

Saint Vincent Ferrer High School

2023-2024 STUDENT ATHLETES HANDBOOK

PREFACE

This handbook is designed as a guide for student athletes and parents who are connected with the St. Vincent Ferrer Athletic Program. Athletic programs make a significant contribution to the total education of the students in this high school. It is hoped that the content of this handbook will assist in the direction of these programs, in the classification of policies and practices, and ultimately, in the improvement of St. Vincent Ferrer Athletics.

MISSION STATEMENT

Saint Vincent Ferrer High School is a Roman Catholic educational institution whose primary function is to educate the whole student. The students' spiritual and academic growth is our focus, but we recognize the value of a comprehensive athletic program to enhance their experience. We will support our teams and our athletes in a positive and caring way. We will follow all CHSAA and Saint Vincent Ferrer High School regulations, goals, and objectives.

We encourage our coaches to stress the importance of physical fitness, conditioning, and safety in all athletic activities.

VISION

Saint Vincent Ferrer High School strives to be the premier college preparatory school in New York City. The school provides a learning environment that embraces the Gospel values of the Roman Catholic faith and promotes a commitment to family and community. The school prepares our young women to realize their potential, helps them excel in higher education and provides a foundation to guide them throughout their lives.

PHILOSOPHY STATEMENT

Athletics and our other high school activities are an important part of the total high school experiences in such things as teamwork, commitment, and sportsmanship. We believe that interscholastic athletics and our other activity programs complement our academic programs and provide our student athletes with a well-rounded education. We believe it is a privilege to participate in the athletic program.

The athletic program at St. Vincent Ferrer High School is intended to develop our athletes. No one performs well accidentally; it is the result of preparation and commitment. This is true in life also. A person who has set goals and knows what she is doing and where she is going, will attain those goals.

Preparation instills a sense of confidence to perform well because there is a dedication to a purpose. Through athletics we are preparing our students to be successful in many areas beyond athletics.

We believe that participation in high school activity programs teach values that help students become more productive citizens, build strong minds and bodies, instill confidence, and poise, and recognize that competition is part of life in our society.

Athletics is an avenue to demonstrate that race, color, creed, gender and economic or social status need not be obstacles to participation and success.

VALUES

To support the vision, St. Vincent Ferrer High School will continue to focus on all the following:

- Providing an environment where the faculty, administration, support organizations, and students, by example and program, actively promote:
 - Roman Catholic teaching and values (morals, ethics, and spirituality)
 - Family values
 - Community responsibilities
 - Tolerance and diversity
- Developing educated and creative thinkers who exhibit superior intellectual and communication skills.
- Instilling passion for learning and teaching in a safe and secure environment.
- Providing a strong, holistic foundation to enable all students to enter and succeed in competitive higher learning institutions.
- Providing a strong program for social and physical development in an atmosphere of healthy competition.

Students at St. Vincent Ferrer High School have the opportunity to qualify for participation in the following CHSAA approved interscholastic sports:

Fall

Cheerleading

Dance

Varsity Soccer

Cross Country

Varsity Swim

Junior Varsity Volleyball

Varsity Volleyball

Winter

Cheerleading

Dance

Junior Varsity Basketball

Varsity Basketball

Varsity Swim

Indoor Track & Field

Spring

Cheerleading

Dance

Varsity Softball

Varsity Lacrosse

Outdoor Track & Field

At the Varsity level our goal is to compete successfully. We fully expect to develop a winning tradition for our athletic teams. Our philosophy is that the junior varsity would be developmental, and an effort should be made for all participants to play.

STUDENT-ATHLETES PARTICIPATION REQUIREMENTS

Before an athlete can **PRACTICE** in a particular activity, the following criteria must be met:
Participation Requirements

- A. **Enrollment:** The student must be registered at St. Vincent Ferrer and have a daily class schedule.
- B. **Age:** If a student becomes 19 years of age before September 1, she is **not** eligible for any part of the school year.
- C. **Physical Examination on file with Athletic Director:** A student is eligible to engage in practice and to compete only after there is on file with the athletic department an annual physical examination for the current school year (after March 1st). Physical examination forms are available in the front office and must be filled out and signed by a physician.\
- D. **Parent Permission on file with Athletic Director:** Parent or Legal Guardian consent is required prior to student athlete participation.
- E. **Consent to treat on file with Athletic Director:** A Consent for Treatment Form signed by parent or legal guardian must be on file in the athletic office. The coach must carry a copy of the signed form for any school-sponsored activity.
- F. **Signatures:** Athletes and their parents must have read the Student Athlete Handbook and turned in a signed signature form stating they have done so.

2023-2024 ACADEMIC ELIGIBILITY

Athletic/academic eligibility is determined approximately every 4 1/2 weeks.

All student-athletes must maintain a C average or above in all their classes in order to remain eligible to play on the team.

Changes in eligibility status take place on a Monday.

At each grade check a student-athlete who is receiving a D or an F in any of her classes is ineligible.

Grade Check: Official warning of ineligibility, student-athletes have one week (probation period) to be passing all classes.

Probation: During this time the student athlete may continue full participation. If the student-athlete has not brought up her average to a C in all her classes at the end of the probation period, then she is ineligible.

Ineligible: Student-athletes who are ineligible may not participate in any games during the ineligibility period and will not be excused to miss any course time for home or away games. Student athletes may continue to practice at the discretion of the Head Coach.

Reinstatement Check: At the end of one week of ineligibility the student-athlete may request to be reevaluated one more time. If her average continues to be below a C in any of her classes at that time, then she is ineligible until the next grade check.

If a student-athlete's ineligibility time frame occurs during a break, then she will be ineligible during the break.

If a student-athlete fails a class at the end of the semester or year, they will be ineligible for their next official game.

Attendance Eligibility

The athlete must be in attendance all day at school to participate that day (game or practice) unless excused by the administration.

Cutting a class or classes will result in being ineligible for the next scheduled game.

Suspension from School

Athletes that are suspended from school are ineligible for practices and competitions during the duration of the suspension plus the number of days of the suspension. For example, an athlete that was suspended from school for 3 days will be ineligible an additional 3 days once they return to school.

THE RULES

All student athletes will be asked to meet the following expectations:

2. Students will not use or possess tobacco of any kind.
3. Students will not use or possess alcohol of any kind.
4. Students will not be involved in theft or vandalism of school, community, or private property.
5. Students will not consume, possess, buy, sell, or give away any narcotic paraphernalia, or drug that is defined as illegal by law.
6. Students will not use or possess steroids of any kind.

St. Vincent Ferrer High School believes that students who are granted the privilege of participating in extracurricular activities will be held to higher standards of behavior than students in the general populations. Students who participate in extracurricular activities at Ferrer shall not possess, use, sell, give, or otherwise transmit, or be under the influence of any drug, or counterfeit drug, in which possession is prohibited by law. This includes any tobacco product, illegal drugs, alcohol, or intoxicants of any kind. The principal may exclude any student from all extracurricular participation for one (1) calendar year for a violation that involves the selling, or distributing of any quantity of illegal drugs, counterfeit drugs or controlled substances.

Additionally, any violation of school district regulations, state or federal laws that could have negative implications on the health, safety and welfare of students in the general school populations may also be cause for exclusion from participation.

This policy will be subject to enforcement and/or disciplinary action by the administrative and athletic departments for the entire year. Any offenses in violation of this policy are accumulative during a student's participation in extracurricular activities. The consequences listed in this policy are ***in addition*** to regular to the school's policies regarding student substance abuse.

First Violation

Immediate exclusion from the activity. No athletic team participation for one calendar year unless the student and parents/guardians agree to participate in a counseling program and abide by other contractual obligations under the direction of the school administration. If the counseling program is opted for, the penalty will be reduced to two weeks. If less than 2 weeks of the season remain, there will be a carry over into the next sport including the following year so that the total exclusion is at least 2 weeks.

Second Violation

Exclusion from all participation for one calendar year.

Third Violation

Exclusion from all athletic participation for the remainder of the student's high school enrollment.

Additional Expectations:

1. Student athletes are urged not to attend parties where liquor or narcotics are being used or consumed.
2. The use of profane or obscene language or acts of vulgarity will not be tolerated.
3. Student athletes representing teams are expected to exemplify the highest standard of sportsmanship.
4. Student athletes are expected to demonstrate exemplary conduct on and off campus, adhere to school rules and community laws and show respect for individuals and property.
5. Field and court regulations and procedures will be specified by each coach. All athletes are expected to obey these regulations and to conduct themselves in a commendable manner.
6. Losing, as well as winning, is part of the game. Athletes should be gracious in defeat and modest in victory.
7. False athletes often display fits of temper, clowning, etc., when things fail to go as they desire or when being replaced by a teammate. True athletes have control of themselves.
8. Officials of a game are there for the purpose of insuring both teams that they will receive a fair deal.
9. It is athletic tradition and rule that no one except the appointed captain talk to the officials. NO REMARKS should be directed at the game officials or opposing team players!
10. **Cell Phones:** *All cell phones are to be turned off and put away during the following:* practices, travel time, matches, tournaments, team meetings, events, and any other team events.
11. Any behavior contrary to that which has been stated is a direct reflection on the school, team, and coaches, and **WILL NOT BE TOLERATED!**

Any breach of the previously listed statements may lead to disciplinary actions that may include suspension, dismissal, and the withholding of honors and awards.

Sportsmanship Rule

All student athletes are expected to always demonstrate the highest degree of sportsmanship. Students are expected to respect opposing players, coaches, officials, spectators, and support groups.

NO USE OF PROFANITY, AND IT IS NOT PERMITTED IN ANY OTHER LANGUAGE.

TEAM CAPTAINS

The position of captain is not just an honor, but a privilege. We expect our captains to be role models for other team members. They must display leadership qualities not only on the athletic field, but also in the school community. Each coach has the right, in consultation with the Athletic Director, to choose their captains.

SPECTATORS

All spectators and fans of Saint Vincent Ferrer Athletics are also expected to exhibit sportsmanship and to be always courteous.

ATHLETIC DEPARTMENT POLICIES

Procedures for contacting Athletic Department Personnel:

1. In order to teach advocacy skills, athletes with concerns about team policies should contact the coach directly. Many times, these types of meetings will resolve an issue or concern.
2. If the issue cannot be resolved, then the parents should call the coach to set up a meeting at a prearranged time.
3. If the issue is still not resolved, e-mail the Director of Athletics, Mrs. Loayza-Marcelo (ext. 107)
4. If the meeting with the Director of Athletics cannot resolve the issue, then call the Principal, Sr. Gail Morgan (ext. 101), to discuss the issue.

Injuries

All injuries should be reported immediately to the coach and the Director of Athletics, Mrs. Loayza-Marcelo, within 24 hours.

Tryouts

Athletes are not permitted to begin practice until all forms (permission, emergency data, and eligibility information) have been submitted.

The length of the tryout session may vary depending on the number of candidates, the weather conditions, facility limitations, etc. Each athlete should be given a fair opportunity to try out.

Use of Facilities

Athletic teams which are in season are permitted supervised, scheduled use of the facilities.

Students are not permitted to use the gym for recreational purposes unless a faculty member or coach has the explicit permission from the Director of Athletics/Principal.

Athletic teams not in season are bound by league and CHSAA rules and regulations regarding dates when official practices and tryouts may commence.

Facilities are to be clean and secure at the conclusion of use.

Keys are for the expressed use of salaried faculty members and coaches. Keys may never be given to students for any reason.

The unauthorized use of school grounds or facilities by anyone is prohibited.

Students are **NOT** permitted to use the elevator at all.

Supervision of Activities

No Ferrer student or athlete is to be in the school building after 3:00 p.m., unless she is under the supervision of a coach or teacher. This rule also applies to weekends, school vacations, and days when school is not in session.

Levels of Participation

- **Varsity Athletes**: Varsity athletes are those athletes that exhibit the most skill of those that have tried out for the team. They will have the opportunity to compete against equally talented athletes from opposing schools. A purpose of varsity athletics is to refine the skills of the team in an attempt to provide St. Vincent Ferrer High School with the best win-loss record possible.
- **Junior Varsity**: Junior varsity athletic programs offer those students who do not yet possess the skills required of varsity athletes an opportunity to participate in a competitive setting. Junior varsity athletes are in the process of gaining valuable knowledge, skill and experience required for varsity competition. Occasionally, junior varsity athletes may participate in varsity games based on the decision by the coaching staff that the athlete has made sufficient progress. This should not be misinterpreted as an absolute move to the varsity level.

Hazing/Initiation

Any form of hazing or initiation is prohibited by St. Vincent Ferrer High School and its athletic department. Hazing and initiation are defined as acts that injure, degrade or disgrace or are intended to injure, degrade, or disgrace any student. This prohibition applies on and off school grounds. Students are encouraged to report any incidents of this activity to school officials.

Consequences related to hazing and initiation will be pursued to the fullest extent allowed under state law and district policy.

Individual Team Rules

Coaches may establish additional rules and regulations with the approval of the Athletic Director for their respective programs. These rules as pertaining to a particular sport must be given by the coach in writing to all participants and explained fully at the beginning of participation. Penalties for violation of rules will also be in writing and shall be administered by the coach. Copies of all additional rules by coaches will be on file in the Director of Athletics office.

Playing Time

Varsity Level Programs: The philosophy of the varsity program is to place the best combination of athletes into a game or match situation. This combination of athletes is to be determined by the coaching staff based on their evaluation of the athletes. **No athlete is guaranteed playing time.**

Junior Varsity Programs: The philosophy of the junior varsity programs is to emphasize the development of physical and social skills for each athlete. All athletes will receive playing at the discretion of the head coach.

Equipment and Uniforms

1. Equipment/Uniforms issued to the student athlete, although the property of the school, is the student's responsibility.
2. School equipment/uniforms are to be worn only while participating with that school team in sanctioned practices or during scheduled games, unless approved by the coach.
3. Students shall turn in all athletic equipment/uniforms issued to them immediately after completion of their sport.
4. It is the responsibility of the student to replace or pay for any equipment/uniforms lost, stolen or damaged at the current replacement value, which will appear on her tuition statement.
5. Students failing to turn in all equipment/uniforms issued to them or who fail to pay for lost items shall not receive honors or awards for that sport or be permitted to take part in any other sport until satisfactory clearance is made. In addition, the student may not receive their transcript or report card until satisfactory clearance is made.

THE ATHLETE'S PLEDGE

Individual and team success in sports results from commitment. The extent to which young athletes are able to make such a commitment reflects their maturity as well as their dedication to family, friends, school and team.

Your coach already has made a similar kind of commitment. For these reasons, we ask you to read and agree to the following **PLEDGE**.

As an athlete in my school, I promise:

1. To be a worthy representative of my teammates and coaches, abiding by school and community expectations and reflecting my team's values of commitment and hard work.
2. To reflect the knowledge that a commitment to victory is nothing without the commitment to hard work in practice.
3. To attend every practice unless excused by my coach.
4. To understand that my future as a responsible adult relates more to my academic than my athletic activities.
5. To find the time to satisfy my family relationships and responsibilities.
6. To accept the responsibilities of team membership: cooperation, support of my teammates, shared responsibilities, positive interaction, and mutual respect.
7. To reflect my belief that true strength involves gentleness and that even the toughest athlete is sensitive to others.

I have read the above statements and promise to live up to them.

2023-2024 Student-Athlete,

Parent & Coach Communication Procedures

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to students.

Communications You Can Expect from Your Student-Athlete's Coach:

1. Philosophy as a coach.
2. Expectations the coach has for your student-athlete.
3. Location and times of all practices and games.
4. Team requirements (i.e., practices, special equipment, out of season training).
5. Procedures to follow should your student-athlete be injured during participation.
6. Discipline that may result in the denial of your student-athlete participation.

Communication That Coaches Can Expect from Parents:

1. Concerns expressed directly to the coach.
2. Specific concerns regarding coach's philosophy and/or expectations.
3. Notification of any illness, injury, or missed practices.

Appropriate Concerns to Discuss with the Coaches:

1. Treatment of your student-athlete, mentally and physically.
2. Ways to help your student-athlete improve.
3. Concerns about your student-athlete behavior.

It may be very difficult to accept your daughter not playing as much as you hope. Coaches are teachers. They make judgment decisions based on what they believe to be best for all involved. Therefore, **playing time will not be discussed.** As you have seen from the above list, certain things can and should be discussed with the coach.

Conferences:

There are often situations that may require a conference between the coach and the parents. The student-athlete may be invited and involved in these meetings. To resolve the problem, we must have everyone's help and cooperation.

If there is a problem, please do the following:

Have your daughter talk to the coach one-on-one (It is a part of growing up).

If this does not resolve the problem, the parent should:

Call the school and request a return call or meeting with the coach. Coaches will make time available in their day to meet with students and parents.

Parents should not:

- Confront the coach before or after practice.
- Confront the coach before or after a game.

Coaches are teachers. Parents would not walk into a classroom during class time and yell at the teacher about a poor grade, so they should not confront the coach in public. There are proper ways to communicate and have concerns addressed. Practices and games are highly emotional times for everyone involved players, coaches, and parents. Complaints and concerns **DO NOT** get resolved during emotional times.

What to do if the meeting with the coach did not provide a satisfactory resolution:

Contact: Mrs. Loayza Marcelo (Director of Athletics) at 212-535-4680 ext. 107 or gloayza@saintvincentferrer.com, to address your concerns.

We hope this information helps make your student-athlete and your experience with the athletic program both enjoyable and positive.



Saint Vincent Ferrer High School
151 East 65th Street
New York, New York 10065
Tel: 212-535-4680
Fax: 212-988-3455
www.saintvincentferrer.com

PARENTS AND ATHLETES AGREEMENT

After reading the 2023-2024 St. Vincent Ferrer High Student-Athlete Handbook, athletes and parents must sign this form stating they have read this handbook and understand the policies contained within. Athletes must have returned this form to the Department of Athletic Office in order to be eligible for the first competition.

ATHLETE'S AGREEMENT

I have read this handbook, and I agree to abide by all the policies of the St. Vincent Ferrer High School Athletic Department.

Student Athletes Full Name (Please Print)

Student Athletes Signature

Homeroom

Date

PARENT'S AGREEMENT

I have read the St. Vincent Ferrer High School Student Athletes Handbook, and I agree to uphold and support all of the policies of the St. Vincent Ferrer High School Department of Athletics.

Parents Full Name (Please Print)

Parents Signature

Date

PLEASE SUBMIT THIS FORM TO

MRS. LOAYZA-MARCELO, DIRECTOR OF ATHLETICS

DUE: Monday, August 28th

2023-2024 ATHLETICS COACHES DIRECTORY

Director of Athletics: Mrs. Gina Loayza Marcelo ext. 107 / gloayza@saintvincentferrer.com

FALL SPORTS

CHEERLEADING

Coach: Mr. Matthew Perez

mperez@saintvincentferrer.com

Coach: Ms. Francesca Pinto

fpinto@saintvincentferrer.com

CROSS COUNTRY:

Coach: Ms. Diana Cruz Ladino

dcruz@saintvincentferrer.com

Coach: Mrs. Olga Ladino Cruz

oladino@saintvincentferrer.com

DANCE

Coach: Ms. Katherine Shearin

kshearin@saintvincentferrer.com

Coach: Ms. Alyssa Archer

aarcher@saintvincentferrer.com

VARSITY SOCCER:

Coach: Mr. JP Roncoli

jproncoli@saintvincentferrer.com

Coach: Mr. Eamonn Duffy

eduffy@saintvincentferrer.com

VARSITY SWIM:

Coach: Mr. Felipe Rodriguez

frodriguez@saintvincentferrer.com

Coach: Ms. Alexandra Kelly Rubiano

akrubiano@saintvincentferrer.com

Coach: TBD

VARSITY VOLLEYBALL:

Coach: Mr. Orlando Carrillo

ocarrillo@saintvincentferrer.com

Coach: TBD

JUNIOR VARSITY VOLLEYBALL:

Coach: TBD

Coach: Ms. Katty Moncada

kmoncada@saintvincentferrer.com

2023-2024 ATHLETICS COACHES DIRECTORY

WINTER SPORTS

CHEERLEADING

Coach: Mr. Matthew Perez

mperez@saintvincentferrer.com

Coach: Ms. Francesca Pinto

fpinto@saintvincentferrer.com

DANCE

Coach: Ms. Katherine Shearin

kshearin@saintvincentferrer.com

Coach: Ms. Alyssa Archer

aarcher@saintvincentferrer.com

Varsity Basketball:

Coach: Mr. Joe DeSapio

jdesapio@saintvincentferrer.com

Coach: Mr. Peter Guerrero

pguerrero@saintvincentferrer.com

JUNIOR Varsity Basketball:

Coach: Mr. Peter Guerrero

pguerrero@saintvincentferrer.com

Coach: Mr. Joe DeSapio

jdesapio@saintvincentferrer.com

Varsity Swim:

Coach: Mr. Felipe Rodriguez

frodriguez@saintvincentferrer.com

Coach: Ms. Alexandra Kelly Rubiano

akrubiano@saintvincentferrer.com

Coach: TBD

Indoor Track & Field:

Coach: Ms. Diana Cruz Ladino

dcruz@saintvincentferrer.com

Coach: Mrs. Olga Ladino Cruz

oladino@saintvincentferrer.com

SPRING SPORTS

CHEERLEADING

Coach: Mr. Matthew Perez

mperez@saintvincentferrer.com

Coach: Ms. Francesca Pinto

fpinto@saintvincentferrer.com

DANCE

Coach: Ms. Katherine Shearin

kshearin@saintvincentferrer.com

Coach: Ms. Alyssa Archer

aarcher@saintvincentferrer.com

Varsity Lacrosse

Coach: TBD

Coach: Mr. Hugh Kilcommons

hkilcommons@saintvincentferrer.com

Outdoor Track & Field

Coach: Ms. Diana Cruz

dcruz@saintvincentferrer.com

Coach: Mrs. Olga Ladino Cruz

oladino@saintvincentferrer.com

Varsity Softball

Coach: Mr. Joe DeSapio

jdesapio@saintvincentferrer.com

Coach: Mr. Peter Guerrero

pguerrero@saintvincentferrer.com