

**WEC PRESENTS:**

# SETTING YOUR STUDENT UP FOR SUCCESS

SET THE  
STAGE

SUPPORT  
ORGANIZATION

SUPPORT  
FOCUS

HELP WITH  
COMMON HW  
TROUBLES



**Let's talk about  
Homework with**

 **DR. NEWMAN**

 **MRS. PEDUTO**

 **MS. SILVER**

# SETTING YOUR STUDENT UP FOR SUCCESS

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# Setting the Stage

## **CREATE A DESIGNATED HW AREA**

- ❖ Decide with your child where daily HW will be completed
- ❖ Consider noise level, availability for support, physical set up
- ❖ Discuss how the space is working and make changes if needed
- ❖ Create a HW supplies bin

## **DECIDE WHEN HW WILL BE COMPLETED**

- ❖ Include your child in the process
- ❖ Review calendar/daily schedule to find an appropriate time
- ❖ Some children need more structure and support than others
- ❖ Discuss how things are working and make changes as needed



# Supporting Organization

## TREAT ORGANIZATION LIKE A SUBJECT

- ❖ Start off HW time with a few minutes to organize
- ❖ Go through papers/binders
- ❖ Review assignments and materials needed
- ❖ Come up with an order to do HW
- ❖ Schedule check-ins if needed
- ❖ Begin with modeling and explaining the process and gradually release control as your child gets older and becomes more independent
- ❖ Create a “Launching Pad”
  - Have a bin/designated space for everything your child needs to bring to school
  - Create and refer to a checklist for packing backpack
  - Pre-pack what you can at night for the next day
  - Teach and practice these strategies



# Supporting Focus

## HELP YOUR STUDENT STAY IN “WORK MODE”

- ❖ Consider the environment
- ❖ Allow some movement
- ❖ Some students prefer standing at the table
- ❖ Incorporate breaks for movement
- ❖ Consider the time of day
- ❖ Distracted students might need more check-ins for pacing
- ❖ Timers can be used



# Common HW Troubles

## PROCRASTINATION

- ❖ Does your child feel overwhelmed or underprepared?
- ❖ Make sure your child knows what to do and how to start
- ❖ Suggest beginning with an easy task (some students might prefer getting harder tasks out of the way first)
- ❖ Break down the work into smaller chunks
- ❖ Help schedule and pace long-term assignments
- ❖ Incorporate rewards





# Common HW Troubles

## RUSHING

- ❖ Create a designated minimum amount of HW time
  - If your child finishes early, they can practice math facts or read until the time is up
- ❖ Consider changing when HW is done
  - Is there something time-sensitive they are rushing to do?
  - Is it too late, and they have expended all their energy?



# Common HW Troubles

## FRUSTRATION

- ❖ Stay calm and avoid arguing whenever possible
- ❖ Allow your child to calm down before getting back to work
- ❖ Listen - find out what's causing the frustration
- ❖ Ask your child what support they need/would like
- ❖ Communicate with the teacher (encourage child to ask questions and communicate with teacher too)





# Review of Strategies to Help with HW

Set a specific time and place to do homework.



Help your child stay organized.



Offer short breaks if necessary.



Model a positive attitude about school work.



Collaborate with your child's teacher(s).



Do something fun after homework is done.



Help your child practice coping skills.

