

## Health, Safety and Wellness Committee Meeting Minutes

September 2023

### Old Business:

1. School playground was opened for use on 4/26/23. Additional layers of sand were added to the ground cover surrounding the playground equipment for added safety.
2. Emergency Bus Drill was completed on 3/30/23. Fire Drill completed on 5/25/2023
3. Hamilton County Sheriff Deputy O'Brien educated the 9th-12th grade students on the dangers of impaired driving. Students had the opportunity to use Impairment Simulation Goggles
4. Discuss continued planning of the 2023-2024 Open House/Health Fair scheduled for 9/20/23. Confirmed vendors: Four Rivers Alliance, Long Lake Lions Club, Hamilton County Sheriff's Department, LifePower Chiropractic, Long Lake Fire and Rescue, Backpack Program, Hamilton County Community Behavioral Health Services, Pet Therapy with Reggie, Think Breakfast Program, LLCs Fitness Center
5. Review Opioid Overdose Prevention Program Policy and Procedures and implementation processes

### New Business:

1. Introduce new committee members
  - a. Aaron Chambers, PE Teacher & Dave Snide, Interim Superintendent/Principal
2. Selection of Chairperson and Secretary
  - a. Time did not allow to select new Committee leaders
3. Complete Planning of Health and Wellness Fair/Open House i.e., placement of venues, "map" to guide visitors to all of the venues, refreshments, prizes, signage, advertisement via posters and social media.
  - a. All venues assigned a location, posters completed and dispersed to committee members to post at various locations around town, event posted on the school's social media sites, email sent to parents; plan for vendors to give each visitor a raffle ticket that can be turned in for a prize (the more venues visited, the more chance to win); will create signage to give directions to each of the venues.
4. Venue sponsors: **Four Rivers Alliance** (Patrick Crouse/Ginger Cato)- High-Disguise, Vape-Escape, Narcan training; **LL Lions Club** (Camille Cristaldi) Vision Screening, Diabetic awareness, Leo Lions, PackPack Program; **LL Fire/Rescue**- AED training, CPR Rescue Breathing; **Hamilton County Sheriff's Office** (Deputy O'Brien)- Safe Driving; **Dr. Mish** (Samantha Bentley)- Healthy Backs; **CTSO** (Trisha Hosley)- Think Breakfast Program; **LLCS Fitness Center** (Aaron Chambers)- Fitness skills, equipment use; **Hamilton County Community Services/Behavioral Health** (Noni Irish)- Stress Reducing exercises

### Committee Members in attendance:

Carey Pooler  
Aaron Chambers  
Michelle Billings  
Dave Snide