

**Island Park UFSD and Island Park PTA  
2023-2024**

**School policy requires snacks and food for distribution in school from the following lists (front and back). School policy also excludes all home baked/homemade items and items not on the list provided below. All items on this list are peanut and tree nut free. It does not represent all allergens. This list is posted on the district website for easy access on your smart phone. Though we appreciate many of our parents' generosity, we ask that you do not distribute "goody bags" with food at any celebration or special event including candy.**

**APPROVED CLASSROOM SNACKS**

**Fruit/Vegetables/Yogurt/Cheese**

- Fresh Fruit-GF
- Fruit cups-GF
- Dried Fruit
- Raisins-plain (NO chocolate covered or yogurt covered)-GF
- Ocean Spray craisins-GF
- Fresh Veggies-GF
- Applesauce cups (all brands)-GF
- GoGo squeeZ applesauce (any squeeZ product)-GF
- Cheese (any brand, but NOT containing nuts)-GF
- String cheese (any brand)
- Yogurt-individual cups or tubes
- Yogurt smoothies (NO candy toppings or granola)

**Fruit Snacks**

- Betty Crocker Fruit by the Foot (any flavor)-GF
- Betty Crocker Fruit Rollups (any flavor)-GF
- Betty Crocker Fruit Snacks (Dora, Batman, Spider Man, Ninja Turtles, etc.)
- Annie's Organics Bunny Fruit Snacks (any flavor)-GF
- Kellogg's Fruit Snacks (any flavor)-GF

**Pretzels**

- Bachman-Twists, Rods, Sticks, Kidzels, Sourdough (only)
- Pepperidge Farm-Goldfish Pretzels
- Rold Gold Pretzels
- Snyder's of Hanover Pretzels (sour dough nibblers, minis, thins, snaps, rods, sticks, pretzel rings)
- Snyder's of Hanover Pretzels-GF rods, sticks, mini pretzels

**Crackers**

- Nabisco Wheat Thins (any flavor)
- Nabisco Triscuits (any flavor)
- Sunshine Cheez-its (any flavor)
- Pepperidge Farm Goldfish
- Keebler Elfin Crackers
- Saltines

**Misc.**

- Kellogg's Rice Krispie Treats
- Jell-O Pudding Cups (any flavor)-GF
- Jell-O Gelatin-GF
- Bamboo Lane Organic Brown Rich Crunchy Rice Roller
- Nature's Child Pudd'n Pouches (any flavor-found in Target, Walmart)

GF – Gluten Free

**Chips**

- Sun Chips (any flavor)
- Smart Food cheddar popcorn-GF
- Pirate's Booty (any flavor)-GF
- Baked Lay's potato chips (any flavor)-GF
- Lay's potato chips (any flavor)-GF
- Utz potato chips (any flavor – except Kettle)-GF
- Frito Lay Baked Crunchy Cheetos-GF
- Frito Lay Baked Puffed Cheetos-GF
- Frito Lay Fritos, Frito Lay Funyuns-GF
- Wise Puffed Cheez Doodles-GF
- Wise potato chips (any flavor)-GF
- Dorito's (regular and reduced fat-any flavor)
- Tostitos Tortilla Chips (any flavor)-GF
- Pringles potato chips (any flavor)
- Bachman popcorn – original, light flavors-GF
- Bachman Jax Real Cheddar Cheese Baked Puffed Curls-GF
- Good Health – Veggie Stix, Pizza Veggie Stix, Veggie Chips-GF
- Cape Cod Potato Chips (any flavor)-GF
- Wise Popcorn (white cheddar)-GF
- Pop Corners-GF
- Ruffles Potato Chips (all flavors)
- Skinny Pop-GF
- Sensible Portions Veggie Straws-GF (Variety Pack, Sea Salt & Zesty Ranch)

**Cookies**

- Nabisco Oreos and Oreo mini-packs-original flavor ONLY
- Nabisco Double Stuff Oreos
- Nabisco Chips-A-Hoy and Chips-A-Hoy mini-packs (original flavor ONLY)
- Nabisco Honey Maid Graham Crackers (any flavor)
- Nabisco Fig Newtons (any flavor)
- Nabisco Teddy Grahams (any flavor)
- Keebler Scooby Doo Graham Crackers
- Nutri-Grain Cereal Bars (any flavor)
- Pepperidge Farm Goldfish Grahams (any flavor)
- Linden Chocolate Chip Cookies
- Nature's Bakery Fig Bars (variety pack-Apple Cinnamon, Blueberry, Raspberry)
- Made Good Brand Granola Bars, minis & crispy squares (Costco) GF

**Over→**

## APPROVED FOOD for BIRTHDAY PARTIES/SPECIAL CELEBRATIONS

### Fruit/Dried Fruit/Yogurt

- Fresh Fruit-GF
- Fruit cups-GF
- Dried Fruit
- Raisins-plain (NO chocolate covered or yogurt covered)-GF
- Ocean Spray raisins-GF
- Applesauce cups (all brands)-GF
- GoGo squeeZ applesauce (any squeeZ product)-GF
- Yogurt smoothies (NO candy toppings or granola)

### Frozen Ice Pops/Ice Cream

- Marino's Italian Ices (any flavor)-GF
- Luigi's Italian Ices (any flavor)-GF
- Popsicle (brand) Ice Pops ONLY (any flavor)-GF
- Philly Swirl-Swirl Stix, Swirl Cups, Swirl Popperz (any flavor)-GF
- Breyers Pure Fruit Bars (strawberry, orange, raspberry)-GF
- MinuteMaid Juice Bars (cherry, grape, orange)-GF
- AlaMode Ice Cream (any flavor)-GF

### Cupcakes/Brownies

- Stop & Shop "peanut free" cupcakes (all sizes)\*
- Stop & Shop Fudge Brownie Bites (peanut free symbol on package)\*
- King Kullen Everyday Favorites "peanut free" cupcakes\*
- King Kullen Sweet Delish! Tasty cupcakes\*
- Favorite Day Bakery Mini Cupcakes (Chocolate & Vanilla, Smore's, Vanilla, Chocolate)
- Sweet Peace Bakery – All Products

**\*Note:** The label on these cupcakes do NOT say "tree nut free" (only states "peanut free"). We verified with Maplehurst Bakery (Brownsburg, IN), the bakery that supplies Stop & Shop and King Kullen, that these cupcakes are, in fact, both peanut and tree nut free. If you require additional information, please refer to the district website where information from Maplehurst Bakery is posted; you may also contact the Maplehurst Bakery directly.

### Donuts/Muffins

- Concord Bakery Assorted Donut Holes (BJs)
- FGF Brans Mini Muffins (Corn, Blueberry, Chocolate Chip) (Stop & Shop)
- Abe's Muffins (all flavors – Wild by Nature)

### Cookies

- Our Specialty-frosted sugar cookies and classic cookies (King Kullen)
  - Lofthouse Cookies-seasonal cookies (Stop & Shop)
- (Note: Some items from Lofthouse are not safe. The Lofthouse label MUST clearly state, "Made in a peanut and tree nut-free facility.")**
- Orbit Cookies-seasonal cookies
  - Soft and Delicious frosted sugar cookies (BJs)
  - Superior Cake Products, Inc.-mini black and white cookies (BJs)
  - Joey's Mini Black and White cookies
  - Duo Cookies-vanilla and chocolate cookies (individually wrapped cookies-2 per pack) (BJs)
  - YoGo Greek Yogurt Cakes (individually wrapped cakes) (BJs)
  - Nabisco Oreos and Oreo mini-packs-original flavor
  - Nabisco Double Stuff Oreos
  - Nabisco Chips-A-Hoy and Chips-A-Hoy mini-packs (original flavor ONLY)
  - Nabisco Honey Maid Graham Crackers (any flavor)
  - Nabisco Fig Newtons (any flavor)
  - Nabisco Teddy Grahams (any flavor)
  - Keebler Scooby Doo Graham Crackers
  - Keebler Fudge Stripes
  - Nutri-Grain Cereal Bars (any flavor)
  - Trader Joe's Soft-baked Snickerdoodles
  - Enjoy Life Soft Baked Cookies: chocolate chip, double chocolate brownie, gingerbread spice, Snickerdoodles (Stop N Shop, King Kullen, Wild By Nature)
  - Enjoy Life Crunchy Cookies: chocolate chip, double chocolate, vanilla honey graham, sugar crisp (Stop n Shop, King Kullen, Wild By Nature)
  - Linden Chocolate Chip Cookies
  - Linden Butter Crunch Cookies
  - Nature's Bakery Fig Bars (variety pack-Apple Cinnamon, Blueberry, Raspberry)
  - Made Good Brand Granola Bars, minis & crispy squares (Costco) GF
  - Kimberley's Bakeshoppe-seasonal cookies (Stop & Shop)
  - Lotus Biscoff Cookies
  - Amazon Fresh Frosted Sugar Cookies (Assorted)
  - Favorite Day Bakery Frosted Sugar Cookies (Assorted)

**Please Note:** Snacks for classroom consumption must be in an original sealed snack bag with ingredients clearly labeled. If a snack is brought in a Ziploc bag, clear wrap, or foil and is otherwise labeled, the student may be asked to consume his/her snack in a separate location. Snacks brought in their "natural" state (fruits, vegetables, cheeses) will not be subject to this. These precautions are to ensure the safety of all students.

GF - Gluten Free

