

Distracte
high school
www.pinnaclecsi.org

303-412-2940

Credit for High School Varsity Athletics

Name:		Grade:	
Varsity Sport:		Coach:	
Pinnacle High School meet the following he/she must receive credits total (in 4 years) approval by administration	ol or another local high schoo Colorado State Physical Educ e signatures from the authori ears) by participating in varsit	s for one season of play for a varsity athle I. To earn 0.5 credits per sport played, the ation Standards while participating in the ties listed below. Students may earn a may athletics. The amount of credit awarded, the student will earn elective credit, but change.	e student mu sport and aximum of 2.0 d is subject to
Colorado	o State High School Physi	cal Education Standards:	The Standard was met during the varsity season (Coach must initial):
Movement competence and Understanding	2. Understand the cognitive impa	n-solving skills, and concepts to traditional and	
2. Physical and Personal Wellness	 Establish goals based on fitness and monitor an individual healt Identify community resources t 	Establish goals based on fitness assessment data, and develop, implement, achieve, and monitor an individual health and fitness plan. Identify community resources to maintain lifelong physical activity. Participate regularly in heath-enhancing and personally rewarding physical activity	
Emotion and Social Wellness	 Demonstrate respect for individe Demonstrate collaboration, code 	Demonstrate respect for individual differences in physical activity settings. Demonstrate collaboration, cooperation, and leadership skills. Demonstrate responsible behavior in group settings.	
Prevention and Risk Management	Understand the risks and safety activity.	Understand the risks and safety factors that may affect participation in physical	
rsity Coach's Signature	Date	Student's Signature	Date
hletic Director's Signature	Date	Parent's Signature	Date
incipal's Signature	Date	Counselor's Signature	Date
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PPROVED DEN	IIED Amount of credit: _	Year/Semester on transcript:	
omments:			