

# SWEETWATER SCH. DIST. NO.1

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 3, 2023 thru Apr 27, 2023

FARSON LUNCH 9-12

Generated on: 4/11/2023 10:00:02 AM

|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Mon - 04/03/2023               |                 |              |                |               |             |
| FARSON LUNCH 9-12              | Total           | 75           |                |               |             |
| CHICKEN MALIBU 2017            | 1 EACH          | 25           | 77             | 5             | 32.14       |
| CHICKEN BNLS WING 70362 TYSON  | 5 EACH          | 25           | 50             | 1             | 14.0        |
| SWEET POTATO CRKL FRYUSDA2022  | 1 CUP           | 25           | 0              | 0             | 53.32       |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH          | 25           | 0              | 2             | 13.0        |
| MAYONNAISE:individual PC 2018  | Pkt 7g          | 10           | 5              | 0             | 1.0         |
| SALAD BAR MT - Secondary       | 1CUP VEG        | 25           | 15             | 4             | 9.57        |
| KIDNEY BEANS CND LS 2023       | 1/2 CUP         | 5            | 0              | 2             | 21.0        |
| YOGURT GO GURT 2oz 2023        | each            | 50           | 4              | 5             | 8.0         |
| MIXED FRUIT 1/2 cup 2018       | 1/2 CUP         | 25           | 0              | 11            | 17.0        |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g       | 25           | 0              | 4             | 4.0         |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP           | 10           | 0              | 0             | 0.0         |
| BARBEQUE SAUCE 2 TBLS 2018     | 2 TBSP          | 15           | 0              | 11            | 15.0        |
| BUTTERY SPREAD INDIV CUP 2016  | INDIV CUP       | 10           | 0              | 0             | 0.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 20           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 20           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 10           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 58             | 24            | 68.07       |
| % of Calories                  |                 |              |                | 17.5%         | 49.1%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |             |     |    |       |       |
|--------------------------------|-------------|-----|----|-------|-------|
| Tue - 04/04/2023               |             |     |    |       |       |
| FARSON LUNCH 9-12              | Total       | 100 |    |       |       |
| HOT DOG, BEEF LS ARMSMITHFIELD | 1 EACH      | 20  | 35 | 1     | 1.0   |
| BUN HOT DOG WH WT 6" SFE 22-23 | BUN         | 20  | 0  | 2     | 21.0  |
| BEANS BAKED 3/4 cup 2022-23    | 1/2 cup     | 20  | 0  | 17    | 36.0  |
| CHIPS BKD ORIGINAL LAYS        | BAG         | 20  | 0  | 0     | 18.78 |
| WRAP ITALIAN 22-23             | 1 EACH      | 5   | 12 | 1     | 55.75 |
| CHIP CHEETOS REG WG 1oz 2019   | BAG         | 5   | 0  | 2     | 16.0  |
| PEACHES can,lite sy 1/2c 2018  | 1/2 cup     | 50  | 0  | 11    | 14.17 |
| SALAD BAR MT                   | .75 Cup VEG | 30  | 15 | 5     | 9.54  |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g   | 20  | 0  | 4     | 4.0   |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g      | 15  | 0  | 0     | 0.0   |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS  | 30  | 10 | 12    | 13.0  |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS  | 10  | 15 | 18    | 20.0  |
| MILK* HP - WHITE FF MG         | HALF PINTS  | 10  | 4  | 12    | 13.0  |
| Weighted Daily Average         |             |     | 17 | 18    | 36.89 |
| % of Calories                  |             |     |    | 25.7% | 51.3% |
| Nutrient Guideline             |             |     |    |       |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**SWEETWATER SCH. DIST. NO.1**

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Portion Values - Detailed

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**Apr 3, 2023 thru Apr 27, 2023**

FARSON LUNCH 9-12

Generated on: 4/11/2023 10:00:02 AM

|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Wed - 04/05/2023               |                 |              |                |               |             |
| FARSON LUNCH 9-12              | Total           | 100          |                |               |             |
| TACO MEAT ONLY FE ELEM SW2     | #10 SCOOP       | 20           | 14             | *3            | 5.6         |
| CHEESE SAUCE CHED KATY 2022    | 1/8 CUP         | 50           | 3              | 1             | 3.0         |
| TORTILLA CHIP WG 1oz/13ea 2022 | 13 per serv     | 50           | 0              | 0             | 20.0        |
| CORN,SWT,YEL,FRZ 2018 1/2 cup  | 1/2 CUP         | 25           | 0              | 2             | 15.87       |
| LETTUCE ICEBERG SHRD 1/2 CUP   | 1/2 CUP         | 25           | 0              | 1             | 0.83        |
| TACO SALAD BEEF 2019           | 1 EACH          | 5            | 30             | 5             | 26.5        |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH          | 5            | 0              | 2             | 13.0        |
| FRUIT,FRESH ASSORTED           | 1 EACH          | 20           | 0              | 12            | 16.47       |
| SALAD BAR WTh                  | .75 Cup Veg     | 25           | 15             | 4             | 8.41        |
| BUTTERY SPREAD INDIV CUP 2016  | INDIV CUP       | 20           | 0              | 0             | 0.0         |
| SALSA: COMMERCIAL 2 TBLS 2018  | 2 TBLS          | 15           | 0              | 0             | 0.94        |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 20           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 20           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 10           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 15             | *13           | 32.21       |
| % of Calories                  |                 |              |                | *19.8%        | 50.3%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |            |     |     |       |       |
|--------------------------------|------------|-----|-----|-------|-------|
| Thu - 04/06/2023               |            |     |     |       |       |
| FARSON LUNCH 9-12              | Total      | 100 |     |       |       |
| SANDWICH, PANCAKE SAUSAGE W/CH | 1 EACH     | 50  | 30  | 7     | 18.0  |
| EGG PATTY 1.25oz USDA 2019     | PATTY      | 50  | 125 | 0     | 1.0   |
| CORN DOG, Chicken FOSTER 2020  | 1 EACH     | 25  | 40  | 7     | 29.63 |
| COOKIE CHOC CHIP 2019          | 1 EACH     | 25  | 0   | 12    | 23.0  |
| POTATO PUFFS FRZ BKD 1cup2018  | 1 cup      | 25  | 0   | 1     | 38.0  |
| FRUIT,FRESH ASSORTED           | 1 EACH     | 25  | 0   | 12    | 16.47 |
| MIXED FRUIT 1/2 cup 2018       | 1/2 CUP    | 50  | 0   | 11    | 17.0  |
| SALAD BAR WTh                  | .5 Cup Veg | 25  | 15  | 4     | 8.41  |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g  | 15  | 0   | 4     | 4.0   |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP      | 15  | 0   | 0     | 0.0   |
| RANCH DRESSING Lite 1oz 2018   | 1 OZ       | 15  | 15  | 0     | 0.0   |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS | 20  | 15  | 18    | 20.0  |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS | 20  | 10  | 12    | 13.0  |
| MILK* HP - WHITE FF MG         | HALF PINTS | 10  | 4   | 12    | 13.0  |
| Weighted Daily Average         |            |     | 99  | 26    | 55.38 |
| % of Calories                  |            |     |     | 22.6% | 48.8% |
| Nutrient Guideline             |            |     |     |       |       |

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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FARSON LUNCH 9-12

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|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Mon - 04/10/2023               |                 |              |                |               |             |
| FARSON LUNCH 9-12              | Total           | 100          |                |               |             |
| CORN DOG, Chicken FOSTER 2020  | 1 EACH          | 50           | 40             | 7             | 29.63       |
| SWEET POTATO, WAVELENGTH 1     | 14 EACH         | 25           | *N/A*          | 14            | 40.0        |
| WRAP ITALIAN 22-23             | 1 EACH          | 25           | 12             | 1             | 55.75       |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG             | 25           | 0              | 2             | 19.0        |
| PEARS: canned 1/2 cup 2018     | 1/2 cup         | 25           | 0              | 12            | 16.0        |
| SALAD BAR MT                   | .75 Cup VEG     | 15           | 15             | 5             | 9.54        |
| KIDNEY BEANS CND LS 2023       | 1/2 CUP         | 5            | 0              | 2             | 21.0        |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g       | 50           | 0              | 4             | 4.0         |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP           | 25           | 0              | 0             | 0.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 25           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 25           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 25           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | *32            | 24            | 63.48       |
| % of Calories                  |                 |              |                | 19.2%         | 50.9%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |             |     |    |       |       |
|--------------------------------|-------------|-----|----|-------|-------|
| Tue - 04/11/2023               |             |     |    |       |       |
| FARSON LUNCH 9-12              | Total       | 125 |    |       |       |
| MANDARIN CHICKEN W/SAUCE 2018  | #8 SCOOP    | 25  | 39 | 10    | 18.47 |
| RICE, BROWN 2018               | 1/2 CUP     | 25  | 0  | 0     | 17.64 |
| BROCCOLI,raw: fresh 1 cup      | 1 cup       | 50  | 0  | 1     | 4.71  |
| ROLL EGG PORK/VEG 3oz 2019     | 1 EACH      | 25  | 25 | 4     | 20.01 |
| COOKIE WG ICED TFS 2018        | COOKIE      | 25  | 5  | 15    | 27.0  |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH    | 25  | 0  | 26    | 64.11 |
| STRING CHEESE 1oz 2019         | 1 EACH      | 25  | 20 | 0     | 0.0   |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG         | 25  | 0  | 2     | 19.0  |
| PEACHES: canned,light syrup    | 1 CUP       | 25  | 0  | 33    | 36.52 |
| SALAD BAR MT - Secondary       | 1CUP VEG    | 25  | 15 | 4     | 9.57  |
| KETCHUP: individual            | Pkt 6g      | 25  | 0  | 1     | 1.64  |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP       | 50  | 0  | 0     | 0.0   |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS  | 25  | 10 | 12    | 13.0  |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS  | 25  | 15 | 18    | 20.0  |
| MILK* HP - WHITE FF MG         | HALF PINTS  | 25  | 4  | 12    | 13.0  |
| PIZZA FRENCH BREAD PEP SW 2018 | 1 EACH      | 50  | 25 | 7     | 32.0  |
| COOKIE WG CHOC TFS 2018        | COOKIE      | 50  | 5  | 15    | 27.0  |
| PEACHES can,lite sy 1/2c 2018  | 1/2 cup     | 50  | 0  | 11    | 14.17 |
| POPEYE SALAD 1 CUP 2016        | 1 CUP SERV  | 25  | 0  | 0     | 1.55  |
| SALAD BAR MT                   | .75 Cup VEG | 25  | 15 | 5     | 9.54  |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS  | 20  | 15 | 18    | 20.0  |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS  | 20  | 10 | 12    | 13.0  |
| MILK* HP - WHITE FF MG         | HALF PINTS  | 10  | 4  | 12    | 13.0  |
| Weighted Daily Average         |             |     | 46 | 48    | 91.68 |
| % of Calories                  |             |     |    | 26.9% | 51.4% |
| Nutrient Guideline             |             |     |    |       |       |

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FARSON LUNCH 9-12

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|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Wed - 04/12/2023               |                 |              |                |               |             |
| FARSON LUNCH 9-12              | Total           | 125          |                |               |             |
| BEEF PATTY 2.5 PRAIRIE 2020    | 1 PATTY         | 50           | 30             | 0             | 2.0         |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN             | 50           | 0              | 2             | 27.0        |
| CHICKEN NUGGET HOT'NSPICY TY23 | 5 EACH          | 25           | 20             | 1             | 15.01       |
| BUTTERY SPREAD INDIV CUP 2016  | INDIV CUP       | 50           | 0              | 0             | 0.0         |
| POTATO FRIES CRINKLE 1cup 2020 | 1 CUP           | 30           | 0              | 0             | 30.0        |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH          | 25           | 0              | 2             | 13.0        |
| CHICKEN CAESAR SALAD SEC 2019  | 1 EACH          | 25           | 58             | 28            | 55.52       |
| FRUIT,FRESH ASSORTED           | 1 EACH          | 25           | 0              | 12            | 16.47       |
| SALAD BAR WTh                  | .75 Cup Veg     | 20           | 15             | 4             | 8.41        |
| KETCHUP CND 33% 2018           | 1 TBSP          | 30           | 0              | 4             | 5.0         |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP           | 20           | 0              | 0             | 0.0         |
| PICKLES,DILL 2022-23           | 3 chips         | 10           | 0              | 0             | 0.0         |
| RANCH DRESSING Lite 1oz 2018   | 1 OZ            | 25           | 15             | 0             | 0.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 25           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 25           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 25           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 39             | 19            | 50.54       |
| % of Calories                  |                 |              |                | 17.1%         | 44.6%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |             |     |    |       |       |
|--------------------------------|-------------|-----|----|-------|-------|
| Thu - 04/13/2023               |             |     |    |       |       |
| FARSON LUNCH 9-12              | Total       | 100 |    |       |       |
| BURRITO BEAN CHEESE 3.95ozLos  | 1 EACH      | 25  | 11 | 1     | 33.88 |
| BEAN DIP 1 CUP                 | 1 cup       | 10  | 5  | 5     | 57.3  |
| TORTILLA CHIP WG 1oz/13ea 2022 | 13 per serv | 25  | 0  | 0     | 20.0  |
| CHICKEN CAESAR SALAD SEC 2019  | 1 EACH      | 25  | 58 | 28    | 55.52 |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH      | 25  | 0  | 2     | 13.0  |
| FRUIT FRESH ASSORTED 1CUP      | 1 CUP       | 25  | 0  | 13    | 19.48 |
| APPLESAUCE CUP 4.5oz           | ZIP CUP     | 25  | 0  | 19    | 22.0  |
| SALAD BAR WTh                  | .75 Cup Veg | 15  | 15 | 4     | 8.41  |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g   | 50  | 0  | 4     | 4.0   |
| SALSA: VISTA VERD 2 TBLS 2022- | 2 TBLS      | 25  | 0  | 1     | 2.0   |
| BUTTERY SPREAD INDIV CUP 2016  | INDIV CUP   | 50  | 0  | 0     | 0.0   |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS  | 25  | 15 | 18    | 20.0  |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS  | 25  | 10 | 12    | 13.0  |
| MILK* HP - WHITE FF MG         | HALF PINTS  | 25  | 4  | 12    | 13.0  |
| Weighted Daily Average         |             |     | 27 | 30    | 61.96 |
| % of Calories                  |             |     |    | 27.6% | 57.5% |
| Nutrient Guideline             |             |     |    |       |       |

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Apr 3, 2023 thru Apr 27, 2023

FARSON LUNCH 9-12

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|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Mon - 04/17/2023               |                 |              |                |               |             |
| FARSON LUNCH 9-12              | Total           | 75           |                |               |             |
| CORN DOGS MINI 6 FOSTER 2018   | 6 EACH          | 50           | 38             | 6             | 30.0        |
| COOKIE CHOC CHIP 2019          | 1 EACH          | 50           | 0              | 12            | 23.0        |
| CHICKEN NUGGET HOT'NSPICY TY23 | 5 EACH          | 15           | 20             | 1             | 15.01       |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH          | 15           | 0              | 2             | 13.0        |
| SWEET POTATO, WAVELENGTH 1     | 14 EACH         | 65           | *N/A*          | 14            | 40.0        |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH        | 10           | 0              | 26            | 64.11       |
| STRING CHEESE 1oz 2019         | 1 EACH          | 10           | 20             | 0             | 0.0         |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG             | 10           | 0              | 2             | 19.0        |
| PEARS: canned 1 cup 2018       | 1 cup           | 50           | 0              | 24            | 32.13       |
| SALAD BAR MT - Secondary       | 1CUP VEG        | 25           | 15             | 4             | 9.57        |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g       | 25           | 0              | 4             | 4.0         |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g          | 25           | 0              | 0             | 0.0         |
| RANCH DRESSING Lite 1oz 2018   | 1 OZ            | 15           | 15             | 0             | 0.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 25           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 25           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 25           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | *49            | 61            | 127.96      |
| % of Calories                  |                 |              |                | 26.8%         | 55.9%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |              |    |    |       |        |
|--------------------------------|--------------|----|----|-------|--------|
| Tue - 04/18/2023               |              |    |    |       |        |
| FARSON LUNCH 9-12              | Total        | 75 |    |       |        |
| PIZZA RIPPER PEPP 4 oz 2018    | 1 EACH       | 50 | 30 | 2     | 30.0   |
| POPEYE SALAD 1.5 CUP 2018      | 1.5 cup serv | 50 | 0  | 0     | 2.55   |
| COOKIE TIGER BITE PK 2022-23   | PKG          | 50 | 0  | 8     | 21.0   |
| WRAP BLT CAESAR 2022-23        | 1 EACH       | 15 | 24 | 3     | 60.48  |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH     | 10 | 0  | 26    | 64.11  |
| CHIP SUNCHIP HAR CHED 1oz 2019 | BAG          | 10 | 0  | 2     | 16.0   |
| PEACHES: canned,light syrup    | 1 CUP        | 50 | 0  | 33    | 36.52  |
| SALAD BAR MT - Secondary       | 1CUP VEG     | 25 | 15 | 4     | 9.57   |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS   | 25 | 10 | 12    | 13.0   |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS   | 25 | 15 | 18    | 20.0   |
| MILK* HP - WHITE FF MG         | HALF PINTS   | 25 | 4  | 12    | 13.0   |
| Weighted Daily Average         |              |    | 39 | 49    | 101.34 |
| % of Calories                  |              |    |    | 26.0% | 54.2%  |
| Nutrient Guideline             |              |    |    |       |        |

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|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Wed - 04/19/2023               |                 |              |                |               |             |
| FARSON LUNCH 9-12              | Total           | 75           |                |               |             |
| BEEF PATTY BD WG 3.35 JTM5695  | 1 PATTY         | 50           | 45             | 1             | 11.0        |
| MASHED POTATO,Pearls1 C 2018   | 1 CUP           | 50           | 0              | 0             | 34.0        |
| GRAVY, BROWN LS 2018           | 1/4 CUP         | 50           | 0              | 1             | 3.0         |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH          | 50           | 0              | 2             | 13.0        |
| BEAN GREEN CND 1c 2017         | 1 cup           | 50           | 0              | 2             | 6.0         |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH        | 15           | 0              | 26            | 64.11       |
| CHIP SUNCHIP HAR CHED 1oz 2019 | BAG             | 25           | 0              | 2             | 16.0        |
| FIESTA CHIC SALAD 2020         | 1 EACH          | 10           | 60             | 8             | 34.41       |
| FRUIT,FRESH ASSORTED           | 1 EACH          | 25           | 0              | 12            | 16.47       |
| SALAD BAR WTh - Secondary      | 1CUP Veg        | 50           | 15             | 4             | 9.49        |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 25           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 25           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 25           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 58             | 32            | 94.56       |
| % of Calories                  |                 |              |                | 15.3%         | 45.9%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |             |    |    |       |        |
|--------------------------------|-------------|----|----|-------|--------|
| Thu - 04/20/2023               |             |    |    |       |        |
| FARSON LUNCH 9-12              | Total       | 75 |    |       |        |
| CHICKEN BNLS WING 70362 TYSON  | 5 EACH      | 50 | 50 | 1     | 14.0   |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH      | 50 | 0  | 2     | 13.0   |
| CROISSANT SANDWICH 2022-23     | SANDWICH    | 25 | 37 | 5     | 31.37  |
| BEANS BAKED 1 cup 2018         | 1 cup       | 50 | 0  | 28    | 66.0   |
| FRUIT,FRESH ASSORTED           | 1 EACH      | 25 | 0  | 12    | 16.47  |
| SALAD BAR WTh - Secondary      | 1CUP Veg    | 50 | 15 | 4     | 9.49   |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g      | 25 | 0  | 0     | 0.0    |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g   | 50 | 0  | 4     | 4.0    |
| MAYONNAISE:individual PC 2018  | Pkt 7g      | 10 | 5  | 0     | 1.0    |
| BARBEQUE SAUCE CONTAINER 22-23 | 1 CONTAINER | 10 | 0  | 9     | 10.0   |
| RANCH DRESSING Lite 1oz 2018   | 1 OZ        | 25 | 15 | 0     | 0.0    |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS  | 25 | 10 | 12    | 13.0   |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS  | 25 | 15 | 18    | 20.0   |
| MILK* HP - WHITE FF MG         | HALF PINTS  | 25 | 4  | 12    | 13.0   |
| Weighted Daily Average         |             |    | 71 | 47    | 103.74 |
| % of Calories                  |             |    |    | 22.8% | 50.5%  |
| Nutrient Guideline             |             |    |    |       |        |

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FARSON LUNCH 9-12

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|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Mon - 04/24/2023               |                 |              |                |               |             |
| FARSON LUNCH 9-12              | Total           | 125          |                |               |             |
| CHICKEN PATTY GOLDKST HOT      | PATTY           | 25           | 35             | 0             | 14.0        |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN             | 25           | 0              | 2             | 27.0        |
| HOT DOG 0063369                | 1 EACH          | 25           | 35             | 0             | 1.0         |
| BUN HOT DOG WH WT 6" SFE 22-23 | BUN             | 25           | 0              | 2             | 21.0        |
| CHIPS BKD ORIGINAL LAYS        | BAG             | 25           | 0              | 0             | 18.78       |
| BEANS BAKED 1 cup 2018         | 1 cup           | 30           | 0              | 28            | 66.0        |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH        | 25           | 0              | 26            | 64.11       |
| STRING CHEESE 1oz 2019         | 1 EACH          | 25           | 20             | 0             | 0.0         |
| CHIPS BKD ORIGINAL LAYS        | BAG             | 25           | 0              | 0             | 18.78       |
| SALAD BAR MT - Secondary       | 1CUP VEG        | 50           | 15             | 4             | 9.57        |
| FRUIT,FRESH ASSORTED           | 1 EACH          | 50           | 0              | 12            | 16.47       |
| KETCHUP: PACKET KATY'S 2022-23 | 2 Pkt 9 g       | 25           | 0              | 4             | 4.0         |
| MAYONNAISE:individual PC 2018  | Pkt 7g          | 25           | 5              | 0             | 1.0         |
| BARBEQUE SAUCE CONTAINER 22-23 | 1 CONTAINER     | 25           | 0              | 9             | 10.0        |
| PICKLES,DILL 2022-23           | 3 chips         | 25           | 0              | 0             | 0.0         |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g          | 25           | 0              | 0             | 0.0         |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 25           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 25           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 25           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 31             | 30            | 71.39       |
| % of Calories                  |                 |              |                | 21.4%         | 50.4%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                |             |     |       |        |       |
|--------------------------------|-------------|-----|-------|--------|-------|
| Tue - 04/25/2023               |             |     |       |        |       |
| FARSON LUNCH 9-12              | Total       | 125 |       |        |       |
| CHICKEN BNLS WING 70362 TYSON  | 5 EACH      | 50  | 50    | 1      | 14.0  |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH      | 50  | 0     | 2      | 13.0  |
| SWEET POTATO, WAVELENGTH 1     | 14 EACH     | 25  | *N/A* | 14     | 40.0  |
| WRAP CHIC BBQ 4 OZ 22-23       | 1 EACH      | 25  | 82    | *8     | 64.6  |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH    | 5   | 0     | 26     | 64.11 |
| CHIP SUNCHIP GARDEN 1oz 2019   | BAG         | 25  | 0     | 2      | 19.0  |
| PEACHES: canned,light syrup    | 1 CUP       | 50  | 0     | 33     | 36.52 |
| SALAD BAR MT - Secondary       | 1CUP VEG    | 25  | 15    | 4      | 9.57  |
| BEANS,BLACK,CND,DRND 1/4c      | 1/4 CUP     | 5   | 0     | 1      | 9.07  |
| KETCHUP CND 33% 2018           | 1 TBSP      | 20  | 0     | 4      | 5.0   |
| MAYONNAISE:individual PC 2018  | Pkt 7g      | 10  | 5     | 0      | 1.0   |
| MUSTARD: PC 5.5 grm 2018       | Pkt 5g      | 10  | 0     | 0      | 0.0   |
| BARBEQUE SAUCE CONTAINER 22-23 | 1 CONTAINER | 20  | 0     | 9      | 10.0  |
| PICKLES,DILL 2022-23           | 3 CHIPS     | 10  | 0     | 0      | 0.0   |
| BUTTERY SPREAD INDIV CUP 2016  | INDIV CUP   | 20  | 0     | 0      | 0.0   |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS  | 25  | 10    | 12     | 13.0  |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS  | 25  | 15    | 18     | 20.0  |
| MILK* HP - WHITE FF MG         | HALF PINTS  | 25  | 4     | 12     | 13.0  |
| Weighted Daily Average         |             |     | *46   | *32    | 66.65 |
| % of Calories                  |             |     |       | *24.4% | 51.2% |
| Nutrient Guideline             |             |     |       |        |       |

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FARSON LUNCH 9-12

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|                                | Portion<br>Size | Reimb<br>Qty | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |
|--------------------------------|-----------------|--------------|----------------|---------------|-------------|
| Wed - 04/26/2023               |                 |              |                |               |             |
| FARSON LUNCH 9-12              | Total           | 100          |                |               |             |
| BEEF, FE Ckd PATTY 2.0 OZ      | 1 each          | 25           | 38             | *N/A*         | 0.0         |
| CHEESE AMERICAN 1SLC USDA 2018 | 1 SLICE         | 1            | 13             | 0             | 0.5         |
| BUN HAMBURG USBAKWW 3.5" 22-23 | BUN             | 1            | 0              | 2             | 27.0        |
| POTATO FRIES CRINKLE 1/2c 2022 | 1/2 CUP         | 25           | 0              | 1             | 20.0        |
| BEAN GREEN CND 1/2c 2017       | 1/2 cup         | 25           | 0              | 1             | 3.0         |
| GRAVY, BROWN LS 2018           | 1/4 CUP         | 25           | 0              | 1             | 3.0         |
| ROLLS,DINNER WHWT ALPHA 2020   | 1 EACH          | 25           | 0              | 2             | 13.0        |
| PIZZA FRENCH BREAD PEP SW 2018 | 1 EACH          | 50           | 25             | 7             | 32.0        |
| POPEYE SALAD 1 CUP 2016        | 1 CUP SERV      | 25           | 0              | 0             | 1.55        |
| PB & J UNCRUSTABLES 5.3oz 2019 | SANDWICH        | 25           | 0              | 26            | 64.11       |
| CHIPS BKD ORIGINAL LAYS        | BAG             | 25           | 0              | 0             | 18.78       |
| FRUIT,FRESH ASSORTED           | 1 EACH          | 50           | 0              | 12            | 16.47       |
| SALAD BAR WTh                  | .75 Cup Veg     | 25           | 15             | 4             | 8.41        |
| KETCHUP CND 33% 2018           | 1 TBSP          | 5            | 0              | 4             | 5.0         |
| MUSTARD YELLOW PREPARED 2018   | 1 TSP           | 5            | 0              | 0             | 0.0         |
| MAYONNAISE:individual PC 2018  | Pkt 7g          | 5            | 5              | 0             | 1.0         |
| PICKLES,DILL 2022-23           | 4 chips         | 5            | 0              | 0             | 0.0         |
| RANCH DRESSING Lite 1oz 2018   | 1 OZ            | 5            | 15             | 0             | 0.0         |
| Italian Dressing Lite 1oz 2019 | 5 OZ            | 5            | 0              | 9             | 13.29       |
| MILK 1% HP - WHITE MG 2022-23  | HALF PINTS      | 20           | 10             | 12            | 13.0        |
| MILK 1% HP CHOC TMOO 2022-23   | HALF PINTS      | 20           | 15             | 18            | 20.0        |
| MILK* HP - WHITE FF MG         | HALF PINTS      | 10           | 4              | 12            | 13.0        |
| Weighted Daily Average         |                 |              | 32             | *26           | 66.34       |
| % of Calories                  |                 |              |                | *18.2%        | 46.6%       |
| Nutrient Guideline             |                 |              |                |               |             |

|                                 |             |     |    |       |       |
|---------------------------------|-------------|-----|----|-------|-------|
| Thu - 04/27/2023                |             |     |    |       |       |
| FARSON LUNCH 9-12               | Total       | 100 |    |       |       |
| CHICKEN PATTY 2154 3.29oz TYSON | PATTY       | 50  | 25 | 1     | 15.0  |
| MASHED POTATO,Pearls1/2C 2018   | 1/2 CUP     | 25  | 0  | 0     | 17.0  |
| GRAVY,CHICKEN, LS 2018          | 1/4 CUP     | 15  | 0  | 1     | 3.0   |
| PEAS: frozen1/2 cup 2018        | 1/2 CUP     | 25  | 0  | 5     | 15.29 |
| ROLLS,DINNER WHWT ALPHA 2020    | 1 EACH      | 50  | 0  | 2     | 13.0  |
| DELI SANDWICH - SEC SIZE        | 1 EACH      | 25  | 31 | 5     | 27.77 |
| CHIP SUNCHIP GARDEN 1oz 2019    | BAG         | 25  | 0  | 2     | 19.0  |
| FRUIT,FRESH ASSORTED            | 1 EACH      | 25  | 0  | 12    | 16.47 |
| PEACHES can,lite sy 1/2c 2018   | 1/2 cup     | 50  | 0  | 11    | 14.17 |
| SALAD BAR WTh                   | .75 Cup Veg | 15  | 15 | 4     | 8.41  |
| KETCHUP CND 33% 2018            | 1 TBSP      | 25  | 0  | 4     | 5.0   |
| MUSTARD: PC 5.5 grm 2018        | Pkt 5g      | 25  | 0  | 0     | 0.0   |
| MAYO LITE 2018                  | 1 TBSP      | 25  | 10 | 0     | 1.0   |
| MILK 1% HP - WHITE MG 2022-23   | HALF PINTS  | 20  | 10 | 12    | 13.0  |
| MILK 1% HP CHOC TMOO 2022-23    | HALF PINTS  | 20  | 15 | 18    | 20.0  |
| MILK* HP - WHITE FF MG          | HALF PINTS  | 10  | 4  | 12    | 13.0  |
| Weighted Daily Average          |             |     | 30 | 22    | 56.08 |
| % of Calories                   |             |     |    | 19.6% | 50.2% |
| Nutrient Guideline              |             |     |    |       |       |

|                  |  |  |     |        |       |
|------------------|--|--|-----|--------|-------|
| Weighted Average |  |  | *43 | *31    | 71.77 |
|                  |  |  |     | *49.7% | 50.7% |

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|                  |          | Portion<br>Size | Reimb<br>Qty  | Cholst<br>(mg) | Sugars<br>(g) | Carb<br>(g) |         |                         |
|------------------|----------|-----------------|---------------|----------------|---------------|-------------|---------|-------------------------|
| Nutrient         | Menu AVG | % of Cals       | Weekly Target | % of Target    | Miss Data     | Shortfall   | Overage | Error Messages (if any) |
| Cholesterol (mg) | 43       |                 |               |                | Missing       |             |         |                         |
| Sugars (g)       | 31       | 22.09%          |               |                | Missing       |             |         |                         |
| Carbohydrate (g) | 71.77    | 50.69%          |               |                |               |             |         |                         |

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