

Head Start Parent Newsletter

Wills Point Primary School

March



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Wash Your Hands

Did you know that the best way to prevent an illness is to wash your hands?

Wet your hands with water, lather up with soap, and continue to rub while singing the "ABC's" two times. Rinse, pat dry, and you're ready to go with the best protection

Gather Around the Table



Family meals allow your child to focus on the task of eating and give you a chance to model good behaviors. It takes a little work to bring everyone together for meals. But it's worth it and the whole family eats better.

Head Start Enrollment

It's that time of year again! Enrollment for the 2017-2018 program year begins now! Children must be age eligible on or before September 1 and also be income eligible. Copies of the following documents are needed to initiate your child's application for the Early/Head Start program:

- **Proof of income**
(W-2 forms or tax return)
- **Proof of birth for applying child**
(birth certificate)
- **Proof of address**
(electric bill, water bill, etc.)

Head Start Disabilities



Children meet developmental milestones as they grow; first word, first step, playing with others, and singing songs; to name a few. Areas of development include thinking skills, social & emotional skills, language & speaking, vision & hearing, and physical development skills. The Head Start classroom provides opportunities for your child to develop skills. While each child develops and reaches milestones at a different rates, some children may fall behind in one or more areas of development. If you suspect your child has delays in development, you can talk to the teacher, the pediatrician, and you can also contact your Head Start Disabilities staff member. Ask your Family Service Worker for contact information.

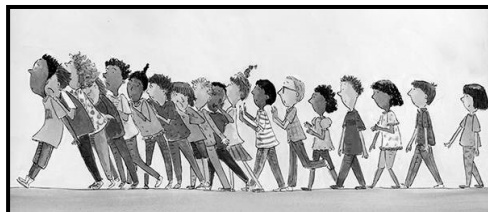
Head Start Disabilities - 903-988-7647 or 903-988-7665



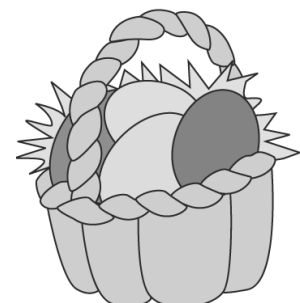
Featured Community Resource

WIC/Canton office

903-567-6732
241 State Highway 19
Canton, TX 75103



If you know of family members or friends interested in the Early/Head Start program, or if you have questions, please contact your family service worker.



**2018
Upcoming Parent
Meeting Plans**

**No March meeting
scheduled**

**03/08/18
Floats with Fathers**



How to Help Your Child Learn to Share

Learning how to share is a big challenge for all children because it often means putting aside one's own needs in order to make someone else happy. Sharing is not a skill children have when they are born—they need to be taught how to share and how to see that their efforts have helped someone else feel happy or solve a problem.

Try This at Home

- Read books about sharing with your child. Talk about how the characters might feel as the story unfolds.
- Notice and point out when other children are sharing. "I see that those girls are sharing their snack."
- Notice and let your child know that you see the many moments in the day when he is sharing. "Thank you for sharing your crayons with me. I feel happy when you share." Or "When I came to pick you up from school, I noticed that you were sharing the toys with Sophie."

Sharing is a skill that your child will use throughout her life to get along with others during activities and build friendships. Children who learn how to share are better able to understand other's feelings, negotiate difficult situations with confidence and feel secure in their ability to solve problems by themselves.

<http://challengingbehavior.fmhi.usf.edu/>



This information is from ECLKC website (www.eclkc.ohs.acf.hhs.gov)

Parents and Families as Teachers

As a parent, you have many responsibilities: caregiver, provider, protector, role model, and teacher. The Head Start Program recognizes and respects you as your child's first — and most important — teacher. That is why Head Start provides parents and families with information and tools to help them teach their children at home and support their learning in the Head Start classroom. Much of your job is simply supporting and encouraging your children's natural curiosity about the world around them. Here are just a few examples of what you can do:

Social Skills

Children will learn how to get along with other people from watching you. You can teach your children to be confident and comfortable around other adults and children by having them participate in play groups or play with other children in your neighborhood. You can encourage your children to ask questions, share their toys and snacks with others, and help friends or siblings with a task they have already mastered. Letting your children learn to do things for themselves, such as making a sandwich or choosing their clothes, will also inspire confidence. Most of all, praise your children and make them feel loved each and every day. All of the above skills will help your children get ready for school, and help them feel comfortable and successful once they are there. Head Start staff, your children's doctor, or other child professionals are also available to support you in your important role as your children's first teacher. The rest is up to you!

Classroom News and Reminders!

Parents, do you have extra time during the day? We would love for you to volunteer in the classroom or offer your time to help our teachers with cutting materials out at home. Please let us know if you would be interested!

Dates to Remember:	Birthdays:	Important Reminders:
03/08 Floats with Fathers 03/12-16 No School 03/30 No school	03/28 Jace B	Notify Ms. Sina of any dental and physical appointments.