

Student Name _____ Counselor: _____

Carmel High School: Senior Autobiography

This form MUST be turned in with the “PARENT BRAG SHEET” to request a letter of recommendation from your counselor. All materials must be received by OCTOBER 13, 2023 in order to have a counselor letter of recommendation written on your behalf.

1) I am planning to pursue the following after graduation: (*circle those that apply*)

2-year college

4-year college

trade/tech school

Armed Forces

work force

2) Why do you want to attend college or your selected path? What factors have influenced this decision?

3) Are you a first generation college student (neither of your parents went to college) **YES** **NO**

4) What goals have you made for yourself? Do you have an intended major/career path? (if yes, please list). How did you come to select this career or major? What have you done to learn more about the major/career? (internship, volunteer, work experience, high school courses)

5) Describe yourself as a student... What subjects do you enjoy the most? How do you learn best?

6) Regardless of the grade earned, what has been your favorite class at CHS? Why?

7) Regardless of the grade earned, what course has given you the most difficulty? Why? What did you do when faced with that challenge?

8) What do you consider to be your greatest strength? Why? How have you demonstrated this strength? (Give examples to support).

9) What are you most proud of? Why? Use examples to support.

10) Do you feel your high school grades reflect your ability? YES NO

11) **If you answered NO**, what circumstances have prevented you from realizing your full potential, or why do you believe your grades do not reflect your abilities? What do you consider the best measure of your potential success in college work?

12) If you had a particularly bad academic year (in high school) please explain why (and what year it was). What steps have you taken to rebound from this bad year or what steps do you plan to take to rebound? If you have the same answer as the previous question, you do not need to repeat the answer here.

13) Who here at CHS has most influenced you? Why?

14) If you had the opportunity to work on a project outside of school, please describe. What did you set out to do? What did you learn? What was accomplished?

15) What extra-curricular activity (club, sport, work experience, volunteering, etc.) has been the most meaningful to you? Why? How have your activities impacted you or the life of someone else? Please be specific and give examples.

16) Please complete the following table by *listing in the order of importance to you*, Activities, Art, Athletics, Work, Volunteer experience, etc. in and outside of high school. **Please be as specific as you can. (You may attach a resume instead of completing this page)**

ACTIVITY (w/description)	9	10	11	12	Positions held, honors, leadership, major contributions to activity



17) List the schools you are planning to apply to. Please group by your interest level.

WILL APPLY

Not Sure/Just thinking right now

Probably Will Apply

18) If you are trying to be recruited for a sport, what progress has been made with coaches? Be as specific as possible. Be sure to also note the sport and division you hope to play.

19) Who are you planning to ask to write a letter of recommendation on your behalf? What reasons do you have for each selection?

20) Is there any other information you would like to share with your counselor, or anything you have spoken about in the past that you would like to remind him/her of as they write letters of recommendation?

21) Is there anything specific you believe should or should not be mentioned about you in your letter of recommendation?

22) What is a fun fact or talent that makes you unique?

THANK YOU FOR COMPLETING YOUR BRAG SHEET!!

thank you!