



**Tuckahoe UFSD**

**William E. Cottle**

**Breakfast Menu**

**September 2022**

**Menu Subject to Change**

V

WG

WG Cinnamon Ring

WG Bagel w/ Cream Cheese

**1**

Cereal WG Graham Cracker

**2**

This Institution is an Equal Opportunity Provider

Labor Day

School Closed

**5**

WG Cinnamon Ring

WG Bagel w/ Cream Cheese

**6**

66

WG French Toast w/ Syrup

(P) Sausage

**7**

WG Waffle w/ Syrup and Sausage (P)

**8**

WG

WG Pancakes w/ Syrup

**9**

Rosh Hashanah

SchoolsClosed

**26**

Rosh Hashanah

Schools Closed

**27**

Cereal WG Graham Cracker

**28**

WG Cinnamon Ring

WG Bagel w/ Cream Cheese

**29**

WG Pancakes w/ Syrup

**30**

WG Waffle w/ Syrup and Sausage (P)

**19**

WG French Toast w/ Syrup (P) Bacon

**20**

WG Pancakes w/ Syrup

**21**

Cereal WG Graham Cracker

**22**

WG Cinnamon Ring

WG Bagel w/ Cream Cheese

**23**

**Meal Price:**

Student Breakfast Meal: $ 1.50 + tax

Adult Breakfast Meal: $ 2. 71 + tax

A la carte items such as snacks and bottled water are **NOT** part of the program, and therefore, student accounts will be charged for those items.

**Daily Breakfast Offerings:**

* W/G Bagel w/ Cream Cheese or Smart Balance
* **Assorted WG Muffins**: Blueberry, Chocolate Chip, Banana
* WG Reduced Sugar Cereals and Graham Cracker
* Apples and Oranges
* 100% Fruit Juice: Apple, Orange, Grape

**More Info:**

All meals served with choice of 1% Milk, Fat Free Milk, Fat Free Chocolate Milk (Antibiotic & Hormone free)

All meals served with fresh fruit and 100% fruit juice.

Grades K-12 are offer vs serve and must choose at least 3, up to 4, of the below mentioned items. One of the items must be a fruit or 100% Juice.

* Fruit/Juice (must pick 1)
* Milk (pick up to 1)
* Grain

(WG) Denotes Whole Grain

(P) Denotes Pork

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| Cereal WG Graham Cracker  **12**  WG Waffle w/ Syrup and Sausage (P)  **13**  WG Cinnamon Ring  WG Bagel w/ Cream Cheese  **14**  WG Pancakes w/ Syrup  **15**  Cereal WG Graham Cracker  **16** |  |  |  |  |
| **1** |  |  |  |  |
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