

ACTIVITY WORKSHEET

Name: _____

Instructions: List and describe your activities, experiences and accomplishments. Fill in only those activities that apply to you. Use this worksheet to develop your own customized activity record. See your counselor if you need assistance.

Nature of Activity	Your Participation				Accomplishments
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	9	10	11	12	Positions
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SCHOOL ACTIVITIES

ATHLETIC ACTIVITIES

(Varsity, JV, or Intramural/Club Level)

WORK EXPERIENCE

COMMUNITY ACTIVITIES

INTERESTS/SUMMERS/OTHER

