily Schedule for 3rd and 4th Graders

*\* Please feel free to use this schedule as a guide as you create routines for remote (at home) instruction.*

Time/Activity	Notes
<b>8am:</b> Breakfast and Morning Movement	<ul style="list-style-type: none"><li>• Get your brain ready for the day with a healthy breakfast and maybe some exercise.</li></ul>
<b>9am-11am:</b> Academic Time	<ul style="list-style-type: none"><li>• Visit the Daily Check In Classroom Page</li><li>• Start working on any assignments for Reading, Math, S.S. and Science</li><li>• Take Breaks as needed during this time</li></ul>
<b>11am-12pm:</b> Lunch	<ul style="list-style-type: none"><li>• Time to refuel and give your mind a brain break</li></ul>
<b>12pm-2pm:</b> Creative Time:	Ideas for this time <ul style="list-style-type: none"><li>• play your instrument</li><li>• do a craft or art project</li><li>• play outside, go for a hike, walk the dog</li><li>• build with legos</li><li>• bake</li><li>• sing, dance, listen to music</li></ul>
<b>2pm-3pm:</b> Academic Time	<ul style="list-style-type: none"><li>• Finish up any assignments that are due</li><li>• Independent Reading</li><li>• Online practice activities</li></ul>
<b>Nightly Reading:</b> Don't forget to read with your children at bedtime.	<ul style="list-style-type: none"><li>* Check out the Bedtime Math App/Website <a href="http://bedtimemath.org/">http://bedtimemath.org/</a></li></ul>

# Thank you for all your support at home!