

# SLP Snapshot

Staten Island D75

OCTOBER 2022



**Theme of the Month: Fall into Speech!**

This month our students are learning about fall activities!



## At Home Activities

Mindfulness is a great way to help your child cope with changes and stress. Try this helpful trick at home to practice mindfulness.

### Super Duper INC

A popular mindfulness exercise known as **STOP** can be helpful:

- **Stop.** Just take a momentary pause, no matter what you're doing.
- **Take a breath.** Feel the sensation of your own breathing, which brings you back to the present moment.
- **Observe.** Acknowledge what is happening, for good or bad, inside you or outside you.
- **Proceed.** Having briefly checked in with the present moment, continue with whatever it was you were doing.



## Fall Activities!

- Nature walk- talk about what you see, hear, feel
- Pumpkin picking! Describe the pumpkins (what size, shape, color, etc.)

## Speech/Language Strategy of The Month

### Providing Choices



This strategy provides your child with 2 or more verbal options, granting them both the independence to make a decision as well as reducing the chances of a "guessing game".

A great time to use this strategy is when there are limited choices available to your child (i.e. "Would you like a KitKat bar or a Starburst?").

## Student of the Month



### Christopher Flicklin

Christopher transitioned to middle school from PS 37 to PS 373 @61. Christopher said "At first, I was kind of shy, but I made a lot of new friends and I feel happy now!" Christopher is excited for 6th grade, "This year I am excited to participate in the musical because I like to sing and dance!" Keep up the great work Christopher!

## October Staff Shoutout!



### Jackie Devlin

Our October staff shoutout goes to Ms. Jackie. Ms. Jackie assisted her site during their transition to their new building. Jackie is an active member of the Hungerford community. She is currently helping to coordinate their ribbon cutting ceremony for their new building. Along with being active member in her school community Jackie balances being the SLP point person and managing a full caseload of students! Ms. Jackie always goes the extra mile and we are so lucky to have her as a member of our SI speech team.

\*Nominate a staff member for November via @tunein.slp\*

## Social Media

If you'd like to share pictures or events with your child, a special communication moment, or ask a question, please send to [slpsnapshot@gmail.com](mailto:slpsnapshot@gmail.com) or DM Instagram @tunein.slp

## Community Resources:

### Fall Festival at Mount Loretto

Enjoy pumpkin picking, rides, games, music, and more!

### Staten Island Zoo Spooktacular 2022

Enjoy scare zones, live music, games, and theater shows at the Staten Island Zoo Spooktacular 2022.

## Ask the SLP...

Dear SLP,

How can I get my child to use their AAC device more consistently?

**SLP Response:** That's a great question! One way we can help is by reducing the demands we place, the child does not always have to touch every button. However we should continue to model, model, model! The more we model for our children how to properly use their communication device, the more confident and consistent they will be. The child does not have to be the only person using the device, we can model language on it while we speak as well!

## IEP Section/Tips

### Understanding the Present Level of Performance Section of IEP:

This section includes your child's evaluation results, academic, social, and ADL skills, and physical development. It highlights your child's strengths, interests, and areas where support is needed. Here you will also find information from speech, OT, PT, counseling and other services. Management needs are the individualized supports your child needs throughout the school day.