

SWEETWATER SCH. DIST. NO.1

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Apr 3, 2023 thru Apr 27, 2023

BLACK BUTTE HS BKFST

Generated on: 4/11/2023 9:50:20 AM

	Portion Size	Reimb Qty	Cholst (mg)	Sugars (g)	Carb (g)
Mon - 04/03/2023					
BLACK BUTTE HS BKFST	Total	1200			
CINN MINI BUNS 2.29oz 2019	1 PACK	1200	0	14	40.0
STRING CHEESE 1oz 2019	1 EACH	1200	20	0	0.0
RAISINS VARIETY AMAZIN'	1 Pkg	600	0	22	24.9
JUICE ASSORTED 4oz 2018	1 EACH	600	0	26	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	300	15	18	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	100	4	12	13.0
Weighted Daily Average			31	51	80.89
% of Calories				36.7%	58.0%
Nutrient Guideline					

Tue - 04/04/2023					
BLACK BUTTE HS BKFST	Total	1200			
CEREAL PEEL BOWL VARIETY 2018	BOWL	1200	0	9	22.07
STRING CHEESE 1oz 2019	1 EACH	1200	20	0	0.0
APPLESAUCE CUP 4.5oz	ZIP CUP	1200	0	19	22.0
JUICE ASSORTED 4oz 2018	1 EACH	1200	0	26	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	300	15	18	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	100	4	12	13.0
Weighted Daily Average			31	67	86.20
% of Calories				51.2%	65.7%
Nutrient Guideline					

Wed - 04/05/2023					
BLACK BUTTE HS BKFST	Total	1200			
BAGEL MINI STRAW 2.43oz 2023	1 PACK	1200	10	13	42.0
YOGURT GO GURT 2oz 2023	1 each	1200	4	5	8.0
FRUIT,FRESH ASSORTED	1 EACH	300	0	12	16.47
FRUIT JUICE,ASSORTED	4 fl.oz.	300	0	13	15.62
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	300	15	18	20.0
MILK* HP - WHITE FF MG	HALF PINTS	100	4	12	13.0
Weighted Daily Average			25	38	72.77
% of Calories				35.7%	68.8%
Nutrient Guideline					

Thu - 04/06/2023					
BLACK BUTTE HS BKFST	Total	1200			
DONUT CHOC GLZ WW 2020	1 EACH	1200	25	15	31.0
YOGURT GO GURT 2oz 2023	1 each	1200	4	5	8.0
FRUIT,FRESH ASSORTED	1 EACH	1200	0	12	16.47
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	300	5	18	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	100	4	12	13.0
Weighted Daily Average			37	45	70.22
% of Calories				40.3%	62.5%
Nutrient Guideline					

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient** - denotes combined nutrient totals with either missing or incomplete nutrient data****¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.**

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BLACK BUTTE HS BKFST

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	Portion Size	Reimb Qty	Cholst (mg)	Sugars (g)	Carb (g)
Mon - 04/10/2023					
BLACK BUTTE HS BKFST	Total	1			
NO SCHOOL	1 EACH	1	0	0	0.0
Weighted Daily Average			0	0	0.00
% of Calories				0.0%	0.0%
Nutrient Guideline					

Tue - 04/11/2023					
BLACK BUTTE HS BKFST	Total	1200			
BAGEL PLN SLC 2oz LENDER	BAGEL	1200	0	4	28.0
CHEESE, CREAM	1 TBSP	1200	15	1	0.8
APPLESAUCE, STRAWBRY MOT 4.5oz	1 EACH	1200	0	13	14.95
JUICE ASSORTED 4oz 2018	1 EACH	1200	0	26	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	300	15	18	20.0
MILK* HP - WHITE FF MG	HALF PINTS	100	4	12	13.0
Weighted Daily Average			25	57	85.88
% of Calories				47.0%	71.4%
Nutrient Guideline					

Wed - 04/12/2023					
BLACK BUTTE HS BKFST	Total	1200			
CEREAL PEEL BOWL VARIETY 2018	BOWL	1200	0	9	22.07
YOGURT GO GURT 2oz 2023	1 each	1200	4	5	8.0
FRUIT, FRESH ASSORTED	1 EACH	600	0	12	16.47
JUICE ASSORTED 4oz 2018	1 EACH	600	0	26	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	300	15	18	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	100	4	12	13.0
Weighted Daily Average			15	46	66.74
% of Calories				50.8%	73.4%
Nutrient Guideline					

Thu - 04/13/2023					
BLACK BUTTE HS BKFST	Total	1200			
BERRY & CREAMS 2.8oz IW 2018	1 PACK	1200	10	7	36.0
STRING CHEESE 1oz 2019	1 EACH	1200	20	0	0.0
FRUIT, FRESH ASSORTED	1 EACH	1200	0	12	16.47
JUICE ASSORTED 4oz 2018	1 EACH	600	0	26	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK 1% HP CHOC TMOO 2022-23	1 CUP	300	15	18	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	100	4	12	13.0
Weighted Daily Average			41	45	80.91
% of Calories				31.8%	57.1%
Nutrient Guideline					

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	Portion Size	Reimb Qty	Cholst (mg)	Sugars (g)	Carb (g)
Mon - 04/17/2023					
BLACK BUTTE HS BKFST	Total	1200			
CHURRO APPLE FILL 5" J&J 2018	1 EACH	1200	0	9	27.0
YOGURT GO GURT 2oz 2023	1 each	1200	4	5	8.0
APPLESAUCE CUP 4.5oz	ZIP CUP	1200	0	19	22.0
JUICE ASSORTED 4oz 2018	1 EACH	600	0	26	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	300	15	18	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	100	4	12	13.0
Weighted Daily Average			15	59	85.44
% of Calories				51.8%	74.6%
Nutrient Guideline					

Tue - 04/18/2023					
BLACK BUTTE HS BKFST	Total	1200			
BF BREAD BLUEBERRY BREAD 3.4oz	1 EACH	1200	0	24	45.0
STRING CHEESE 1oz 2019	1 EACH	1200	20	0	0.0
APPLESAUCE CUP 4.5oz	ZIP CUP	600	0	19	22.0
JUICE ASSORTED 4oz 2018	1 EACH	600	0	26	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	300	15	18	20.0
MILK WHITE FF MEADOW GOLD 22	1 CUP	200	4	12	13.0
Weighted Daily Average			31	61	85.52
% of Calories				41.5%	58.4%
Nutrient Guideline					

Wed - 04/19/2023					
BLACK BUTTE HS BKFST	Total	1200			
POPTART SINGLE 1.76oz 2019	1 EACH	1200	0	15	37.5
YOGURT GO GURT 2oz 2023	1 each	1200	4	5	8.0
APPLESAUCE CUP 4.5oz	ZIP CUP	1200	0	19	22.0
JUICE ASSORTED 4oz 2018	1 EACH	600	0	26	27.38
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	800	10	12	13.0
MILK 1% HP CHOC TMOO 2022-23	HALF PINTS	300	15	18	20.0
MILK* HP - WHITE FF MG	HALF PINTS	100	4	12	13.0
Weighted Daily Average			15	65	95.94
% of Calories				53.9%	79.1%
Nutrient Guideline					

Thu - 04/20/2023					
BLACK BUTTE HS BKFST	Total	735			
BERRY & CREAMS 2.8oz IW 2018	1 PACK	639	10	7	36.0
STRING CHEESE 1oz 2019	1 EACH	639	20	0	0.0
FRUIT 8 oz 2019	1 CUP	202	0	36	43.08
JUICE ASSORTED 4oz 2018	1 EACH	533	0	26	27.38
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	613	5	18	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	40	10	12	13.0
MILK* HP - STRAWBRY FF 2018	HALF PINTS	82	5	18	19.0

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	Portion Size	Reimb Qty	Cholst (mg)	Sugars (g)	Carb (g)
Weighted Daily Average % of Calories			31	52 38.9%	82.50 61.6%
Nutrient Guideline					

Mon - 04/24/2023					
BLACK BUTTE HS BKFST	Total	600			
POPTART SINGLE 1.76oz 2019	1 EACH	500	0	15	37.5
YOGURT GO GURT 2oz 2023	1 each	500	4	5	8.0
Raisels Sours Variety	1 BOX	500	0	31	37.0
JUICE ASSORTED 4oz 2018	1 EACH	250	0	26	27.38
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	150	5	18	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	300	10	12	13.0
MILK* HP - STRAWBRY FF 2018	HALF PINTS	150	5	18	19.0
Weighted Daily Average % of Calories			11	68 57.0%	96.41 80.5%
Nutrient Guideline					

Tue - 04/25/2023					
BLACK BUTTE HS BKFST	Total	250			
DONUT, HONEY	1 EACH	250	25	15	31.0
STRING CHEESE 1oz 2019	1 EACH	250	20	0	0.0
FRUIT 8 oz 2019	1 CUP	125	0	36	43.08
JUICE ASSORTED 4oz 2018	1 EACH	125	0	26	27.38
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	50	5	18	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	50	10	12	13.0
MILK* HP - WHITE FF MG	HALF PINTS	25	4	12	13.0
Weighted Daily Average % of Calories			48	53 40.8%	74.13 57.3%
Nutrient Guideline					

Wed - 04/26/2023					
BLACK BUTTE HS BKFST	Total	400			
FRUDEL, APPLE WRAP	1 PACK	400	0	10	36.0
STRING CHEESE 1oz 2019	1 EACH	400	20	0	0.0
FRUIT 8 oz 2019	1 CUP	200	0	36	43.08
FRUIT JUICE, ASSORTED	4 fl.oz.	200	0	13	15.62
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	100	5	18	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	200	10	12	13.0
MILK* HP - WHITE FF MG	HALF PINTS	100	4	12	13.0
Weighted Daily Average % of Calories			27	48 36.5%	80.10 61.0%
Nutrient Guideline					

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BLACK BUTTE HS BKFST

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	Portion Size	Reimb Qty	Cholst (mg)	Sugars (g)	Carb (g)
Thu - 04/27/2023					
BLACK BUTTE HS BKFST	Total	735			
BAR BENEFIT CHOC CHIP2.5oz2022	1 EACH	735	20	22	47.0
STRING CHEESE 1oz 2019	1 EACH	25	20	0	0.0
FRUIT 8 oz 2019	1 CUP	500	0	36	43.08
FRUIT JUICE,ASSORTED	4 fl.oz.	235	0	13	15.62
MILK* HP - CHOC SKIM MG 2018	HALF PINTS	250	5	18	20.0
MILK 1% HP - WHITE MG 2022-23	HALF PINTS	250	10	12	13.0
MILK* HP - WHITE FF MG	HALF PINTS	235	4	12	13.0
Weighted Daily Average			27	64	96.68
% of Calories				48.1%	72.1%
Nutrient Guideline					

Weighted Average			27	55	82.69
				98.6%	66.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Cholesterol (mg)	27							
Sugars (g)	55	43.81%						
Carbohydrate (g)	82.69	66.24%						

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