# 931 S Barking Rarking News



October 30, 2017 Volume 4 Number 1

S.H.A.R.K.S. Help PS 83 Caregivers



#### by Trina Nguyen 8-509

On Tuesday, October 24, 2017, P.S 83 held an assembly sponsored by Students Helping And Assisting Relatives with Knowledge & Skills, (S.H.A.R.K.S.), for the sixth and seventh graders and the students in the eighth grade who are already part of the program. S.H.A.R.K.S. is a program for students who are taking on the roles of caregivers to those in their family with serious conditions such as Alzheimer's. The focus of the assembly was about Alzheimer's disease. Alzheimer's disease is progressive disease that destroys memory and other important mental functions.

Our principal, Mr. Muccino has stated, "Ms. Cooper, the CEO of the S.H.A.R.K.S. Program has provided a service that is truly needed in support of children taking on the role of caregivers and trying to keep up with their schoolwork and social activities. This program was needed for students whose childhood is taken away from them because they have to take care of those they love."

This assembly brings awareness of Alzheimer's disease which is important because this disease is becoming increasingly common. Alzheimer's is one of the diseases that often affects the elderly, making it harder for them to live their normal lives and eventually causing their deaths. This illness obviously requires caretakers who help them. Some of the students at P.S 83 have such responsibilities.

# Using Pennies to Fight Hurricanes by Melanie Vasquez 8-509



This year, from October 10 through October 13, PS 83 held its annual fundraiser, called the Penny Wars. It was intended as a fun and competitive way to raise money. This fundraiser has a different purpose each year, depending on the needs of people in the world. Currently, the money is being raised to help the victims of the hurricanes that hit the Caribbean, Mexico, parts of South America, Texas, and Florida. All of the money collected will be donated to the Red Cross in order to aid those affected after the devastating natural disasters.

During the Penny Wars, each grade had their own designated buckets, which they had to fill with pennies. Meanwhile, they were instructed to put dollar bills into and other coins into the other

# Who's Roaming Around? Construction Crews Release Bronx Wildlife Into The Area



by Isabella Lozano 7-408

Members of the PS 83 Community might be wondering what is going on outside. Why are there construction crews jackhammering and blocking traffic in the neighborhood? The answer lies in the fact that the paved streets are being torn up because the oil pipes that are buried in the ground are almost one hundred years old and they need replacement. Because of all of upheavals in the streets and underground many creatures like rats, mice, raccoons, and possums who are normally not seen are roaming around the area.

One solution that was used by my family to prevent all these animals from invading our neighborhood was traps like the one pictured above. To catch these creatures, we put marshmallows, cream pies, and sardines in the traps. The animals were lured by the smell of the food and were trapped. So far, ten raccoons and one possum have been caught. These creatures were then taken by a family friend who is a licensed animal catcher to a wilderness area in upstate New York. He brought them there so that the animals do not have to deal with so many people and so they don't have to eat trash and scraps from the trash bags and garbage cans. This is certainly a better solution for them and for the people in the neighborhood. These wild creatures are not suited for life in a big city and the city is not designed to be home for roaming animals.

Everyone agrees that the noise and disruption of this construction have been difficult to deal with.

Hopefully, there is an end in sight and things can return to normal for both animals and humans.



#### Hip Hip Hooray! PS 83 Pep Rally Honors Teams

by Areeba Gilani 7-408

The shouts of Hip Hip Hooray that were coming out of the windows of PS 83 were caused by a pep rally that was held on October 26, 2017, from 4:00 to 5:00 pm. It was sponsored by the Sports and Arts After School Program (SASF) in the gym and auditorium. This event was held in honor of the PS 83 sports teams. The SASF team decided to celebrate the sports teams who represent PS 83. In addition, the dancers performed their exquisitely choreographed dances and the cheerleaders put on a delightful



#### Linda Collins Faculty Advisor

#### 8-509 Students

Imaan Chaudhry, Jason Gjokaj, Andrew Huynh, Bernard Juncaj, Nora Krasniqi, Samantha Lien, Adelina Makovic, Trina Nguyen, Erand Rugova, Natalie Sanchez, Carinna Sarmiento, Zunnara Shahid, Mahnoor Sultan, Francelys Tavarez, Emily Tran, Melanie Vasquez

#### 8-508 Students

Adriana Cabral, Samuel Carello, Paulina Frangaj

#### 7-409 Students

Ergi Agaj, Era Bucaj, Angelica Diaz, Arnis Dreshaj, Danielle Mataquel, Agnesa Rraci

#### 7-408 Students

Farida Ahmed, Robert Curcio, Jona Dedinca, Areeba Gilani, Isabella Lozano, Tasnim Nobah,



# Columbus, Hero or Zero? Community Rages Over Vandalism & Disrespect

#### by Sam Carello 8-508

Recently, across the country, there has been a great deal of controversy about monuments and statues that honor people of questionable achievements with calls to remove them

In New York City, this controversy is centered on the historical figure of Christopher Columbus, the fifteenth century explorer. There are some who feel that there should not be a massive statue of him in Columbus Circle in midtown Manhattan because of his brutal treatment of Native Americans and the centuries of colonization he set off. Mayor De Blasio has formed a fifteen-person commission to take a look at potential "symbols of hate" on city property and recommend whether they should stay put, taken down, or altered. He has declined to take a personal stand on any individual statue while the group does its work.

Many Italian-Americans revere Columbus as a symbol of their heritage. "Whatever happened back then — look, I wasn't there, you weren't there, it was in the 1400s," said independent mayoral candidate, Mr. Bo Dietl, who marched in the Columbus Day parade in a "Leave the statue alone" T-shirt. "That's an insult to all those immigrants who put that statue up at Columbus Circle," he said, adding his grandfather was among the Italians who helped pay for the gift to the city. He also stated that "As a leader of the city, he (the Mayor) should have taken a stand a long time ago."

Being an Italian-American, I can state that Christopher Columbus is an important role model to many adults and children in Italy and America. People who want to remove the statue of Columbus may not realize that when it was erected, Columbus Circle was remote farmland. At the time, Italian-Americans were victims of abuse and discrimination. This statue represents the pride of people who came to America and worked hard to make major achievements in this country.

Columbus' behavior was not what would be

# Why A Nobel Peace Prize Should Be Taken Away



The Nobel Prize has been given to people who have achieved important accomplishments in physics, chemistry, medicine, literature and peace. The Nobel Peace Prize has been given to famed individuals such as former United States President Barack Obama, Malala Yousafzai, a Pakistani activist for education and peace, and Aung San Suu Kyi, the Myanmar Prime Minister, author and diplomat. Recently, Aung San Suu Kyi has come under fire for turning a blind eye to the ethnic cleansing situation of Rohingya Muslims and talk of revoking her Nobel Peace Prize has come up.

Ethnic cleansing as defined by the United Nations as "rendering an area ethnically homogeneous by using force or intimidation to remove persons of given groups from the area." The Buddhist majority country has been slaughtering and abusing civilians belonging to the Rohingya Muslim majority. According to U.S. Campaign for Burma there are 1.33 million Rohingya in Burma. However, they are not recognized and are not considered citizens due to the country's 1982 citizenship law. This law denies them citizenship even though the Rohingya have lived there for generations. The horrific treatment of the Rohingya has caused about 270,000 to flee to Bangladesh. This crisis is on the verge of being labeled a genocide as Rohingya Muslims have been have their heads cut off simply because they are Muslim. Throughout this situation, Nobel Peace Prize laureate Aung San Suu Kyi has chosen to remain quiet.

Aung San Suu Kyi has once said "Ultimately our aim should be to create a world free from the displaced, the homeless and the hopeless, a world of which each and every corner is a true sanctuary where the inhabitants will have the freedom and the capacity to live in peace." How can she stand by her own words when a minority is on the brink of a genocide and she refuses to acknowledge it? According to the New York Times, Aung San Suu Kyi has stated, "Muslims living in the violence torn area had ample access to healthcare and radio broadcasts." This is not the case. The Rohingya have been confined to concentration camps, have been denied health care and children have not been allowed to go to public schools. Children and adults have died due to lack of healthcare.

Since Aung San Suu Kyi has gone against her word and has more than mishandled the situation with Rohingya Muslims. Her Nobel Peace Prize should be taken away. This historic prize is given to

#### Bark Back!

If you want to express your opinion about anything you read in <a href="mailto:The Barking News">The Barking News</a>, write an email to Ms. Collins (lcollin3@schools.nyc.gov)

You must include your name





# Debate for Mayor Turns Ugly Rather Than Helpful

by Era Bucaj 7-409



On October 10, 2017 an electoral debate for Mayor took place. In this debate, Ms. Nicole Malliotakis, Mr. Bo Dietl, and Mayor De Blasio met to discuss the issues facing New York City since they are all running for the position of mayor.

Each candidate was supposed to suggest different ways to 'make New York City better.' For instance, Mr. Dietl wants to make public schools better by not allowing cell phones in school. Under his plan, students will not be able to keep them in pockets. They will need to be locked up all day.

The debate then took an unexpected turn. Suddenly, the three-way debate turned into a two-onone debate. Assemblywoman Malliotakis didn't try very hard to attack former NYPD Detective Dietl. He also did not direct his criticisms against her. Instead, the two went after Mayor De Blasio. This set an ugly tone. Mr. Dietl stated that his favorite baseball team which represents New York is the Yankees. He told the audience that Mayor De Blasio likes the Boston Red Sox from Massachusetts. This shows Mr. Dietl believes he represents New York better than the current mayor. De Blasio's supporters responded to this attack by cheering "Four more years."

The debaters were arguing and talking over each other during the whole debate. The debate was mostly based on shouting and arguing carelessly rather than discussing why one should be elected for Mayor and what plans each had to improve the city.

One would hope that a mayoral debate would be educational for the city's population and especially middle school students who need to learn about the political process. However, this kind of



## Harley the Cyber Pup: FBI Dog Takes A Bite Out Of Cybercrime

Since July a two-year old yellow Labrador dog in New York, has been sniffing out electronics for the FBI. The dog's name is Harley. He is an "electronic detection canine". Harley is part of the FBI Cyber Task Force and is trained to find electronics that might be hidden by a suspect. At the moment, he is working with the Westchester County Police. Part of his job is helping with search warrants and investigating crime scenes for such things as financial fraud, narcotics trafficking, and terrorism.

What Harley is able to sniff out is a chemical that all electronics like USB's, computers, phones, and laptops contain. The chemical's name is Triphenylphosphine oxide (also known as TPPO). In a demonstration, Harley found a computer hidden under a podium, a hard drive attached near a fire extinguisher, and a micro sd card screwed in behind the plate covering an electrical outlet in a wall." according to CBS New York. He has already discovered three hid-

# Natural & Man-Made Disasters Damage, Destruction, & Death





Within a time of a few months, the world has witnessed many tragedies, both natural and man-made. Natural disasters included the hurricanes in Texas (Harvey), Florida (Irma) and Puerto Rico. (Maria) There were three devastating earthquakes in Mexico and the worst wild fires in California. As if this wasn't bad enough, there has also been a man-made disaster in Las Vegas, Nevada. This tragedy could only be described as a massacre because it was the worst mass shooting in American history.

Obviously, all disasters have caused damage. This is especially true in the case of Hurricane Maria which hit Puerto Rico in September. So far, there have been forty-five fatalities reported by the government and many people have been left with no food, clean drinking water, medicine, power, and shelter. 80% of Puerto Rico still has no power. In addition, 3.4 million residents lack adequate shelter according to the New York Daily News.

The fires in California have also caused devastating damage. The latest information reports that forty people are dead and hundreds are still missing. The California Department of Forestry and Fire Protection officials have said that about 190,000 acres had been scorched across the state. "We all have suffered a trauma here, and we're going to be a long time in recovering from this incident", Santa Rosa Mayor Chris Coursey told reporters from The Washington Post.

Three major earthquakes have happened in Mexico within a one month span. The first one happened on September 7, 2017. It had a magnitude of 8.1, killing ninety-eight people. The second earthquake was on September 19, 2017 with a magnitude of 7.1. It killed 370 people. The last earthquake was on September 23, 2017 with a magnitude of 6.1, killing six people. Because of these earthquakes, the citizens of Mexico have suffered greatly. In total, almost 500 people have died and thousands have been injured. Many buildings like schools and hospitals have been torn apart. People are still suffering from the great loss of homes and loved ones. The effort to clean up and rebuild is still ongoing.

People of all ages went out to enjoy a country music concert in Las Vegas. Unfortunately, the evening ended in horror. During the show, from the thirty-second floor of the Mandalay Bay Resort, a cold-blooded killer shot some of the thousands of rounds of ammunition he had stashed in his room. During the shooting about fifty people died and more than 500 were injured. Because of the massacre, many people are left heartbroken and it might take people a long time to start to cope with what has happened. As police stormed the hotel, the shooter took his own life.

So much has happened in a short amount of time. There hasn't enough time in between each situation for everyone to actually realize what has happened and let the information sink in.

In my opinion, many people are in danger of getting used to death and destruction. People need to take a step

# Global Warming: Killing Thousands Of Baby Penguins



Every day, the earth absorbs energy from the sun and transfers this energy into visible light which allows our earth to heat up at a normal rate. However, as technology advances, we discover new problems such as global warming. Global warming is created from gases released into the atmosphere, such as carbon dioxide, and these gases warm the planet's atmosphere. This is known as "the greenhouse effect." Although many believe global warming increases the temperature only a few degrees over time, it actually is resulting in dangerous and deadly events around the world.

For instance, 40,000 Adelie penguins roamed in Antarctica for a few years with no harm from global warming. However, a recent study found out that out of "18,000 breeding pairs" that have mated over the mating season, only two chicks of the thousands that were born alive survived because of the effects of global warming. The main reason for these tragic deaths is that the parents had to travel many more miles than usual to find food to support their families. Because huge blocks of sea ice and warmer climates that made it necessary for them to go further to find openings where food was accessible, the baby penguins suffered the consequences. While the parents were in search of food, the chicks were starving and eventually froze to death, deprived of the special care provided to them by their parents.

This was one of the two catastrophic events that took place within the last four years in Antarctica. In 2013, a similar tragedy was announced where 20,196 Adelie breeding pairs failed to keep any of their children alive. Again, the reason was because large sea ice and warmer climates created havoc. These huge ice blocks were created "from the breakup of the Mertz glacier in 2010", as stated in globalnews.ca. The Mertz Glacier broke up because of the heat which led to the melting and huge destruction of this natural wonder. This impacted the events for years to come because of the overflow of the water. When it froze, it created these huge blocks of ice.

So what can we do as a community to try and help to prevent these things from happening? The only thing the average person can do is to become educated about this issue and then elect leaders who will work to stop this destruction of our world. This is not an easy task since there are many who dispute the idea of global warming despite the evidence that scientists present in terms of record heat and extreme weather disasters.

Time is running out for the people as well as the penguins of this world if there is not a change in the attitudes and behavior of its inhabitants.

#### Harley the Cyber Pup: (cont'd from pg. 3, col. 1)

Harley was supposed to be guide dog for the blind but he was too active so his energy was channeled into sniffing out TPPO. He is one of eight other dogs like this that are trained to sniff out TPPO

## Rohingya Genocide: The Refugee Crisis

by Carinna Sarmiento 8-509



People may think that genocide is extremely rare in our today's society but this sadly is not the case. Ever since October 2016, mass murder has come to the southeastern Asian country of Myanmar.

It is reported that the government of Myanmar has tortured and murdered a Muslim ethnic group of 1.1 million, the Rohingya. The Rohingya, often described as the world's "most persecuted minority", are stateless people who reside in Rakhine State, and other parts of Myanmar. The Rohingya have resided in this region since the twelfth century. Originally from countries like Bangladesh and India, they have never been granted full citizenship. Although being born and raised in this Southeastern Asian country, they face prejudice in the nation and from other ethnic groups. Until recently, the country has practiced ethnic cleansing. Ethnic cleansing, meaning the mass killing of a minority to protect the "purity" of the majority.

The majority of people in Myanmar believe the Rohingya are evil people who plan to overthrow the primarily Buddhist population. They believe the Muslim population should never mix with them. These beliefs are used to justify the brutality which results in the mass murder of this innocent minority. Hundreds of these people have become refugees who are fleeing to Bangladesh. Those who stay risk torture and death.

Prime minister, Aung San Suu Kyi who is in charge of the mass murder of the Rohingya blocks all United Nation nations and their help. This is a heartbreaking and tragic refugee crisis that needs to be put to an end. Americans and concerned people around the world need to spread awareness of this situation. In this way,

Dangerous Ignorance
Of International Terror
York State More information
about these cyber pups can be
found at



On Monday, October 16, 2017, 300 people were found dead in the city of Mogadishu, Somalia which is located in Africa. This is one of the biggest terrorist attacks of recent times. Hundreds more have been injured. Many people are still missing or cannot be identified. This has almost become a common occurrence around the world. This time, the weapon was a truck with several hundred kilos of military and homemade explosives. It exploded next to a fuel tanker which added to the casualties. There were two vehicles with bombs. The second one did not cause any casualties. No one has claimed responsibility for this attack. Out of the dead, two were United States citizens.

Al-Shahaab is a terror group in the region but they have yet to claim responsibility for this act which they normally do quickly after an attack. The United States has had battles with Al-Shahaab. The White House issued a statement condemning this attack, calling terrorist organizations "the enemies of all civilized people".

It's a shame not many people heard of this horrid attack. One of the reasons these senseless acts of killing continue is that many Americans do not pay enough attention to international events. This is sad because what happens to one part of humanity eventu-

# Meet The New Grade 5 Teacher Ms. Victoria Galasso

by Agnesa Rraci 7-409



Many people believe that PS 83 is an outstanding school that helps the students thrive in their academic knowledge and prepares them for the future. As a student, my day is simple. I come to school, sit, listen, and learn. Teachers, however, have it much harder than students. They must plan their lessons, figure out who is struggling, and find a way that they can help the students have a better understanding. Most teachers who have been teaching in this school for a long time are used to their environment. New teachers at PS 83 have to adapt to things like the curriculum, the students, and the unfamiliar physical structure. The Barking News decided to interview a new teacher and find out what it is like to come to a large school like PS 83.

Ms. Victoria Galasso came to our school in September. She feels that she has been adapting well to the school. When she was asked a variety of questions, she answered enthusiastically. She said that the staff has gone out of its way to make sure that she feels welcome at PS 83. In her own words, she stated, "Although I am new to the school, I feel like a valued member of the PS 83 team." When we discussed her past teaching, she told the interviewer, "I had been teaching at Our Lady of Assumption in Pelham Bay for six years before coming to PS 83. It had been wonderful teaching at OLA, but I was ready for a change in my career. When I discovered that the core values of PS 83 were respect, responsibility, and reflection, I knew that I would fit right in. My sister is also a teacher at PS 83 and I had heard so many great things about the school. Being from the Bronx is something I take a lot of pride in so continuing my teaching career in the Bronx is meaningful to me.'

When we asked Ms. Galasso about her first day of school, she said, "My first day wasn't as overwhelming as you'd think. Although the main building alone has significantly more students than my old school's entire population, I felt very comfortable. Once the day began, I was so excited to meet all of my new students and to begin teaching. The day flew by!" Ms. Galasso does seem comfortable at our school. As she stated, "I feel like I have adapted to PS 83 rather quickly. It has been especially great so far being a part of the fifth grade team. Everyone has been so helpful and so kind that it has made my transition that much easier." When questioned about the students, she was also very positive saying, "The students have been really friendly and welcoming. The are just as eager to learn as the students I had before. I am also just as eager to teach them. The potential here among the students is so great, and I hope to help them to work towards meeting all of their goals. I really love the Bulldog Pride that I've seen and the way that students go out of their way to help one another within the classroom."

Lastly, there was a discussion about the methods and activities that Ms. Galasso uses in the classroom. She stated, "In my classroom, I really like to facilitate discussion among the students I love to hear them share their ideas and collaborate with each other. I also like to incorporate music and technology into my lessons whenever possible. The students really respond well to it." When asked if there was anything else she wanted to add, Ms. Galasso shared her favorite quote from Ar-

# Mr. Brandon Muccino "We Look Up To You"



Mr. Brandon Muccino is a man who will put a smile on your face as he walks by and greets everybody. Recently, I, as a reporter for <u>The Barking News</u>, had the opportunity to interview the Principal of PS 83. He took time out of his busy day to answer the following questions:

How do you empower the teachers of the school? "We have many teachers that are leaders of instructional groups, after-school clubs, family/schoolwide events, etc. If a teacher has an idea for something, he or she can always come to me and pitch the idea to me".

How do you help teachers improve their instruction methods?

"The administrators go into classrooms and observe teachers. Some of you have probably seen us in the classrooms with our laptop or iPad. We take notes and grade them on a rubric (sound familiar?) Based on that, we tell them how they scored and what they can do to improve."

How do you advise new teachers during their first year on the job?

"I make sure that they are comfortable and that they have all the tools they need to be successful. I tell them that my door is always open to them and if they ever need anything to feel free to ask me. I also provide them with mentors who help them get used to the school and the way we conduct ourselves as professionals."

Is there a plan to try to prevent viruses from spreading in our school this year?

"I encourage all teachers to keep sanitizing wipes and/or hand sanitizer in their rooms. We can all pitch in by donating one bottle to your homeroom teacher, if it has not already been purchased as a

# Using Pennies To Fight Hurricanes (cont'd. from pg. 1, col. 1)

Anything other than pennies would cause points to be deducted from a grade's total. For example, every penny is one point, a nickel takes away five points, a dime takes away ten, and so on. Every dollar removes one hundred points! This encourages students to put dollars into other grades' buckets, thus increasing the amount of money that was raised overall. The grade that ends up with the most points after the 'war' will win a pizza party and possibly a free period.

Personally, I disagree with this concept of winning a prize. I do not think there should be a winner based on the number of points, but rather on the total amount of money that was donated. Also, there shouldn't be a reward for this at all because the money was raised to help others. It will help out a lot people who are in need. This fundraiser should not be done for what it could give the students but for what it could do and mean to those who are suffering. Natural disasters could happen to anyone, and it is only right to help those who have been deeply affected. Whatever help people can give helps. The damage caused by the hurricanes will cost billions of dollars to fix. With just

## <sup>6</sup> World Cup Coming Up... But Not For USA



For the first time since 1986 the United States Men's National team failed to qualify for the World Cup. On October 10, 2017 the United States lost against Trinidad and Tobago, two to one. The United States of America was playing against the Trinidad and Tobago reserve team. This means that the United States was playing against the worst players on that team and they still lost. They didn't lose because of the controversial allowance of the goal made by the referee but, instead, they lost because they simply didn't play well. Losing against the Trinidad and Tobago reserve team made October 10, 2017 one of the worst days in United States soccer history.

Furthermore, the United States National team was eliminated from the 2018 World Cup because Panama and Honduras had more points than the United States. That gave Panama and Honduras the points that they needed to move to the finals and eliminate the United States from the World Cup.

Although it might not seem like it, better days are ahead. Christian Pulisic is arguably one of the best soccer players to come out of the United States. Pulisic plays a very big part in the success and failure of this team. He is only nineteen years old and can definitely improve his game. Because of that, many people and I too believe that the United States Men's National Team has a very bright future ahead of them.

If they were to take a look at other national teams or clubs, they would see that the only way they can improve would be by training children at a younger age. This way they could have even better players and even bigger chances of winning a World Cup. One player does not completely determine the future of the whole team. If the United States wants to change for the better then they need to look at the future and put in the hard work and dedication that is required. The gravity of this situation was exemplified by the fact that the coach of the United States team, Bruce Arena,

#### Bump, Set, Spike! Volleyball On The Move by Tashim Nobah & Jona Dedinca 7-408



If you have never been to a girls' volleyball game, you are missing a much improved team who can now bump, set, spike, and serve better than they did a year ago. Last season, there was a struggle in the beginning of the schedule but play was upgraded thanks to a great deal of practice and patience.

This year, practice is in full swing with a regimen of stretching, working out, passing, and serving. The girls on the team are also playing practice games at volleyball clinics which promise to make a difference. Girls on the team are Taylor Anne Colon, Jona Dedinca, Julie Dominguez, Chastity Fernandez, Fiona Galliard, Mya Gonzalez, Elma Kolenovic, Nora Krasniqi, Ishinay Lennon, Eliana Malaspina, Tashim Nobah, Autumn Nuniz, Madison Recebe, Kaede Resto, Belirianis Pizzaro Rivera, Nyla Rivera, Cassandra Santiago, Titiana Servillo, Arbenita Shala, Nicolette Sol Cruz, and Kathren Syku.

Despite all of the hard work, volleyball is a great

# Differing Opinions About NJ Red Bulls Soccer Stadium



#### by Christopher Pepdjonovic 7-408

After the opening of the new soccer stadium in New Jersey for the New York Red Bulls, soccer fans have been going nuts with how big it appears from the outside and inside the stadium compared to all of the other soccer stadiums and how many people the stadium can really hold. But there are some haters out there that may be fans of the team but hate the stadium itself.

One reason everyone loves the new soccer stadium is because the size is magnificent compared to other soccer stadiums. This is because the team wanted to make the stadium comfortable, more spaced out, and, especially, good-looking. One fact is that the stadium cost about \$200 million to replace. Replacement was necessary because the stadium used to be the team's old home, Giant Stadium in East Rutherford, New Jersey. Another good thing about this change is that they are using grass rather than synthetic turf. This makes it easier to keep the yard marks in tact longer. Another reason why people love the new stadium is because fans can see the action on the field better. There are only seventeen rows of seats in the lower bowl and the

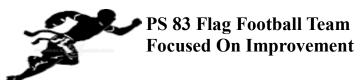
# Stunts, Flips, Tumbles That's The Cheer Spirit



Stunts, flips, tumbles! This is the work of those who practice cheerleading, an activity that is growing in popularity every year. Cheerleading can lead to national competitions and fame. Because of this, cheerleading has inspired a bunch of PS 83's students to join its cheerleading team. The coach, Ms. Chelsea, has taught the members the importance of not being afraid, of taking a hit and trying harder.

During practice, there is a light warmup of stretching of hands and legs. In the gym, there is stunt and tumble which is cartwheels, back flips, head stands, front walkover, and more. Next, the team takes the flyers and starts to practice how to carry them using different methods and how to make adjustments in the roles.

The cheerleaders are Aniya Allinger, Madison Arias, Lisu Flores, Taniyah Flores, Katelyn Gallardo, Bianca Gjongecaj, Brianna Gjongecaj, Jaylahskye Herrera, Janelle Johnson, Albina Kastrati, Amber Luna, Mia Pelletier, Katelyn Ramirez, Ariella Ramos, Sarah Reda,



Football! Football! Football is the most-loved game in America. This is also true at PS 83. There is a flag football team who needs work but is a powerhouse of spirit and enthusiasm. It is coached by Mr. Adonis Sylejmani who focuses everyone in order to have the team get better.

Boys on the team are Musleh Al-Kaifi, Mykal Callendar, Jaion Corley, Robert Curcio, Emmaly Negron, Andrew Perez, Johnny Sanchez, Xavier Singh, Anatoli Velikov, and Keith Williams.

# **Be Active And Healthy Follow Healthful Tips**

by Amir Rayman 7-408



High School?
Healthy Tips More Like Hi School!:
It's Never Too Early
To Prepare



Most kids in the present day love playing video games, watching television, and playing on their phones, when they should be getting at least an hour of exercise everyday. People who exercise avoid health problems and are able to maintain a relaxed mind. People who are physically and mentally fit are able to face the ups and downs of life and are not stressed as much.

Becoming physically fit requires a change in lifestyle as well. A person will have to incorporate a regular exercise routine in his/her life and also eat healthier. By avoiding junk foods, fizzy drinks, bad habits like smoking and alcohol and by getting a good amount of rest, a person will be able to become physically and mentally fit. Just by eliminating all these junk foods, no matter how temporarily, it will allow the body to become stronger. It is important to make sure that a person spends more time outdoors in the sun and takes part in more healthy activities. Fishing, bicycling, swimming, hiking, and playing sports are a good way of being physically active.

One third of children in the United States is overweight or obese and this number is continuing to rise. Many kids are eating junk food too much of the time and are not getting enough physical activity. They are also not watching what they are eating and are eating large portions and no vegetables, fruits, and proteins. They don't eat healthy foods to keep them strong and outgoing. Young children who are overweight have lower self-esteem and are often bullied. This can put them down and make them feel uncomfortable. Kids who are overweight should participate in more physical

## **New Show Speaks Out to The Autistic Community**

by Jason Gjokaj - 8-509



Television has been a phenomenon since the mid-1900s. It's a simple way for audiences to connect with characters. Now, a new show on ABC called "The Good Doctor" is highlighting a topic that a new community is tuning in for, autism. The show follows the story of Dr. Shaun Murphy, an autistic man who becomes a pediatric surgeon at the fictional San Jose St. Bonaventure Hospital. He has immense knowledge of the medical field and is known for being quick and productive. For example, the first episode entitled "Burnt Food", opens up with glass falling onto an eight year-old boy in an airport; Shaun clears out his blood with duct tape and a glass bottle. He doesn't give up, no matter what circumstances he faces.

This show can really be a motivator for the autistic community. It teaches them that their minds just work differently than others. It doesn't make them feel inferior. In the first episode, before Shaun saved a kid who was struck with glass. Another doctor attempted to alleviate the pain by using cloth to put pressure onto a part of his neck. However, Shaun told the doctor that because the victim hasn't matured yet, the pressure should go to a different part in his body in order for him to breathe. Shaun was correct. This proves that people with autism can make a difference and that their

High school is coming faster than you think. For the seventh graders out there, I suggest you to start thinking about your applications now. During the high school application process, it is important to note that there are three different possible admissions to choose from. These include the Test for Admission into Catholic High Schools (TACHS), the Specialized High School Admissions Test (SHSAT), and the mandatory general application. With all of this work coming your way, stress is almost always inevitable. Therefore, it is important to be knowledgeable about the certain high schools you're thinking about applying to beforehand.

For the SHSAT, it is important to keep in mind that there are eight specialized high schools in New York City requiring an admissions exam. Some of which you may know already. They include the Bronx High School of Science, Brooklyn Technical High School, Brooklyn Latin School, High School For Math, Science and Engineering, High School of American Studies at Lehman College, Queens High School for Science at York College, Staten Island Technical High School, and Stuyvesant High School. To be admitted into these schools, students must take an entrance exam and be part of the top twentieth percentile in the city. Being part of the top twentieth percentile in the city is very difficult. Due to this, it's important to prepare and start studying SHSAT material now to increase your chances of getting accepted into a specialized high school. However, for LaGuardia High School of Music & Art and Performing Arts, also considered a specialized high school, does not require the SHSAT to be admitted into LaGuardia but, an audition is permitted. Although it's great to be accepted into a specialized high school, your value as a human does not depend on your performance of this test. If you do not get accepted to a specialized high school, you can still do great things elsewhere.

For the TACHS exam, you are limited to the choices of a number of Catholic high schools. In New York City, there are multiple Catholic High Schools. Students from our school particularly attend Catholic high schools such as Cardinal Spellman High School, St. Catharine Academy, Preston High School and many more. It is important to consider the tuition of the high school but it is possible to receive financial aid and scholarships in you scored high enough on the TACHS exam.

Finally, for the general applications, it is mandatory to fill out at most twelve schools or programs. To figure out information about the school before you apply, it is very important to go to open houses and look in the High School Directory. When looking in the High School Directory, you should always make sure that you are able to attend the school location wise. It is also important to check the graduation rate and courses you are interested in and most importantly, if you fit the selection criteria. Schools that can be on your general application, vary from audition, screened, educational option, screened language, limited unscreened, zoned, and unscreened schools. Some of the most selective schools for regular applications are audition and screened school. For audition and screened schools, students are ranked by schools based on academics, audition, other assessments and/or attendance. Students from our school particularly attend screened schools such as Bard High School Early College, Beacon High School, Manhattan/ Hunter Science High School, and a number of others. Lastly, for audition schools, our students often attend schools such



## New Marvel Movie Brings The Thunder

by Erand Rugova 8-509

In a couple of short days, a new movie will arrive in theaters. The movie looks to be an action comedy blockbuster. It is <u>Thor: Ragnarok</u>, the third of the Thor movies. It aims to bring a mighty conclusion to the trilogy on November 2, 2017. The fantasy film follows Thor travelling the cosmos to save his home from the Goddess of Death.

My reaction to the film, based on the recent trailers and clips, is incredibly enthusiastic. I will be buying a ticket to see just how incredible Marvel can bring this comic book movie to life. The music in the trailers sets an energetic tone and the action is something to behold. I would agree with a lot of the changes made in this film to keep the trilogy interesting, as it presents new challenges for the protagonist and sees him travel to spectacular new places. I am also looking forward to the new characters being introduced, such as Valkyrie and the Grandmaster. But my favorite thing about this film is the comedic tone that it is heading for. I hope this movie will bring a lot of laughs and a lot of pulse pounding action to the screen.

## The New Halloween More Than Just Trick Or Treat





Halloween is a time of fun, an excuse to have fun. It's the day in which Halloween celebrators can dress up and act like a certain character. It is the day when the celebrators can act like total maniacs and everyone finds it completely normal because it's Halloween. Because of the endless fun of Halloween, it is the second most popular holiday in America.

Originally Halloween was a time of year when you'd dress up to ward off evil spirits. Now the holiday is just for fun. Halloween boosts the amount of money that goes to the economy. Halloween products and items are sold to the world. The money earned from this sale goes to the businesses which then goes to the economy. According to thebalance.com "Halloween retail spending is projected to be \$9.1 billion in 2017. That's a new record."

However Halloween is also an inspirational time of year. Young children dress up as superheroes, princesses, characters they look up to and people they look up to. These costumes aren't just costumes. They can boost the child's self-esteem. For example, Wonder Woman came out this summer and ever since everyone has been raving about the extreme amount of feminism in the movie. This year when young girls dress up as the feminist Wonder Woman, they will feel empowered and feel as if anything is possible.

Halloween is a fantastic time of year. It boosts young self-esteem, boosts the economy, and gives an excuse to everyone to have fun. If Halloween would go away, the economy would suffer and self-esteem among children will suffer. This holiday gives the society a chance for people, both young and old, to forget for a while the terrible things that are going on both here and around the



## Star Wars: The Last Jedi Thrills Audiences Waiting For It To Come Out

by Andrew Huynh 8-509

On October 9, 2017, the Star Wars Episode 8 trailer dropped and is brewing excitement among fans and newcomers alike. Currently, the trailer is surpassing thirty-three million views on YouTube. The trailer shows developing force user Rey, played by Daisy Ridley, being taught by Luke Skywalker, Mark Hamill, the ways of the force. As tensions arise from the First Order and the rebellion, we are teased with a full look of Supreme Leader Snoke. He was not shown often in the previous movie and was shrouded in mystery. Hopefully, this movie would reveal more about him and his role in the Star Wars universe.

Furthermore, the movie should be exciting for viewers all around the world. Whether a person is a long time Star Wars fan or just a curious viewer, this could potentially be one of the blockbusters of the year. Considering the brand name itself, it wouldn't be surprising if this would break box office records. Considering the success of its previous movie, "Star Wars Episode VI: The Force Awakens", this film could have the same or greater impact on the franchise.

# Halloween Is Now Ruined Thanks to The Movie "It"



by Francelys Tavarez 8-509

Everyone has a fear of something, in other words, "IT" (pun intended). It is different for everyone. It can range from a fear of the dark to a fear of the number thirteen. But lately, a new fright has come to town in the form of "killer clowns" who have weapons and attack people.

On September 8, 2017, the remake of the 1990's movie, "It", came out. Now, children are being affected by the decisions of adults this Halloween because of the movie's inspiration. Adults are deciding to dress up as these terrifying clowns and continue the 2016 trend. This is affecting kids' Halloween since children are frightened to go out and parents are anxious as well. As one article by "thesun.co.uk" stated, "The disturbing craze returned when a spooky jester was reportedly jumping out at people in an Essex park." This is all since the new movie "IT" came out this year, right around the time that the craze started. People in Pennsylvania are even questioning the release of the movie in their theatres because of this horrid addiction and craze.

Perhaps, adults should think twice before exposing children to this movie and avoid all the terror that it causes.

It is a shame that a holiday like Halloween that should be a time for children to dress up and go "trick or treating" as become a way for sadist people to terrorize others.

#### **Mickey Mouse Club Show** Gets Malaysian Mouseketeers

MOUSEKETEER

More than sixty years ago, the IN TRAINING wildly popular Mickey Mouse

Club television program was created by Walt Disney. As the decades passed, a handful of celebrities we know and love today got their start from this classic show, including Justin Timberlake, Britney Spears, Christina Aguilera, and Ryan Gosling. They all played Mouseketeers, characters who sing and dance. But earlier this month, a new cast of Mouseketeers began to take this stage, and, in a twist, they are all Malaysian teenagers.

It was indeed an interesting choice for the executives at Disney to hire Malaysian actors, considering that all of the previous Mouseketeers have been Americans. In response to the several inquiries, Amit Malhotra, vice president and general manager of the Walt Disney Company Southeast Asia Media Network, claimed that "We, at Disney, work very hard to find ways to bring in iconic international shows as well as local shows that are relevant to Malaysian audiences, which are high on storytelling and creative in nature. We are looking for talented young children who can sing, act and dance, and who have the potential to be Malaysia's home-grown stars."

The great thing about this innovation is that it's not only original, but it also provides diversity. Several new songs have been written for the show. Malhotra described them as "not too modern, not too old-school."

All kinds of teens will have a profound interest in the new songs and performances. This is especially true since they're all written by teenagers from a totally different country. It will be quite riveting to see how these kids bring their individuality, spirit, and Malaysian pride onto the big screens. Moreover, American kids can see how other kids of a different culture view the value of music and entertainment for the youth. It's a nice

#### **Good Doctor Speaks To Autistic Community** (cont'd from pg. 7, col. 1)

change for the classic Disney show. The Mickey Mouse Club show airs on Fridays at 1:30 pm on Disney Channel.

However, the show isn't just speaking out to people who have autism, but also to people who don't. According to the Nielsen ratings for the show, 11.22 million people watched the first episode live, and 19.21 million people watched it in total. Clearly, this show is interesting to audiences, regardless of whether or not they have autism. Shaun has so many layers to him that everyone can relate to him. He's misunderstood, heroic, kind, and loveable. And since he never intends to harm anyone, many can bond with him.

According to Samantha Lien, a fan of the show, she says that it's been so successful because, "In modern day society, there's a stereotype that only one "type" of people can succeed. But with <u>The Good Doctor</u>, you finally can see

## **Turtles All the Way Down** A Genuine Love Story



John Green has, in one way or another, shaped contemporary young adult literature. It has been five and a half years since his last novel, The Fault in our Stars. It was about a girl with terminal cancer who lives her life as normally as possible. Now his new book, Turtle All the Way Down has taken a similar approach to problems people face yet in a completely different spiral. The book has nothing to do with turtles. Rather the title is an expression used to illustrate a logical problem in cosmology, the study of the origins and fate of the universe.

Along with her best friend Daisy, Aza, a sixteen year old character decides to search for billionaire Russell Pickett, who has gone missing under a cloud of fraud and bribery accusations, in the hope of pocketing the \$100,000 reward money. Early into their search, Aza begins to fall for Russell's son Davis, who, despite his lavish life, is also troubled. Still mourning his mother who died nine years ago, he now has to deal with his father's disappearance and the knowledge that if his dad has died, he has left his fortune to his pet reptile. The first half of the novel is what you would expect from the synopsis, a mystery with a thrilling plot.

But the second half really delves into the novel's intention. It is a coming of age story featuring romance, friendship and most importantly, mental illness. The main character, Aza has OCD and that is addressed quite frequently. This topic isn't pushed under the rug. Her mental illness is something that she deals with on a daily basis. For example she often has thought spirals which are endless as "If you follow it inward, it never actually ends. It just keeps tightening, infinitely." She often overthinks many things such as germs. "One of the things her OCD entails is germaphobia, an obsession with germs. But this book tells you of all the spirals it shows Aza falling into, it indicates that ultimately she will be okay and that the intrusive thoughts won't last forever. The spiral will unwind. Life will go on.

Mental illness is an issue that is affecting so many people. One in four American adults each year suffer from a mental illness. It is important that novels are created about those with mental illnesses, especially young adults. It shouldn't always be about the "struggles" of being mentally ill. But, rather, stories about characters who are a bit more unique and their mental problem is just a trait and not their entire being.

John Green's new book is not like his previous novel, a romance-centric book with dark themes. <u>Turtles All</u>

#### **Good Doctor Speaks To Autistic Community**

People should look at each other as equals, and the fact that Shaun is a surgeon and works in a hospital with others perfectly depicts that.

Overall, in my opinion, <u>The Good Doctor</u> is a show that everyone must watch at least once. The raw structure it has makes viewers give respect to the characters involved especially Shaun. Furthermore, it's something that people will never get bored with because Shaun's life is so intriguing in the sense that he saves lives. Every time he does something that positively impacts another person's life, it's a representation of how anyone is capable of doing great things. Thus, people should definitely tune into The Good Doctor. They won't regret it.

## **How to Stay Safe** At A Google School

by Adelina Makovic



P.S.83 recently started using Google/Gmail for students and teachers. However, being that it is online, concerns have been brought up about privacy. Is it really safe for students to be using this form of communication with teachers and to submit assignments? What if our accounts get hacked? Not to worry though, there are ways that we can keep our Google accounts safe.

A very important factor is passwords. First, make sure your password is something that no one will be able to guess. In other words, don't make it obvious. For example, don't make your password your name because that is easy to guess. Make it something more complicated like your favorite color, favorite number, and pet's name (Example: BlueSpot3). That's not so easy to guess. It is suggested to have a long password that uses a mix of letters and numbers.

Another important part in keeping your account safe is not to give away any personal account information like your password. If you give someone your password, they can log in to your account and change your password so you can't get back into your account. They might also change the essay you worked so hard on resulting in a bad grade.

The last way to keep Google accounts safe is using a safety feature that Google provides, called two -step verification. Two-step verification gives you an extra layer of security. If someone has your password, this feature will keep you protected. After you enter your password, you will also be asked to enter a code that is sent to you by text or phone call. Every time you sign in a different code will be sent to you. This way even if someone steals your personal account information, they still can't get into your account.

Overall, we all want to keep ourselves safe. Having an online account is not safe if you don't make it safe. Creating a unique password, not giving away any of your account information, and using two-step verification by Google are the ways that you can ensure your online safety/privacy. Having Google accounts makes it much easier to communicate with teachers and hand in assignments.

#### That's The Cheer Spirit (cont'd from pg. 6, col. 2)

Cheerleading is open to both boys and girls. Anyone wishing to join cheerleading has to be ready to work hard and do his/her best to be on the team and accomplish new things.

In my opinion, the cheerleading team is a privilege to be a part of and despite the hard work involved, I still think it is worth it.

# **Google School Cool or Drool? How It May Affect YOU**















What is a Google School? It is a school that is uses technology for almost all assignments students have to do. They are given electronically and done electronically. And now, PS 83 is becoming one. It will have its upsides and downsides. This change can significantly affect teachers, parents, and students, so it's important to know what you need to know.

Now to start it off with the benefits. This change will give students efficiency with technology which is a skill required in today's world of higher technology being so involved with technology. Also, assignments can be sent digitally through computer from teacher to student and is a easier way of getting work done. Not to forget, students and parents can email messages to teachers if they have a question about something such as homework or the curriculum in the class.

Now, some ways it can have a negative impact. Believe it or not, technology does not always work, so this can lead to problems with an assignment done on computer. Another down side is that the parent or child may not be very good with technology. The student might be able to do written assignments but doing it digitally might hinder the flow of learning. The parents could be uneducated or are not well acquainted with technology, so they will also have a tough time with a Google School. One more downside is that some teachers can lose their jobs from such a change. Some teacher spent their career handing out paper assignments, and not through means of technology. These are the effects of a google school. I personally think as a student, that a Google School is a beneficial change and will help the school. This is what you need to know about a Google School.

Mr. Will Amely, the head of Computer Technology at PS 83, stated, "I believe it's good to be a Google School because it helps students and teachers share documents with one another easier than before, while also

#### **New Soccer Stadium** (cont'd from pg. 6, col. 2)

One reason people hate the stadium is the parking. It is difficult to part but people should arrive several hours earlier to get a good parking spot. If not, the spaces do get more difficult. Taking the train is an option in order to avoid traffic and parking problems. Another reason that there is criticism of the new stadium is because some think the club seats are not worth it. People have been writing bad reviews because they claim that they have paid triple the amount of money on club seats than on regular seats. One review said, "...that is may be very cold and that we could take breaks inside a heated club area. We were wrong. It was not worth it!" In my opinion, the haters are wrong. I love the stadium and how it looks in all ways. I think criticism of luxury seats is made by greedy people. I wouldn't be there to sit in a luxury seat. I would take any seat and be happy. Soccer is my favorite sport and the New York Red Bulls is my favorite team. The other New York soccer team, the New York City Football Club (NYCFC), shares Yankee Stadium with the New York Yankees baseball team. The field there is very small for a soccer field. At this time, the NYCFC does not have the money to build the stadium of their dreams.

#### Fashion Week 2017 **Trendsetting**

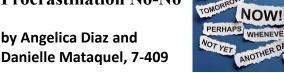


New York, London, Milan, and Paris all held their own celebration of fashion starting last month. The trends were set this September 2017 by brands like Gucci, Balenciaga, Saint Laurent, Christian Dior, Versace, Prada, and more at Fashion Week.

London's Fashion Week gave the world Gucci and Marc Jacobs' fanny packs which are apparently the new "thing". Fanny packs are most known from the 1990s but for the last couple of years, the controversial accessory has been making its return to the fashion world. Famous stars have been seen sporting fanny packs in all sorts of designs and patterns; the Gucci and Marc Jacobs' ones will undoubtedly be a favorite. Milan's Fashion Week introduced the floral bodysuits from Dolce & Gabbana and Versace's colorful ones worn by Kaia Gerber. Paris returned bustiers to the runway, made chic socks a necessity, and Crocs stylish. Gucci, Prada, and Fendi have given patterned socks their own fair share of attention on the catwalks of the city. Saint Laurent commenced its Yeti boots that have been praised by iconic supermodel Naomi Campbell. Balenciaga may have just made Crocs stylish after all these years with their collaboration. The now ten centimeter, foam shoes that come in yellow, pink, and green has made its way to Fashion Week and hopefully, into our closets. Fenty Puma has gathered some of our favorite models together; Taylor Hill, Gigi Hadid, Bella Hadid and many more to display Rihanna's debut into the fashion industry. The apparel has stunned buyers and designers with a personal take on fashion with strikingly bright colors, tight suits, loose sweaters, and trimmed sunglasses.

Well-known models have expressed and exhibited their thoughts on these trends, making them a part of their wardrobe. Adriana Lima, Romee Strijd, and Sara Sampaio are only three of the many who have adorned the trends set by NYFW, MFW, LFW, and PFW. Stores like Forever 21, H&M, and ASOS have been keeping up with the new trends and offering more affordable versions

#### The Pro is a Mislead! **Procrastination No-No**



Many people view procrastination as an enemy towards our educational life, but there is also another side to it, a good side. Students can learn to never procrastinate through procrastination itself. View it like this: a student procrastinates rather than doing a project. It is done at the last minute and it is horrible. The student gets a bad grade on it. The student reflects on his/her mistake to procrastinate and learns to never make the mistake again. It becomes obvious that a student who procrastinates winds up not thinking straight and not doing his/her best on the assignment.

# **Crazy Clothing!!!** What's Next?



What do you think when you think clothing? Probably a decent outfit and something that everyone wears. But what if clothing meant debates and optical illusions? What if clothing was the weirdest thing imaginable? To create clothing creativity is needed, but when that creativity is presented in ways out of the ordinary, so many things can happen!

Remember a few years ago when there was a dress that was the source of many debates? Whether it was on Twitter or between friends, there was discussion about a dress being gold and white or black and blue. Now there's a new optical illusion that is repeating history. The question is if whether a shoe is pink and white or teal and gray. Personally I believe the shoe is pink and white. To add onto this, there are people debating over the color of another shoe questioning if it is pink or purple, this one is totally purple. This fiasco is just an example of crazy article of clothing today.

If you haven't seen videos from the You Tuber Safiya Nygaard, then you are missing out. Safiya has done many videos on the "ugliest" articles of clothing and worn them as well. These pieces range from clear plastic jeans to a hairy man chest one piece to a jean jacket with arms down to your ankles. If Safiya's discoveries don't show the weird side of clothing, then I don't know what does. Since when did people want to wear these freaky creations? Clearly, these pieces were meant for having fun instead of accessorizing for a day out.

Clothing can be the weirdest thing ever or the plainest. It just depends on how you interpret your perspective of it. You can annoy your friends by wearing squeaky clear plastic jeans, or just argue with them about clothing with optical illusions for the sake of debating with them. Sometimes these pieces of clothing are out of the ordinary and are jackets with extremely long sleeves, but they have their moments, even if they are just crazy clothing.

The old quote, "Clothes make the man," came from the

#### The Pro is a Mislead! (cont'd. from col. 1)

Procrastination can teach students not to do it often or most preferably ever through the experience with it. They will learn to be more responsible of themselves and complete projects or homework without stress.

Procrastination is an enemy towards students' educational lives. For those who have had experience with procrastination, they are well aware of the fact that it kills time, encourages us not to complete assignments, and, worst of all, gives us stress. Surely all students have felt lazy doing their homework at times, and that's the root of procrastination.

"You get so stressed out then you forget what to do and you won't do it correctly thus leading to a failure that could've been avoided if you were responsible and didn't procrastinate." states Ergi Agaj, 7-409. Procrastination causes a student more stress due to the massive amount of work that doesn't get done. If students make every effort to avoid or, at least, limit procrastination, it will give them more free time, better grades and less

Overall, it's really not preferable to procrastinate. It can affect quality of life. Many students think that pro-