

Saint Vincent Ferrer Swim Team Tryouts

(YOUR WALLET SIZE PORTRAIT PICTURE GOES HERE)

Name: _____

Grade Level: _____

Previous Swimming Experience (If any):

Self-Assessment (Circle one): Beginner Intermediate Advance



For Coach's Use Only:

Evaluator: COACH _____

Swimmer can complete the following (safely & legally):

50-yard Freestyle	100-yard Individual Medley
Overall Assessment - Time:	Overall Assessment - Time:
Notes/Recommendations:	Notes/Recommendations:
Stroke Assessment	25 yard Butterfly
Notes/Recommendations:	Notes/Recommendations:
Flip Turn Assessment (if applicable)	25 yard Backstroke
Notes/Recommendations:	Notes/Recommendations:
Dive Assessment (if applicable)	25 yard Breaststroke
Notes/Recommendations:	Notes/Recommendations:

Swimmer made the 2023-2024 Swim Team: Yes No