Monday, May 15

Breakfast

Assorted Yogurt Assorted Cereal Bars Fresh Fruit Fruit luice

Lunch

Mini Corn Dogs Macaroni & Cheese **Diced Pears Baby Carrots** Cucumbers Broccoli Florets

Tuesday, May 16

Breakfast

Sausage & Biscuit Fresh Fruit Fruit luice

Lunch

Chicken Strips Rosemary New Potatoes Sliced Carrots Pineapple Chunks Granola Chocolate Mix



Always try to score 100%!



The healthiest — and tastiest! — bread you can eat is the kind that says "100% whole wheat." Check out a loaf of the bread you usually eat. Does it say "100%" on the front label? Is "whole wheat flour" the first ingredient listed? Does the "Nutrition Facts" label say that the bread has at least 2 grams of fiber per slice? If you answered yes to all 3 questions, congratulations — you score 100%! If you didn't answer yes to all three, give 100% whole wheat bread a try!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

Wednesday, May 17

Breakfast

Assorted Cereals Scooby Grahams Fresh Fruit Fruit Juice

Lunch

Beef Enchiladas Beans a la Charra Spanish Rice Romaine Lettuce **Cherry Tomatoes** Mandarin Oranges

Thursday, May 18

Breakfast

Chicken Patty Sandwich Fresh Fruit Fruit luice

Lunch

Philly Steak Sandwich Round Potatoes Romaine Lettuce Tomato Slices Pickles Pear Halves Sunchips

Friday, May 19

Breakfast

Pork Tamales Fresh Fruit Fruit Juice

Lunch

Bean & Cheese Burrito Corn on Cob Green Salad **Shredded Carrots Tomatoes Applesauce**

Monday, May 22

Breakfast

French Toast Sticks Fresh Fruit Fruit luice

Lunch

Cheeseburger **Burger Salad** Pickles **Curly Fries** Sliced Peaches

Tuesday, May 23

Breakfast

Pig-N-Blanket Fresh Fruit Fruit Juice

Romaine Salad **Cherry Tomatoes** Carrot Slices **Pineapple Tidbits**

Lunch

Pepperoni Pizza **Cucumber Slices**

Wednesday, May 24

Breakfast

Assorted Cereals Elf Graham Crackers Fresh Fruit Fruit Juice

Lunch

Crispy Tacos Spinach Salad **Diced Tomatoes** Shredded Cheese Beans a la Charra Applesauce

Thursday, May 25

Breakfast

Bacon & Egg Biscuit Fresh Fruit Fruit luice

Lunch

Submarine Sandwich Romaine Lettuce Tomato Slices Pickle Spears Potato Rounds **Baked Fantastix** Pineapple Chunks

Friday, May 26

Breakfast

Breakfast Bars Graham Crackers Fresh Fruit Fruit | uice

Lunch

Clux Deluxe Chicken Chunks Macaroni & Cheese **Baby Carrots** Broccoli Florets w/Cheese Fruit Cocktail

Monday, May 29

Breakfast

Eggo Mini Pancakes Fresh Fruit Fruit luice

Lunch

Pulled Pork on Bun **Curly Fries** Pickle Spears Mandarin Oranges Sunchips

Tuesday, May 30

Breakfast

Ham & Egg Biscuit Fresh Fruit Fruit | uice

Lunch

Chicken Nuggets Macaroni & Cheese Carrot Slices Green Beans Fruit Cocktail

Wednesday, May 31

Breakfast

Assorted Cereals Cinnamon Fishables Fresh Fruit Fruit Juice

Lunch

Ham & Cheese Sandwich Romaine Lettuce **Tomato Slices** Pickle Spears **Baked Fantastix** Pineapple Chunk

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If you wish to file a Civil Rights program complaint of

ion, complete the USDA Program Discrimination

riculture, Director, Office of Adjudication, 1400 Independence Avenue V., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at

m.intake@usda.gov. Individuals who are deaf, hard of hearing, or have speech ities and wish to file either an EEO or program complaint please tort USDA through the Federal Relay Service at (800) 877-8339 or (800

Persons with disabilities who wish to file a program complaint e see information above on how to contact us by mail directly or by mation (e.g., Braille, large print, audiotape, etc.) please contact SDA's TARGET Center at (202) 720-2600 (voice and TDD).



Smile. It's summer! We'll see you next year. Enjoy!

All meals are served with choice of milk. Menus are subject to change.