

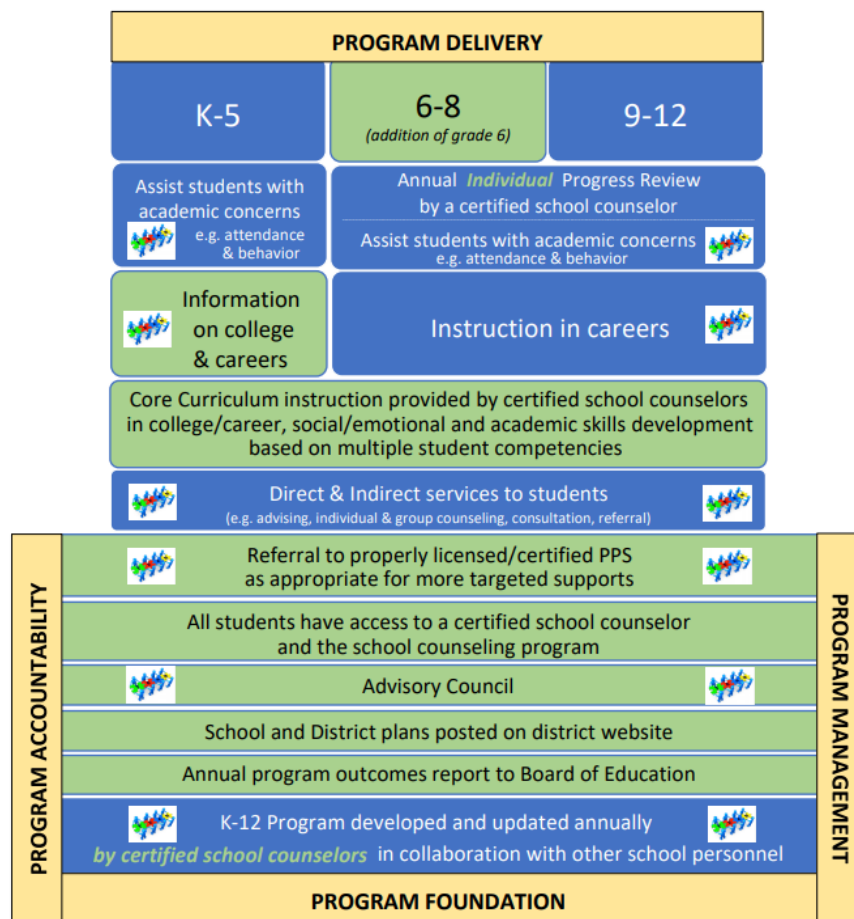
Pawling Central School District  
Comprehensive School Counseling Plan  
School Year 2022-2023


## **Table of Contents**

<u>NYSED Part 100.2 Regulations</u>	<u>2</u>
<u>Comprehensive School Counseling Plan</u>	<u>3</u>
<u>Program Objectives and Activities</u>	<u>3</u>
<u>VISION</u>	<u>3</u>
<u>MISSION</u>	<u>3</u>
<u>School Counseling Curriculum</u>	<u>4</u>
<u>Elementary School Counseling Core Curriculum Action Plan</u>	<u>4</u>
<u>Middle School Counseling Core Curriculum Action Plan</u>	<u>9</u>
<u>High School Counseling Core Curriculum Action Plan - See Appendix iii</u>	<u>13</u>
<u>Annual Calendars</u>	
<u>Elementary School Annual Calendar</u>	<u>16</u>
<u>Middle School Annual Calendar</u>	<u>18</u>
<u>High School Annual Calendar</u>	<u>22</u>
<u>Professional Development Planning</u>	<u>26</u>
<u>Evaluation Methods</u>	<u>27</u>
<u>Program Advisory Council</u>	<u>27</u>
<u>Appendix i:</u>	<u>28</u>
<u>Appendix ii:</u>	<u>29</u>
<u>Appendix iii:</u>	<u>30</u>

# NYSED Part 100.2 Regulations

New + Old Requirements of NYSED Commissioner's Regulation Part 100.2(j)  
 School Counseling and Guidance Programs for Public Schools  
 (adopted July 1, 2017, to be implemented by September 2019)



Key:	New regulation	Old regulation
	Team approach: e.g. teachers, school social workers, school psychologists.	

www.NYSSCA.org  
 © 2018

# Comprehensive School Counseling Plan

## **Program Objectives and Activities**

### *VISION*

The vision of the Pawling Central School District School Counseling Program is to prepare today's students to become tomorrow's successful adults who have options in competitive colleges and careers/occupations and are informed and responsible citizens, prepared to take the next steps in their education, careers, and lives in our diverse society.

### *MISSION*

The mission of the Pawling Central School District's Comprehensive School Counseling Program is to support our culture of a safe, welcoming, and inclusive climate, using multiple methods to promote proactive, interactive, and meaningful communication with parents and the community. The program will provide all students at all levels with engaging, personalized, and differentiated learning experiences through activities such as individual counseling and planning, group counseling, classroom lessons, advocacy and collaboration to prepare students to take the next steps in their education, careers, and lives in our diverse society.

# School Counseling Curriculum



## Elementary School Counseling Core Curriculum Action Plan Classroom and Group Mindsets & Behaviors Action Plan 2022-2023

The ASCA Student Standards: Mindsets & Behaviors for Student Success guide the planning and delivery of all student activities and interventions. The classroom and group Mindsets & Behaviors action plan provides an overview of the delivery of direct services in large group (LG), classroom (Class) and small-group (SG) settings. This plan presents the topics addressed, while the annual calendar presents the schedule of all classroom and group activities.

School Name	Date Created	Most Recent Revision Date
Pawling Elementary School	9/12/22	10/1/22

Mindset Standards				
Mindset	Activity/Focus or Purpose	Participants	Class/LG	SG
M 1. Belief in development of whole self, including a healthy balance of mental, social/ emotional and physical well-being	Small Group Counseling	Pre-K-4		X
M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment	Start With Hello Week - Lessons and activities	Pre-K-4	X	
M 3. Positive attitude toward work and learning	2 - SS: How to Get Good at Something	2	X	
	2 - SS: What Mistakes Tell Us	2	X	
	2 - SS: Helpful and Unhelpful Thoughts	2	X	
	2 - SS: We Can Change Our Thoughts	2	X	
	2 - SS: Learn and Get Better	2	X	
M 4. Self-confidence in ability to succeed	2 - SS: Feeling Proud	2	X	
	"Tiger Triumphs" to celebrate good choices	Pre-K-4	X	
	Small Group Counseling	Pre-K-4		X
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes				
M 6. Understanding that postsecondary education and lifelong learning are necessary for long-term success				

Behavior Standards				
Learning Strategies	Activity/Focus or Purpose	Participants	Class/LG	SG
B-LS 1. Critical-thinking skills to make informed decisions				
B-LS 2. Creative approach to learning, tasks and problem solving	1 - SS: How to Say the Problem 1 - SS: Was it an Accident? 1 - SS: Ask for What You Need 1 - SS: We Can Make It Better 1 - SS: Solving Problems 2 - SS: The Way to Say a Problem 2 - SS: Thinking of Solutions 2 - SS: Which Solution? 2 - SS: What would I want? 2 - SS: Be a Problem Solver	1 1 1 1 1 2 2 2 2 2	X X X X X X X X X X	
B-LS 3. Time-management, organizational and study skills				
B-LS 4. Self-motivation and self-direction to learning	K - SS: Mistakes are okay! Small Group Counseling	K Pre-K-4	X X	X
B-LS 5. Media and technology skills to enhance learning				
B-LS 6. High standards of quality for tasks and activities				
B-LS 7. Long- and short-term academic, career and social/emotional goals	Small Group Counseling	Pre-K-4		X
B-LS 8. Engagement in challenging coursework	K - SS: Practice Makes Better K - SS: Let's Practice and Learn!	K K	X X	
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias	4 - SS: The Same, But Different 4 - SS: Ask, Listen, Learn 4 - SS: Seeing It Differently 4 - SS: Changing Your Mind 4 - SS: A New Point of View	4 4 4 4 4	X X X X X	
B-LS 10. Participation in enrichment and extracurricular activities				
Self-Management Skills	Activity/Focus or Purpose	Participants	Class/LG	SG
B-SMS 1. Responsibility for self and actions	K - SS: Why We Pay Attention	K	X	



B-SMS 9. Personal safety skills	Personal Safety Program	Pre-K-4	X	
B-SMS 10. Ability to manage transitions and adapt to change	New Student Tours 4th Grade Transition Activities	K-4 4	X	X
<b>Social Skills</b>	<b>Activity/Focus or Purpose</b>	<b>Participants</b>	<b>Class/LG</b>	<b>SG</b>
B-SS 1. Effective oral and written communication skills and listening skills				
B-SS 2. Positive, respectful and supportive relationships with other students	K - SS: We Can Be Kind K - SS: Why Kindness? K - SS: Showing Kindness K - SS: Kindness at School K - SS: Demonstrating Kindness 1 - SS: The Power of Kind Acts 1 - SS: Ways to Be Kind 1 - SS: Offering Kind Acts 1 - SS: Practicing Kind Acts 1 - SS: Demonstrating Kind Acts 3 - SS: Kindness and Friendship 3 - SS: Building a Friendship 3 - SS: My Kind of Kindness 3 - SS: Asking Questions 3 - SS: Do Something Kind	K K K K K 1 1 1 1 1 1 3 3 3 3 3 3	X X X X X X X X X X X X X X X X	
B-SS 3. Positive relationships with adults that support success	Counseling	Pre-K-4		X
B-SS 4. Empathy	1 - SS: Noticing Feelings 1 - SS: Sometimes we feel worried 1 - SS: Feeling Calm 1 - SS: Feeling Frustrated 1 - SS: Noticing Clues 2 - SS: Different Feelings 2 - SS: How Do You Feel? 2 - SS: What is Empathy? 2 - SS: Empathy in Action 2 - SS: Having Empathy 2 - SS: Empathy at School 2 - SS: Empathy and Kindness	1 1 1 1 1 2 2 2 2 2 2 2 2	X X X X X X X X X X X X	
B-SS 5. Ethical decision-making and social responsibility	K - SS: We Can Say the Problem K - SS: Ready to Solve Problems K - SS: Apologizing Can Help K - SS: Taking Turns and Sharing K - SS: We Can Solve Problems	K K K K K	X X X X X	



B-SS 6. Effective collaboration and cooperation skills	3 - SS: STEP by step	3	X	
	3 - SS: Say the Problem	3	X	
	3 - SS: Think and Explore	3	X	
	3 - SS: Pick a Solution	3	X	
	3 - SS: Solving a Problem	3	X	
	4 - SS: A Good Problem Solver	4	X	
	4 - SS: Saying It Respectfully	4	X	
	4 - SS: Exploring Outcomes	4	X	
	4 - SS: A Good Solution	4	X	
	4 - SS: STEP into Problem Solving	4	X	
B-SS 7. Leadership and teamwork skills to work effectively in diverse teams	Team Community	2-4		X
B-SS 8. Advocacy skills for self and others and ability to assert self when necessary				
B-SS 9. Social maturity and behaviors appropriate to the situation and environment				
B-SS 10. Cultural proficiency and responsiveness				



# Middle School Counseling Core Curriculum Action Plan

## Classroom and Group

### Mindsets & Behaviors Action Plan

The ASCA Mindsets & Behaviors guide the planning and delivery of all student activities and interventions. The purpose of the classroom and group Mindsets & Behaviors action plan is to provide an overview of the delivery of direct services in large group (LG), classroom (Class) and small group (SG) settings. This plan presents the topics addressed, and the annual calendar presents the schedule of all classroom and group activities.

School Name	Date Created	Most Recent Revision Date
Pawling Middle School	9/12/2022	11/2/22

Mindset Standards				
Mindset	Activity/Focus or Purpose	Participants	Class/LG	SG
M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being	Unit 2 Emotion Management	Grade 5	Class	
M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment	Unit 3 Empathy & Kindness	Grade 5	Class	
	What Makes Me Unique?	Grade 7	Class	
M 3. Positive attitude toward work and learning	Unit 1 Growth Mindset & Goal Setting	Grade 5	Class	
M 4. Self-confidence in ability to succeed	Unit 4 Problem Solving	Grade 5	Class	
	Working Through Stress	Grade 8	Class	
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes	Career Exploration Unit	Grade 5	Class	
	My Foundation	Grade 6	Class	
	Career Cluster Inventory & Career Exploration	Grade 6	Class	
	Connecting Interests and Careers	Grade 8		
M 6. Understanding that postsecondary education and life-long learning are necessary for long-term success	Career Exploration Unit	Grade 5	Class	
	Getting Ready for College	Grade 7	Class	
	What do Colleges Require?	Grade 8	Class	

Behavior Standards				
Learning Strategies	Activity/Focus or Purpose	Participants	Class/LG	SG
B-LS 1. Critical-thinking skills to make informed decisions	Unit 2 Lesson 9 What Can I Change?	Grade 5	Class	
B-LS 2. Creative approach to learning, tasks and problem solving	Unit 3 Lesson 14 Community Solutions Unit 3 Lesson 15 Your Solution	Grade 5 Grade 5	Class	
B-LS 3. Time-management, organizational and study skills	Habits for Success	Grade 7	Class	
B-LS 4. Self-motivation and self-direction to learning	Unit 1 Lesson 2 My Plan Unit 1 Lesson 4 Time to Reflect Defining My Dreams Career Scavenger Hunt	Grade 5 Grade 5 Grade 6 Grade 7	Class Class Class Class	
B-LS 5. Media and technology skills to enhance learning				
B-LS 6. High-quality standards for tasks and activities				
B-LS 7. Long- and short-term academic, career and social/emotional goals	Unit 1 Lesson 1 The Right Goal for Me My Future Plans My Career Path	Grade 5 Grade 7 Grade 8	Class Class Class	
B-LS 8. Engagement in challenging coursework	HS Course Selections	Grade 8	Class	
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias	Unit 4 Lesson 20 Putting It All Together Decision Making	Grade 5 Grade 8	Class Class	
B-LS 10. Participation in enrichment and extracurricular activities				
Self-Management Skills	Activity/Focus or Purpose	Participants	Class/LG	SG
B-SMS 1. Responsibility for self and actions	Taking Responsibility	Grade 6	Class	
B-SMS 2. Self-discipline and self-control	Unit 2 Lesson 7 What is Stress?	Grade 5	Class	

	My Definition of Success	Grade 7	Class	
B-SMS 3. Independent work	What Do You Know (Pre-Assessment)	Grades 7-8	Class	
	What Have You Learned?	Grades 7-8	Class	
B-SMS 4. Delayed gratification for long-term rewards	My Present vs My Future	Grade 6	Class	
B-SMS 5. Perseverance to achieve long- and short-term goals	Unit 1 Lesson 5 My 10-Minute Goal	Grade 5	Class	
	Success, Risk & Failure	Grade 8	Class	
B-SMS 6. Ability to identify and overcome barriers	Unit 2 Lesson 6 Strong Emotions	Grade 5	Class	
	Unit 1 Lesson 3 Changing My Plan	Grade 5	Class	
	Overcoming Obstacles	Grade 7	Class	
B-SMS 7. Effective coping skills	Unit 2 Lesson 8 Planning for Change	Grade 5	Class	
B-SMS 8. Balance of school, home and community activities	Unit 4 Lesson 18 Solutions Web	Grade 5	Class	
B-SMS 9. Personal safety skills	Personal and Cyber Safety	Grade 5	LG	
	Digital & Physical Safety	Grades 6-8	LG	
	CAPE Drug Awareness	Grades 5-8	LG	
B-SMS 10. Ability to manage transitions and adapt to change	Welcome to MS lesson	Grade 4	LG	
	5th Grade Orientation	Grade 5	Class	
	College Myths	Grade 6	Class	
<b>Social Skills</b>	<b>Activity/Focus or Purpose</b>	<b>Participants</b>	<b>Class/LG</b>	<b>SG</b>
B-SS 1. Effective oral and written communication skills and listening skills	Unit 4 Lesson 16 Beginning to STEP	Grade 5	Class	
B-SS 2. Positive, respectful and supportive relationships with other students who are similar to and different from them				

B-SS 3. Positive relationships with adults that support success	My Middle School Support Network	Grade 6	Class	
B-SS 4. Empathy	Unit 3 Lesson 11 Empathy in the Community	Grade 5	Class	
B-SS 5. Ethical decision-making and social responsibility	Unit 3 Lesson 12 What's the Problem	Grade 5	Class	
B-SS 6. Effective collaboration and cooperation skills	Unit 3 Lesson 13 A Different Point of View	Grade 5	Class	
B-SS 7. Leadership and teamwork skills to work effectively in diverse groups	Unit 4 Lesson 19 Let's Reflect	Grade 5	Class	
B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary	Unit 2 Lesson 10 Making a Change	Grade 5	Class	
B-SS 9. Social maturity and behaviors appropriate to the situation and environment	Unit 4 Lesson 17 When? Where? Who?	Grade 5	Class	
B-SS 10. Cultural awareness, sensitivity and responsiveness				



# High School Counseling Core Curriculum Action Plan - See Appendix iii

## Classroom and Group

### Mindsets & Behaviors Action Plan

The ASCA Mindsets & Behaviors guide the planning and delivery of all student activities and interventions. The purpose of the classroom and group Mindsets & Behaviors action plan is to provide an overview of the delivery of direct services in large group (LG), classroom (Class) and small group (SG) settings. This plan presents the topics addressed, and the annual calendar presents the schedule of all classroom and group activities.

Mindset Standards				
Mindset	Activity/Focus or Purpose	Participants	Class/LG	SG
M 1. Belief in development of whole self, including a healthy balance of mental, social/ emotional and physical well-being	Self Discovery Activities	9-12	Class	SG
M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment	School Transitions Survey & related activities Strengths Explorer	9	Class	
M 3. Positive attitude toward work and learning	Incoming Freshmen Orientation Night Scavenger Hunt	8-9 9	LG LG	
M 4. Self-confidence in ability to succeed	Explore various pathways after high school Understanding College Fit	9-12 11, 12	Class Class	
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes	Course Selections Game Plan Survey	9, 10, 11 9-12	Class Class	SG
M 6. Understanding that postsecondary education and lifelong learning are necessary for long-term success	CTI & Tech Center Field Trips Take PSAT 8/9, PreACT, PSAT/NMSQT	10 9, 10, 11	LG LG	
Behavior Standards				
Learning Strategies	Activity/Focus or Purpose	Participants	Class/LG	SG
B-LS 1. Critical-thinking skills to make informed decisions	College & Career Research	9-12	Class	
B-LS 2. Creative approach to learning, tasks and problem solving	Tasks in Writing a Personal Statement	11, 12	Class	

B-LS 3. Time-management, organizational and study skills	Four Year Plan	9		SG
B-LS 4. Self-motivation and self-direction to learning	Register, prep, and take a post-secondary assessment	11	Class	
B-LS 5. Media and technology skills to enhance learning	Naviance Google Classroom	9-12 9-12	Class Class	
B-LS 6. High standards of quality for tasks and activities	College Fit	11	Class	
B-LS 7. Long- and short-term academic, career and social/emotional goals	Align career interests with course selections and postsecondary plan	9-12	Class	
B-LS 8. Engagement in challenging coursework	Course Selections	9-11	Class	
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias	Explore various post-grad pathways Understanding Financial Aid Process College & Career Fair @ PNW Tech Center	9-12 11, 12 10, 11	Class Class LG	SG
B-LS 10. Participation in enrichment and extracurricular activities	Resume building Junior Scholarship Awards Scholarship Assembly	9-12 11 12	Class Class LG	SG
<b>Self-Management Skills</b>	<b>Activity/Focus or Purpose</b>	<b>Participants</b>	<b>Class/LG</b>	<b>SG</b>
B-SMS 1. Responsibility for self and actions	College Application Process FAFSA Forecaster	12 11, 12	Class Class	
B-SMS 2. Self-discipline and self-control	Taking Responsibility Create a real-life budget for college or career	9 12	Class Class	
B-SMS 3. Independent work	Junior Year Timeline CW Google Classroom and Naviance Activities	11 9-12	Class Class	
B-SMS 5. Perseverance to achieve long- and short-term goals	Setting Goals	9-12	Class	
B-SMS 6. Ability to overcome barriers to learning	Academic Intervention Services	9-12	Class	SG
B-SMS 7. Effective coping skills	College Fit	11, 12	Class	

B-SMS 10. Ability to manage transitions and adapt to change	Senior Exit/Graduation Survey Alumni Panel	9-12 11	Class LG	
<b>Social Skills</b>	<b>Activity/Focus or Purpose</b>	<b>Participants</b>	<b>Class/LG</b>	<b>SG</b>
B-SS 1. Effective oral and written communication skills and listening skills	College Rep Visits Practice effective email conversations	11, 12 9-12	Class	SG
B-SS 3. Positive relationships with adults that support success	Create a partnership with teachers Identifying my support network	9-11 9-12	Class Class	
B-SS 7. Leadership and teamwork skills to work effectively in diverse teams	Update high school resume	9-12	Class	





# Elementary School Annual Calendar

School: Pawling Elementary School Academic Year: 2022-2023

A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

Month	Delivering		Program Planning and School Support <i>(Defining, Managing, Assessing, Fair-Share Responsibilities)</i>
	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events, etc.)</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>	
Ongoing Services	Social Emotional Learning (SEL) lessons for Grades K-4  Individual and Group Counseling (IEP, 504 Plan and Building Level)  Short Term Individual and Group Counseling Personal/Social/Academic  Conflict Resolution/ Mediation Meetings  Special classroom lessons based on need	Behavior Support Plans  Goal Setting for students in counseling  Mental Health Agencies /Therapist referrals  Classroom observations  504 plan meetings  IST meetings  CSE meetings  Meetings with Families  Collaboration with Teachers	Lesson planning  Resource sourcing  Counseling Department meetings  IEP writing, Goal setting  ASCA Program Review and Implementation  Safety Team meetings  Board of Education presentations  Professional Development  Faculty Meetings  Data analyzing, goal setting
August	New Student Tours	Coordination and preparation for New Student Tours  Review of IEPs and 504 Plans	Data analyzing, goal setting
September	Grades K-4 Unit 1 - Growth Mindset and Goal Setting Lessons	Introductory calls/ meetings with mandated counseling students' families	Scheduling: Counseling and Lessons  Planning and committee coordination for Start with Hello Week

		Beginning of Year 504 Plan Consultations w/ Staff  Open House	
October	Grades K-4 Unit 1 Growth Mindset and Goal Setting Lessons		Planning and coordination for Personal Safety Program
November	Grades K-4 Unit 1 Growth Mindset and Goal Setting Lessons/ Unit 2 Emotion Management Lessons  Start With Hello week - lessons delivered to each class, school wide activities	Parent Teacher Conferences  Advisory Council Meeting	New York State School Counselor Association Conference
December	Grades K-4 Unit 2 Emotion Management Lessons		
January	Grades K-4 Unit 2 Emotion Management Lessons  Personal Safety Program		
February	Grades K-4 Unit 3 Empathy and Kindness Lessons		
March	Grades K-4 Unit 3 Empathy and Kindness Lessons		
April	Grades K-4 Unit 3 Empathy and Kindness Lessons/ Unit 4 Problem Solving Lessons		
May	Grades K-4 Unit 4 Problem Solving Lessons	504 Plan review meetings  CSE review meetings	Planning and coordination for 4th grade Transition Program
June	Grades K-4 Unit 4 Problem Solving Lessons  4th Grade Transition Program	Articulation  CSE review meetings  Advisory Council Meeting	Program Data Analysis  Orientation Preparation



# Middle School Annual Calendar

School: Pawling Middle School Academic Year: 2022-2023

A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

Month	Delivering		Program Planning and School Support <i>(Defining, Managing, Assessing, Fair-Share Responsibilities)</i>
	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events, etc.)</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>	
Ongoing Services	Mandated Individual & Group Counseling,  Short Term Group Counseling <ul style="list-style-type: none"> <li>Academic,</li> <li>Personal/social/emotional</li> <li>Career growth</li> </ul> Student Safety Plans/Risk Assessments	Participation and contribution to: <ul style="list-style-type: none"> <li>Mental Health/SEL Team</li> <li>Grade Level Teams</li> <li>Safety Team</li> <li>504/CSE</li> <li>Advisory Council</li> <li>IST</li> <li>Family Meetings</li> </ul> Mental Health Agencies /Therapist Consult and Coordination  Student tutoring coordination and transition back to PCMS	Counseling Program Development & Monitoring/ ASCA review  Curriculum Planning  Maintenance of Naviance Tasks Counseling Department Meetings  Master Scheduling  Faculty Meetings
August	5 <sup>th</sup> Grade Orientation	5 <sup>th</sup> -8 <sup>th</sup> Student scheduling	
September	Transfer Student Orientation/support  Grade 5- SEL Unit 1- Growth Mindset & Goal Setting	5 <sup>th</sup> -8 <sup>th</sup> Student schedule changes  Open House	Scheduling counseling and classroom guidance

October	<p>Transfer Student support con't</p> <p>Administer Student Wellness Survey &amp; follow up meetings -Fall</p> <p>5 Week Progress Report Reviews - at risk students</p> <p>Grade 5- SEL Unit 2- Emotion Management</p>	<p>Staff training on suicide awareness/prevention and mandating reporting.</p>	<p>School Counseling Administrative Conference</p> <p>Planning and coordination for Personal Safety Program</p>
November	<p>Grade 5- SEL Unit 3- Empathy &amp; Kindness</p> <p>10 Week Progress Report Reviews - at risk students</p> <p>Grades 5-8 CAPE presentation (drug prevention)</p>	<p>Private Middle &amp; High School Applications</p> <p>School Counseling Advisory Council Meeting</p>	<p>NYSSCA Conference</p>
December	<p>Grade 5- SEL Unit 4-Problem Solving</p> <p>Grade 5 Personal and Cyber Safety</p> <p>Grades 6-8 Digital and Physical Safety</p> <p>Naviance log-in/training grades 6-8</p> <p>5 Week Progress Report Reviews - at risk students</p>	<p>Parent Teacher Conferences</p> <p>Private Middle &amp; High School Applications</p> <p>Grade 8 Transition Planning- parent coordination</p>	
January	<p>Grade 5- SEL Career Exploration Unit</p> <p>Naviance lessons Grades 6-8</p> <p>10 Week Progress Report Reviews - at risk students</p> <p>Grade 8 Transition Planning- Student Interviews</p>		<p>Master Scheduling</p>
February	<p>Grade 5- SEL Career Exploration Unit</p> <p>Naviance lessons Grades 6-8</p>	<p>Academically At-Risk Student Analysis and Action Plan</p> <p>Grade 8 Transition Planning- IEP updates</p>	<p>Master Scheduling</p>

	Administer Student Wellness Survey & follow up meetings -Winter  Transition Planning - Grade 8		Data collection, student interviews, establishment of group for closing the gap action plan
March	Grade 5- SEL Unit 1- Growth Mindset & Goal Setting  Naviance lessons Grades 6 Foreign Language Selections Grade 6  5 Week Progress Report Reviews - at risk students  Course Selection & Individual Progress Reviews Grade 8  Incoming 9th Grade Information Night  Closing the Gap Intervention Group\	Academically At-Risk Student Analysis and Action Plan  CSE & 504 Annual Review Meetings Grades 5-8  Middle School Information Night	Master Scheduling
April	Administer Student Wellness Survey & follow up meetings -Spring  Grade 5- SEL Unit 2- Emotion Management  Individual Progress Reviews Grades 6-7  10 Week Progress Report Reviews - at risk students  Closing the Gap Intervention Group	Academically At-Risk Student Analysis and Action Plan  CSE & 504 Annual Review Meetings Grade 4	Master Scheduling
May	Grade 5- SEL Unit 3- Empathy & Kindness  Individual Progress Reviews Grades 6-7  5 Week Progress Report Reviews - at risk students  Closing the Gap Intervention Group	Academically At-Risk Student Analysis and Action Plan  Grade 8 Articulation awards – Presidential, NYS AG, NYS Comptroller	Master Scheduling

June	<p>Grade 5- SEL Unit 4-Problem Solving</p> <p>Grade 8 visit to the HS</p> <p>Grade 4 “Welcome to the Middle School” classroom lesson</p> <p>Math Carnival Grades 4 &amp; 5</p> <p>4th grade visits to MS</p> <p>10 Week Progress Report Reviews - at risk students</p>	<p>Academically At-Risk Student Analysis and Action Plan</p> <p>School Counseling Advisory Council Meeting</p> <p>Accelerated Class placements Grades 6-8</p> <p>AIS Placement Grades 5-8</p> <p>Grade 4 Articulation</p> <p>Grade 8 Articulation</p> <p>Grade 8 Moving Up Ceremony</p>	<p>Master/Student Scheduling</p>
------	--	---	----------------------------------



# High School Annual Calendar

School: Pawling High School Academic Year: 2022-2023

A minimum of 80% of time recommended for direct and indirect student services and 20% or less in program planning and school support

Month	Delivering		Program Planning and School Support <i>(Defining, Managing, Assessing, Fair-Share Responsibilities)</i>
	Direct Student Services Activities <i>(Include dates of school counseling initiatives or events, classroom and group activities, career or college nights, schoolwide academic support events, etc.)</i>	Indirect Student Services Activities <i>(Significant collaborations, leadership and advocacy activities)</i>	
Ongoing Services	New Student Orientation  Individual Post-Secondary Planning  Individual Counseling	Meetings: SST, SEL, Parent-teacher, attendance, 504, CSE  Family communications  Alumni transcript requests  Official record/transcript review & maintenance  Services for Students with Disabilities testing accommodations requests  Referral, collaboration, & consultation with service providers  Recommendation letter writing for awards, scholarships, & employment  Working paper requests  Eastern Dutchess and PNW College Fairs planning	Lesson planning  Resource sourcing  Data entry for incoming students  Counseling Department meetings  Faculty Meetings  Professional Development  Data analyzing, goal setting  Program Review and Implementation  Maintenance of Counseling, College, & Career Center website  Maintenance of Naviance Data, Tasks, Surveys, Documents, Scholarships, & Links  Annual PHS K-12 Comprehensive School Counseling Plan update  Assist with coordination and administration of the Advanced Placement program

July		Student Scheduling	Synthesis of CSE, 504, teacher recommendations, and end of year data into student schedules
August	Schedule Changes  Freshmen & New Student Scavenger Hunt		Summer School data analysis and entry  NYSESLAT data analysis  AIS determination based on state testing  PHS Profile update  Configure site for AP exam payments
September	Schedule Changes  Counselors' Workshops 9-11: review graduation requirements, promotion policy, grading, timeline, etc.  Counselors' Workshop 12: Post-grad planning and college application procedures overview  Senior Individual Progress Reviews	Financial Aid Night  Open House  Senior Parent Counselors' Workshop: College Application Process  College Rep Visits	Configure site for AP exam payments, con't  Monitor AP exam payments  Updates to comprehensive program & plan  Certify official GPA and class rank for seniors  Bulk register students for PSAT/NMSQT and PSAT 8/9
October	Counselors' Workshop 12 con't.  Senior Individual Progress Reviews	School reports and written evaluations for college applications  College Essays and Resumes review  College Rep Visits	Administer PSAT 8/9, PSAT/NMSQT, PreACT  Monitor AP exam payments and invoicing
November	Counselors' Workshop 9, 10, 11  Schedule Changes  Senior Individual Progress Reviews	School reports and written evaluations for college applications  College Essays and Resumes review	Advisory presentation prep & data analysis



	Individual Progress Reviews for students failing/ in danger of not being promoted	College Rep Visits Advisory Council Fall Meeting Seal of Biliteracy Application Processing Alumni Panel selection and invitations	
December	Senior Individual Progress Reviews	School reports and written evaluations for college applications Parent Conferences College Essays and Resumes review	
January	Counselors' Workshop 9: 4 Year Plan Counselors' Workshop 11: Alumni Panel Junior Individual Progress Review	School reports and written evaluations for college applications	
February	Counselors' Workshop 10: CTI/Tech Center & Course Selections Counselors' Workshop 11: Post- Secondary Planning & Course Selections Junior Individual Progress Review Individual Progress Reviews for students failing/ in danger of not being promoted	School reports and written evaluations for college applications Junior Counselors' Workshop evening for Parents Sophomore Counselors' Workshop evening for parents	Junior College Scholarship & Awards Coordination
March	Incoming 9th Grade Information Night Freshmen Individual Progress Review Sophomore Individual Progress Review	CTI and Tech Center Application Processing	Local Scholarships & Awards Coordination
April	Counselor Workshop 11- College Essay Writing	Scholarship assistance, letters, and transcript processing	Master Schedule Building Local Scholarships & Awards Coordination

	Freshmen Individual Progress Review PNW College and Career Fair	CTI and PNW Application Processing Spring Advisory Council Meeting	
May	Senior Scholarship Assembly Individual Progress Reviews for students failing/ in danger of not being promoted	Scholarship assistance, letters, and transcript processing	Local Scholarships & Awards Coordination Assist with AP exam administration
June	Senior Scholarship & Award Night Graduation	Scholarship assistance, letters and transcript processing Senior final reports to colleges Family Communication re: summer school	Senior Scholarship & Award Coordination Update of senior diploma types, pathways, and post-grad plans Final grade & exam analysis for retentions and summer school

# Professional Development Planning

## Elementary School

The elementary school counselor will attend the annual NYSSCA conference. As a member of ASCA & NYSSCA there are monthly publications and specialized workshops available on a variety of topics. Workshops on counseling specific topics based on student needs are scheduled throughout the year.

## Middle School

The middle school counselors will attend the Annual NYSSCA conference, Naviance webinars and workshops on counseling specific topics based on student needs that are offered throughout the year. As members of ASCA, NYSSCA & ACA there are monthly publications and specialized workshops available on a variety of topics.

## High School

The high school counselors will attend Director Of Guidance Meetings at PNW BOCES, annual update at DC BOCES CTI and PNW BOCES Tech Center, college visits, Naviance webinars, and SAT and ACT annual workshops. Workshops on counseling specific topics based on student needs are scheduled throughout the year.

## Evaluation Methods

Pawling school counselors will regularly evaluate their program to determine its effectiveness using accountability strategies to monitor, evaluate, and improve the school counseling program. The school counseling program elements may be assessed through the following:

**Data Analysis** - Counselors collect, analyze, and report data to provide factual information and guide the school counselors in planning and delivering learning support programs for all students.

**Program Results** - Counselors analyze the school counseling program using information collected through process, perception, or outcome data to inform decisions related to program improvements. The Counseling Program Advisory Council at each school along with each counseling department will review the programs to identify trends and areas of success and areas in need of improvement.

**Evaluation and Improvement** - School counselors self-assess strengths and areas of improvement using the ASCA School Counselor Competencies (see Appendix ii), analysis of the school counseling program's strengths and areas of improvement, and review of annual goals. The Director of Pupil Personnel Services evaluates counselor competencies annually.

## Program Advisory Council

There will be an advisory council established for each school building. The council will meet at least two times per year. Minutes must be taken and reports will be provided to BOE annually.

# Appendix i:

<b>Category 1: Mindset Standards</b> School counselors encourage the following mindsets for all students.		
<b>M 1.</b> Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being <b>M 2.</b> Sense of acceptance, respect, support and inclusion for self and others in the school environment <b>M 3.</b> Positive attitude toward work and learning <b>M 4.</b> Self-confidence in ability to succeed <b>M 5.</b> Belief in using abilities to their fullest to achieve high-quality results and outcomes <b>M 6.</b> Understanding that postsecondary education and life-long learning are necessary for long-term success		
<b>Category 2: Behavior Standards</b> School counselors provide culturally sustaining instruction, appraisal and advisement, and counseling to help all students demonstrate:		
Learning Strategies	Self-Management Skills	Social Skills
<b>B-LS 1.</b> Critical-thinking skills to make informed decisions	<b>B-SMS 1.</b> Responsibility for self and actions	<b>B-SS 1.</b> Effective oral and written communication skills and listening skills
<b>B-LS 2.</b> Creative approach to learning, tasks and problem solving	<b>B-SMS 2.</b> Self-discipline and self-control	<b>B-SS 2.</b> Positive, respectful and supportive relationships with students who are similar to and different from them
<b>B-LS 3.</b> Time-management, organizational and study skills	<b>B-SMS 3.</b> Independent work	<b>B-SS 3.</b> Positive relationships with adults to support success
<b>B-LS 4.</b> Self-motivation and self-direction for learning	<b>B-SMS 4.</b> Delayed gratification for long-term rewards	<b>B-SS 4.</b> Empathy
<b>B-LS 5.</b> Media and technology skills to enhance learning	<b>B-SMS 5.</b> Perseverance to achieve long- and short-term goals	<b>B-SS 5.</b> Ethical decision-making and social responsibility
<b>B-LS 6.</b> High-quality standards for tasks and activities	<b>B-SMS 6.</b> Ability to identify and overcome barriers	<b>B-SS 6.</b> Effective collaboration and cooperation skills
<b>B-LS 7.</b> Long- and short-term academic, career and social/emotional goals	<b>B-SMS 7.</b> Effective coping skills	<b>B-SS 7.</b> Leadership and teamwork skills to work effectively in diverse groups
<b>B-LS 8.</b> Engagement in challenging coursework	<b>B-SMS 8.</b> Balance of school, home and community activities	<b>B-SS 8.</b> Advocacy skills for self and others and ability to assert self, when necessary
<b>B-LS 9.</b> Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias	<b>B-SMS 9.</b> Personal safety skills	<b>B-SS 9.</b> Social maturity and behaviors appropriate to the situation and environment
<b>B-LS 10.</b> Participation in enrichment and extracurricular activities	<b>B-SMS 10.</b> Ability to manage transitions and adapt to change	<b>B-SS 10.</b> Cultural awareness, sensitivity and responsiveness

# Appendix ii:

## ASCA School Counselor Professional Standards & Competencies

MINDSETS		
School counselors believe:		
<p>M 1. Every student can learn, and every student can succeed.</p> <p>M 2. Every student should have access to and opportunity for a high-quality education.</p> <p>M 3. Every student should graduate from high school prepared for postsecondary opportunities.</p> <p>M 4. Every student should have access to a school counseling program.</p> <p>M 5. Effective school counseling is a collaborative process involving school counselors, students, families, teachers, administrators, other school staff and education stakeholders.</p> <p>M 6. School counselors are leaders in the school, district, state and nation.</p> <p>M 7. School counseling programs promote and enhance student academic, career and social/emotional outcomes.</p>		
BEHAVIORS		
School counselors demonstrate the following standards in the design, implementation and assessment of a school counseling program.		
Professional Foundation	Direct and Indirect Student Services	Planning and Assessment
B-PF 1. Apply developmental, learning, counseling and education theories	B-SS 1. Design and implement instruction aligned to ASCA Mindsets & Behaviors for Student Success in large-group, classroom, small-group and individual settings	B-PA 1. Create school counseling program beliefs, vision and mission statements aligned with the school and district
B-PF 2. Demonstrate understanding of educational systems, legal issues, policies, research and trends in education	B-SS 2. Provide appraisal and advisement in large-group, classroom, small-group and individual settings	B-PA 2. Identify gaps in achievement, attendance, discipline, opportunity and resources
B-PF 3. Apply legal and ethical principles of the school counseling profession	B-SS 3. Provide short-term counseling in small-group and individual settings	B-PA 3. Develop annual student outcome goals based on student data
B-PF 4. Apply school counseling professional standards and competencies	B-SS 4. Make referrals to appropriate school and community resources	B-PA 4. Develop and implement action plans aligned with annual student outcome goals and student data
B-PF 5. Use ASCA Mindsets & Behaviors for Student Success to inform the implementation of a school counseling program	B-SS 5. Consult to support student achievement and success	B-PA 5. Assess and report program results to the school community
B-PF 6. Demonstrate understanding of the impact of cultural, social and environmental influences on student success and opportunities	B-SS 6. Collaborate with families, teachers, administrators, other school staff and education stakeholders for student achievement and success	B-PA 6. Use time appropriately according to national recommendations and student/school data
B-PF 7. Demonstrate leadership through the development and implementation of a school counseling program		B-PA 7. Establish agreement with the principal and other administrators about the school counseling program
B-PF 8. Demonstrate advocacy for a school counseling program		B-PA 8. Establish and convene an advisory council for the school counseling program
B-PF 9. Create systemic change through the implementation of a school counseling program		B-PA 9. Use appropriate school counselor performance appraisal process

# Appendix iii:

## CCLR Framework | Objectives + Activities | Grade 6

Objective	Competency	Theme	Naviance Tools	Suggested Activity	ASCA Behaviors and Mindsets	Redefining Ready!	CASEL Competencies
Understand the transition to middle school**	Transition Skills	School Transitions	Surveys	Complete a middle school transition survey	M2, M3 B-SMS10		Self-management
Determine steps to take for future success	Career Knowledge	Future Planning	Naviance Curriculum	Explore career pathways	M4 B-LS2, B-LS10		Responsible decision making
Understand the skills needed to build self confidence**	Social Emotional Learning	Self-Awareness	Naviance Curriculum	Learn about and create goals to increase self confidence	M2, M5 B-SMS5		Self-awareness
Understand learning styles and preferences**	Academic Skills	Learning Styles	LSI	Take a learning styles assessment	M6 M-LS3		Self-awareness
Employ successful study skills	Academic Skills	Study Skills	Naviance Curriculum	Create a homework and study plan	M6 B-LS3, B-LS4	College Ready	Self-management
Identify supportive adults	Interpersonal Skills	Support Networks	Naviance Curriculum	Discuss the value of and identify supportive adults	M6 B-SS2, B-SS3		Relationship skills
Identify career clusters of interest	Career Knowledge	Career Clusters	Cluster Finder	Take a career cluster inventory	M4 B-LS9		
Create an academic related SMART goal**	Academic Skills	Academic Goal Setting	Goals	Create academic SMART goals	M5, M6 B-LS7, B-SMS5		Self-management
Create a career related SMART goal	Career Knowledge	Career Goal Setting	Goals	Create career-related SMART goals	M4 B-LS7		Self-management

Begin to get involved in school and community activities	Interpersonal Skills	Getting involved	Resume	Create an activities resume	M3 B-SMS8, B-LS10	Career Ready	Relationship skills
Identify the types of postsecondary opportunities available	College Knowledge	Post-Secondary Opportunities	Naviance Curriculum	Explore post secondary training opportunities	M4 B-LS7		
Understand income and expenses	Social Emotional Learning	Personal Finances	Naviance Curriculum	Complete a budgeting exercise	M5 B-LS6		Self-management

## CCLR Framework | Objectives + Activities | Grade 7

Objective	Competency	Theme	Naviance Tools	Suggested Activity	ASCA Behaviors and Mindsets	Redefining Ready!	CASEL Competencies
Understand how to overcome obstacles**	Social Emotional Learning	Grit	Naviance Curriculum	Hear stories of how others have overcome obstacles and make a plan to overcome personal obstacles	M6 B-SMS6, B-SMS7		Self-management
Understand individual learning habits**	Academic Skills	Learning Styles	Naviance Curriculum	Learn about successful study habits and make a plan to study smarter	M6 B-LS3, B-LS 4, B-LS6		Self-management
Understand the types of postsecondary options available	College Knowledge	Post-Secondary Opportunities	Roadtrip Nation Archive	Hear how others have determined their postsecondary path.	M4 B-LS9, B-LS9		
Identify habits that lead to success	Academic Skills	Study Skills	Naviance Curriculum	Take a learning style assessment	M2 B-LS1, B-LS6, B-SMS6, B-SMS8		Self-management
Identify career interests**	Career Knowledge	Career Fit	Career Key	Take a career interest indicator survey	M4 B-LS7, B-LS9		
Understand the cost of college	College Knowledge	Paying for College	Naviance Curriculum	Examine college profiles and compare costs of various institutions	M4 B-LS9		



Understand the importance of a budget	Social Emotional Learning	Personal Finances	Surveys	Examine the cost of common items and complete a survey quiz.	M4 B-LS9		
Join school- and community-related activities	Interpersonal Skills	Getting Involved	Resume	Begin or update an activities resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills
Create a career related SMART goal**	Career Knowledge	Career Goal Setting	Goals	Create a career-related SMART goal	M4 B-LS7		Self-management
Create an academic related SMART goal	Academic Skills	Academic Goal Setting	Goals	Create an academic-related SMART goal	M5, M6 B-LS7, B-SMS5		Self-management
Understand how to successfully work with a team of peers	Interpersonal Skills	Teamwork	Naviance Curriculum	Complete a teambuilding activity	M3 B-SS1, B-SS2, B-SS6, B-SS7		Relationship skills

## CCLR Framework | Objectives + Activities | Grade 8

Objective	Competency	Theme	Naviance Tools	Suggested Activity	ASCA Behaviors and Mindsets	Redefining Ready!	CASEL Competencies
Identify Interests	Social Emotional Learning	Interests	Naviance Curriculum	Take an interest assessment	M1 B-LS9,		Self-awareness
Employ decision making skills**	Social Emotional Learning	Informed Decisions	Naviance Curriculum	Participate in a decision-making exercise	M4 B-LS2, B-LS10, B-SMS3		Responsible decision making
Understand the value of taking risks	Social Emotional Learning	Grit	Naviance Curriculum	Hear stories of how risk-taking has benefited others.	M5 B-LS1, B-LS6		Self-awareness
Understand how to cope with stressful situations	Social Emotional Learning	Grit	Naviance Curriculum	Reflect on how to best cope with stressful situations and make a plan to deal with stress	M1 B-SMS7, B-SMS8		Self-management
Identify careers of interest	Career Knowledge	Career Search	Career Search	Investigate and list careers of interest	M4 B-LS9		

Understand how to manage time wisely**	Academic Skills	Study Skills	Naviance Curriculum	Create a list of weekly tasks, then make a schedule to successfully complete them	M1 B-LS3, B-SMS2		Self-management
Create a career related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align career interests with a SMART goal to further explore this career	M4 B-LS7, B-SMS5		Self-management
Create an academic related SMART goal	Academic Skills	Academic Goal Setting	Goals	Create a SMART goal related to increasing academic achievement	M5, M6 B-LS7, B-SMS5		Self-management
Build a high school course plan	Academic Skills	Course Planning	Course Planner	Build a high school course plan	M5 B-LS1, B-LS8	College Ready	
Understand options available to pay for college	College Knowledge	Paying for College	Naviance Curriculum	Learn about loans, grants, scholarships, and military opportunities that help to pay for college	M4 B-LS9, B-SMS10		Responsible decision making
Identify personal support network**	Interpersonal Skills	Support Network	Naviance Curriculum	Reflect on and identify adults who are helpful in various situations	M1, M3 B-SS2, B-SS3		Relationship skills
Join school- and community-related activities	Interpersonal Skills	Getting Involved	Resume	Begin or update an activities resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills
Prepare for life in high school**	Transition Skills	School Transitions	Naviance Curriculum Surveys	Learn about high school and take a survey to ensure your needs are met	M2, M3 B-SMS10		Self-awareness

## CCLR Framework | Objectives + Activities | Grade 9

Objective	Competency	Theme	Naviance Tools	Suggested Activity	ASCA Behaviors and Mindsets	Redefining Ready!	CASEL Competencies
Understand the transition to high school **	Transition Skills	School Transitions	Naviance Curriculum Surveys	Take a transition survey identifying high school fears, options, and opportunities	M2, M3 B-SMS10		Self-awareness
Identify Career Clusters of Interest	Career Knowledge	Career Clusters	Cluster Finder Naviance Curriculum	Take a career cluster inventory and save clusters of interest	M4 B-LS9		Self-awareness

Participate in Extracurricular Activities	Interpersonal Skills	Getting Involved	Resume	Begin a high school activities resume	M3 B-LS10, B-SS2, B-SS3, B-SS7		Relationship skills
Identify Strengths	Social Emotional Learning	Strengths	Strengths Finder	Complete an inventory designed to help students identify strengths	M2 B-LS4, B-LS9		Self-awareness
Understand successful study habits**	Academic Skills	Study Skills	Learning Style Indicator	Take an assessment to understand individual learning styles	M4 B-LS3, B-LS4		Self-management
Identify post-high school goals**	College Knowledge	Post-Secondary Goal Setting	Game Plan Survey	Take a post-secondary planning survey	M5, M6 B-LS7, B-SMS5		Self-management
Understand various aspects of postsecondary institutions	College Knowledge	Types of Colleges	College Profiles	Explore various pathways after high school	M4 B-LS9		
Create a four-year plan of study**	Academic Skills	Course Planning	Course Planner Naviance Curriculum	Create a course plan	M5 B-LS1, B-LS8	College Ready	
Understand how to work successfully with others	Interpersonal Skills	Teamwork	Naviance Curriculum	Participate in a team-building activity	M1, M3 B-SS1, B-SS2, B-SS3, B-SS4, B-SS6, B-SS7		Relationship skills
Understand components of a college application	College Knowledge	College Applications	Naviance Curriculum	Complete a mock college application	M4 B-LS9		
Understand methods on how to pay for college	College Knowledge	Paying for College	Naviance Curriculum	Learn about grants, loans, and scholarships	M4 B-LS9		
Create a career related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align career interests with a SMART goal	M4 B-LS7, B-SMS5		Self-management
Create an academic related SMART goal	Academic Skills	Academic Goal Setting	Goals	Identify an academic goal and identify steps to reach it.	M5, M6 B-LS7, B-SMS5		Self-management

# CCLR Framework | Objectives + Activities | Grade 10

Objective	Competency	Theme	Naviance Tools	Suggested Activity	ASCA Behaviors and Mindsets	Redefining Ready!	CASEL Competencies
Identify interests**	Social Emotional Learning	Interests	Career Interest Profiler	Take an interest inventory	M5 B-LS7, B-LS9		Self-awareness
Participate in Extracurricular Activities	Interpersonal Skills	Getting Involved	Resume	Update high school resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills
Conduct a college search	College Knowledge	College Search	SuperMatch	Participate in a college search	M4 B-LS1, B-LS5, B-LS9		
Identify colleges of interest	College Knowledge	College Search	My Colleges	List college of interest	M4 B-LS1, B-LS9		
Prepare for standardized tests (PSAT/PreACT)	Academic Skills	Test Preparation	Naviance Test Prep	Learn about successful testing strategies & take a practice test	M6 B-LS4, B-LS8	College Ready	
Update post-secondary goals	College Knowledge	Post-Secondary Goal Setting	Gameplan Survey	Review and update post-secondary pathway survey	M5, M6 B-LS7, B-SMS5		Self-management
Create career-related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align career interests with a SMART goal	M4 B-LS7, B-SMS5		Self-management
Create academic-related SMART goal**	Academic Skills	Academic Goal Setting	Goals	Identify a SMART goal related to academics	M5, M6 B-LS7, B-SMS5		Self-management
Update four-year plan of study	Academic Skills	Course Planning	Course Planner	Review and update four-year course plan	M5 B-LS1, B-LS8	College Ready	
Understand the meaning of debt	Transition Skills	Financial Success	Naviance Curriculum	Participate in an inventory or game to learn about good or bad debt	M2, M5 B-LS1, B-LS3		Responsible decision-making
Identify careers of interest**	Career Knowledge	Career Search	My Careers	Research and save careers of interest	M4 B-LS9		
Understand the meaning of expected family contribution	College Knowledge	Paying for College	Naviance Curriculum	Learn about the FAFSA 4aster	M4 B-LS1, B-SMS1		

Understand how to communicate effectively online	Interpersonal Skills	Online Presence	Surveys	Practice effective email conversations	M6 B-LS5, B-SS1		Social awareness
Identify habits that lead to success	Social Emotional Learning	Self-Awareness	Naviance Curriculum	Brainstorm successful habits and make a plan to utilize those skills	M2 B-LS1, B-LS6, B-LS9		Self-awareness
Discuss future plans/goals with family members**	Interpersonal Skills	Support Network	Naviance Curriculum	Take a family discussion survey on future goals	M2 B-SS3, B-SS5		Relationship skills

## CCLR Framework | Objectives + Activities | Grade 11

Objective	Competency	Theme	Naviance Tools	Suggested Activity	ASCA Behaviors and Mindsets	Redefining Ready!	CASEL Competencies
Understand the factors that lead to right college fit**	College Knowledge	College Fit	Naviance Curriculum	Learn about college fit & make a list of important characteristics	M4 B-LS-1, B-LS7, B-LS9		Self-awareness
Participate in Extracurricular Activities	Interpersonal Skills	Getting Involved	Resume	Update high school resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills
Complete a college search**	College Knowledge	College Search	SuperMatch	Using fit criteria, conduct a college search	M4 B-LS-1, B-LS7, B-LS9		
Attend college visits	College Knowledge	Types of Colleges	College Visits	Attend college visits on a campus and at school	M4 B-LS-1, B-LS7, B-LS9		
Identify colleges of interest	College Knowledge	College Fit	My Colleges	List colleges of interest	M4 B-LS1, B-LS9		
Take the PSAT, SAT, and/ or ACT	Academic Skills	Postsecondary Assessments	My Test Scores	Register for and take a post-secondary assessment	M6 B-LS4, B-LS8	College Ready	
Identify careers and college majors of interest**	Career Knowledge	Career Fit College Majors	My Careers	Research and save careers and college majors of interest	M4 B-LS1, B-LS9		
Estimate Financial Aid Need via Financial Aid	College Knowledge	Paying for College	Naviance Curriculum	Estimate need using a financial aid calculator	M4 B-LS1, B-SMS1		

Calculator							
Understand the financial aid process**	College Knowledge	Paying for College	Naviance Curriculum	Learn about EFC and requirements of the FAFSA	M4 B-LS1, B-SMS1		Responsible decision making
Update 4-year plan of study	Academic Skills	Course Planning	Course Planner	Review four-year course plan	M5 B-LS1, B-LS8	College Ready	
Understand unique personal qualities	Social Emotional Skills	Self-Awareness	Naviance Curriculum	Brainstorm unique personal qualities through an analysis of strengths	M1 B-LS9		Self-awareness
Update post-secondary goals**	College Knowledge	Post-Secondary Goal Setting	GamePlan Survey	Align post-secondary goals with career aspirations	M5, M6 B-LS7, B-SMS5		Self-awareness
Create career-related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align career interests with a SMART goal	M4 B-LS7, B-SMS5		Self-awareness
Create academic-related SMART goal	Academic Skills	Academic Goal Setting	Goals	Align academic goals with post secondary goals	M5, M6 B-LS7, B-SMS5		Self-awareness
Write a personal statement	College Knowledge	College Applications	Naviance Curriculum	Write a personal statement	M4 B-LS4, B-SS1		Self-awareness
Understand effective communication practices	Interpersonal Skills	Communication Skills	Surveys	Practice public speaking and interview skills	M2 B-SS1, B-SS2 B-SS3		Relationship skills
Understand how to overcome challenges	Social Emotional Learning	Grit	Naviance Curriculum Roadtrip Nation/ Surveys	Hear about real-life challenges and analyze ways to overcome them	M2 B-SMS6, B-SMS7, B-SMS10, B-SS5		Self-management

## CCLR Framework | Objectives + Activities | Grade 12

Objective	Competency	Theme	Naviance Tools	Suggested Activity	ASCA Behaviors and Mindsets	Redefining Ready!	CASEL Competencies
Participate in Extracurricular Activities	Interpersonal Skills	Getting Involved	Resume	Update high school resume	M3 B-LS10, B-SS2, B-SS3, B-SS7	Career Ready	Relationship skills

Understand how to overcome obstacles	Social Emotional Learning	Grit	Naviance Curriculum	Learn about how others have overcome obstacles and make a plan to deal with obstacles	M2 B-SMS6, B-SMS7, B-SMS10, B-SS5		Self-management
Finalize post secondary plan	College Knowledge	Preparing for Life Preparing for College	GamePlan/Senior Exit Survey	Review and update post-secondary pathway	M5, M6 B-LS7, B-SMS5		Responsible decision making
Finalize college application list	College Knowledge	College Applications	My Colleges	List final colleges of interest based on right fit	M4 B-LS1, B-LS9		Responsible decision making
Apply to college or alternative pathways**	Transition Skills	College Applications Preparing for Life	Naviance Curriculum Colleges I'm Applying To	Submit applications to college, military, or career	M4 B-LS1, B-LS9		
Complete the FAFSA	College Knowledge	Paying for College	Naviance Curriculum	Complete and submit the FAFSA	M4 B-LS1, B-SMS1	College Ready	
Complete a scholarship search	College Knowledge	Paying for College	Scholarship Search	Conduct a scholarship search	M4 B-LS1, B-SMS1		
Apply for scholarships	College Knowledge	Paying for College	My Scholarships	Apply for scholarships	M4 B-LS1, B-SMS1		
Analyze financial aid offers	College Knowledge	Paying for College	Naviance Curriculum	Learn how to compare financial aid offers	M4 B-LS1, B-SMS1		Responsible decision making
Make a plan to pay for college	College Knowledge	Paying for College	Naviance Curriculum Surveys	Lay out a plan on how to pay for college	M2 B-LS1, B-LS9		Responsible decision making
Create career-related SMART goal	Career Knowledge	Career Goal Setting	Goals	Align post-secondary career plan with a SMART goal	M4 B-LS7, B-SMS5		Self-management
Create academic related SMART goal	Academic Skills	Academic Goal Setting	Goals	Identify a SMART goal related to academics	M5, M6 B-LS7, B-SMS5		Self-management
Choose a postsecondary option**	Transition Skills	College Fit	Senior Exit Survey	Choose and communicate a post-high school path	M4, M2 B-LS7, B-SMS10		Responsible decision making
Create a college or post-high school budget	Social Emotional Learning	Preparing for Life	Naviance Curriculum	Create a real-life budget for college or career	M5 B-LS3, B-SMS10		Responsible decision making

Identify post-high school support network**	Interpersonal Skills	Support Network	Surveys	Brainstorm support network outside of high school	M1, M3 B-SS2, B-SS3		Relationship skills
Make a plan to overcome summer melt**	Transition Skills	Summer Melt	Naviance Curriculum Surveys	Create a plan to overcome obstacles during summer transitions	M1, M2, M4, M6 B-LS3, B-LS7, B-SS8	College Ready	Self-management